



TabulaRasaKambo.com

INFORMED CONSENT FORM

Kambo Treatment

We are excited that you have decided to take part in a kambo treatment. Taking part in the treatment is entirely voluntary. We urge you to discuss with us any questions about the processes you might encounter during the treatment. We ask that you read all the information we have sent to you to make sure that you qualify to take a kambo treatment. Your signature is required on this form to show that you understand the discomforts and risks, and agree to take part.

Some of the essential information you will need to know to participate in the treatment has been outlined below.

Contraindications:

Please read through these contraindications and let us know if you have any of these conditions which would make it not safe for you to take kambo.

- People with serious heart problems
People who have had a stroke.
- People on medication for low blood pressure (this is extremely rare). People who've had a brain hemorrhage.
- People who have aneurism or blood clots.
- People who lack the mental capacity to make the decision to take Kambo.
People with severe mental health problems excluding depression and anxiety.
People undergoing chemotherapy or radiotherapy for 4 - 6 weeks afterwards.
- People who take immune-suppressants **for organ transplant**. Women who are pregnant or maybe so.
- Women who are breast-feeding a child under 6 months old
People with Addison's disease
- People with Ehlers-Danlos Syndrome
People with severe Epilepsy currently
- Are recovering from a major surgical procedure
Under 18 years of age

Cautions before and after taking kambo:

Caution is also required in the following cases.

- People taking immune-suppressants for autoimmune disorders.
People taking slimming, serotonin or sleeping supplements.
- Active drug or alcohol addiction.
- Long term or water fasting for 7 days before or after Kambo other than required fasting. Colonics, Enemas, liver flushes or any water based detox should be avoided within 3 days either side of taking Kambo.
- Recent Botox, Fillers or Injections

Please let us know if you have concerns about any of the above.



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Discomforts and Risks:

Though kambo is safe for most people, the following discomforts and risks could be associated with your kambo treatment.

Some discomfort may follow for 1-5 days after taking kambo. Most are resolved by the next day, however, some may persist longer. Some discomforts may include nausea, vomiting, headache (due to toxin release or tension), feeling some fatigue and sleepiness, and possible depression. Please note that this can just be a process and usually resolves within 1-5 days.

There are some risks, that if you have an existing condition, you may experience a Herxheimer effect, which is when the symptoms get worse before getting better. Much like when you are detoxing.

To date, there have been five instances of esophageal rupture after using kambo. Kambo is not the cause of these ruptures, however, if there is a pre-existing condition or excessive retching, a rupture could occur. Though this is very rare, it is important that you understand all possibilities. If after kambo you experience dizziness, pain or vomiting blood, please call your practitioner and seek medical attention.

Signature and Consent to participate in Kambo Treatment.

Before making the decision regarding participation in this Kambo treatment you should have

- Reviewed the information in this form.
- Have the opportunity to ask any questions you may have.
- Done individual research on Kambo.

Your signature below means that you have received this information, have asked the questions you currently have about the treatment and those questions have been answered.

Participant: By signing this consent form, you indicate that you are voluntarily choosing to take part in this Kambo treatment and assume responsibility.

Signature of Participant

Date