

**University of Northern Iowa Social Work Department
Volunteer Experience**

RED agency names are also internship partners with our program.

Name of Agency	ALLEN HOSPITAL
Address	1825 Logan Avenue Waterloo, IA 50703
Accessibility to site	Requires a car
Contact Person	Sally Sherwood, 319-235-3692, sally.sherwood@unitypoint.org
Purpose	
Population Served	
Duties	Volunteer may do a variety of tasks from working directly with patients to providing assistance in other areas of the hospital.
Hours	
Requirements to Volunteer	Commitment to serve full semester

Updated: 10/2/15

Name of Agency	Alternatives Pregnancy Center
Address	1006 Decathalon Drive, Waterloo, IA 50701
Contact Person	Megan Yturriaga, Executive Director, execdir@alternativescenter.org, (319) 232-5683
Purpose	Alternatives Pregnancy Center opened its doors in 1991. In that time, we have served approximately 14,000 people! We've provided our clients with thousands of free pregnancy tests, ultrasounds, and material items. We also provide community classes to several community partners as well as group classes on site. Alternatives Pregnancy Center exists to be a first stop for people facing an unplanned pregnancy, to address at risk sexual

	behavior and to help build healthy families.
Population Served	Primarily single women ages 16-25, pregnant and/or have children up to 1 year of age, diversity in racial backgrounds and economic status
Duties	Duties can include light housekeeping, sorting baby clothes, answering phones, office work, some client interaction, etc.
Hours	As desired
Requirements to Volunteer	Will undergo center training

Date: April 2020 MS

Name of Agency	Alzheimer's Association
Address	2530 University Avenue, Suite 2, Waterloo, IA
Accessibility to site	Requires a car
Contact Person	Melissa Pence, Executive Director, mpence@alz.org
Purpose	
Population Served	
Duties	Clerical, help plan events
Hours	Varies
Requirements to Volunteer	

Updated: 9/14/16 AC

Name of Agency	AMERICAN RED CROSS HAWKEYE CHAPTER
Address	2530 University Avenue, Waterloo, 50701

Accessibility to site	Requires a car
Contact Person	Missy Hall (Ext. 242), (319) 234-6831 or (319) 393-3500 www.neiowawithamericanredcross.com
Purpose	
Population Served	
Duties	Volunteers are needed in the Health Services area: answering phones, typing, and cholesterol follow-ups. Special projects may be assigned to volunteers including CPR training assistant, working with blood drives, positive eating and nutrition programs and AIDS education and prevention for the general audience, teens and racial and ethnic populations. Two-hour shifts in blood center (open five days a week) working registration and canteen are also available.
Hours	
Requirements to Volunteer	Apply online based on your location.

Date: Spring 2014 emailed 10/21/16 AC

Name of Agency	Apostolic Pentecostal Church
Event Address	1645 Downing Avenue (7 min from campus) Waterloo, IA
Accessibility to site	Requires a car
Contact Person for Event	Darlene Fitkin, fitkind@uni.edu , (319)-231-0856
Purpose	Volunteers need the 1st and 3rd Wednesday of each month to help with food pantry. Pantry is open from 5 p.m. - 6 p.m.

Population Served	Individuals with food insecurities, poverty, anyone in need to supplement food needs.
Duties and Hours	Volunteers are needed between 3:30-4:30 to set up and 4:30 - 6 p.m. to help serve customers.

Date: August 2017 JB

Name of Agency	Avalon Hospice
Address	1850 Boyson Rd, Suite A, Hiawatha, IA 52233. We cover 7 counties around Linn county.
Website	http://www.avalon-hospice.com/
Contact Person	Tonya Goodburn, LMSW, Social Worker/ Volunteer Coordinator email: tonya.goodburn@avalon-hospice.com
Purpose	
Population Served	Hospice Patients- 18+
Duties	Direct care or administrative tasks. Could include helping with administrative tasks while tying blankets, making floral arrangements, etc. Providing emotional support, playing music for the patients and caregivers.
Hours	Flexible and varies.

Date: April 2020 MS

Name of Agency	BLACK HAWK COUNTY IOWA STATE UNIVERSITY EXTENSION AND OUTREACH www.extension.iastate.edu/blackhawk
Address	3420 University Avenue, Suite B, Waterloo, 50701
Accessibility to site	Vehicle required
Contact Person	Abby Rippe, ajrippe@iastate.edu , 319.234.6811
Purpose	Volunteer Educator for Wellness and Independence through Nutrition Program
Population Served	Adults aged 50+ years with limited income
Duties	The Volunteer Educator primarily utilizes direct presentations to provide information to groups of lowans that may need assistance in overcoming financial barriers to consuming enough food to improve or maintain their health. <ul style="list-style-type: none"> · Conduct direct or indirect WIN program presentations to target audiences · Contact potential venues and organizations to schedule presentations using a calling or email script · Complete and/or collect all required WIN program paperwork and deliver to the Program Lead · Compile list of participants indicating that they are interested in help applying for food assistance and deliver to the Program Lead
Hours	Variable. Would encompass time required to contact venues, prepare for and conduct presentations, host an informational display, and complete required paperwork
Requirements to Volunteer	Completion of WIN Program training, meet ISUEO volunteer eligibility criteria (e.g. background check), access to a phone and/or email to contact potential venues, access to travel to presentation venues and transport materials

Updated 10/11/16 AC

Name of Agency	BOYS AND GIRLS CLUB
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Address	515 Lime St. Waterloo, IA
Accessibility to site	Requires a car
Contact Person	Elle Janc, 319-234-2839, elle@cedarvalleyclubs.org
Purpose	<i>To inspire and enable all young people, especially those who need us the most, to reach their full potential as responsible, caring, and productive citizens.</i>
Population Served	Youth ages 6-18 years, diverse, 99% free and reduce lunch, 98% African American
Duties	Volunteers may in the office, in the kitchen, tutor and help with homework, play in the game room with the children, lead arts or crafts projects, and coach a sports team.
Hours	During the school year, hours are after school from 3:00-6:45 During the summer, hours are 8:30-5:00
Requirements to Volunteer	Interest Questionnaire, Volunteer Application packet, tour of facility, background check

Date: Updated 9/14/16 AC

Name of Agency	Bremer County Veterans Affairs
Address	203 1st Ave. NE Waverly IA 50677 P: (319) 352-4209
Accessibility to site	Street and side-lot parking. Handicapped entrance at rear of building
Contact Person	Daniel Bonzer, MSW, Director, Bremer County Veterans Affairs
Purpose	<ol style="list-style-type: none"> 1. To develop a knowledge and understanding of the meaning and importance of professionalism in the provision of human services: professional conduct, professional identity and professional use of supervision. 2. To gain an increased recognition of social work values, personal values, agency and consumer value systems; to

	<p>describe how these interact and affect the delivery of service.</p> <p>3. To gain a basic exposure to the structure of a social service agency: its goals, clientele, funding sources, and services.</p> <p>4. To recognize how a social service agency interacts with its social environment; how it works with other agencies and community resources.</p> <p>5. To interact in a positive way, under supervision, with social service consumers while providing limited services on their behalf.</p>
Population Served	Active duty, Reserve, National Guard, Veterans and their families ranging in age from 21 - death
Duties	<ul style="list-style-type: none"> · He or she assists in interviewing in different environmental settings, completes all mandatory documentation and is responsible for scheduling appointments and researching resources and benefits for veterans and their family members both in the community and through the World Wide Web. · Additionally, he or she assists Veterans and their family members by making and answering their phone calls and emails, entering data into multiple databases, typing, photocopying and answering the Veterans Affairs door. · He or she will also assist with community outreach events where they will interact with large groups of people in a, sometimes, relatively confined atmosphere. · Assists with multiple special projects including, but not limited to, historical research, event development, artistic design and light landscaping. · He or she must be flexible in hours and days worked.
Hours	8:00 am – 8:00 pm
Requirements to Volunteer	<p>Knowledge, Skills & Abilities Required:</p> <ul style="list-style-type: none"> · A minimum of a high school diploma or GED. One year of experience with Veterans Affairs, social work, business management or a combination of education and experience to equal one year. · Ability to communicate with people to convey or exchange information in a courteous, professional manner, by phone, email, in person, and in writing both during and outside of normal working hours. · Ability to maintain a professional relationship and

establish effective working relationships with assigned staff, coworkers, other agencies and the public.

- Ability to organize, prioritize, schedule, and other tasks to assure completion.
- Ability to work, under supervision, to achieve the goals and objectives of Bremer County, Bremer County Veterans Affairs and members of the public.
- Ability to lift a minimum of 20 pounds
- Ability to read and speak fluent English
- Ability to assure records, reports and monthly reporting requirements are completed.
- Experience in PC computing is required with word processing, spreadsheets, email, database and web browsing.
- Participate in Veteran outreach events at the minimum of one time quarterly.
- Review, scan, filing and document Armed Forces Grave Registrations in both digital and paper mediums
- Meet with Veterans and family members by appointment and/or drop-in at their residence and other locations as needed.
- Educate Veterans and their family members with the claims process and follows up, as necessary.
- Assist Veterans and spouses with filing Federal VA claims, follow-up
- Assist with VA medical claims
- Refer Veterans to appropriate community resources and assist Veterans with phone calls for information and services
- Determine the needs of individual Veterans and what they are entitled to
- Help Veterans access local and state resources
- Advocate for Veterans and network at the local, state and national levels
- Network with Veteran Service Organization representatives in developing claims

Physical Requirements:

- Sitting: Approximately 6 to 7 hours during an 8 hour day.
- Standing and Walking: Approximately 1 to 2 hours/day depending on needs of the position.
- Driving: Approximately 0 to 3 hours/day.
- Lift, carry, Push, Pull, Moderate Deviation of Wrist, Knee, Ankle, and Shoulder: Must be able to lift and carry

	<p>objects of approximately 10 to 20 lbs.</p> <ul style="list-style-type: none"> · Climb/balance: 0 to 2 hours/day. The ability to climb stairs is required. · Stoop, Bend, Kneel, Crouch, Crawl: 0 to 1 hour/day. · Reach, Handle, Finger, Feel: 6 to 8 hours/day. Good manual dexterity is required to perform this job. The individual needs to write information on paper and enter information into a computer when needed. The individual needs to be able to sort and handle documents. · Sight: The ability to see and interpret information is a requirement of their job. Sight is used constantly. The position requires reading and/or recognizing information, discussing, translating, documenting and paraphrasing information with others. · Talk, Hear: The individual is required to communicate effectively with consumers other employees, supervisors, families, and other services professionals. <p>Work Environment:</p> <ul style="list-style-type: none"> · Works in a variety of environments including, but not limited to, offices, homes/apartments, and nursing home facilities. May experience numerous interruptions from telephone calls or people needing information and attention. Works independently to complete many tasks.
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Date: Fall 2014 Called 9/14/16, no call back AC emailed 10/21/16, updated 11/2022

Name of Event	Camp Courageous
Event Address	PO Box 418 Monticello IA 52310 Ph. 319-465-5916
Accessibility to site	Requires a car
Contact Person for Event	Shannon Poe, 319-465-5916, ext 2320,, spoe@campcourageous.org
Purpose	Yearlong recreational camp for individuals with disabilities
Population Served	Individuals of all ages with disabilities

Duties	Volunteer can pick a weekend to volunteer, they will get to stay at the camp. Volunteers will also assist with games/activities, provide respite, assist camp residents with tasks, be a conversation partner, and provide aide to staff.
Hours	Volunteers will pick a weekend to volunteer, shifts will be scheduled in advance.
Requirements to Volunteer	Application, interview and background check, process takes about 2 weeks to complete the requirements.
Student comments	"A great experience to work with individuals who are disabled. Some requirements to volunteer may change based on certain volunteers"

Updated 10/2/15, 9/11/19

Name of Agency	CARE INITIATIVES HOSPICE Hospice Care Care Initiatives
Address	6915 Chancellor Drive, Suite A, Cedar Falls, Iowa 50613-6933
Accessibility to site	Requires a car or a way to access facilities or patient's home
Contact Person	Kori Glidden, Volunteer Coordinator (319) 232-6148 kglidden@careinitiatives.org
Purpose	End of life care
Population Served	Individuals and families dealing with serious illness and loss
Duties	<p>We have hospice patients in nursing facilities and in their own homes who would benefit from a volunteer across the Cedar Falls/Waterloo area. This opportunity is extremely flexible and can be as much or as little a time commitment as the volunteer desires. There are no special skills or experience necessary since the volunteer is primarily for companionship/socialization.</p> <p>We also have opportunities for volunteers to help in our office for those who would like to learn more about what an office environment for hospice may look like.</p>

Hours	Flexible to student's schedule
Requirements to Volunteer	Application, interview, orientation, background check, TB test and training. Orientation takes about 2 hours and training time depends on the volunteer and their comfort level.

Updated: June 2024 JB

Name of Agency	Catholic Charities
Address	Des Moines, IA
Contact Person	Refugee Resettlement - Contact Sinishaw at 515-393-5231 St. Mary Family Center - Contact Brooke at 515-237-5095
Purpose	
Population Served	Refugee Resettlement: Child Care, Assist Staff, Bus Training St. Mary Family Center
Duties	
Hours	
Requirements to Volunteer (i.e., CPR trained, valid driver's license, etc..)	

Date: January 2015 Emailed 10/21/16 no response AC

Name of Agency	CATHOLIC WORKER HOUSE
Address	321 East 8 th , Waterloo, 50704

Accessibility to site	Requires a car
Contact Person	Fran Fuller, 319-529-8307
Purpose	
Population Served	This is a shelter for the homeless.
Duties	Volunteers help with extra activities including a community meal.
Hours	Monday, Wednesday, Thursday 5pm-7pm
Requirements to Volunteer	None

Updated 9/14/16 AC

Name of Agency	Cedar Falls Health Care Center of Iowa
Address	1728 West 8th Street, Cedar Falls, IA 50613
Contact Person	Brittany Boche, (319) 277-2437
Purpose	To provide community interactions for our residents.
Population Served	Aging
Duties	Would have opportunities to volunteer with any department.
Hours	Varies
Requirements to Volunteer (i.e., CPR trained, valid driver's license, etc..)	The center will conduct background checks on all volunteers.
Student comments	" I liked being able to work with older adults. There were a lot of task to do so I didn't feel bored."

Date: March 2016 JB

Name of Agency	CEDAR VALLEY COMMUNITY SUPPORT SERVICES
Address	3121 Brockway Rd, Waterloo, IA 50701
Accessibility to site	Requires a car
Contact Person	Judy Arjes, Director,(319) 233-1288, arjes@cvcss.com
Purpose	To foster and develop personal skills of individuals with diverse backgrounds who have special needs, strengths, and abilities.
Population Served	CVCSS works with individuals advocates for those with developmental disabilities to ensure they are receiving services, they also provide residential community support.
Duties	Volunteers would participate in CLUB activities with clients
Hours	
Requirements to Volunteer	Interviewed by CLUB clients

Emailed: 9/24/15 Emailed 10/21/16 AC Emailed 4/16/20 MS

Name of Agency	Cedar Valley Hospice *AS OF 9/16/16 IS NOT TAKING VOLUNTEERS
Address	2101 Kimball Ave, Waterloo, IA

Updated 9/16/16 AC

Name of Agency	Cedar Valley Preschool and Childcare Center
Address	724 Lantz Ave, Cedar Falls, IA

Accessibility to site	Requires a Car
Contact Person	Linda Jacoby, 319-268-1944
Purpose	Childcare and education
Population Served	Children and staff at agency, clients are facing disability.
Duties	Volunteers can assist with games and activities, shadow staff member, be a friend, and play with children.
Hours	Weekdays 6am-6pm
Requirements to Volunteer	Application and interview, short orientation, process takes about 2 weeks to complete.
Student comments	"I liked playing with the children but didn't feel that it was the best area to get an experience with complex issues"

Updated: 9/14/16 AC

Name of Agency	Community Based Services
Address	403 3rd St. SE, Waverly, IA
Contact Person	Dianne Larsen, DLarsen@cbsforyou.com, (319) 352-2990
Purpose	<p>CBS provides Supported Community Living services for individuals diagnosed with various disabilities. Supported Community Living (SCL) services allow individuals to remain, or become, as independent as possible. Services may be provided 24-hours per day in our supported community living sites, or for as little as 1-hour per month in a person's home. SCL services may include, but are not limited to:</p> <ul style="list-style-type: none"> · Advocacy · Skill Building · Community Skills · Basic Living Skills

	<ul style="list-style-type: none"> · Personal Care · Recreation
Population Served	Individuals diagnosed with various disabilities
Duties	Assisting staff with community activities, providing for recreational activities with members in their homes.
Hours	First and Second Shifts
Requirements to Volunteer (i.e., CPR trained, valid driver's license, etc..)	

