# Table of Contents:

- 1. Books (w/videos, articles, etc.)
- 2. Video Clips
- 3. Articles
- 4. Podcasts
- 5. Classes / Events
- 6. Other Resources
- 7. Quotes
- 8. Activity Ideas

## 1. Books

| Title   | Description  | Link                                     |
|---|--|--|
| Speed of<br>Trust   | Stephen M. R. Covey, widely known as one of the world's leading authorities on trust, asserts that it is "the most overlooked, misunderstood, underutilized asset to enable performance. Its   | Book                                     |
| (Stephen M.<br>R. Covey)  | impact, for good or bad, is dramatic and pervasive. It's something you can't escape." Thankfully, it's is also the thing that can dramatically improve your personal and professional success.   | Video Summary (5:30)                     |
| NEW YORK TIMES BESTSELLER OVER 2 MILLION COPIES SOLD  THE  SPEED OF                   | Why trust? The simple, often overlooked fact is this: work gets done with and through people. The Speed of Trust offers an unprecedented and eminently practical look at exactly how trust functions in every transaction and every relationship—from the most personal to the broadest, | 4 Key Behaviors to<br>Build Trust (4:21) |
| TRUST The One Thing That Changes Everything STEPHEN M. R. COVEY UNI BREEZE B. HEITHIN | most indirect interaction. It specifically demonstrates how to establish trust intentionally so that you and your organization can forego the time-killing, bureaucratic check-and-balance   | Accelerating Speed of Trust (6:26)       |
|   | This 2018 updated edition includes an insightful afterword by the author which explores ten key reasons why trust is more relevant now than ever before—including how trust is the new   | Performance Multiplier (4:38)            |
|   | currency of our world today.   | Presentation (25:30)                     |
|   |  | Speed of Trust Tools                     |

|  |   | Official Website                       |
|--|---|--|
|  |   | Listen First (1:09)                    |
| Trust & Inspire  | We have a leadership crisis today, where even though our world has changed drastically, our leadership style has not. Most organizations, teams, schools, and families today still operate  | Book                                   |
| (Stephen M. R. Covey)  | from a model of "command and control," focusing on hierarchies and compliance from people.  But because of the changing nature of the world, the workforce, work itself, and the choices we   | <u>Blinkist</u>                        |
| HOW TRULY GREAT LEADERS UNLEASH GREATS IN OTHERS   | have for where and how to work and live, this way of leading is drastically outdated.   | Models & Visuals                       |
| TRUST<br>INSPIRE   | Stephen M.R. Covey has made it his life's work to understand trust in leadership and organizations. In his newest and most transformative book, Trust and Inspire, he offers a simple yet bold solution: to shift from this "command and control" model to a leadership style of "trust and inspire." People don't want to be managed; they want to be led. Trust and Inspire is a new way of leading that starts with the belief that people are creative, collaborative, and full of potential. People with this kind of leader are inspired to become the best version of themselves and to produce their best work. In this "beautifully written page-turner" (Amy Edmondson, Harvard Business School professor), Covey offers the solution to the future of work: where a dispersed workforce will be the norm, necessitating trust and collaboration across time zones, cultures, personalities, generations, and technology. | Official Resources                     |
| MUSTRIAL TO A STORE OF THE STOR |   | Summary                                |
|  |   | Interview (35:22)                      |
|  |   |  |
|  | Trust and Inspire calls for a radical shift in the way we lead in the 21st century, and Covey shows us how.   |  |
| Radical<br>Candor (Kim   | The idea is simple: You don't have to choose between being a pushover and a jerk. Using Radical Candor—avoiding the perils of Obnoxious Aggression, Manipulative Insincerity, and   | Book                                   |
| Scott)   | Ruinous Empathy—you can be kind and clear at the same time.  Kim Scott was a highly successful leader at Google before decamping to Apple, where she developed and taught a management class. Since the original publication of Radical Candor in 2017, Scott has earned international fame with her vital approach to effective leadership and co-founded the Radical Candor executive education company, which helps companies put the book's philosophy into practice.   | Radical Candor in 6 mins               |
| RADICAL ANDOR  |   | What is Radical Candor? (6:33)         |
|  |   | End Don't Take it<br>Personally (4:59) |

|                                      | Radical Candor is about caring personally and challenging directly, about soliciting criticism to improve your leadership and also providing guidance that helps others grow. It focuses on praise but doesn't shy away from criticism—to help you love your work and the people you work with.  Radically Candid relationships with team members enable bosses to fulfill their three core responsibilities:  1. Create a culture of Compassionate Candor  2. Build a cohesive team  3. Achieve results collaboratively  Required reading for the most successful organizations, Radical Candor has raised the bar for management practices worldwide. | Radical Candor Presentation 1 (21:20)  Radical Candor Presentation 2 (14:52)  Impromptu Feedback (4:01)  6 Tips Article  Rolling Out Radical Candor Article  Getting Radical Candor Right Article  E-course  Podcast  Radical Candor 2x2  Official resources |
|--------------------------------------|---|--|
| Infinite<br>Game<br>(Simon<br>Sinek) | From the New York Times bestselling author of Start With Why and Leaders Eat Last, a bold framework for leadership in today's ever-changing world.  How do we win a game that has no end? Finite games, like football or chess, have known players, fixed rules and a clear endpoint. The winners and losers are easily identified. Infinite games, games with no finish line, like business or politics, or life itself, have players who come and go. The rules of an infinite game are changeable while infinite games have no defined endpoint. There are no winners or losers—only ahead and behind.   | Book  Written Sugaran  |
|                                      |   | Written Summary What is the Infinite   |
|                                      |   | Game (2:23)  |
|                                      | enapoint. There are no withers or losers—only affeat and bening.  | Simon on Infinite Game (29:23)   |

|                     | INFINITE |
|---------------------|----------|
|                     | GAME     |
|                     | THE      |
|                     | INFINITE |
|                     | GAME     |
|                     | SIMON    |
|                     | SINEK    |
|                     | THE      |
| THE<br>BESTSELLING  | INFINITE |
| START               | GAME     |
| WITH WHY            | THE      |
| LEADERS<br>EAT LAST | INFINITE |
|                     | GAME     |
|                     | THE      |

The question is, how do we play to succeed in the game we're in?

