

## **2023-2024 SHAC Minutes**

The Tidehaven School Health Advisory Committee met on Wednesday, September 23, 2023 at 4:00 PM in the Tidehaven high school library. Google Meet was also provided for those who wanted to attend virtually. Prior to the start of the meeting, all members were notified that all SHAC meetings will be audio recorded and posted to the TISD website. The following committee members were in attendance: Heather Piwonka, Lori Palomares, Renee Smith, Renee Bohuslar, Sarah Lara, Debra Taska, Merideth Dodd, Raquel Navarro, and Joey Rosalez. Lori Palomares called the meeting to order. The committee elected Lori Palomares and Heather Piwonka as co-chairs. All members were in favor, zero opposed. Old business was then discussed. Lori Palomares reported that AgriLife will be coming back to Tidehaven for the Vaping Presentation on November 30th. Joey Rosalez informed the committee that the student presentation will be held at 1:30pm and the parent presentation at 6:00pm. It was also reported that only 1 parent has attended the parent presentation in the past 2 years. The next item of old business was then discussed. Lori Palomares, reported that the elementary campuses are both participating in the Backpack Program again with the Food Bank of the Golden Crescent in Victoria. She reported that the allotment for the elementary's has decreased from 25 to 10 students. Due to high demand, the Food Bank is only using the program at elementary campuses this year, therefore the Jr. High and High School will not be able to participate. Mr. Rosalez reported that the Jr. High and High School implemented Share Bins this year to help cut back on food waste and to help students who would like extra items at breakfast and lunch without the worry of cost. It was brought up that the district should look into implementing their own Backpack Program to help students in need. New business was then discussed. Mrs. Palomares reported that the district approved to have unassigned EpiPens on campus in case of an unknown allergic reaction. The order for the EpiPens was placed, but the delivery time is unknown due to being on backorder. The next topic was discussed. Lori Palomares reported that the district received free Narcan through a UTSA program and each campus has accessible Narcan in case of an overdose. All staff was trained on signs and symptoms and proper administration of Narcan. The next item of business to discuss was state required screenings. All campus nurses reported that vision, hearing and antes screening have begun. If a student fails any of the screenings, a referral is sent home to the student's parents/guardian. Spinal screenings will be conducted later on in the first semester. The next item of business was the Communicable Disease Report. Mrs. Palomares reported that the district is averaging 1-2 COVID cases per week. This number only includes cases that have been reported to the campus nurses. Renee Bohuslar and Renee Smith informed the committee that they have also had several students





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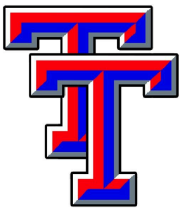
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out with strep throat and a few flu cases. It was suggested that the TISD Illness Protocol be shared with parents again. Lori Palomares stated she would send it out through BlackBoard the next day. Next SHAC meeting was set for November 8, 2023 at 4 PM; Google Meet will also be an option. Meeting was adjourned at 4:27 PM.

The Tidehaven School Health Advisory Committee met on Wednesday, November 8, 2023 at 4:00 PM in the Tidehaven high school library. Google Meet was also provided for those who wanted to attend virtually. Prior to the start of the meeting, all members were notified that all SHAC meetings will be audio recorded and posted to the TISD website. The following committee members were in attendance: Lori Palomares, Renee Smith, Sarah Lara, Merideth Dodd, Tamara Davant and Brooke Davant. Lori Palomares called the meeting to order. Old business was then discussed. Lori Palomares reported that vision and hearing screenings were underway and all campuses have also started spinal screenings. New business was then discussed. Mrs. Palomares reported that a new bill was passed and that October will also be Fentanyl Awareness Month. Curriculum for this was then discussed. Tamara Davant informed the committee of the curriculum through Texas Health and Human Services, "One Pill Kills", National Institute for Drug Abuse and Mind Matters. The committee then voted to continue with that curriculum for the following school year. All members were in favor, none opposed. Brooke Davant reported that at the elementary campuses, fentanyl awareness would be tied into Red Ribbon Week and also promoted through morning announcements and posters. The next topic was discussed. Lori Palomares reported that Fall Wellness Week would be conducted at the elementary campuses the week after Thanksgiving break. The next item of business to discuss was the required immunization snapshot report. The school nurses in attendance reported that TISD was in compliance with immunizations with only 1-2 students on a provisional catch up schedule. The next item of business was the Walgreens Immunization Clinic. Mrs. Palomares and Ms. Smith reported that 77 immunizations were given the day of the community flu vaccine clinic. It was estimated that 2 community members who were not part of the district staff attended the event. Next SHAC meeting was set for January 24, 2024 at 4 PM; Google Meet will also be an option. Meeting was adjourned at 4:08 PM.

