

# Mindfulness Practice Maintenance Registration Form

## for Mindfulness-Based Chronic Pain Management (MBCPM™)

Please complete this form and send it to [kendra.neuronovacentre@protonmail.com](mailto:kendra.neuronovacentre@protonmail.com)

- I understand this class is for alumni of MBCPM™ courses       Add me to the *NeuroNova Connect* news list

Nine Classes (one full cycle of 9 sessions)	Annual Special Pricing January to December (four cycles of 9 sessions)
\$62.15 (\$55 + \$7.15 HST)	\$146.90 (\$130 + \$16.90 HST)

- Payment by e-transfer may be made to [ashley@neuronovacentre.com](mailto:ashley@neuronovacentre.com)

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Date: Click or tap here to enter text.      Name: Click or tap here to enter text.

Street Address: Click or tap here to enter text.

City: Click or tap here to enter text.      Province: Click or tap here to enter text.      Postal Code: Click or tap here to enter text.

Home Phone: Click or tap here to enter text.      Cell Phone: Click or tap here to enter text.

Email Address: Click or tap here to enter text.

Year(s) That You Last Attended an MBCPM™ Course: Click or tap here to enter text.

Facilitator(s) Name: Click or tap here to enter text.

### Participant Confidentiality

- I will make my attending physician aware of my participation in these classes
- I agree to keep all group conversations and participant happenings witnessed by me during these classes confidential and will not discuss, share, divulge, or communicate in any way this private/confidential knowledge
- I agree to using a reasonable location to provide privacy when taking this online class or use headphones
- I further agree to respect all participants' rights to confidentiality and privacy outside of the classes, both for the duration of the classes and subsequently after the class
- I also agree to request help from my health care professionals with securing therapy if difficult feelings arise as a result of taking these classes
- I agree to participating in class while not driving or operating machinery and give my full attention when in session

NeuroNova Centre for Mindful Solutions Inc.

[team@neuronovacentre.com](mailto:team@neuronovacentre.com)  
[neuronovacentre.com](http://neuronovacentre.com)



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Signature Click or tap here to enter text.

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Date: Click or tap here to enter text.

NeuroNova Centre for Mindful Solutions Inc.

team@neuronovacentre.com  
neuronovacentre.com



www.neuronovacentre.com