

*Note: Green text is **Jackson**,.....*

Guest Introductions:

Name: Mike McKenney

Job Title:

Company:

Years in Profession:

Details, awards, anything else you want us to mention:

-

***Show Intro:* What's up y'all and Welcome to the Sports Medicine Broadcast, #213 Hydration, Electrolyte and Sports Performance"**

***Topic:* This week our guest is...**

Introductions: I am your host **_Jeremy Jackson_**,
and with me today is _____

join our conversation:

sportsmedicinebroadcast.com

#TheSMB

sportsmedicinebroadcast.com/hydration

Links to those are on our website.

Topics:

Tiana: Can you give us a working definition of

Tiana: hydration -

Ariana: electrolyte

Tiana: sports performance

Presentation for Mike's talk here ...

Contact Mike McKenney:
mmckenneyATC@gmail.com
@McKenney_ATC

Resources:

Partner:

School Health - sportshealth.com/smb

March: Bubba

April: Frio -

Shout out to some specific people who support us

- [Sports Medicine Update](#) - Memorial Hermann**

- SPATS - join us live for CEUs on the beach

Contact US:

via our website:

www.sportsmedicinebroadcast.com

Watch live almost every Wednesday on our website

and join in the conversation by following the links

Follow us on twitter: @PHSSportsMed

For Jeremy, __ __ __ that's a wrap

TWEETS: