

Mental Health Resources

The following organizations have therapeutic services offered for children, teens, and their families, including those under the age of 12, in the Freeport and Rockford areas.

Geode Health (formerly Rockford Psychiatric): (815) 697-5762
<https://geodehealth.com/talk-therapy/child-adolescent-therapy/>

Aspen Counseling: (815) 399-9700
<https://www.aspenbh.com/contact-us/>

Ann James Counseling: (779) 423-0275
<https://www.annjamescounseling.com/children--adolescents.html>
<https://www.annjamescounseling.com/book-appointment.html>

Family Counseling Services (FCS): (815) 962-5585
<https://www.familycounselingrockford.org/contact-us/>

Westside Child Counseling Services: (815) 469-1500 or by online contact form
<https://westsidechildrenstherapy.com/child-counseling/>

Forest City Children and Teen Counseling: (815) 391-3055 or by online contact form
<https://forestcitycounseling.com/children-teen-therapy/>
<https://forestcitycounseling.com/contact/>

Perryville Counseling Group: 815-975-3330 or by online contact form
<https://perryvillecounselinggroup.org/contact/>

Glenwood Center: (815) 968-5342 or by email
<https://www.glenwoodcenter.com/Appointments.aspx>

Insight Counseling Group: (815) 694-0626 or text
<https://insightcounseling.us/contact-us/>

Counseling Associates of Rockford: (815) 398-7000
<https://counselingassociatesofrockford.com/contact/>

KP Counseling Services: (779) 368-0060
<https://www.kpcounseling.com/contact-us/>

Rosecrance Children & Family Services: (815) 330-8729 or by online contact form
<https://rosecrance.org/mental-health/children-family-services/>

Mental Health Resources

Marshmallow's Hope: (877) 277-4028

<https://marshmallowshope.org/>

The following are other mental health services in the area:

Sinnissippi Centers Child and Adolescent Services: (800) 242-7642, (815) 516-8898

<https://sinnissippi.org/child-and-adolescent-services/>

<https://sinnissippi.org/contact-us/>

MercyHealth Clinic-Based Services: (262) 245-5608.

<https://www.mercyhealthsystem.org/services/behavioral-health/clinic-based-services/>

Freeport Health Network (FHN) Behavioral Health and Emotional Wellness Counseling

<https://www.fhn.org/counseling-services.asp>

FHN Family Counseling Center: 815-599-7300

<https://www.fhn.org/FHN-Family-Counseling-Center.asp>

Great Lakes Psychology Group: (800) 693-1916

https://www.greatlakespsychologygroup.com/il/counseling-in-rockford/child-teen-counseling/?utm_source=google&utm_medium=organic&utm_campaign=gmb&utm_content=rockford_il

Most providers listed take most major insurance carriers.

Should you be in need of urgent assistance the following resources are available:

988 - Crisis Lifeline

911 - Emergency Response

Winnebago County Crisis Response Line: (920) 233-7707

NYAP (Children/Adolescent) Mobile Crisis Response: (833) 827-4747

Crisis Co-Responder Team: (815) 319-6728

CARES Line (Rosecrance SASS): (800) 345-9049

Sinnissippi Centers Crisis Line: (779) 368-0060

The Trevor Project LGBTQ Support Line: (866) 488-7386 or text 'start' to 678-678

UW Health SwedishAmerican Hospital Center for Mental Health: (779) 696-4123