Why and How did the Olympics start?

By Andrew Y

No one knows for sure exactly how the olympics started, but in Greece during the beginning of 776 B.C., there was a bunch of athletic competitions. They honored the king of the gods, zeus. The first official revival of the games was in 1896, marking the point in which after that the Olympic games became an international competition. The first olympics held in Greece in 776 B.C. was part sporting part religious event and only males could compete. They started by sacrificing someone and saying an oath to zeus so the athletes swore that they would be fair. There was only one event in the first olympics, and it was a stadion foot race.

"Olympic Games" http://en.wikipedia.org/wiki/Olympic_Games