Updated 10/2/15 emailed 4/16/20 MS

Name of Agency	COMMUNITY CHILD CARE UNITED AND PRESCHOOL
Address	Various locations in Black Hawk County 1026 E Seerley Blvd, Cedar Falls, IA 50613 - Administrative Office
Accessibility to site	Requires a car
Contact Person	Sue - Executive Director; Phone: 319-277-7303 Amy Junkins - 319-234-5920 Mercedes Smith - 319-234-5920
Purpose	Childcare and education
Population Served	Children and youth in educational setting, sometimes facing disabilities.
Duties	Volunteers assist staff with children and play games.
Hours	Weekdays between 8-6, hours are flexible.
Requirements to Volunteer	Background check and training, process took about 2 weeks.

Date: Spring 2014 Called 9/16/16 no response AC Emailed 10/21/16

Name of Agency	*Compassus
Address	Cedar Falls; Cedar Rapids
Contact Person	Lisa Heitz, Volunteer Coordinator Lisa.Heitz@Compassus.com 319-362-2500
Purpose	The Colleagues of Hospice Compassus are committed to keeping The Hospice Promise by delivering the highest quality of care, serving the needs of patients and families and spreading the stories of hospice to those with whom they come into contact.
Population Served	All ages; end of life (within 6 months)
Duties	Visit with clients on service, office duties for administrative support.
Hours	Varies
Requirements to Volunteer (i.e., CPR trained, valid driver's license, etc..)	Background Check, TB testing, and training will be done through Compassus.

Updated: 4/21/20

Name of Agency	CONVERSATION PARTNERS
Address	UNI Campus
Accessibility to site	On UNI Campus
Contact Person	https://uni.edu/ciep/conversation-partner-program for an application

Duties	The Culture and Intensive English Program (CIEP) in Baker Hall teaches English to international students at UNI. There is an orientation once a semester and volunteers must meet with partner once a week.
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Emailed: 9/24/15 Kicked back

Name of Agency	Court Appointed Special Advocate (CASA)
Address	316 East 5 th St. 3 rd Floor, Waterloo, IA 50703
Contact Person	Meg Campbell, margaret.campbell@dia.iowa.gov
Purpose	To advocate for abused and neglected Children in the Juvenile Court System.
Population Served	Children who are identified as Children in Need of Assistance (CINA)
Duties	Investigating, Assessing, and Monitoring children who are involved in the Child Welfare System Writing CASA Reports Attending any meeting that involves the children (Family team meetings, visits with parents, ect.) Attending Court Hearings
Hours	12hrs per month (this can vary depending on the case you are assigned)
Requirements to Volunteer (i.e., CPR trained, valid driver's license, etc..)	Completing 30 hour training program Genuine interest in helping children 18 years of age Access to a computer Access to a vehicle

Updated: April 2020

Name of Agency	Covenant Cancer Treatment Center (Temporarily on hold due to COVID-19)
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Address	200 E Ridgeway Ave, Waterloo, IA 50702
Contact Person	Jessica Nauholz, LMSW, Oncology Social Worker, Jessica.nauholz@mercyhealth.com, 319-272-2816
Purpose	Provide patients and/or their caregivers undergoing cancer treatments psychosocial support along with assisting nursing staff with additional duties to care for patients.
Population Served	Adult oncology patients undergoing radiation therapy or chemotherapy.
Duties	Include but are not limited to, providing cancer patients or caregivers with emotional and psychosocial support, increase patient satisfaction with care, support clinical staff with extra duties including obtaining supplies for patients, setting up or cleaning treatment rooms. Students will be able to have one on one conversations with patients as they undergo treatment.
Hours	Agency hours are 8am-4:30pm.
Requirements to Volunteer (i.e., CPR trained, valid driver's license, etc..)	Since this is a medical setting, students are required to have CPR, TB test, up-to-date immunizations, background check, and an interview if needed.

Date: April 2020

Name of Agency	COVENANT MEDICAL CENTER
Address	3421 West 9th Street, Waterloo, 50702
Accessibility to site	Requires a car
Contact Person	Bev Degenhardt, (319) 272-7856
Purpose	

Population Served	
Duties	Patient Contract: Nursing units throughout the Medical Center. Other opportunities: emergency room/surgical host, volunteer visitation program. Students cannot be placed directly with social works, but can gain experience in hospitals and exposure to healthcare as well as honing in on their social skills working with patients under stressful situations.
Hours	
Requirements to Volunteer	<p>Go to www.wheatoniowa.org and follow the volunteer link on the top of the page, where our application is located. You can complete and submit it on line and it will be sent directly to me.</p> <ul style="list-style-type: none"> ● Fill out the application; I will send you an e-mail to verify I received it. ● After verifying references, I will call to set up an interview where we will discuss your interests and see what we have that will work with your schedule. ● Once we find the right position, you will be required to have a health assessment which can be completed at the Health Clinic on campus which is free for students. Two TB tests will be done here at Wheaton Franciscan Healthcare, free of charge. ● There is also a two hour orientation required that we will work out with your schedule. <p>Once this is completed, you can begin your service.</p>

Updated 9/19/16 AC

Name of Agency	CRISIS TEXT LINE
Address	Based out of New York, remote volunteer experience
Accessibility to site	Remote
Contact Person	Lexie Lindner, LMSW, She/Her, Student Learning Manager (UNI MSW Alumni!!), llindner@crisistextline.org Link to volunteer application on volunteer & learn more here .

<p>Purpose</p>	<p>Crisis Text Line is the free, 24/7 text line for people in crisis in the United States. The service is powered by volunteer Crisis Counselors who work remotely—anywhere with a computer and secure internet connection works.</p> <p>Crisis Counselors answer texts from people in crisis, bringing them from a hot moment to a cool calm through active listening, collaborative problem solving, and safety planning.</p> <p>The majority of our volunteers are college-aged, and we know that students find value in the skill development and impact they have through volunteering.</p>
<p>Population Served</p>	<p>Anyone</p>
<p>Duties</p>	<p>Receive and respond to texts from individuals in crisis or seeking help.</p>
<p>Hours</p>	<p>When the rest of the country is sleeping, 2/3 of our crisis situations—and by default texter volume—occurs at night. Our greatest need for Crisis Counselors is between 7pm and 3am PST (10pm and 6am EST).</p> <p>Are you a night owl or early riser? Looking for an odd-hours volunteer opportunity in crisis intervention? You've found the right place!</p> <p>Crisis Counselors commit to volunteering 4 hours per week until 200 hours are reached. Ideally, we expect you to fulfill your commitment within one year. Before you begin as a counselor, you'll also complete a training period to give you all of the expertise you need to successfully and empathetically navigate crisis intervention.</p>
<p>Requirements to Volunteer</p>	<p>This all begins with training. In 30 hours (self-paced, virtual), you'll walk away knowing reflective listening, collaborative problem solving, and crisis management. (These are skills that will help in your personal relationships too!). You can train</p>

	<p>from anywhere—in your PJs, in a coffee shop, wherever—and our Crisis Counselors highlight this intervention training on their resumes when interviewing for jobs, applying to grad school, and building out their LinkedIn profile.</p> <p>To apply, applicants must be 18 or older and have a US Social Security Number. You must also submit 2 references. To volunteer, Crisis Counselors must have access to reliable Internet access and a personal computer.</p>
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Nov 2022 JB

