

Today's LIVE Bets: 07/16/2025

WNBA: Golden State Valkyries vs Seattle Storm - .5 Unit (-105) - 3:00pm ET

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Seattle Storm -5.5

Analysis:

The Storm are coming into this game on a three-game ATS losing streak, which is concerning given their recent inconsistent performance; notably, they suffered an upset loss to Washington, 74-69, despite being a 7-point favorite at home on Sunday, indicating possible issues with maintaining focus or execution against lower-tier opponents. However, historically, Seattle tends to respond well after setbacks, as evidenced by their impressive 21-5-2 ATS record against rivals following a SU/ATS loss, suggesting a strong mental edge and ability to recalibrate under pressure. Still, their recent form is troubling, with failure to cover in each of their last three games, pointing to potential vulnerabilities or streaks of poor shooting or defensive lapses. Adding to their challenges, the Storm lost both of their first two encounters with Golden State this season, including a dominant 84-57 blowout last month when they were favored by 4 points on the road, highlighting difficulties in handling the style and perhaps exposing defensive or offensive inconsistencies. Despite the difficulties they have faced against GS this season, we feel strongly that the Storm will strike back today!

WNBA: Indiana Fever vs NY Liberty - .5 Unit (-115) - 7:30pm ET

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Fever +9.5

Analysis:

Will Caitlin Clark play? Clark is questionable due to a groin injury she tweaked in yesterday's game. Either way, with or without CC this is too many points. The Fever has been effective without her on the court. Especially with the absence of NY's Jonquel Jones. The Fever aim to extend their four-game road winning streak against the New York Liberty, who enter the game with an 8-2 conference record and strong team play, led by Natasha Cloud's 6.1 assists per game. Indiana is effective offensively in the paint, averaging 40.7 points with Aliyah Boston contributing significantly, and boasts a solid shooting efficiency of 46.1%, outshooting the Liberty's opponents' average of 42.1%. The teams have split their two matchups this season, with the Fever winning by 14 in Indiana and the Liberty narrowly winning in New York, highlighting a competitive rivalry. A crucial factor is the absence of Jonquel Jones for New York, which has coincided with a decline in their performance; historically, their wins without her are only by 10 points, and they have only one double-digit victory all season without her. With Jones out again and the Liberty's recent struggles, combined with Indiana's favorable schedule and home-heavy recent activity, the Fever seem poised to cover the 9.5-point spread, making them an appealing bet despite the Liberty's offensive strengths.