Wild Goose Qigong Complete Set

Editorial Reviews

All nine movements of Wild Goose Qigong available as a complete set of 9 DVDs with special pricing.

Set contains:

Wild Goose I

Wild Goose II

Wild Goose III

Wild Goose IV

Wild Goose V

Wild Goose VI

Wild Goose VII

Wild Goose VIII

Wild Goose IX

The first complete 9 sets of Wild Goose Qigong have never been available in the west until now.

This very special video training series brings a complete teaching of Wild Goose Qigong to the general public through a systematic and very approachable method. Dr. Hu offers an authentic teaching of Wild Goose Qigong. In America and most of the West, only the first two sets of this qigong are widely taught.

Each DVD in series is in NTSC format but is also region free and will play worldwide. Previews of each title can be seen at http://www.wgqigong.com

When sold by Amazon.com, this product is manufactured on demand using DVD-R recordable media. Amazon.com's standard return policy will apply.