Please include all resources specific to your college or faculty

Resource	Link	Description
Wellness Lounge	https://ccscss.info.yorku.ca/wellness-lounge/	Space in calumet college where small events are held to support the well being of students.
Walk With A Prof	https://stong.yorku.ca/event/walk-with-the-prof-dr-parissa-safai/	For one hour every week, you will have an opportunity to connect with your professors outside of class time, engage in conversations about academic and non academic subjects while walking around the campus.
Peer Assisted Study Session (P.A.S.S)	https://ccscss.info.yorku.ca/pass/	Free,Collaborative, facilitated, and engaging study sessions held in Stong College room 201, and Calumet College room 214. Targeted for Kinesiology & Health Science Majors, as well as Psychology Majors.
Faculty of Health- Meet and Greet on Zoom	https://stong.yorku.ca/event/faculty-of-health-meet-greet-on-zoom/	This session will be facilitated by health and wellness coordinators. *You will get a chance to familiarize yourself with campus resources, get strategies on how to succeed academically online, tips on how to stay physically and mentally healthy during your university journey and much more*. Additionally, we also have peer leaders who can answer your program-specific questions and guide you on how to do well in your first-year classes. Join us for

		an interactive session with lots of fun games.
Peer Leadership Training (PLT) /Advanced Peer Leadership Training (APLT)	https://stong.yorku.ca/event/fplt-foundational-peer-leadership-training-6/	Take your leadership to the next level by attending Advanced Peer Leadership Training. Developed by student leaders for student leaders like yourself, this training will boost your competencies by covering topics such as creating and delivering presentations, leadership styles, and effectively communicating feedback. Additionally, you will have an opportunity to develop your emotional intelligence, growth mindset, and resilience in a collaborative environment of peer-to-peer learning.
LEAD Essentials Workshops	https://ccscss.info.yorku.ca/lead-essentials-workshops/	LEAD Essentials Workshops will equip students with the knowledge, skills and tools to positively contribute to organizations and society. Attending the LEAD Essentials workshops will provide students with an opportunity to network with fellow students, Peer Leaders and Leadership Coaches.
Career spotlights/what can I do with my career?	https://ccscss.info.yorku.ca/career-exploration/	The Career Exploration Program is designed to help students explore academic choices and future careers. If you are thinking about graduate school or professional schools (such as medicine, nursing, physiotherapy, psychotherapy, etc..), or considering pursuing a working career path in Canada or internationally,

		then this program is ideal for you.
AGENTS OF CHANGE – GET YOUR IDEA FUNDED	https://ccscss.info.yorku.ca/agents-of-change/	***Agents of Change*** is a program affiliated with Calumet and Stong Colleges aimed to assist and encourage students to create their own personal, community-oriented, and health-related initiative – their very own "***Agents of Change*** Project."
Course Rep Program	https://ccscss.info.yorku.ca/course-representative-program/	Course Representatives are well-trained students who make class announcements to encourage their classmates to engage in their own personal and academic success, liaise with classmates and the course director to improve students' learning experiences and organize unfacilitated study groups to promote healthy study strategies.
Mentoring	https://ccscss.info.yorku.ca/mentoring/	Connects upper-year students to first-year and transfer students to help them transition into university, and connects graduate students and alumni to upper-level students to guide and provide advice about post-graduation career choices.
Foundational Peer Leadership Training (**FPLT)**	https://ccscss.info.yorku.ca/fplt/	training opportunity that will encourage you to develop self-awareness, expand your leadership, and explore your impact on the community around you. This great opportunity is recommended for all Faculty of Health

		students and is mandated for Peer Leaders.
Community Engagement and Wellbeing (various art/de-stress workshops)	https://ccscss.info.yorku.ca/community-engagement-and-wellbeing/	These workshops are designed for students to take a break and decompress. Registration is free. Advanced registration is mandatory. If you have any questions about any of the programs please email us at scchelp@yorku.ca. If you would like to host a workshop, or see specific workshops running, click link.
Calumet and Stong colleges student success brochure	https://stong.yorku.ca/files/2020/04/2020-04-07-CCSC-Student-Success-Virtual-Support-for-Students-WEBSITE-VERSION-FINAL-1.pdf?x31463	Virtual brochure of Stong and Calumet's various contacts and events/workshops available to its members.
THE CENTRE for Sexual Violence Response Support & Education	yorku.ca/thecentre	Support for any form of sexual violence

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Peer Tutoring	https://ccscss.info.yorku.ca/peer-tutoring/
Course Rep Program	https://ccscss.info.yorku.ca/course-representative-program/
Mentoring	https://ccscss.info.yorku.ca/mentoring/
Leadership Exploration and Development	https://ccscss.info.yorku.ca/lead/
Community Engagement and Wellbeing (various art/de-stress workshops)	https://ccscss.info.yorku.ca/community-engagement-and-wellbeing/
Calumet and Stong colleges student success brochure	https://stong.yorku.ca/files/2019/11/StudentSuccessPrograms-2019.pdf?x31463
THE CENTRE for Sexual Violence Response Support & Education	416-736-5211 (24/7) thecentre@yorku.ca 301 York Lanes