In this revelatory new book, Simon Sinek offers a framework for leading with an infinite mindset. On one hand, none of us can resist the fleeting thrills of a promotion earned or a tournament won, yet these rewards fade quickly. In pursuit of a Just Cause, we will commit to a vision of a future world so appealing that we will build it week after week, month after month, year after year. Although we do not know the exact form this world will take, working toward it gives our work and our life meaning.

Leaders who embrace an infinite mindset build stronger, more innovative, more inspiring organizations. Ultimately, they are the ones who lead us into the future.

Finite vs Infinite Games (3:27)

The 5 Practices (1:19)

Infinite Players (5:52)

Animated Summary (6:44)

Official Resources

Crucial Conversatio ns (Grenny, Gregory, Patterson, Switzler, McMillan) "[Crucial Conversations] draws our attention to those defining moments that literally shape our lives, our relationships, and our world.... This book deserves to take its place as one of the key thought leadership contributions of our time." —From the Foreword by Stephen R. Covey, author of The 7 Habits of Highly Effective People

"The quality of your life comes out of the quality of your dialogues and conversations. Here's how to instantly uplift your crucial conversations." —Mark Victor Hansen, cocreator of the #1 New York Times bestselling series Chicken Soup for the Soul®

The first edition of Crucial Conversations exploded onto the scene and revolutionized the way millions of people communicate when stakes are high. This new edition gives you the tools to:

Crucial conversations
THERE SERVICE
TOOLS FOR TRANSPORMENT
STATES ARE HIGH

Prepare for high-stakes situations
Transform anger and hurt feelings into powerful dialogue
Make it safe to talk about almost anything
Be persuasive, not abrasive

3rd Edition Book

4 min Summary

Video Summary 1 (6:53)

Video Summary 2 (7:41)

<u>Grenny Presentation 1</u> (14:57)

Granny Presentation 2 (30:50)

Adele on Crucial Conversations (1:06)

Summary of Techniques

Official Courses

|                          |   | Additional Resources                           |
|--------------------------|---|--|
| Culture<br>Code (Daniel  | Where does great culture come from? How do you build and sustain it in your group, or strengthen a culture that needs fixing?   | Book   |
| Coyle)                   | In The Culture Code, Daniel Coyle goes inside some of the world's most successful   | 4 min Summary                                  |
| CULTURE                  |   | Blinkist                                       |
| THE SECRETS OF HIGHER    | identifying three key skills that generate cohesion and cooperation, and explains how diverse groups learn to function with a single mind. Drawing on examples that range from Internet   | Intro to Culture Code                          |
| DANIEL COYLE             | retailer Zappos to the comedy troupe Upright Citizens Brigade to a daring gang of jewel thieves, Coyle offers specific strategies that trigger learning, spark collaboration, build trust, and drive  | Core Message (8:29)                            |
|                          | positive change. Coyle unearths helpful stories of failure that illustrate what not to do, troubleshoots common pitfalls, and shares advice about reforming a toxic culture. Combining  |  |
|                          | leading-edge science, on-the-ground insights from world-class leaders, and practical ideas for action, The Culture Code offers a roadmap for creating an environment where innovation   | John by Doniel Coyle                           |
|                          |   | Intro by Daniel Coyle (3:18)                   |
|                          | Culture is not something you are—it's something you do. The Culture Code puts the power in your hands. No matter the size of your group or your goal, this book can teach you the principles of cultural chemistry that transform individuals into teams that can accomplish amazing things together.   | Crack your Culture Code with Dan Coyle (38:55) |
|                          | It boils down to 3 parts: 1) Building Safety "You belong." 2) Sharing Risk "It's safe to speak up here." 3) Crafting Story "We have a purpose."   |  |
| Dare to Lead<br>(Brene   | Leadership is not about titles, status and power over people. Leaders are people who hold   | Book   |
| Brown)                   | themselves accountable for recognising the potential in people and ideas, and developing that potential. This is a book for everyone who is ready to choose courage over comfort, make a difference and lead.  When we dare to lead, we don't pretend to have the right answers; we stay curious and ask the right questions. We don't see power as finite and hoard it; we know that power becomes infinite when we share it and work to align authority and accountability. We don't avoid difficult conversations and situations; we lean into the vulnerability that's necessary to do good work. | <u>Blinkist</u>                                |
| Brené Brown dare to lead |   | Interview (6:12)                               |
|                          |   | Animated Summary (4:39)                        |
|                          |   | <u>Top 7 Lessons</u> (6:01)                    |

But daring leadership in a culture that's defined by scarcity, fear and uncertainty requires building courage skills, which are uniquely human. The irony is that we're choosing not to invest in developing the hearts and minds of leaders at the same time we're scrambling to figure out what we have to offer that machines can't do better and faster. What can we do better? Empathy, connection and courage to start.

Brené Brown spent the past two decades researching the emotions that give meaning to our lives. Over the past seven years, she found that leaders in organisations ranging from small entrepreneurial start-ups and family-owned businesses to non-profits, civic organisations and Fortune 50 companies, are asking the same questions:

How do you cultivate braver, more daring leaders? And, how do you embed the value of courage in your culture?

Dare to Lead answers these questions and gives us actionable strategies and real examples from her new research-based, courage-building programme.

Brené writes, 'One of the most important findings of my career is that courage can be taught, developed and measured. Courage is a collection of four skill sets supported by twenty-eight behaviours. All it requires is a commitment to doing bold work, having tough conversations and showing up with our whole hearts. Easy? No. Choosing courage over comfort is not easy. Worth it? Always. We want to be brave with our lives and work. It's why we're here.'

Primal Leadership (Daniel Goleman)



This is the book that established "emotional intelligence" in the business lexicon—and made it a necessary skill for leaders.

Managers and professionals across the globe have embraced Primal Leadership, affirming the importance of emotionally intelligent leadership. Its influence has also reached well beyond the business world: the book and its ideas are now used routinely in universities, business and medical schools, and professional training programs, and by a growing legion of professional coaches.

This refreshed edition, with a new preface by the authors, vividly illustrates the power—and the necessity—of leadership that is self-aware, empathic, motivating, and collaborative in a world that is ever more economically volatile and technologically complex. It is even timelier now than when it was originally published.

