



# 4-H Project Bowl - Help for New Coaches

## So... You are interested in starting a 4-H Project Bowl Team!

If you are interested in coaching a 4-H Project Bowl Team, the ideas and information below will help you in your process. Know that your local 4-H Extension Educator, Regional Extension Educator, and the State 4-H Project Bowl Committee members are all here to help you.

Begin by contacting your local 4-H Extension Educator (EE) to let them know about your interest in starting a 4-H Project Bowl team. Your local EE can work with you to decide on an initial meeting date and location as well as help you contact the 4-H members who may be interested in being part of the new team. Some ideas include articles in the 4-H newsletter, postcards to all 4-H members enrolled in the Bowl project area, and developing a phone-calling tree so that older 4-H members call 4-6 younger members to invite them to the initial meeting.

Next you will need to go to the [Minnesota 4-H Project Bowl website \(z.umn.edu/4-HProjectBowl\)](http://z.umn.edu/4-HProjectBowl) to print rules and references for the upcoming bowl season. You can work with your local 4-H EE to secure one copy of each of the references. There is a fee for some references so at first you may need to ask your county 4-H federation/council for money to purchase one set of references for the team. As a coach, you may want to purchase a set of references for yourself. As your team grows, you may want to encourage members of the team to purchase their own set of references.

At your initial Project Bowl meeting, you will want to establish regular Project Bowl practices. Groups do better when there are established, regular meeting dates, times, and locations. Many Project Bowl teams meet once a week (on the same night each week) from January through March when the Regional Bowl is held. If the team earns a trip to the State Bowl, they will continue meeting up until the date of the State Bowl. Many teams meet for one to two hours each week.

By now you may be asking: "But what do we do each week?" Sometimes coaches go through the references and develop "hands on" learning activities related to the information in the references. Often times, coaches assign team members to write 10-15 questions from certain pages in designated references and then share the questions with the rest of the team the following week. Other times, coaches invite other "community experts" like veterinarians to present a lesson on a certain topic related to material from the references.

## Sample Questions

To maintain the integrity of the 4-H Project Bowl program in Minnesota, the State Project Bowl Committee does not release sample or previous year's questions. However, many coaches and teams new to Project Bowl want to know what type of questions are asked. In the late 1980's, Minnesota 4-H developed a board game called "Animals in Pursuit"; it was modeled after the popular board game "Trivial Pursuit". We have compiled the

“Animals in Pursuit” questions for you as a sample of what kinds of questions are asked in 4-H Project Bowl competition. **Remember these questions are provided to help you understand the type of questions that are asked; the questions themselves are nearly thirty years old and may contain outdated information.**

[Dairy Sample Questions](#)

[Dairy Goat Sample Question](#)

[Dog Sample Questions](#)

[General Livestock Sample Questions](#)

[Horse Sample Questions](#)

[Poultry Sample Questions](#)

[Rabbit Sample Questions](#)

[Wildlife Sample Questions](#)

## Timeline to Help a New Coach

November – decide on an initial meeting date/time/location for early January

December – go to the [Minnesota 4-H Project Bowl website \(z.umn.edu/4-HProjectBowl\)](http://z.umn.edu/4-HProjectBowl) to print rules and references for the upcoming bowl season.

January – hold initial meeting

January to March – hold weekly Bowl Practice meetings

February – registration due for the Regional Project Bowl

March – Regional Project Bowl competitions

April – State Project Bowl competition

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compiled by Tammy Lorch & Amber Runke Greeley, 2006 (revised 2008, 2018, 2023)