

WHAT TO BRING

Please bring the following:

- Bible, notepad, and pen
- Sleeping Bag and/or Air Mattress (you will be on the floor for a week, so an air mattress may feel better. However, if you bring an air mattress it needs to be a twin size for only one person to sleep on. If you bring anything larger than a twin size mattress, it will need to be shared between two people.)
 - Towels, wash cloths, pillows, and blankets (linens if bringing an air mattress)
 - Toiletries such as toothbrush, shampoo, soap, etc.
 - Water bottle that you can refill and carry with you
 - Closed toe, closed heel shoes for all missions sites
 - Sun protection

Please Do **NOT** bring the following:

- Any item(s) that advertises alcohol, tobacco, illegal drugs.
- Any item(s) explicitly or implicitly promotes racism, sexism, or hatred of any group or person.
 - Any item(s) explicitly or implicitly refers to sexual actions or situations.
 - Alcohol, tobacco, or illegal drugs
 - Weapons of all kinds are not permitted - Knives, Utility Tools, Guns, Water Guns
 - Flames of all kinds are not permitted - Fireworks, matches, lighters, etc.
 - Jewelry and any other valuable items
- Electronics of all kinds are not permitted – drones, radios, iPods, CD players, gaming devices of any type (this includes but is not limited to laptops, Nintendo DS, and PSP's)
 - Roller blades. Skateboards. Hover Boards