<u>Summary</u>

Audiobook Sample (10:04)

Brene With Jimmy Fallon (5:31)

**Podcast** 

Official Resources

Book

Daniel on great leadership (7:22)

Strategies (10:31)

Daniel on Primal Leadership (5:09)

6 Leadership Styles (3:53)

|  | From bestselling authors Daniel Goleman, Richard Boyatzis, and Annie McKee, this groundbreaking book remains a must-read for anyone who leads or aspires to lead.  | HBR Interview on Social Intelligence (10:15) |
|--|--|--|
|  |  | Dan on Emotional<br>Intelligence (5:31)      |
| The Go<br>Giver (Bob   | NOW WITH A FOREWORD BY ARIANNA HUFFINGTON 'This terrific book wonderfully illuminates the principles of contribution, abundance, service and success' Stephen Covey,   | Book   |
| Burg and<br>John David   | bestselling author of The 7 Habits of Highly Effective People'Most people don't have the guts to buy this book, never mind the will to follow through and actually use it. But you do. And I'm   | 1st Chapter                                  |
| Mann)  | certain that you'll be glad you did' Seth Godin, bestselling author of This is Marketing Nearly a decade since its original publication, the term 'go-giver' has become shorthand for a defining set   | Video Summary (4:26)                         |
| TERRITOR MISS I AND                                    | of values embraced by hundreds of thousands of people around the world. Today this timeless story continues to help its readers find fulfilment and greater success in business, in their personal lives and in their communities The Go-Giver tells the story of an ambitious young man named Joe who yearns for success. Joe is a true go-getter, though sometimes he feels as if the harder and faster he works, the further away his goals seem to be. | Online Course                                |
| The GO-GIVER  A LITTLE STORY ADDIT A POWERFUR BUSINESS I DAS  Bub Bung-a I Dato Datal Mann |  | Online Mentorship<br>Community               |
| A LITTLE STORY ABOUT A POWERFUL BUSINESS IDEA  Bob Burg John David Mann                    |  | <u>Podcast</u>                               |
|  |  | Official Resources                           |
| Rare<br>Leadership:  | Revive your leadership. Grow healthy teams. See great results.   | Book   |
| 4<br>Uncommon<br>Habits For  | Healthy teams begin with healthy leaders, and at the heart of this dynamic is emotional maturity—the quality the greatest leaders possess.   | Overview with Author (3:42)                  |
| Increasing Trust, Joy,   | Combining cutting-edge brain science with decades of counseling and consulting experience, Rare Leadership in the Workplace shows you how to take your leadership and your team to the port level. It will equip you to:   | What is Rare<br>Leadership (3:34)            |
| Engagement in the People   | next level. It will equip you to:  Cultivate emotional maturity in yourself and others   | <u>Trainings &amp; Events</u>                |

| You Lead<br>(Marcus<br>Warner)   | Develop the four habits of R.A.R.E. leaders Promote a strong group identity Keep relationships bigger than problems Increase productivity through trust, joy, and engagement   | Online Conference Free Official Assessment |
|--|--|--|
| Marca Warrer Jan Wide  Read  R | Whether you are burnt out or just looking to improve, this book can help. When you prioritize people and lead from a secure identity, you'll be amazed at the freedom you feel and the results you see. You can lead from a healthy place, respond rather than react, and build the team of your dreams. | Official Resources                         |
|  | If you want to take your organization to the next level, it starts with you. Read Rare Leadership in the Workplace and be equipped to lead enthusiastic, emotionally mature, relationally connected teams.   |  |
| The 5  | The New York Times best-selling team leadership handbook for modern executives, managers,  | Book                                       |
| Dysfunctions of a Team   | and organizations  | Short Summary                              |
| (Patrick<br>Lencioni)  | Kathryn knew there was little chance she would have turned it down. After all, retirement had  | More Detailed<br>Summary                   |
| The FIVE DYSFUNCTIONS  | made her antsy, and nothing excited her more than a challenge. What she could not have known when she accepted the job, however, was just how dysfunctional her team was, and how team members would challenge her in ways that no one ever had before.  | Animated Summary 1 (6:44)                  |
|  | page-turning, realistic fable that follows the travails of Kathryn Petersen, DecisionTech's CEO, as she faces the ultimate leadership crisis. She must unite a team in such disarray that it   | Animated Summary 2 (7:58)                  |
| 207" ANNIVERSARY EDITION  NEW FOLEWORD FROM THE AUTHOR   |  | Patrick Explaining (2:10)                  |
|  | Equal parts leadership fable and business handbook, this definitive source on teamwork by Patrick Lencioni reveals the five behavioral tendencies that go to the heart of why even the best  | Presentation (36:18)                       |
|  | teams struggle. He offers a powerful model and step-by-step guide for overcoming those dysfunctions and getting every one rowing in the same direction.  | Article + Video                            |
|  | Today, the lessons in The Five Dysfunctions of a Team are more relevant than ever. This special anniversary edition celebrates one of the best-selling business books of all time with a new   | 5 Dysfunctions (3:49)                      |

|   | foreword from the author that reflects on its legacy and lessons.   | Official Resources (Models, Assessments)          |
|---|---|---|
| Leaders Eat                                   | The New York Times bestseller by the acclaimed, bestselling author of Start With Why and  | <u>Book</u>                                       |
| Last (Simon<br>Sinek)                         | Together is Better. Now with an expanded chapter and appendix on leading millennials, based on Simon Sinek's viral video "Millenials in the workplace" (150+ million views).  | Brief Written Summary                             |
| SIMON SINEK START WITH WHY                    | Imagine a world where almost everyone wakes up inspired to go to work, feels trusted and valued during the day, then returns home feeling fulfilled. This is not a crazy, idealized notion.   | Detailed Written<br>Summary                       |
| LEADERS<br>EAT LAST                           | Today, in many successful organizations, great leaders create environments in which people naturally work together to do remarkable things.   | What Leaders Eat Last means (4:00)                |
| Why Some Team: Pull Together and Others Don't | In his work with organizations around the world, Simon Sinek noticed that some teams trust each other so deeply that they would literally put their lives on the line for each other. Other teams, no matter what incentives are offered, are doomed to infighting, fragmentation and | Why Leaders Eat Last (45:50)                      |
|   | failure. Why?  The answer became clear during a conversation with a Marine Corps general. "Officers eat last,"  | Be a Better Leader<br>(4:58)                      |
|   | he said. Sinek watched as the most junior Marines ate first while the most senior Marines took their place at the back of the line. What's symbolic in the chow hall is deadly serious on the   | To Become a Leader (Dramatized with music) (4:39) |
|   | Too many workplaces are driven by cynicism, paranoia, and self-interest. But the best ones foster trust and cooperation because their leaders build what Sinek calls a "Circle of Safety" that separates the security inside the team from the challenges outside.                    | To Become a Leader (Simon Speaking) (3:39)        |
|   | Sinek illustrates his ideas with fascinating true stories that range from the military to big business, from government to investment banking.  | Be the Leader You<br>Wish You Had (11:25)         |
| How to Win<br>Friends and                     | You can go after the job you want—and get it! You can take the job you have—and improve it!   | Book  |
| Influence                                     | You can take any situation—and make it work for you!  | Book Summary                                      |
|   | Dale Carnegie's rock-solid, time-tested advice has carried countless people up the ladder of success in their business and personal lives. One of the most groundbreaking and timeless bestsellers of all time, How to Win Friends & Influence People will teach you:                 | Animated Summary (9:39)                           |

