



2017 LEARN-TO-ROW SCHEDULE

"We acknowledge the financial assistance of the Province of British Columbia"

(updated: **June 20, 2017**)

***** WE ARE NOW SOLD OUT *****

***** CONTACT US TO BE PLACED ON THE WAIT LIST FOR THE 2018 SEASON OR
ENQUIRE ABOUT PRIVATE LESSONS *****

Notes:

- Scheduling is subject to change and takes into account the tides and available daylight.
- Crew size is minimum/maximum five (5) students.
- A total of eight (8) lessons are scheduled per individual crew.
- Registration is first-come-first-served.

- If you need assistance with registration, please email or give us a call (if a crew is **NOT** marked **FULL** that means **there are seats available**).

WAIT LIST:

To be added to our **wait list** for the next rowing season, please email us your name and phone number.

Our goal is to get you out rowing as soon as we can within the coaching capacity that we have available!

Thank you for your interest in our rowing club..... have a wonderful day :-).

Happy rowing!

Nicomekl Rowing Club

Learn to Row Coordinator(s)

e: learn-to-row@hotmail.com

p: 604.531.3817 (be sure to leave a message if we do not pick up)

w: nico-row.com

<u>LTR</u> <u>CREW #2</u>	Date	Start Time	Coach(es)
	* ACCELERATED * ** FULL **		
Lesson 1	Monday - May 1, 17	6:00 PM	TAMMY/TRACY
Lesson 2	Friday - May 5, 17	6:00 PM	TAMMY/TRACY
Lesson 3	Saturday - May 6, 17	6:00 PM	TAMMY/TRACY
Lesson 4	Sunday - May 7, 17	6:00 PM	TAMMY/TRACY
Lesson 5	Monday - May 8, 17	6:00 PM	TAMMY/TRACY
Lesson 6	Wednesday - May 10, 17	6:00 PM	TAMMY/TRACY
Lesson 7	Saturday - May 13, 17	6:00 PM	TAMMY/TRACY
Lesson 8	Sunday - May 14, 17	6:00 PM	TAMMY/TRACY

<u>LTR</u> <u>CREW #2</u>	Date * ACCELERATED *	Start Time	Coach(es)
	<u>Girls in the Boat</u> = for MILLER girls only ** FULL **		
Lesson 1	Monday - May 1, 17	6:00 PM	STEF/MONIQUE
Lesson 2	Friday - May 5, 17	6:00 PM	STEF/MONIQUE
Lesson 3	Saturday - May 6, 17	6:00 PM	STEF/MONIQUE
Lesson 4	Sunday - May 7, 17	6:00 PM	STEF/MONIQUE
Lesson 5	Monday - May 8, 17	6:00 PM	STEF/MONIQUE
Lesson 6	Wednesday - May 10, 17	6:00 PM	STEF/MONIQUE
Lesson 7	Saturday - May 13, 17	6:00 PM	STEF/MONIQUE
Lesson 8	Sunday - May 14, 17	6:00 PM	STEF/MONIQUE

<u>LTR</u> <u>CREW #3</u>	<u>Date</u> ** FULL **	<u>Start Time</u>	<u>Coach(es)</u>
Lesson 1	Saturday - May 20, 17	11:00 AM	STEF
Lesson 2	Sunday - May 21, 17	2:00 PM	STEF
Lesson 3	Saturday - May 27, 17	5:00 PM	STEF
Lesson 4	Sunday - May 28, 17	6:00 PM	STEF
Lesson 5	Saturday - June 3, 17	12:00 PM	STEF
Lesson 6	Sunday - June 4, 17	6:30 PM	STEF
Lesson 7	Friday - June 9, 17	6:00 PM	STEF
Lesson 8	Saturday - June 10, 17	6:30 PM	STEF

<u>LTR</u> <u>CREW #7</u>	<u>Date</u> ** FULL **	<u>Start Time</u>	<u>Coach(es)</u>
Lesson 1	Saturday - May 20, 17	11:00 AM	MONIQUE
Lesson 2	Sunday - May 21, 17	2:00 PM	MONIQUE
Lesson 3	Saturday - May 27, 17	5:00 PM	MONIQUE
Lesson 4	Sunday - May 28, 17	6:00 PM	MONIQUE
Lesson 5	Saturday - June 3, 17	12:00 PM	MONIQUE
Lesson 6	Sunday - June 4, 17	6:30 PM	MONIQUE
Lesson 7	Friday - June 9, 17	6:00 PM	MONIQUE
Lesson 8	Saturday - June 10, 17	6:30 PM	MONIQUE