Name of Agency	Dementia Friendly Iowa (NEI3A)
Address	3840 West 9th Street, Waterloo, IA 50702
Accessibility to site	Requires a car to get to site
Contact Person	Megan Zimmerman, Dementia Friendly State Coordinator mzimmerman@nei3a.org
Purpose	Dementia impacts all aspects of a person's life, including a person's eating habits and abilities. It's important to understand how dementia impacts this aspect of life and ways you can be more dementia friendly when it comes to dining with a person with dementia.
Population Served	Individuals and family members living with dementia.
Duties	Varies
Hours	Varies

Date: Sept 2022

Name of Agency	DHS - Operation Threshold
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Address	1407 Independence Ave., Waterloo, Iowa, 50703
Accessibility to site	Requires a car
Contact Person	Craig Boche – Cboche@operationthreshold.org Phone: (319) 292-2427 or (319) 291-2065 or (319) 292-1879
Purpose	
Population Served	
Duties	Volunteers serve as positive role models of children, friendly visitors for adults, protective payees, and conservators. They also attend staff meetings, supervise foster care visits, assist with specialized children clinics, transport clients for appointments and perform minimal clerical duties. They are looking for special friends of children ages seven to sixteen.
Hours	Weekdays 8-6, hours are pretty flexible and drop in
Requirements to Volunteer	Application and background check, process takes about 2 weeks to complete.
Student comments	Stapled and assembled packets, no direct contact with clients

Emailed 9/25/15 emailed 4/16/20

Name of Agency	EASTER SEALS IOWA/CAMP SUNNYSIDE
Address	401 NE 66th Avenue, Des Moines, IA 50313
Accessibility to site	Requires a car
Contact Person	Abby Foster, afoster@eastersealsia.org , (515) 309-2036
Purpose	Easter Seals Iowa provides exceptional services to ensure that all people with disabilities or special needs and their

	families have equal opportunities to live, learn, work and play in their communities. We provide a wide range of support for children and adults with disabilities to promote independence and opportunities throughout their lives. Easter Seals Iowa gives the gift of hope, create change and find solutions. To put it simply, we believe in the possibilities.
Population Served	Children and adults living with physical and/or intellectual disabilities
Duties	<p>Camp Sunnyside has year-round respite weekend opportunities. Weekend volunteer opportunities are every other weekend from Friday afternoon to Sunday afternoon. Volunteers are allowed to stay at the facility.</p> <p>Volunteers may assist with:</p> <p>Fridays – Camp Prep (Check-in process, making beds, stocking cabins, organizing programming areas)</p> <p>Saturdays – Activities (Arts and crafts, sports and games, aquatics, horseback riding, archery, nature walks, ziplining, etc.) Special Events (Help decorate, serve refreshments, and clean up at Saturday dances).</p> <p>Sundays – Camp Clean Up (Tidy and clean cabins and program areas).</p>
Hours	Every other weekend, Friday-Sunday
Requirements to Volunteer	<p>Volunteers pay for their own background check (\$15)</p> <p>*this can become a paid experience after you complete your required 30 hour volunteer experience. Pays \$450/weekend</p>

Updated Feb 2017 - JB emailed 4/16/20 MS

Name of Agency	EXCEPTIONAL PERSONS INC
Address	760 Ansborough Avenue, PO Box 4090 Waterloo, IA 50704-4090
Contact Person	Shelli Wierck shelliwierck@episervice.org Phone: 319-232-6671

Purpose	Exceptional Persons, Inc (EPI) makes a positive difference for people living with disabilities, enhances community child care. Our mission is Connect people, Create opportunities, and Nurture Growth since 1957.
Population Served	Supports individuals with intellectual and developmental disabilities and families with child care needs; Traumatic Brain Injury; Mental Illness
Duties	Volunteers would work with direct support professionals in supporting individuals with developmental disabilities on their life skill goals. We also have volunteer opportunities to support fundraising activities, and administration duties.
Hours	8:00am to 9:00pm
Requirements to Volunteer	We offer equal opportunities to all diversities, abilities, and request. Requirements depend on the volunteer opportunity requesting. We do everything we can to fit the volunteer in a role that will give them a sense of purpose and giving.

Updated 1/28/20 JB

Name of Agency	Eye of the Needle
Address	2207-2209 Falls Avenue, Waterloo, Iowa (formerly 3 office suites)
Website	
Contact Person	Mrs. Patricia King 319-215-6151
Purpose	A non-profit that receives donations of clothing and housewares from members of the community that need to be sorted and categorized. The items are displayed for individuals that schedule appointments with a need for specific items on their list (such as Warm Clothing, Clothing for Work, a job interview, or household items to furnish an

	apartment.) The mission of the Eye of the Needle is to provide items to the neediest within our community.
Population Served	
Duties	
Days and Hours	9AM-4PM Monday - Friday
Other	

Date: March 2021

Name of Agency	Faith Hope and Charity
Address	1815 West Milwaukee Avenue Storm Lake, Iowa
Accessibility to site	Requires a car
Contact Person	Bev Miller, bev@faithhopeandcharity.org
Purpose	Improving lives of children with special needs
Population Served	Children, youth, families and other staff members. Clients often face mental/behavioral health or disability concerns.
Duties	Volunteers assist with games and activities, shadow staff and take trips into the community.
Hours	Hours are flexible
Requirements to Volunteer	Orientation, process takes about 2 weeks to complete.
Student comments	" I really enjoyed all the outings with the children, I would recommend this place to any student"

Updated 10/2/15 emailed 4/16/20

Name of Agency	Family and Children's Council - Take Charge of your Body
Address	500 E 4th St # 414, Waterloo, IA
Accessibility to site	Requires a car
Contact Person	Amanda Goodman, Executive Director, amanda@fccouncil.net
Purpose	Take Charge of your Body teaches children in schools about safe touches to their body and sexual abuse.
Population Served	Children and youth
Duties	Presentations
Hours	Weekdays and evenings, hours are flexible
Requirements to Volunteer	Interview, process takes about 1 month
Student comments	" It gave me a new insight to what can happen to children, we went into schools teaching about sexual abuse"

Emailed 9/25 Emailed 10/21/16 emailed 4/16/20 MS

Name of Agency	FAMILIES FIRST COUNSELING
Address	111 Plaza Cir, Waterloo, IA 50701
Accessibility to site	Requires a car
Contact Person	319-433-0395
Purpose	
Population Served	

Duties	Volunteers may transport clients around Waterloo area to appointments, assist with filing and office work, attend court hearings with families
Hours	
Requirements to Volunteer	

Date: Spring 2014 Left message 9/14/16 no response AC

Name of Agency	FOUR OAKS
Address	Statewide location
Accessibility to site	Will need a car
Contact Person	Volunteer information and application found at https://fouroaks.org/ , click on Join Us, and click on volunteer information to learn more and volunteer application to apply.
Purpose	We are committed to comprehensively helping children and families through all of their struggles. We assure success through the use of innovative care that brings the child, family and community together in a wide-ranging way to build a stronger tomorrow.
Population Served	Youth and Families
Duties	Depends on program
Hours	Varies
Requirements to Volunteer	<p>Must be able to pass background checks in accordance with the Code of Iowa (criminal and child abuse records; sex offender registry).</p> <p>Must agree to uphold the confidentiality of our clients.</p> <p>Must commit to an established amount of time.</p> <p>Must have a genuine interest in the mission of Four Oaks.</p>

Jan 2024 JB

Name of Agency	FRANCIS LAUER YOUTH SERVICES
Address	50 N. Eisenhower; Mason City, 50401
Accessibility to site	
Contact Person	Tracy Peet, (641) 423-7362
Purpose	
Population Served	
Duties	Volunteers work in a youth shelter greeting children, and participating in crafts, music, and other various activities. They may also help with some maintenance.
Hours	
Requirements to Volunteer	

Date: Spring 2014 Emailed 10/21/16 no response AC

Name of Agency	Free Dental Clinic - Iowa Mission of Mercy, hosted by the Iowa Dental Foundation <i>(Not always hosted in Waterloo)</i>
Address	Waterloo Convention Center at Sullivan Brothers Plaza 200 W. Fourth Street Waterloo, IA 50701
Website	www.iowamom.org
Contact Person	Laurie Traetow – laurie@iowadental.org