| HOW TO WIN FRIENDS & INFLUENCE PEOPLE The Only Book You Need to Lead You to Success  Dale Carnegie  | -Six ways to make people like you -Twelve ways to win people to your way of thinking -Nine ways to change people without arousing resentment And much more! Achieve your maximum potential—a must-read for the twenty-first century with more than 15 million copies sold!   | Animated Summary 2 (3:44)  Article  |
|---|--|---|
| Everyone Communicat es, Few Connect: What the Most Effective People Do Differently (John C Maxwell) | The most effective leaders know how to connect with people. It's not about power or popularity, but about making the people around you feel heard, comfortable, and understood.  While it may seem like some folks are just born with a commanding presence that draws people in, the fact is anyone can learn to communicate in ways that consistently build powerful connections. Everyone Communicates, Few Connect, helps you succeed by revealing Maxwell's Five Principles and Five Practices to develop this crucial skill of connecting, including:  finding common ground keeping your communication simple capturing people's interest How to create an experience everyone enjoys staying authentic in all your relationships.  Your ability to achieve results in any organization - be it a company, church, nonprofit, or even in your family - is directly tied to the leadership skills in your toolbox. Connecting is an easy-to-learn skill you can apply today in your personal, professional, and family relationships to start living your best life. | Book Video Summary (4:13) Why Connect? (3:15) Connection (8:16) Official Course Summary Podcast |
| Outward<br>Mindset (The<br>Arbinger<br>Institute)   | Unknowingly, too many of us operate from an inward mindset—a narrow-minded focus on self-centered goals and objectives. When faced with personal ineffectiveness or lagging organizational performance, most of us instinctively look for quick-fix behavioral band-aids, not recognizing the underlying mindset at the heart of our most persistent challenges. Through true stories and simple yet profound guidance and tools, The Outward Mindset enables individuals and organizations to make the one change that most dramatically improves performance, sparks   | Book Blinkist Video Intro (3:28)  |



collaboration, and accelerates innovation—a shift to an outward mindset.

Why Most Change Initiatives Don't Work (2:23)

Official Workshop

Outward Mindset Online

Summary + Sample of Audiobook

**Book Review Article** 

Getting to Yes: Negotiating Agreement Without Giving In (Roger Fisher, William Ury) Getting to Yes is a straightorward, universally applicable method for negotiating personal and professional disputes without getting taken - and without getting angry.

It offers a concise, step-by-step, proven strategy for coming to mutually acceptable agreements in every sort of conflict - whether it involves parents and children, neighbors, bosses and employees, customers or corporations, tenants or diplomats. Based on the work of the Harvard Negotiation Project, a group that deals continually with all levels of negotiation and conflict resolution, from domestic to business to international, Getting to Yes tells you how to:

• Separate the people from the problem

- Focus on interests, not positions
- Work together to create opinions that will satisfy both parties
- Negotiate successfully with people who are more powerful, refuse to play by the rules, or resort to "dirty tricks"

**Book** 

**Book Summary 1** 

**Book Summary 2** 

Animated Summary 1 (8:38)

Animated Summary 2 (8:20)

TED Talk (19:15)

Interests vs Positions (4:12)

William Ury on Getting to Yes (30:40)

Summary and Free Harvard Law School Resource



Official Resources

# 2. Video Clips

| Title  | Description  | Link  |
|--|--|-------|
| 2. Trusting Teams   THE 5  | How do we create an environment in which our people can work at their natural best?  | 9:16  |
| PRACTICES  | Leaders are not responsible for results, they're responsible for the people who are responsible for the results.   |       |
|  | This is the second of The 5 Practices outlined in THE INFINITE GAME.   |       |
| Simon Sinek - Circle of<br>Safety/Trust (Noah)                         | Story of Noah at the Four Seasons and Caesar's Palace. The differing cultures at the hotels bring out a different Noah.  | 7:39  |
| Ted Lasso Forgives Rebecca - Full Scene                                | (Unedited) Adult language. Rebecca tells Ted what she's done and Ted forgives her. Example of how to build trust through asking for forgiveness, and through giving forgiveness.   | 3:02  |
| Ted and Trent Crimm<br>Indian Restaurant                               | A scene where at the end of a day together, Ted solidifies trust with Trent through his consistent genuineness.  | 3:13  |
| Ted Lasso - Teds Training Speech                                       | Adult language. Ted Lasso apologizes for his team finding out about something that he felt he should have let them know.   | 2:37  |
| Lt Winters' Character and<br>Leadership scene's for 5<br>mins straight | Inspired by true events in WW2 about a real officer, these clips from Band of Brothers show examples of Lt. Winter being an example of a leader worthy of being followed and emulated to both his reports and his superiors. | 5:32  |
| The Leadership Core: Lessons from Dick Winters                         | (Adult language, war scenes) Lt. Dick Winters demonstrates one of the best examples of leadership. The core of leadership is selflessly going first to serve the people you love to accomplish feats that elevate the tribe. | 10:36 |
| Remember the Titans  | The captain of the team and one of the players have a confrontation where feedback is shared   | 3:11  |

