



**St. Moses the Black
Orthodox Church**

St. Moses the Black Orthodox Church
A Parish of the Antiochian Orthodox Christian Archdiocese of North America
Rev. Paul Abernathy, Pastor
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Sunday, May 3, 2026
Fourth Sunday of Pascha
Sunday of the Paralytic

Martyrs Timothy the reader and his wife Maura of Egypt; Peter, archbishop of Argolis

- *The Priest begins Divine Liturgy with "Blessed is the Kingdom" and the choir responds "Amen." Bearing the Paschal Candle, the priest then leads the singing of the Paschal Apolytikion and censes the west side of the altar.*

Priest: Christ is risen from the dead, trampling down death by death; and upon those in the tombs bestowing life!

- *The choir then sings this twice, and the liturgy continues with the great litany.*

THE FIRST ANTIPHON

Verse: Shout with joy to God, all the earth; sing to His Name, give glory to His praises.

Refrain: Through the intercessions of the Theotokos, O Savior, save us.

Verse: Say to God: How awesome are Thy works; let all the earth worship Thee, and sing to Thee. Let it sing a song to Thy Name, O Most High. (*Refrain*)

Glory... Both now... (*Refrain*)

THE SECOND ANTIPHON

Verse: May God have mercy upon us, and bless us, and may He cause His face to shine upon us, and have mercy upon us.

Refrain: Save us, O Son of God, Who art risen from the dead; who sing to Thee. Alleluia.

Verse: That Thy way may be known upon earth, Thy salvation among all nations; let the people give thanks to Thee, O God, let all the people give thanks to Thee. (*Refrain*)

Verse: May God bless us, and may all the ends of the earth fear Him. (*Refrain*)

Glory... Both now... O, only begotten Son and Word of God...

THE THIRD ANTIPHON

Verse: Let God arise, and let His enemies be scattered, and let those who hate Him flee from before His face.

Refrain: Christ is risen from the dead, trampling down death by death; and upon those in the tombs, bestowing life!

Verse: As smoke vanishes, so let them vanish, as wax melts before the fire. (*Refrain*)

Verse: So let sinners perish before the face of God, and let the righteous be glad. (*Refrain*)

Verse: This is the day which the Lord hath made; let us rejoice and be glad in it. (*Refrain*)

THE EISODIKON (ENTRANCE HYMN) OF PASCHA

In the gathering places bless ye God the Lord, from the springs of Israel. Save us, O Son of God, Who art risen from the dead, who sing to Thee: Alleluia.

- *Now sing these hymns in the following order.*

RESURRECTIONAL APOLYTIKION IN TONE THREE

Let the heavens rejoice and the earth be glad, for the Lord hath done a mighty act with His own arm. He hath trampled down death by death, and become the first-born from the dead. He hath delivered us from the depths of Hades, granting the world the Great Mercy.

- *Now sing the apolytikion of the patron saint or feast of the temple.*

The KONTAKION of pascha in Tone EIGHT

Though Thou didst descend into the grave, O Immortal One, yet didst Thou destroy the power of Hades, and didst arise as victor, O Christ God, calling to the myrrh-bearing women, Rejoice, and giving peace unto Thine Apostles, O Thou Who dost grant resurrection to the fallen.

THE EPISTLE

O chant unto our God, chant ye. Clap your hands, all ye nations.

The Reading from the Acts of the Holy Apostles. (9:32-42)

In those days, as Peter went throughout all regions, he came down also to the saints who dwelt at Lydda. There he found a certain man named Aeneas, who was bedridden for eight years and paralyzed. And Peter said to him: "Aeneas, Jesus Christ heals you; arise and make your bed." And immediately he arose. And all who dwelt at Lydda and Sharon saw him, and they turned back to the Lord. Now there was at Joppa a certain disciple named Tabitha (which means Gazelle). She was full of good works and of charitable deeds which she did. And it came to pass in those days that she fell sick and died; and when they had washed her, they placed her in an upper chamber. Since Lydda was near Joppa, the disciples, hearing that Peter was there, sent two men to him entreating him: "Come to us without delay!" So Peter arose and went with them. And when he arrived, they took him into the upper chamber. All the widows stood by him weeping, showing the tunics and other garments which Tabitha made while she was with them. But Peter put them all outside and knelt down and prayed; then turning to the body, he said: "Tabitha, arise!" And she opened her eyes, and when she saw Peter, she sat up. And he gave her his hand, and raised her up. Then he called the saints and widows and presented her alive. And it became known throughout all Joppa, and many believed in the Lord.