<p>Organization's Mission</p>	<p>The 14th annual free dental clinic, known as the Iowa Mission of Mercy (IMOM), will be held on October 13-14 at the Waterloo Convention Center at Sullivan Brothers Plaza. One hundred mobile dental chairs will be brought in and a full service field dental clinic will be set up. IMOM is designed to treat immediate, acute needs of its patients and a wide variety of free dental procedures will be offered.</p> <p>IMOM welcomes patients of all ages from all backgrounds, and offers a wide variety of free dental procedures regardless of income and insurance. Dental services include x-rays, cleanings, extractions, fillings, and a limited number of partial dentures also known as "flippers." Free childcare will be available for patients attending the clinic.</p> <p>IMOM has been held in various cities across the state since its inception more than a decade ago to better meet the needs of lowans who for any number of reasons cannot afford or access dental care. IMOM leadership anticipates serving over 1,000 patients and providing over one million dollars in free oral healthcare over the course of the two-day clinic. In 13 years, over 16,600 patients have received free dental care totaling over \$11.5 million.</p> <p>While dentists and dental professional volunteers are needed to provide patient care, there is also a great need for general volunteers to help lead the patients through the clinic, check in volunteers, serve as translators, and assist in other important roles to make sure the clinic runs smoothly. People interested in volunteering can learn more information and sign up at www.iowamom.org.</p>
<p>Population Served</p>	<p>Patients of all ages from all backgrounds who have trouble accessing or affording dental care</p>
<p>Volunteer Duties</p>	<p>Childcare, interpreters, food service, patient escorts, patient exit interviewers, patient registration, waiting area monitor, runners, set-up, tear-down, volunteer registration, facility management</p>

Days and Hours	Various shifts are available each day within the following time frame (2023): October 12: 9AM-5PM October 13: 6 AM-6PM October 14: 6 AM-6PM
Other expectations, if any	Visit www.iowamom.org for more information. Thanks!

August 2023

Name of Agency	Friends of the Family
Address	PO BOX 784, Waverly, IA 50677
Accessibility to site	Requires a car
Contact Person	Michelle Hall, michelle@fofia.org
Purpose	Through prevention education and community engagement we seek a future free of violence and homelessness.
Population Served	To provide safe shelter, confidential services, and housing assistance to individuals in crisis due to homelessness, domestic violence and sexual assault.
Duties	Areas of placement can include administrative duties, fundraising, development, special projects in the areas of DV/SA, human trafficking, & homelessness, community outreach, or donation organization in both the Waterloo & Waverly offices.
Hours	Monday through Friday, 8:00-4:30
Requirements to volunteer	We are no longer placing short-term volunteers (under 50 hours) in programs that have direct client contact

Updated: April 2020 MS

Name of Agency	Grace's List
Address	Virtual volunteer experience
Website	https://graceslist.org/volunteer/
Contact Person	Apply online Matthew Schoenherr, (517) 394-3000, graceslist@levoire.com.
Purpose	<p>GracesList.org is an online emergency services directory offering a list of local homeless shelters, churches, food banks and other emergency services. We currently list over 7000 agencies across 22 countries and the list is growing.</p> <p>GracesList.org needs volunteers to hunt down and submit local homeless shelter and emergency services. As you might expect, these services have huge hearts but aren't always the best at getting the word out. Work on GracesList.org has begun but it is our goal to become an easy-to-use resource for many more cities.</p>
Population Served	Impact Area/Cause Disaster & Emergencies, Homelessness, Domestic Violence Support, Family Services, Poverty, Mental Health
Duties	Data Entry, Technical Writing, Copy Writing / Copy Editing, Internet Research, Typing, Word Processing
Hours	As determined
Requirements to Volunteer	This is a virtual volunteer opportunity, so you must have a working computer and an Internet connection. You will be doing this work from the comfort of your own home. Your computer will need to browse the Internet and perform simple word processing functions using Microsoft Word or Notepad, etc. No printer is required.

June 2019 JB

Name of Agency	Girl Scouts of Eastern Iowa and Western Illinois
Address	510 Mulberry Street, Waterloo, 50701
Accessibility to site	
Contact Person	Deb Boyd (Ext. 318) – debb@girlscoutstoday.org Phone: (563) 823-9940 or 1-800-798-0833
Purpose	Girl Scouting builds girls of courage, confidence and character who make the world a better place
Population Served	Girls in Kindergarten through 12th grade
Duties	Volunteers help provide a Girl Scout experience through quality programs and activities. Various locations are available. Volunteer opportunities include assisting with Girl Scout events (some weekends), helping with outreach troops, or serving as a troop leader.
Hours	Variable
Requirements to Volunteer	must be at least 18 years of age or older

Updated 4/23/20 MS

Name of Agency	HIGHLAND RIDGE NURSING HOME
Address	100 Village View Circle, Williamsburg, IA 52361
Accessibility to site	Requires a car
Contact Person	Mandy Steckly, 319-668-3800
Purpose	Providing healthcare to seniors
Population Served	Children, Youth, Elders, Families, Staff and Public facing mental/behavioral health, health, disability or aging concerns

Duties	Volunteers can assist with games and activities, shadow staff, become a conversation partner, assist with community events and assist clients with tasks.
Hours	Weekdays between 8-6, hours are flexible.
Requirements to Volunteer	Application and background check, process took about 2 weeks.
Student comments	"I really enjoyed my experience"

Updated 9/14/16 AC

Name of Agency	Hope Tree Counseling Services Inc. (June, July, August only)
Address	1420 W. Donald St. Waterloo IA 50703
Contact Person	Director, Sarah Kiani sarah@hopetreecounselingservices.com
Purpose	Summer camps, programs for children
Population Served	Children ages 6-18
Duties	Assist counselors in facilitating therapeutic day camps. Assist in crafts, curriculum implementation, aid in creating a therapeutic environment for participants.
Hours	15-30 hours per week, per session (minimum one complete session)
Requirements to Volunteer (i.e., CPR trained, valid driver's license, etc..)	Criminal background check provided by agency

Updated 4/28/20 MS

Name of Agency	House of Hope www.houseofhopeccd.org
Address	845 W 4th Street, Waterloo, IA 50702
Accessibility to site	Requires a car
Contact Person	Lindsey Wenzlick LindseyW@houseofhopeccd.org , (319) 232-3823
Purpose	The House of Hope exists to Empower women, Build futures, & Enrich communities. We do this by providing our women transitional housing and individualized support to achieve secure families, permanent homes, and the ability to thrive.
Population Served	Homeless, single mothers with a child or children in their custody or girls ages 18-24 who have experienced foster care in their teen years. They must be able to legally and physically work. They are facing one or more barriers such as education, debt, unemployment or underemployment, childcare, domestic abuse, trauma, criminal history.
Duties	Front desk help, office assistance, accept/sort donations, children's programming, fundraise or host a drive, clean and stage an apartment, mother's helper or group projects
Hours	Monday through Friday 8:00-4:00
Requirements to Volunteer	Volunteer application and orientation. Willingness to attend trainings relevant to area of service.

Updated 4/30/2020 MS

Name of Agency	Iowa Department of Human Services: Income Maintenance Office
Address	1407 Independence Ave., Waterloo Iowa
Accessibility to site	Need car or use public transportation
Contact Person	Jessica Bruening, jbruening@operationthreshold.org, (319) 291-2441
Purpose	Determining eligibility for cash and medical assistance such as Family Investment Program, Food Assistance, and Medicaid
Population Served	Individuals and families in poverty
Duties	This entails primarily helping process FIP applications, doing paperwork and filing, and sometimes helping individuals complete their applications.
Hours	Between the hours of 8-4:30
Requirements to Volunteer	Background checks will be conducted

8/30/16 Emailed April 2020 MS

Name of Agency	Iowa Dept Of Human Services - Project Room
Address	1407 Independence Ave, Waterloo, IA 50703
Contact Person	Craig Boche- cboche@operationthreshold.org 319-292-1879

Purpose	Provide assistance to the Dept of Human Services administrative staff and management to assist residents of Black Hawk County
Population Served	Public Services to all of Black Hawk County
Duties	Volunteer Project Room – Provide a variety of project based and ongoing assistance. Filing, purging, assembling resource packets, organizing, etc... all within the professional DHS office/environment and under the supervision of the Public Services Supervisor.
Days and Hours	M-F 8am - 4:30pm (anytime(s) within that time frame)
Other	Application and successful criminal background check results are required prior to start. (Get application from Libby Fry or Jenny Becker)

Date: July 2021 JB

Name of Agency	Iowa Legal Aid
Address	607 Sycamore St, Suite 206, Waterloo, Iowa 50703
Contact Person	(319) 235-7008
Purpose	Iowa Legal Aid makes hope, dignity and justice available to low-income Iowans through legal assistance and education that protects fundamental rights, basic necessities and access to the judicial system; challenges policies and practices that harm low-income persons; and empowers clients to advocate effectively for themselves and their communities.
Population Served	Ages 18+, services rendered dependent upon income. Must be below 125% federal poverty line. Exceptions and emergencies dependent upon funding and staffing.