| Leadership Example   | both ways. Both players take the feedback to heart, and the leader makes a critical stand that helps create an environment of trust, and an opportunity for greater unity for the team.   |      |
|--|---|------|
| 42 - Pee Wee Reese Talks<br>with Branch Rickey                             | Part A. "42" tells the story of two men—the great Jackie Robinson and legendary Brooklyn Dodgers GM Branch Rickey—whose brave stand against prejudice forever changed the world by changing the game of baseball. In 1946, Branch Rickey (Harrison Ford) put himself at the forefront of history when he signed Jackie Robinson (Chadwick Boseman) to the team, breaking Major League Baseball's infamous color line. But the deal also put both Robinson and Rickey in the firing line of the public, the press and even other players. Facing unabashed racism from every side, Robinson was forced to demonstrate tremendous courage and restraint by not reacting in kind, knowing that any incident could destroy his and Rickey's hopes. Instead, Number 42 let his talent on the field do the talking—ultimately winning over fans and his teammates, silencing his critics, and paving the way for others to follow. In this scene Pee Wee Reese learns about the threats Jackie has been facing. | 2:39 |
| 42 - Maybe Tomorrow<br>We'll All Wear 42                                   | Part B. In this scene Pee Wee Reese stands with Jackie on the field in front of fans and family, creating some sense of safety for Jackie.  | 1:17 |
| How To Be A Leader by Simon Sinek  | A compilation of a few Simon Sinek clips that embody servant leadership.  | 8:35 |
| Wheelchair Basketball commercial   | Aired in 2013's Super Bowl, this Guinness beer commercial highlights the emotional power in a group of people who genuinely cares about one another.  | 1:01 |
| Won't You Be My<br>Neighbor Trailer  | From Academy Award® -winning filmmaker Morgan Neville (20 Feet from Stardom), Won't You Be My Neighbor? takes an intimate look at America's favorite neighbor: Mister Fred Rogers. A portrait of a man whom we all think we know, this emotional and moving film takes us beyond the zip-up cardigans and the land of make-believe, and into the heart of a creative genius who inspired generations of children with compassion and limitless imagination.   | 2:39 |
| Mr. Rogers and Jeff Erlanger   | Mr. Rogers and Jeff Erlanger from when they were on his show together to when Mr. Rogers is recognized for his lifetime achievements.   | 2:49 |
| May 1, 1969: Fred Rogers<br>testifies before the Senate<br>Subcommittee on | On May 1, 1969, Fred Rogers, host of the (then) recently nationally syndicated children's television series, Mister Rogers' Neighborhood (named Mister Rogers' Neighborhood at the time), testified before the Senate Committee on Commerce Subcommittee on Communications  | 6:50 |

| Communications                               | to defend \$20 million in federal funding proposed for the newly formed non-profit Corporation for Public Broadcasting, which was at risk of being reduced to \$10 million. Subcommittee chairman, Senator John Pastore (D-RI), unfamiliar with Fred Rogers, is initially abrasive toward him. Over the course of Rogers' 6 minutes of testimony, Pastore's demeanor gradually transitions to one of awe and admiration as Rogers speaks.   |       |
|--|---|-------|
| The Best of Mr. Rogers                       | "Our society is much more interested in information than wonder, in noise rather than silenceAnd I feel that we need a lot more wonder and a lot more silence in our lives."  | 9:58  |
| How to Impress Someone Who's Higher Status   | It's frustratingly common to get completely tongue tied when we're in front of people we'd like to impress. Which is doubly unfortunate because it's often those situations that could lead to us landing a great new job, connecting with a mentor, or even dating someone we're smitten with.  That's why in this video I want to cover how you can avoid that awkward trap and impress the people you admire by standing out in a positive way. To do that, we'll be referencing someone who has done it many times: Sean Evans of Hot Ones.  He asks great questions (highlights/lowlights), teases playfully, comfortably expresses disagreement, and does his research. | 13:10 |
| Good Will Hunting   'It's Not Your Fault'    | (Editing required) Adult language. Will (Matt Damon) wants to know what's in his file, while Sean (Robin Williams) assures him that the abuse he suffered wasn't his fault.  "To know yourself is the beginning of all wisdom" - Socrates. Knowing oneself requires great vulnerability and to experience pain as fully and as readily as most wish to experience joy. And to allow forgiveness before we can grow to the fulness of our potential.   | 3:55  |
| How Come He Don't Want Me                    | Will (Will Smith) handles his father leaving him for a second time. www Similar to the Good Will Hunting clip, "To know yourself is the beginning of all wisdom" - Socrates. It can hurt, dissecting the past. In both video clips, the main protagonist had a trusted figure there to validate and comfort. That is an important role.   | 4:02  |
| The Office - Michael Choosing Self Over Team | An example of someone not doing what's in the best interest of his team and something that would deteriorate the trust between the leader and who he serves. Michael (Steve Carell) almost takes a measly bonus instead of buying the entire office something it needs.   | 2:27  |

| 5 Steps to Achieve Trust<br>Within a Team        | How to build trust in teams and the benefits to expect from following these strategies and tips.  | 2:19 |
|--|---|------|
| Last Samurai (Departure)                         | Suggested to watch until 2:56.  | 4:32 |
|  | You see the main protagonist Nathan Algren (Tom Cruise) and the rebel leader Katsumoto (Ken Watanabe) after first fighting against one another, and eventually developing a friendship after Algren is taken prisoner. Trust is less about similarities, and more about authenticity and the admiration that comes from mutual respect.   |      |
| A Knight's Tale   Showing Mercy                  | Part 1/2. With one run to go, Sir Thomas Coville asks William to let him keep his honor intact by letting him withdraw rather than losing. William has all the power in this position, but chooses to do the honorable thing instead of that which would give him the greatest reward. It is not until later that William and everyone else learns who Coville really is.   | 1:14 |
|  | "You can easily judge the character of a man by how he treats those who can do nothing for him." -Johann Wolfgang von Goethe  |      |
| A Knight's Tale   Nobility                       | Part 2/2. Sir Thomas Coville, the beneficiary of William's mercy during a tournament, turns out to be the crowned prince. He observes that William has loyal friends and remarks on his noble actions worthy of a knight.   | 3:41 |
|  | "Nothing discloses real character like the use of power. It is easy for the weak to be gentle. Most people can bear adversity. But if you wish to know what a man really is, give him power. This is the supreme test. It is the glory of Lincoln that, having almost absolute power, he never abused it, except on the side of mercy." -Robert G. Ingersoll  |      |
| 12 Angry Men (4/10)<br>Movie CLIP - This Isn't a | Part 1 of 2.  | 1:58 |
| Game   | Juror #8 (Henry Fonda) reprimands two disengaged jurors who are busy playing Tic Tac Toe.   |      |
|  | A Puerto Rican youth is on trial for murder, accused of knifing his father to death. The twelve jurors retire to the jury room, having been admonished that the defendant is innocent until proven guilty beyond a reasonable doubt. Eleven of the jurors vote for conviction, each for reasons of his own. The sole holdout is Juror #8, played by Henry Fonda. We then watch Juror #8 slowly persuade each of the other jurors of the possible and eventually likely innocence of the young |      |

