

## Recording a Podcast for Beginners

Recording your first podcast has a steep learning curve. However, with some free software, and low-cost equipment, anyone can make a reasonable podcast. There are lots of technical things you can do to make a professional-grade podcast, but this handout will give you the basics on how to get started for the first time.

### Recording Studio

You can create a reasonable space to record a podcast in your own home. Hard surfaces like walls, windows, mirrors, and hardwood floors create a lot of echo. Soft surfaces like carpet, cushions, blankets or clothing. A popular space to record is inside a closet.

### Keep the space quite

Turn off pager, cell, outlook notifications, AC and any other sounds that might interrupt recording.

### Time to Start Recording

Once you're ready to start, there are a few simple tips to improve your audio quality. PedsCases has a 10-12 minute tutorial available for both Mac and PC:

- Audacity tutorial: <https://youtu.be/I6rONHjzcY0>
- GarageBand tutorial: <https://youtu.be/5BFhpAyjJIQ>

If you make a mistake when recording, you can pause and start again from the beginning of that sentence or section. You can always edit it out later.

### Editing the Recording

Audio editing is a whole profession, but you can learn some basics to make a workable podcast.

- 1) Clip out any prolonged pauses or mistakes.
  - Audacity - [https://manual.audacityteam.org/man/edit\\_toolbar.html](https://manual.audacityteam.org/man/edit_toolbar.html)
  - GarageBand - <https://support.apple.com/en-ca/guide/garageband/gbnd1900dc0c/mac>

### Export the Audio

Finally you will need to export your edited audio from Audacity or GarageBand into a listenable format like MP3 or M4A.

- Audacity - <https://manual.audacityteam.org/man/export.html#:~:text=To%20export%2C%20choose%20File%20%3E%20Export,a%20selected%20area%20of%20audio.>
- GarageBand - [https://support.apple.com/en-ca/guide/garageband/gbnd7cbf5ed9/mac#:~:text=In%20GarageBand%20on%20Mac%2C%20choose,%2C%20AIFF%2C%20or%20WAVE\).](https://support.apple.com/en-ca/guide/garageband/gbnd7cbf5ed9/mac#:~:text=In%20GarageBand%20on%20Mac%2C%20choose,%2C%20AIFF%2C%20or%20WAVE).)