Duties	Greet people as they come in, answer phone calls. Assist attorneys with drafting letters to clients. Assist with Pro Se clinic, file documents with Iowa Efile system. Other duties as assigned.
Hours	8:30 A.M. – 5:00 P.M. Monday through Friday
Requirements to Volunteer (i.e., CPR trained, valid driver's license, etc..)	Willingness to learn the legal systems and work with underserved and underrepresented clients

Date: Sept 2019 (JB)

Name of Agency	Love INC (In the Name of Christ)
Address	4807 University Avenue #202, Cedar Falls, IA 50613
Contact Person	Paige Price, Programming Manager paige.price@loveinccv.org
Purpose	To mobilize local churches to transform lives and communities in the Name of Christ.
Population Served	Multigenerational poverty individuals and families
Duties	Filing, data entry, phone intakes, preparing materials for meetings/groups, assisting church partners with preparing for special events
Hours	Flexible
Requirements to Volunteer	Knowledge of work processing, be comfortable with office setting

Updated 10/2/15 by JH, updated 1/22/20 JB

Name of Agency	JESSE COSBY HEALTHY LIFESTYLE CENTER
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Address	1112 Mobile, Waterloo 50703
Accessibility to site	Requires a car
Contact Person	Beverly Henderson, (319) 234-1793
Purpose	The Jesse Cosby Neighborhood Center is dedicated to keeping and enhancing the quality of life for our neighborhood families through services, stewardship of resources and shared responsibility. Programs change with the needs of the community
Population Served	Youth, Adults, Elderly, Homeless, disabilities
Duties	Volunteers can deliver meals, and work with elderly on a one-to-one basis and help with crafts and other recreational events. Requirements to volunteer depend on job duties.
Hours	Monday through Friday, 8:00-4:30, Special Events as scheduled
Requirements to Volunteer	Volunteer sheet, a brief orientation, proof of license and insurance for anyone driving

Updated 9/16/16 AC

Name of Agency	Mid-Iowa Community Action, Inc.
Address	1001 S. 18 th Avenue, Marshalltown, IA 50158
Website	www.micaonline.org
Contact Person	Josie Stahlin
Purpose	Community action agency, anti-poverty

Population Served	Children and families in service area; individuals experiencing poverty.
Duties	Volunteers needed at our office locations in Ames, Iowa Falls, Marshalltown, Grinnell, and Tama (Ames, Iowa Falls, and Grinnell all have food pantries). Volunteers can help greet families, answer phones, direct inquires, and also help distribute emergency food where applicable.
Days and Hours	Offices are open 8:30-4:30 Monday through Friday
Other	

Date: 3-9-2020 JB

Name of Agency	NewAldaya Lifescapes *Willing to accept one student at a time*
Address	7511 University Ave, Cedar Falls, IA
Accessibility to site	Walking distance from UNI campus
Contact Person	Jocelyn Jones, 319-553-2219, jjones@newaldaya.org
Purpose	Retirement community
Population Served	Individuals in Extended Care, Skilled Therapies, Independent Living and Assisted Living
Duties	Volunteers will participate in leisure programming such as games, manicures, Bingo, baking, etc.. Volunteers may engage in one-on-one visiting with assigned residents.
Hours	Weekdays, hours are flexible. Evening and weekend hours are not available.

Requirements to Volunteer	Background check and orientation; process takes approximately 2 weeks
Student comments	" Hours are flexible, the residents are great to work with and there are a variety of activities"

Updated April 2020 MS

Name of Agency	New Directions Counseling Services - Unable to support volunteers
Address	3136 Brockway Road, Suite B, Waterloo, Iowa 50701.

Name of Agency	NorthCrest Specialty Care
Address	2001 Heath Street, Waterloo, IA
Accessibility to site	Requires a car
Contact Person	Shenita Barnes, 319-234-4432, sbarnes@careinitiatives.org
Purpose	Providing health care for seniors
Population Served	Elderly clients facing health and aging concerns.
Duties	Share a talent, One-on-One Visits with Residents (reading, talking, playing a game), Help with Crafts, Help in planning and working at family events, Fancy Nails (painting residents fingernails), Creating new activities for residents, Conducting assessments with residents.
Hours	Weekdays between 8-6, hours are drop in.
Requirements to Volunteer	Desire to work with the elderly, volunteer orientation upon initial visit to site

Updated 1/9/16 JB Emailed April 2020 MS- email not valid

Name of Agency	NORTHEAST AREA AGENCY ON AGING
Address	Main Office Address: 3840 W. 9 th Street, Waterloo, IA 50702
Accessibility to site	Delivery Drivers requires a vehicle
Contact Person	<p>Bob Schaffer, (319) 874-6846 (Waterloo/ Cedar Falls)</p> <p>Megan Zimmerman, LBSW, Dementia Friendly State Coordinator, mzimmerman@nei3a.org, 319-287-1182 (dementia related programming)</p> <p>Cara Ferch, 641-753-4648 (Marshall, Hardin, Grundy counties)</p>
Purpose	Creating and providing services for older persons, with disabilities to empower them to maintain their independence
Population Served	Older adults, over the age of 60 and persons with disabilities 18 years of age and older. Serves 18 counties in Northeast Iowa: Allamakee, Black Hawk, Bremer, Buchanan, Butler, Chickasaw, Clayton, Delaware, Dubuque, Fayette, Grundy, Hardin, Howard, Jackson, Marshall, Poweshiek, Tama and Winneshiek.
Duties	<p>Home Delivered Meal Volunteers will deliver meals to homebound elderly. Requires driving to homes of individuals to deliver meals. Typically a meal route is made of two individuals with a driver and a delivery person.</p> <p>Also, administrative opportunities available at local centers in Waterloo and Cedar Falls</p>
Hours	Office hours: Monday through Friday, 8:00-4:30

	Meal Delivery Times: Monday - Friday 11:00 am– 12:30 pm
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Updated 3/4/2020 JB

Name of Agency	NORTHEAST IOWA MEDICAL EDUCATION FOUNDATION/FAMILY PRACTICE CENTER/FAMILY MEDICINE RESIDENCY PROGRAM
Address	2055 Kimball Ave, Suite 101, Waterloo, IA
Accessibility to site	Requires a car
Contact Person	Debra Flammang-Roper, 319-272-2112, dflamman@neimef.org
Purpose	General practice services
Population Served	All age groups, high risk pregnancy
Duties	Observe tours, lectures etc. at Tysons, John Deere's, WIC, Thalman Square, NE13A, Mental Health Institute, Visiting Nursing, Black Hawk County Board Meeting, Covenant Rehabilitation Center, Allen Wound Clinic, Horizons, and, Hospice. Shadow during psychosocial risk assessments on high risk OB patients. Shadow free pregnancy tests. Ability to video and then we can talk about it afterwards.
Hours	M-F, 8:00-5:00

Updated 10/20/15 by JH, Emailed April 2020 MS - email not valid

Name of Agency	North Star Community Services
Address	3420 University Avenue, Waterloo, Iowa 50701-2008
Accessibility to site	Car needed; also on a city bus route

Contact Person	Jodie Muller, Director of Development & PR, (319) 236-0901 x304, jmuller@northstarcs.org
Purpose	Local, private, non-profit rehabilitative services agency providing adult day services, employment services, and supported community living services so individuals with disabilities are better able to live enriched lives in our communities.
Population Served	Adults with disabilities
Duties	Most volunteers assist with recreation activities for adults with disabilities in the day habilitation program. We welcome volunteers with special talents to share (art, music, etc.). On occasion there may be a special project we need assistance with.
Hours	Monday – Friday, usually 10:00 – 11:30 or 1:00 – 2:00 or 2:30.
Requirements to Volunteer	Background checks (both criminal and dependent adult abuse). We usually start with a tour, to be sure the student wishes to volunteer here. There is an application and a short orientation.