|   | man on trial.  |      |
|---|--|------|
| 12 Angry Men (5/10) Movie CLIP - Re-enactment | Part 2 of 2.  Juror 8 (Henry Fonda) does a re-enactment of the old man's story which leads to a showdown with Juror 3 (Lee J. Cobb) and a dramatic revelation. | 4:11 |
| Funny Intros - Dad and<br>Trust Fall with Son | How do you lose trust?   | 0:07 |

# 3. Articles

| Title   | Description  | Date             |
|---|--|------------------|
| How to Build Trust in Your Relationship               | Trust is a pillar of the Sound Relationship House. Learn how to fortify your partnership with attunement, intimate conversation, and more.  The Gottman Institute is the culmination of Drs. John and Julie Gottman's life work as researchers and clinical psychologists. Their approach to relationship health has been developed from over 40 years of research with more than 3,000 couples—the most extensive study ever done on marital stability. While their focus is mainly on couples, their research has relevant applicability to any relationship, including  | Not<br>available |
|   | those we have in our professions.  |                  |
| Developing and Sustaining High-Performance Work Teams | A "high-performance work team" refers to a group of goal-focused individuals with specialized expertise and complementary skills who collaborate, innovate and produce consistently superior results. The group relentlessly pursues performance excellence through shared goals, shared leadership, collaboration, open communication, clear role expectations and group operating rules, early conflict resolution, and a strong sense of accountability and trust among its members.  This article explores:  Factors required for a high-performance work team.  Common stages of team development.  Causes of team dysfunction.  Primary types of teams organizations establish to achieve specific work goals. | Not<br>available |

| How to Build a Successful Team          | Building a successful team is about more than finding a group of people with the right mix of professional skills. Over the course of interviewing over 500 leaders for Corner Office, I asked them all about the art of fostering a strong sense of teamwork. Their insights can help you lay the groundwork for a highly productive team that can communicate, cooperate and innovate in an atmosphere of mutual trust and respect.   | Not<br>available |
|---|---|------------------|
| The New Science of Building Great Teams | MIT's Human Dynamics Laboratory studied highly effective teams using electronic badges that collected data on individual communication behavior- tone of voice, body language, whom they talked to and how much, and more Analyzing patterns of communication, they found that a few patterns were the most important predictors of a team's success. Just by looking at the sociometric data, they've been able to foretell which teams will win a business plan contest.  The data also establish another surprising fact: Individual reasoning and talent contribute far less to team success than one might expect. The best way to build a great team is not to select individuals for their smarts or accomplishments but to learn how they communicate and to shape and guide the team so that it follows successful communication patterns. | Apr 2012         |
| The Neuroscience of Trust (HBR)         | Managers have tried various strategies and perks to boost employee engagement—all with little impact on long-term retention and performance. But now, neuroscience offers some answers. Through his research on the brain chemical oxytocin—shown to facilitate collaboration and teamwork—Zak has developed a framework for creating a culture of trust and building a happier, more loyal, and more productive workforce.  By measuring people's oxytocin levels in response to various situations—first in the lab and later in the workplace—Zak identified eight key management behaviors that stimulate oxytocin production and   | Jan 2017         |
|   | generate trust: (1) Recognize excellence. (2) Induce "challenge stress." (3) Give people discretion in how they do their work. (4) Enable job crafting. (5) Share information broadly. (6) Intentionally build relationships. (7) Facilitate whole-person growth. (8) Show vulnerability.  Ultimately, Zak concludes, managers can cultivate trust by setting a clear direction, giving people what they need to see it through, and then getting out of their way. In short, to boost engagement, treat people like responsible adults.  |                  |

# 4. Podcasts

| Title  | Description  | Link    |
|--|--|---------|
| The Modern Manager   Create & Lead Successful Teams  | The Modern Manager is a podcast dedicated to helping you be a rockstar manager with a thriving team. Whether you're seeking to boost your effectiveness as a manager & communicator, want to foster a healthy team culture where people flourish & exceed their goals, or learn the skills to make the most of every single meeting, this podcast is for you.  | 30 mins |
| Kim<br>Christfort,<br>Deloitte,<br>HBR's<br>IdeaCast | How Personalities Affect Team Chemistry: Deloitte national managing director Kim Christfort talks about the different personality styles in an organization and the challenges of bringing them together. Her firm has developed a classification system to help companies better understand personality styles and capitalize on their cognitive diversity. She and Suzanne M. Johnson Vickberg co-authored the article, "Pioneers, Drivers, Integrators, and Guardians" in the March-April 2017 issue of Harvard Business Review.  | 28:20   |
| Jessi<br>Hempel,<br>Hello Monday                     | Drafting Teams with Former NFL Talent Scout Michael Lombardi: For the season finale, Jessi talks to former NFL talent scout Michael Lombardi about how to assemble teams, why you can't teach someone to be more competitive, and how to weigh talent versus character. Featuring reporting from LinkedIn's managing editor, Caroline Fairchild.   | 35 mins |
| Teamistry  | How do we meet the challenges we face as organizations, countries, or even as a species? Whether we're locked in fierce corporate competition or struggling with matters of life and death, one constant stands out: teams working together. And when teams, and teams of teams, focus on combining their unique abilities, expertise, and experience to embrace uncertainty, innovate, and tackle massive challenges? No problem is unsolvable. Teamistry is all about the chemistry that exists between groups of people who team up to achieve more than they ever thought possible. Join host Nastaran Tavakoli-Far as she turns her filmmaker's eye toward stories of teams working together to change their fate and even the course of history. | 30 mins |
| <u>Leadership</u><br><u>With Heart</u>               | Would you like to uncover how Leaders with Heart lead their teams and engage and retain them in the process? Join Heather R. Younger, J.D., the best-selling author of The 7 Intuitive Laws of Employee Loyalty and Founder and CEO of Customer Fanatix as she interviews amazing leaders from all over the world and all walks of life to find out what drives them to be more emotionally intelligent leaders.   | 25 mins |
| We're All in<br>This Together                        | On We're All In This Together, leadership, teamwork, and company culture expert Mike Robbins shares his wisdom and insight, and also interviews interesting and influential business leaders, thought leaders, and change makers. Over the past 20 years, Mike has partnered with people, leaders, and teams within top  | 25 mins |

