

Point system

Sessions booked on app 10
WellnessLiving review 10
Share booking on social media 50
Attend 5 sessions a week 100
Every session bought punch card 100
Set up your account with picture 250
Purchase 5 session package 500
Purchase 10 session package 1000
Refer a friend 1000
Google or facebook review 1000
Video testimonial 1000
Anniversary 1000
Birthday 1000

Redeem Points

1000 points = 1 free session

Excludes neurofeedback

Float Music

Deep Meditation = most popular
Zen meditation = more upbeat
Indian Tibetan = more your style
Nature Sounds = Rainforest Sounds
Tropical Thunderstorm
Deep Rumble of Sea = optional waves