



Spring 2026 League

- All games to be played at St Patrick School Gym, 900 W Branch in AG.
- Subs may be added at any time during the season but players must sign a waiver prior to participation.
- All players are responsible for checking in under the proper date to verify attendance - must play 2 games to qualify for playoffs.
- The league will follow [USA Volleyball Rules](#) and teams are expected to call their own violations. In the event there is a disagreement regarding a violation, the point should be replayed.
- Prior to service, the server should call out the score (their team's score first) and say service. The scoreboard will be positioned on the sideline.
- Regular season matches are 3 sets, first 2 to 25 and a third to 15, win by 1.
- Playoff seeding determined by matches won, then total sets won, then points scored, then coin flip.
- Players must have played a minimum of 2 regular season games with the team they will join in the playoffs.
- Playoff games will be best of 3, first 2 sets to 25, third set (if necessary) to 15, all win by 2. Playoffs will be 2 rounds, second week will be championship and 3rd place games.

Quick reference for Reverse Coed Rules:

- Net Height: Women's regulation height
- Male Restrictions: Men must attack from behind the 10' line. If a male jumps in front of this line, the ball must be hit with an upward trajectory.
- Blocking: Men are allowed "soft blocking" (feet on the ground).
- Ball Contact: When a team plays the ball more than once, at least one contact must be made by a female.
- Back row blocking is allowed only when two men and one woman occupy the front row. Only one woman may come from the back row to the front row to block. This player cannot attack as a front row player, they must attack as a back row player. The remaining woman in the back row may not attempt to be part of a block.
- [Coed Schedule](#) [Women's Schedule](#)