|   | organizations like Google, Wells Fargo, Microsoft, Schwab, the NBA, Genentech, eBay, the Oakland A's, and many others. He gets real about his own experience and with his guests, so that you can learn the truth behind his and their stories, how they've overcome challenges, and specific tips about leadership, teamwork, culture, and life. These conversations are designed to give you practical ideas, insights, and techniques to enhance your success, impact, and the performance of your team. For more information on Mike Robbins and his work, visit www.Mike-Robbins.com  |         |
|---|--|---------|
| At The Table with Patrick Lencioni        | Real conversations and practical advice for everyday leaders. Sit across the table from one of the foremost experts in leadership and business. In his simple and approachable style, Pat tackles every topic related to the world of work (and some that aren't). From culture to teamwork to building world-class organizations, Pat brings his wisdom, humor, and insight together to provide actionable advice for leaders everywhere. For more on Pat and the Table Group, visit https://www.tablegroup.com   | 25 mins |
| The Invincible Teams Podcast              | Welcome to The Invincible Teams Podcast, a podcast for team leaders and business owners who are tired of dealing with office drama and politics, high turnover, and teams not meeting their potential. We know that team leaders and business owners like you are pretty much always under pressure to get the most out of your teams. We also know that most teams only operate at about 58% of their actual potential, and we've got the tools and training to make that number keep going up. We believe that every team should reach their potential, and that if we get intentional, our teams can become invincible. Invincible Teams is produced by Ready, Set, Podcast! Find more info at <a href="https://www.readysetpodcast.xyz">www.readysetpodcast.xyz</a> Invincible Teams is created by Evrgrn. Find more info at <a href="https://www.evrgrnteams.com">www.evrgrnteams.com</a> | 40 mins |
| The Teamwork Advantage with Gregg Gregory | Welcome to The Teamwork Advantage, a Gregg Gregory Podcast. Informal and insightful conversations with professionals and experts in the TLC arena - Teamwork, Leadership, Culture. A must-listen program, where we take you inside the mind's of these experts to discover actionable insights to be a stronger team member, a more effective leader, and enrich your team's culture.  | 50 mins |
| The Modern<br>Manager                     | Host Mamie Kanfer Stewart shares practical approaches to help you be a great manager. Solo episodes are like mini-courses, providing actionable tips based on experience and research. Guest episodes are engaging conversations that elicit insights and suggestions for how to apply the ideas.  | 35 mins |
|   | Episodes feature topics like: effective meeting practices, communication skills, managing conflict, team building, time management, group dynamics, goal setting and accountability, team competencies, productivity and collaboration technologies, organizational culture, and more.   |         |

## 5. Classes / Events

| Title   | Description  |
|---|--|
| Improvising Radical Candor                      | If you're like most people, you probably don't receive the kind of feedback you need to keep growing on the job. And, sorry to say, you're probably not giving the kind of feedback that will most help you build the kind of relationships you really need to succeed.  |
|   | Not to worry! Radical Candor and Second City Works have teamed up to tackle your problem, and we've come up with a digital solution that's nothing short of hilarious. Starring David Alan Grier, "The Feedback Loop" is a laugh-and-learn training program that includes a workplace comedy to help you develop a candid culture of effective feedback. |
| Crucial Conversations: Crucial Learning Courses | Backed by 30 years of social science, Crucial Conversations skills represent the standard in effective communication and the marker of high performance individuals and organizations. The course teaches nine powerful skills for working through disagreement to achieve better results.   |
| Live Online Classes<br>(Simon Sinek)            | We are continually adding new classes to help us show up better for those around us.   |
| Arbinger Institute Workshop                     | In this workshop, participants learn the difference between inward and outward mindsets. They discover where they have been inward and how to turn more outward. They learn how to turn their mindsets and behaviors outward by applying the following tool sets:  |
| Outward Mindset Online                          | Outward Mindset Online is a first-of-its-kind video course designed to deepen the application of Arbinger principles and expand the impact of the outward mindset to every level of an organization.   |
|   | This experiential video course is designed to transform participants through stories of real people using an outward mindset to address their real challenges. The Outward Mindset Online program includes access to Arbinger tools and instruction on practical application.  |
|   | What is Outward Mindset Online?  |
|   | To request more information email info@arbinger.com  |

#### Other Resources

| Title                                      | Description   | Link |
|--|---|------|
| The Gottman Method                         | The Gottman Institute is the culmination of Drs. John and Julie Gottman's life work as researchers and clinical psychologists. Their approach to relationship health has been developed from over 40 years of research with more than 3,000 couples—the most extensive study ever done on marital stability. While their focus is mainly on couples, their research has relevant applicability to any relationship, including those we have in our professions. |      |
| Crucial Conversations Additional Resources | Resources include videos, the Crucial Conversations model for reference, discussion questions, a short assessment to diagnose how you can improve, and a newsletter.  |      |

#### 7. Quotes

- 1. Learning to trust is one of life's most difficult tasks. -Isaac Watts
- 2. He who does not trust enough will not be trusted. -Lao Tzu
- 3. Trust is built with consistency. -Lincoln Chafee
- 4. Whoever is careless with the truth in small matters cannot be trusted with important matters. -Albert Einstein
- 5. A man trusts another man when he sees enough of himself in him. -Gregory David Roberts
- 6. For every good reason there is to lie, there is a better reason to tell the truth. -Bo Bennett
- 7. When the trust is high, communication is easy, instant, and effective. -Stephen Covey
- 8. The best way to find out if you can trust somebody is to trust them. -Ernest Hemingway
- 9. It is more shameful to distrust our friends than to be deceived by them. -Confucius
- 10. Don't trust people who tell you other people's secrets. -Dan Howell
- 11. Trust is the glue of life. It's the most essential ingredient in effective communication. It's the foundational principle that holds all relationships. -Stephen Covey
- 12. A healthy relationship is built on unwavering trust. -Beau Mirchoff