Updated April 2020 MS

Name of Agency	North Star Community Services - Waverly
Address	219 20th Street NW, Waverly, Iowa 50677
Contact Person	Colette Ruth, cruth@northstarcs.org, (319) 352-1425
Purpose	Local, private, non-profit rehabilitative services agency providing adult day services, employment services, and supported community living services so individuals with disabilities are better able to live enriched lives in our communities. Serves Bremer and Butler County.
Population Served	Individuals with disabilities in our Day Habilitation Program
Duties	Recreation assistant: Help with group activities, exercise, crafts, games, outside plant care and outside games. One

	to one activities with Day Hab participants.
Hours	30 hours or more
Requirements to Volunteer (i.e., CPR trained, valid driver's license, etc..)	North Star will complete: Criminal record check and Dependent Adult Abuse Check Student will participate in a short volunteer training (reading)

Updated 4/28/20 MS

Name of Agency	NORTHEAST IOWA FOOD BANK
Address	1605 Lafayette Street, Waterloo, IA 50703
Accessibility to site	Requires a car
Contact Person	Rhianna Galema, rgalema@feedingamerica.org , 319-235-0507
Purpose	The northeast iowa food Bank's mission is to provide nutritious food and grocery products to nonprofit organizations and individuals in Northeast iowa, while offering hunger education programs to the community and those in need.
Population Served	16 counties in Northeast iowa
Duties	Volunteers will be either be helping out in the food pantry, where clients come and get their food every month, or helping sort through donated produce that they have received.
Hours	Monday-Thursday 7:30-4:40, Friday 7:30-2, Various evening and Saturdays
Requirements to Volunteer	Complete a volunteer application form and a brief orientation.

Updated 9/14/16 AC, Emailed 4/23/20 MS - email not valid

Name of Agency	PALS - Panthers Allied with Local Schools , affiliated with TeamMates
Address	1516 Washington Street, Waterloo, Iowa
Accessibility to site	
Contact Person	Ellen Vanderloo, vanderlooe@waterlooschools.org
Purpose	To mentor students in the Waterloo School system
Population Served	We have around 40 mentors, so we serve about that many students through this program.
Duties	Meet with your student once a week for approximately one hour at school during the day. Provide mentorship and be a role model for that student. Be their friend, confidant, and biggest supporter.
Hours	About 1 hour a week with a time commitment of 3 years.
Requirements to Volunteer	Fill out application, provide two references, and get background check.

Updated 10/20/15, Emailed 4/23/20 MS - email not valid

Name of Agency	PATHWAYS BEHAVIORAL SERVICES - does not take on volunteers (Feb 2016)
Address	3362 University Avenue, Waterloo, IA 50701

Name of Agency	PEOPLES COMMUNITY HEALTH CLINIC
Address	905 Franklin St.; Waterloo, 50703
Accessibility to site	Requires a car

Contact Person	Beth White, (319) 272-4300
Purpose	
Population Served	
Duties	Volunteer opportunities include reading to children, clerical work, making calls to patients to remind them of appointments, patient surveys, and various special projects. A representative from the People 's Clinic will be at the UNI volunteer fair.
Hours	
Requirements to Volunteer	

Date: Spring 2014

Name of Agency	Retrieving Freedom.
Address	PHONE: 319-505-5949 1152 230th Street Waverly, IA 50677 Headquarters: 20360 Tangle Nook Road Sedalia, MO 65301
Website	www.retrievingfreedom.org
Contact Person	Kyle Cory-Yaeggi, Director of Operations 660-620-0607 https://www.retrievingfreedom.org/contact-us kyle@retrievingfreedom.org
Purpose	Help train service dogs
Population Served	Veterans, children living with autism,
Duties	TBD

Days and Hours	Varies
Other	

Date: Sept 2021

Name of Agency	Ridgeway Place
Address	155 East Ridgeway Ave. Waterloo, IA
Contact Person	Lynne Wikle, 319-272-2635, lwikle@fm-inc.org
Purpose	Provide social interactions for our seniors
Population Served	Elderly
Duties	Vary depending on activity
Hours	Vary. Usually afternoon and evening

9/13/16 JB, Emailed 4/23/20 MS - email not valid

Name of Agency	Riverview Center
Address	<p>2055 Kimball Ave, Suite # 355, Waterloo, IA 50702 (Covers Black Hawk, Chickasaw, Bremer Counties)</p> <p>Other offices:</p> <p><u>Decorah</u> (Howard, Winneshiek, Allamakee, Clayton Counties), 1111 S. Paine St. Ste F, Decorah, IA 52101, (563) 380-3332</p> <p><u>Dubuque</u> (Dubuque, Clayton Counties), 2600 Dodge Street, Dubuque, IA 52003, (563) 557-0310</p> <p><u>Cedar Rapids</u> (Linn, Benton, Jones Counties), 50 2nd Ave Bridge, Cedar Rapids, IA 52401, (319) 540-0080</p> <p><u>Manchester</u> (Delaware, Buchannan, Fayette Counties), 118 W Main Street, Manchester, IA 52057, (563) 927-1524</p>

Accessibility to site	Requires a car
Contact Person	Volunteer Coordinator, (563) 557-0310
Purpose	Riverview Center is a nonprofit agency committed to providing compassionate, client-centered care for individuals affected by sexual assault in Iowa, and for individuals affected by sexual and domestic violence in Illinois. Our free services include a 24-hour crisis hotline, legal and medical advocacy, long and short-term counseling, transition assistance for domestic violence survivors, and violence prevention education programs.
Population Served	Individuals affected by sexual assault
Duties	Assist with medical advocacy
Hours	Varies
Requirements to Volunteer	Need to complete 30 hours of volunteer training prior to volunteering.

Updated: 11/4/15

Name of Agency	RIYO (Refugee Immigration Youth Organization)
Address	620 West 5th Street, Waterloo, IA 50702, (319) 349-7061
Contact Person	Joana Lwin, decepaw14@icloud.com
Purpose	RIYO's mission is to create a bridge between refugee youth and the resources and opportunities they need to imagine what's possible for their future and feel confident in their ability to succeed. Est November 2022, RIYO is an organization by and for refugee youth to expand their world of possibilities through advocacy, education, and community development. RIYO seeks to serve as a voice for refugee youth in Waterloo and advocate for their needs.
Population Served	RIYO serves 8-12th grade ELL Students in the Waterloo school districts. The agency also supports their parents with

	referrals and education about post-secondary opportunities.
Duties	Assist with Youth Navigator Program
Hours	M-F 9AM to 5PM, occasionally weekend or evening activities

Jan 2024 JB

Name of Agency	Salvation Army
Address	89 Franklin St, Waterloo, IA; www.sawaterloo.org
Contact Person	Niki Litzel , Community Resources Coordinator, Nicole_Litzel@usc.salvationarmy.org, 319-235-9358 ext. 103 Grace Kole, Grace_Kole@usc.salvationarmy.org
Purpose	The Salvation Army of Waterloo/Cedar Falls has been fixture in the Cedar Valley for over 115 years. Bridging the gap that often exists between church and social service, The Salvation Army provides holistic ministry designed to meet the spiritual, emotional, and physical needs of those we serve.
Population Served	Children and adults in need of food, clothing, financial assistance, shelter, positive recreational activities
Specific Events	Nov Intakes for families (9-12 shift; 4-6 shift) Assist families in signing up for Christmas Assistance (toys, food). Dec Toy Distribution (9-12 shift; 1-4 shift; 5-7 shift) Assist families with shopping for toys and food as well as and restocking items.
Volunteer Duties	Meal Program Assistant- Individuals & Groups - Assist the cook in preparing a free lunch for the community. Meals are served daily Thrift Store (Ongoing) – Restock, fold clothes, help customers Canteen (Emergency Disaster Service) - Serving already prepared food and beverages to those in need. Distribute food and supplies in devastated areas. Mentor (School year) - The FAC is a free place for students ages 6-14 to spend their free time in an environment that is safe, fun, and friendly. The FAC opens at 3PM on Monday, Tuesday,

Thursday, and Friday and at 2PM on Wednesday.

