

Title: Deliverance

Main Scripture: 2 Samuel 22:7

5 "When the waves of death surrounded me,  
The floods of ungodliness made me afraid.  
6 The sorrows of Sheol surrounded me;  
The snares of death confronted me.  
7 In my distress I called upon the Lord,  
And cried out to my God;  
He heard my voice from His temple,  
And my cry entered His ears. -2 Samuel 22:5-7 (NKJV)

5 The waves of death swirled about me;  
the torrents of destruction overwhelmed me.  
6 The cords of the grave coiled around me;  
the snares of death confronted me.  
7 "In my distress I called to the Lord;  
I called out to my God.  
From his temple he heard my voice;  
my cry came to his ears. -2 Samuel 22:5-7 (NIV)

#### Reference Verses

- 2 Corinthians 10:4-5
- 1 Peter 2:11
- Romans 12:2
- Galatians 5:19-21
- 1 Corinthians 15:58
- 2 Timothy 2:15

#### Study Questions

1. What does it mean to be bound or held back Physically, EMotionally, Financially, and/or Spiritually? How does one become bound?
2. How can I get deliverance from my troubles in my life?
3. How can I stay delivered from my troubles in my life?