THE GOSPEL

The Reading from the Holy Gospel according to St. John. (5:1-15)

At that time, Jesus went up to Jerusalem. Now there is in Jerusalem by the Sheep Gate a pool, in Hebrew called Bethesda, which has five porticoes. In these lay a multitude of invalids, blind, lame, paralyzed, waiting for the moving of the water. For an angel of the Lord went down at certain seasons into the pool and troubled the water; whoever stepped in first, after the troubling of the water was healed of whatever disease he had. One man was there, who had been ill for 38 years. When Jesus saw him and knew that he had been lying there a long time, He said to him, "Do you want to be healed?" The sick man answered Him, "Sir, I have no man to put me into the pool when the water is troubled, and while I am going another steps down before me." Jesus said to him, "Rise, take up your pallet, and walk." And at once the man was healed, and he took up his pallet and walked. Now that day was the Sabbath. So the Jews said to the man who was cured, "It is the Sabbath, it is not lawful for you to carry your pallet." But he answered them, "The man who healed me said to me, 'Take up your pallet, and walk.'" They asked him, "Who is the man who said to you, 'Take up your pallet, and walk'?" Now the man who had been healed did not know who it was, for Jesus had withdrawn, as

there was a crowd in the place. Afterward, Jesus found him in the temple, and said to him, "See, you are well! Sin no more, that nothing worse befalls you." The man went away and told the Jews that it was Jesus Who had healed him.

MEGALYNARION FOR PARALYTIC SUNDAY IN TONE ONE

The angel spake to her that is full of grace, saying, O pure Virgin, rejoice; and I say also, Rejoice; for thy Son is risen from the tomb on the third day.

We believers in unison bless thee, O Virgin, crying: Rejoice, O gate of the Lord. Rejoice, O living city. Rejoice, O thou from whom didst rise upon us from the dead the Light of Resurrection, He Who was born of thee.

KOINONIKON (COMMUNION HYMN) OF PASCHA IN TONE EIGHT

Receive ye the body of Christ; taste ye the Fountain of immortality.

- *Instead of "We have seen the true light," sing "Christ is Risen" once.*

Tuesday, May 5, 2026 - 7:30 AM - Divine Liturgy
Tuesday, May 5, 2026 - 5:30 PM - Men's Group
Wednesday, May 6, 2026 - 6:00 PM - Vespers Followed by Catechesis
Thursday, May 7, 2026 - 8:30 AM - Orthros
Saturday, May 9, 2026 - 6:00 PM - Great Vespers
Sunday, May 10, 2026 - 9:30 AM - Orthros and Divine Liturgy

Tuesday, May 12, 2026 - 7:30 AM - Divine Liturgy
Tuesday, May 12, 2026 - 5:30 PM - Men's Group
Wednesday, May 13, 2026 - 6:00 PM - Vespers Followed by Catechesis
Thursday, May 14, 2026 - 8:30 AM - Orthros
Saturday, May 16, 2026 - 6:00 PM - Great Vespers
Sunday, May 17, 2026 - 9:30 AM - Orthros and Divine Liturgy

UPCOMING CELEBRATIONS: **05/02** Justin Gardner BD; Fr. Paul & Pres. Kristina Anniversary; **05/03** Emily and Ian Doherty Anniversary, **05/05** David Elias BD, Molli Sider-Rose BD, **05/06** Lisa Roberts BD, **05/09** Kristopher Samuel ND (St. Christopher), **05/10** Isabelle Rossetti BD,

UPCOMING EVENTS:

UPCOMING VOLUNTEER OPPORTUNITIES:

Unload food for children

When: Mon, May 4, 2026, 10 AM - 3 PM

Sign up link: <https://dash.pointapp.org/events/525599> (there are also other volunteer days/times available)

What: We will need help to unload food from a delivery truck and to place it in our storage space inside. Once the food is inside, we will need help to assemble the meals in bags. The bags will be handed out to food insecure children so they can have food to eat over the weekend.

of volunteers needed: 4 per shift

Pass out groceries to community members

When: Tuesdays, 1 PM - 4 PM

Sign up link: <https://neighborhoodresilience.org/join-the-movement/volunteer/>

What: We receive fresh produce from a food truck from Gordon Food Services via 412 Food Rescue, sort out the food, and then pass it out to people from the community. About two hours each Tuesday.

General volunteering info:

If anyone is interested to sign up and see all of our volunteer opportunities you can go to our Neighborhood Resilience Project website and click on "join the movement" followed by the "volunteer" button. Here is that weblink:

<https://neighborhoodresilience.org/join-the-movement/volunteer/>. We have other volunteer opportunities that are not posted. If interested to learn more, please attend one of our volunteer orientations. The link to sign up is on the website:

<https://neighborhoodresilience.org/join-the-movement/volunteer/>.

PRAYER LIST - Please contact Andrea in email (roseswithouthorns17@gmail.com) or via text to add living or departed names to the prayer list.

LIVING – Metropolitan Boulous, Archbishop Johana, The People affected by the war in Ukraine, The People affected by the war in Palestine, Archimandrite Maximos, Archpriest Jerome and Family, Archpriest Christopher and Family, Archpriest Edward and Pani Kathy, Archpriest James, The Fellowship of the Holy Archangel Michael Monastery, Hieromonk Alexi, Priest Stephen, Priest John, Mat. Larissa, Sebastian, Avah, Amiyah, Christopher, Fr. Joel, Fr. Mircea and Mat. Sarah, Fr. Jonathan, Pres. Christina, Fana and Basil, Dn. James, Sh. Kari, Isabelle, Jake, Mary Claire, Adrianna, Elena, Noelle, Jim, Sophia, Dn. Marc, Sh. Ina, Dn. John, Sh. Brenda, Dn. Abraham, Sh. Laurie, Dn. Jonathan, Dn. Glenn and family, Fr. Joel and Kh. Renee, Charles and Gabriella, Diaconissa Christina, The Sisterhood of the Transfiguration Monastery, The Seminarian Emmanuel, The Seminarian Kevin, Sophia, Sbdb Anthony, Lee and the Davis Family, Sbdb. Gabriel, The Seminarian Emmanuel, Sister Janice, Sister Janice, The Staff, Board, Volunteers and Donors of the Neighborhood Resilience Project, The students of the Pitt/CMU/Duquesne/Waynesburg/La Roche OCF, The students, faculty, staff of the St. Constantine School, George, Natalya, Daniel, Jonah, Nina, Rachael, Jasmine, Jason, Lily, Mary, Martha, Henry, Ann, Caden, Aiden St. Moses Mission in Jamaica, Karin, Brandon and Lucas, Saidi, Raida, Gabriel & Olivia, Miya and Matthew, Jackson, Mom Maria & Sister Alex, Lacey & Josh, Bud, Lois, Ricky, Hope, Kate & Rocky, Greg

DEPARTED—Jim, Mehret, Tekie, Adrienne, Faye

CONFESSIONS - Please contact Rev. Paul Abernathy by calling at 412.227.9746 or Pres. Kristina to schedule.

HOUSE BLESSINGS - To have your house blessed, please contact Andrea at roseswithouthorns17@gmail.com

DONATIONS - Please make your offerings as follows:

1. Checks made payable to St. Moses the Black Orthodox Church. Donations can be placed in the donation box in the front of the church.
2. Donations can be made online on PayPal at - https://www.paypal.com/donate?hosted_button_id=H6PGMWDTQABFQ or by following the QR code.

****In 2025 - donations will be acknowledged by a year end contribution statement in early 2026.**

If you need something different, please email Pres. Kristina at kristina.nicole@me.com.