- 13. Trust is the highest form of human motivation. It brings out the very best in people. But it takes time and patience. -Stephen R. Covey
- 14. Consistency is the true foundation of trust. Either keep your promises or do not make them. -Roy T. Bennett
- 15. Every kind of peaceful cooperation among men is primarily based on mutual trust. -Albert Einstein
- 16. Fear leads to more fear, and trust leads to more trust. -Dean Ornish
- 17. Trust is very hard if you don't know what you're trusting. -Marianne Williamson
- 18. When truth takes a backseat to ego and politics, trust is lost. -Patrick Lencioni
- 19. It's a delight to trust somebody so completely. -Jeff Goldblum
- 20. Trust, but verify. -Ronald Reagan
- 21. Trust opens up new and unimagined possibilities. -Robert C. Solomon
- 22. Because you believed I was capable of behaving decently, I did. -Paulo Coelho
- 23. A body of men holding themselves accountable to nobody ought not to be trusted by anybody. -Thomas Paine
- 24. Trust is only gained when one person risks and doesn't get harmed. It grows as both people increasingly risk and don't get harmed in the process. -Glen Williams
- 25. Be impeccable with your word. Speak with integrity. Say only what you mean. -Don Miguel Ruiz
- 26. Trust is built when someone is vulnerable and not taken advantage of. -Bob Vanourek
- 27. It takes 20 years to build a reputation and five minutes to ruin it. -Warren Buffett
- 28. The best proof of love is trust. -Joyce Brothers
- 29. The glue that holds all relationships together-including the relationship between the leader and the led-is trust, and trust is based on integrity. -Brian Tracy
- 30. Good leadership requires you to surround yourself with people of diverse perspectives who can disagree with you without fear of retaliation. -Doris Kearns Goodwin
- 31. True leadership stems from individuality that is honestly and sometimes imperfectly expressed... Leaders should strive for authenticity over perfection. -Sheryl Sandberg, COO, Facebook
- 32. Engendering a culture of trust also does wonders. This is because, even if you have a heated argument, as long as you keep in the back of your mind that the people you're arguing with do have the best in mind for the company and wider team, you'll always be able to make it to the end and remain friendly. -Patrick Campbell
- 33. Leadership, very simply, is about two things: 1. Truth and trust. 2. Ceaselessly seeking the former, relentlessly building the latter. -Jack Welch
- 34. I realized that you have to be honest. When you're being open, that's when people connect with you. You just have to be yourself. -Little Simz
- 35. Talent sets the floor, character sets the ceiling. Bill Belichick

- 36. Real integrity is doing the right thing, knowing that nobody's going to know whether you did it or not. -Oprah Winfrey
- 37. Confidence... thrives on honesty, on honor, on the sacredness of obligations, on faithful protection and on unselfish performance. Without them it cannot live. -Franklin D. Roosevelt
- 38. Better to trust the [person] who is frequently in error than the one who is never in doubt. -Eric Sevareid
- 39. When people honor each other, there is a trust established that leads to synergy, interdependence and deep respect. Both parties make decisions and choices based on what is right, what is best, what is valued most highly. -Blaine Lee
- 40. Without trust we don't truly collaborate; we merely coordinate or, at best, cooperate. It is trust that transforms a group of people into a team. -Stephen M. R. Covey
- 41. A team is not a group of people that work together. A team is a group of people that trust each other. -Simon Sinek
- 42. You must trust and believe in people or life becomes impossible. -Anton Chekhov
- 43. Have enough courage to trust love one more time and always one more time. -Maya Angelou
- 44. The people when rightly and fully trusted will return the trust. -Abraham Lincoln
- 45. Love and trust are so powerful. They can literally change the fate of a person. -Tasha Hoggatt
- 46. Trust is the fruit of a relationship in which you know you are loved. -William P. Young
- 47. It is mutual trust, even more than mutual interest that holds human associations together. -H.L. Mencken
- 48. Few delights can equal the mere presence of one whom we trust utterly. -George Macdonald
- 49. Cooperation is the thorough conviction that nobody can get there unless everybody gets there. -Virginia Burden
- 50. Life will always seem unfair when we're focused on the wrong things, namely ourselves. -John R. Wood
- 51. "The ability to have sustained excellence is that ability to know yourself and know the room" -Sue Enquist
- 52. "Good teams become great ones when the members trust each other enough to surrender the 'me' for the 'we." -Gregg Popovich
- 53. "In developing teams, I don't believe in rules. I believe in standards. Rules don't promote teamwork, standards do." -Mike Krzyzewski
- 54. "Be the reason someone believes in the goodness of people." -Karen Salmansohn
- 55. "Diversity is a given, inclusion is a choice, equity is a goal. Belonging is our ultimate endpoint." -Camille Chang Gilmore

### Authenticity

- 56. Authenticity is about being true to who you are, even when everyone around you wants you to be someone else. -Michael Jordan
- 57. Authenticity is the daily practice of letting go of who we think we're supposed to be and embracing who we are. -Brene Brown
- 58. If you trade your authenticity for safety, you may experience the following: anxiety, depression, eating, disorders, addition, rage, blame, resentment, and inexplicable grief. -Brene Brown

- 59. If you are your authentic self you have no competition. -Scott Stratten
- 60. Trust is not built in big, sweeping moments. It's built in tiny moments every day. -Brene Brown
- 61. Trust is built in very small moments. -Brene Brown
- 62. Trust is a product of vulnerability that grows over time and requires work, attention, and full engagement. -Brene Brown
- 63. "In internal communication, there must be an ongoing and perceived consistency between what you say and how you say it."
  -Janet G. Elsea
- 64. "Let them lead. The more power you give, the more power you get." -John Bacon
- 65. "Transparency builds trust. Communication builds trust. Trust is earned, not given." -Gregg Popovich
- 66. "It takes many good deeds to build a good reputation, and only one bad one to lose it." -Benjamin Franklin

### 8. Activity Ideas

| Title                                 | Description   |
|---------------------------------------|---|
| 11 Team Building Games and Activities | There are a variety of reasons why companies use team building activities. They can improve communication, boost morale, motivate, be used as ice breakers and learning effective strategies, improve productivity, and teach people about each other's strengths and weaknesses. |