The Tidehaven School Health Advisory Committee met on Wednesday, January 24, 2024 at 4:00 PM in the Tidehaven high school library. Google Meet was also provided for those who wanted to attend virtually. Prior to the start of the meeting, all members were notified that all SHAC meetings will be audio recorded and posted to the TISD website. The following committee members were in attendance: Lori Palomares, Renee Smith, Sarah Lara, Merideth Dodd, Heather Piwonka, Outreach Crisis Center, Joey Rosalez, Emily Gardner, Cindy Hickl & Renee Bohuslar. Lori Palomares called the meeting to order. There was no Old Business to discuss. New business was





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discussed. Renee Smith reported that COVID and flu cases have decreased at the secondary campus since coming back from Christmas break. Lori Palomares reported the same for the elementary campuses. The next topic was discussed. Lori Palomares reported that all Tidehaven campuses had their safety audits by Region 3. Administrators reported that all campuses passed the safety audit with “flying colors”. The next item of business was then discussed. Lori Palomares informed the council that the elementary schools will be doing Puberty Education for the 4th grade boys and girls on the Friday before spring break. Parents will be sent a letter and have the option to opt out of puberty education if they so choose. Mrs. Palomares also informed everyone that the nurses are still accepting new or gently used makeup bags to use for puberty kits for students. Next SHAC meeting was set for March 20, 2024 at 4 PM; Google Meet will also be an option. Meeting was adjourned at 4:05 PM.

The Tidehaven School Health Advisory Committee met on Wednesday, March 20, 2024 at 4:00 PM in the Tidehaven high school library. Google Meet was also provided for those who wanted to attend virtually. Prior to the start of the meeting, all members were notified that all SHAC meetings will be audio recorded and posted to the TISD website. The following committee members were in attendance: Lori Palomares, Renee Smith, Heather Piwonka, Joey Rosalez, Emily Gardner and Tamara Davant. Lori Palomares called the meeting to order. Old Business was then discussed. Lori Palomares reported that the Puberty Education went well at both elementary campuses for the 4th grade boys and girls. The students enjoyed receiving their puberty starter kits. New business was then discussed. Lori Palomares informed the committee that TISD board policy had been changed to allow unassigned EpiPens for on campus use. The elementary campuses have them stored in the nurse’s office in an unlocked, marked drawer and the JH/HS campus has them in the AED wall units by the library. A parent notification letter was sent out via Blackboard. The next topic was discussed. Lori Palomares reported that all campuses have a stock of Narcan which is easily accessible to any staff member should the need arise. All staff members were trained on how to use Narcan and EpiPens during the beginning of the year inservice. The next item of business was then discussed. Lori Palomares informed the council that TISD partnered up with Smiles for Schools for our elementary schools at the beginning of this next school year. This is a DSHS program that provides free dental cleanings, fluoride treatments, and sealants for students who return their permission forms. The final item of business discussed was student physicals for extracurricular activities. Renee Smith reported that Houston Methodist will be coming on May 2nd from 10:30-12:30 to perform these for students ages 11-18. The cost is \$20, cash only. Flyers are posted around the school. Next SHAC meeting was set for September 18, 2024 at 4 PM; Google Meet will also be an option. Meeting was adjourned at 4:08 PM.