<u>LTR</u> <u>CREW #4</u>	<u>Date</u> ** FULL **	<u>Start Time</u>	<u>Coach(es)</u>
Lesson 1	Monday - May 22, 17	6:30 PM	KATELYN
Lesson 2	Wednesday - May 24, 17	6:30 PM	KATELYN
Lesson 3	Monday - May 29, 17	6:30 PM	KATELYN
Lesson 4	Wednesday - May 31, 17	7:00 PM	KATELYN
Lesson 5	Monday - June 5, 17	6:30 PM	KATELYN
Lesson 6	Wednesday - June 7, 17	6:30 PM	KATELYN
Lesson 7	Monday - June 12, 17	6:30 PM	KATELYN
Lesson 8	Wednesday - June 14, 17	6:30 PM	KATELYN

<u>LTR</u> <u>CREW #8</u>	<u>Date</u> ** FULL **	<u>Start Time</u>	<u>Coach(es)</u>
Lesson 1	Monday - May 22, 17	6:30 PM	ALIX
Lesson 2	Wednesday - May 24, 17	6:30 PM	ALIX
Lesson 3	Monday - May 29, 17	6:30 PM	ALIX
Lesson 4	Wednesday - May 31, 17	7:00 PM	ALIX
Lesson 5	Monday - June 5, 17	6:30 PM	ALIX
Lesson 6	Wednesday - June 7, 17	6:30 PM	ALIX
Lesson 7	Monday - June 12, 17	6:30 PM	ALIX
Lesson 8	Wednesday - June 14, 17	6:30 PM	ALIX

<u>LTR</u> <u>CREW #5</u>	<u>Date</u> ** FULL **	<u>Start Time</u>	<u>Coach(es)</u>
Lesson 1	Monday - June 19, 17	6:30 PM	STEF
Lesson 2	Wednesday - June 21, 17	6:30 PM	STEF
Lesson 3	Saturday - June 24, 17	6:30 PM	STEF
Lesson 4	Sunday - June 25, 17	7:00 PM	STEF
Lesson 5	Monday - June 26, 17	6:30 PM	STEF
Lesson 6	Wednesday - June 28, 17	6:30 PM	STEF
	Saturday - July 1, 17	CANADA DAY	NO ROW
Lesson 7	Saturday - July 8, 17	6:00 PM	STEF
Lesson 8	Sunday - July 9, 17	4:30 PM	STEF

<u>LTR</u> <u>CREW #9</u>	<u>Date</u> ** FULL **	<u>Start Time</u>	<u>Coach(es)</u>
Lesson 1	Monday - June 19, 17	6:30 PM	MONIQUE
Lesson 2	Wednesday - June 21, 17	6:30 PM	MONIQUE
Lesson 3	Saturday - June 24, 17	6:30 PM	MONIQUE
Lesson 4	Sunday - June 25, 17	7:00 PM	MONIQUE
Lesson 5	Monday - June 26, 17	6:30 PM	MONIQUE
Lesson 6	Wednesday - June 28, 17	6:30 PM	MONIQUE
	Saturday - July 1, 17	CANADA DAY	NO ROW
Lesson 7	Saturday - July 8, 17	6:00 PM	MONIQUE
Lesson 8	Sunday - July 9, 17	4:30 PM	MONIQUE

<u>LTR</u> <u>CREW #6</u>	<u>Date</u> ** FULL **	<u>Start Time</u>	<u>Coach(es)</u>
Lesson 1	Monday - July 3, 17	6:30 PM	DEREK
Lesson 2	Wednesday - July 5, 17	6:30 PM	DEREK
Lesson 3	Monday - July 10, 17	6:30 PM	DEREK
Lesson 4	Wednesday - July 13, 17	6:30 PM	DEREK
Lesson 5	Monday - July 17, 17	6:30 PM	DEREK
Lesson 6	Wednesday - July 19, 17	6:30 PM	DEREK
Lesson 7	Monday - July 24, 17	6:30 PM	DEREK
Lesson 8	Wednesday - July 26, 17	6:30 PM	DEREK

<u>LTR</u> <u>CREW #10</u>	<u>Date</u> ** FULL **	<u>Start Time</u>	<u>Coach(es)</u>
Lesson 1	Monday - July 3, 17	6:30 PM	ALIX
Lesson 2	Wednesday - July 5, 17	6:30 PM	ALIX
Lesson 3	Monday - July 10, 17	6:30 PM	ALIX
Lesson 4	Wednesday - July 13, 17	6:30 PM	ALIX
Lesson 5	Monday - July 17, 17	6:30 PM	ALIX
Lesson 6	Wednesday - July 19, 17	6:30 PM	ALIX
Lesson 7	Monday - July 24, 17	6:30 PM	ALIX
Lesson 8	Wednesday - July 26, 17	6:30 PM	ALIX