Mentor (Summer Activities) - The FAC is a free place for students ages 6-14 to spend their free time in an environment that is safe, fun, and friendly. The FAC is open 10 am- 6 pm, Monday thru Friday during the summer.

The first hour the FAC is open is spent tutoring students with homework while the students without homework are engaged in other learning activities. After the first hour we give students daily opportunities to participate in a variety of activities such as playing board, computer, and video games, drawing and coloring, watching movies, and playing active games in the gym. We also offer students various other opportunities on a weekly or monthly basis such as Character Building, mentor-ship (6 grade +), and other various activities. Our students are required to uphold a set of basic standards and obey a specific set of rules in order to attend the FAC and continue to participate in the various activities.

Food Distribution/Preparer - Help with sorting, bagging, and getting items ready for our daily food distribution (when we have overages of product to give out to the public). Help to distribute food to the public.

Office Assistant - Assist staff with answering phones, data entry, filing, assisting with special events and etc.

Clerical/Data Entry Assistant - Must possess competent computer knowledge in programs including but not limited to Microsoft Word, Excel, Email and web-based applications. Must be detail-oriented, organized, work independently, have basic social and telephone skills. Must be comfortable interacting with potential and current volunteers (and clients) in-person.

Women's Shelter Volunteer - Assist staff with processing donations, cleaning and sorting closets/ pantries.

Sorter at the Salvation Army Thrift Store - Sort and tag donated merchandise, provide customer service, light cleaning, display merchandise, and etc. We are also looking for someone to assist in testing electronics/ appliances.

Hours	<p>Varies; Flexible</p> <p>If looking for Saturday only: Our Family Thrift Store is our only available weekend volunteer opportunity. Volunteering would involve helping sort clothing and other gently used household items that get donated at our store for us to re-sell at a low cost. The proceeds from our Thrift Store get put back into our programs. The store is open on Saturday 10am - 5 pm.</p> <p>If your student is interested in that, he/she would need to stop in and fill out a volunteer application and meet with Nikki.</p>
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Updated Sept 2016 JB, Emailed 4/23/20 MS

Name of Agency	Social Action Inc
Address	2307 Falls Ave., Suite 1, Waterloo, IA 50701
Accessibility to site	Requires a car
Contact Person	David Goodson, Executive Director, dgoodson@bakariinc.com (319) 504-1997
Purpose	Empowering youth to pursue their dreams and achieve their goals; women's group programming; domestic violence programming
Population Served	Juvenile offenders ages 14-19, victims of domestic violence
Duties	Help organize materials for programming and groups, answer phones, group programming observations
Hours	Varies
Requirements to Volunteer	None

Updated Feb 2016 JB, Emailed 4/23/20 MS

Name of Agency	Sioux YMCA - Cheyenne River Sioux Tribe Reservation
Address	P.O. Box 218 1B Street, Dupree, SD 57623, www.siouxymca.org
Accessibility to site	Out of State

Contact Person	(605) 365-5232
Purpose	The Sioux YMCA believes in working with community members rather than doing for. By working with community members we establish sustainable programs and change; we can empower.
Population Served	Children from the Reservation
Duties	<p>Youth Programmer: assisting with our summer program, teen, tween, after school, and adult programs</p> <p>Counselor: talking with and advising children and teenagers in various communities and schools</p> <p>Community Programmer: assisting with physical and structural maintenance of community and YMCA buildings and starting classes and family programs in rural communities. This may include traveling to tribal schools or a community placement</p> <p>Administrative assistant: aiding the executive director and book keeper with office tasks. Examples include receipt keeping, grant writing, writing policies, putting together our newsletter etc.</p>
Hours	As a community volunteer you will become a part of the community and will be working on “community time.” This means you will not have a simple Monday-Friday 9 am-5pm schedule.
Requirements to Volunteer	<p>The Sioux YMCA requests that long term volunteers commit for a minimum of three months and a maximum of one year.</p> <p>The Sioux YMCA provides housing, including utilities, for long term volunteers. Y housing is fully furnished including dishes, sheets and bedding, furniture, and laundry. It is possible that you may be sharing a room with other volunteers or staff, especially during the summer months. Housing is within minutes walking distance of the YMCA, the bank, and the grocery store in town.</p>

Updated: November 2015 JB, Emailed 4/23/20 MS

Name of Agency	Special Olympics
Address	UNI Campus - UNI dome
Accessibility to site	On campus
Contact Person	Lisa Jamieson, Special Olympics, Volunteer Coordinator, neiowaso@gmail.com
Purpose	Buddies at Special Olympics
Population Served	Individuals with disabilities

Updated: 5/20 MS

Name of Agency	Spectrum Project (www.uni.edu/spectrum)
Address	Local school buildings
Accessibility to site	Needs own car/transportation to site
Contact Person	Kevin L. Droe, Ph.D., UNI Associate Professor of Music Education Russell Hall 069, Cedar Falls, IA 50614-0246 319-273-3073, kevin.droe@uni.edu
Purpose	This project combines music, dance, art and drama into a production where children with disabilities come up with the ideas and UNI students help direct it into a show.
Population Served	Children with disabilities, ages 6-18
Duties	Volunteers serve as buddies to help performers in music, dance, art and drama activities. Volunteers receive training and are provided support by an eight member support team. No experience in art, dance, drama or music is necessary to be a buddy.
Hours	Rehearsals will be Saturdays at 1:00 PM at Lincoln Elementary in Cedar Falls. The project lasts for 12 weeks and each volunteer will complete at least 30 hours.
Requirements to Volunteer	Volunteers must attend rehearsals to be with performers. The performers in Spectrum Project are a special population of

	children who rely on their buddies for support.
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Emailed 10/20/15 Emailed 9/15/16 no response AC, Updated 5/20 MS

Name of Agency	St. Croix Hospice
Address	7504 ½ University Ave. Cedar Falls, IA 50613
Website	stcroixhospice.com
Contact Person	Vicky Fonley- 641-426-0215 vfonley@stcroixhospice.com
Purpose	Companion and Vigil Volunteers for Hospice Patients
Population Served	Varies- 10-25 patients
Duties	Volunteers are companions to our patients by offering to listen to life review, play cards, go for walks, anything that will give quality of life in this stage of life. Our Vigil program offers presence to those patients actively dying, and support to their loved ones.
Days and Hours	Variable- Convenience of Volunteers
Other	

Feb 2020 (JB)

Name of Agency	The Bird House- The Hospice Home of Johnson County
Address	8 Lime Kiln Lane NE, Iowa City, Iowa 52240
Contact Person	Rebecca Carver, Family and Volunteer Coordinator, hhjcvolunteer@gmail.com

Purpose	End of Life Care in a home-like setting
Population Served	Adults who are in hospice care
Duties	Volunteers assist with household needs such as cleaning, cooking, some direct care with guests, outside yardwork, office help.
Hours	2 hour shifts that volunteers self-select
Requirements to Volunteer (i.e., CPR trained, valid driver's license, etc..)	Transportation is necessary because the Bird House is in a residential area and is not near the bus line or the University.

Date: July 30, 2019

Name of Agency	<p>The Crisis Center of Johnson County</p> <p><i>Before you volunteer at The Crisis Center, it's important to understand what's entailed. Food Bank volunteers are required to complete one evening of training, held a couple times each month as needed; Crisis Intervention volunteers are required to attend about 60 hours, with some training being available online beginning summer 2018. There is no training requirement for Mobile Pantry volunteer shifts.</i></p>
Address	1121 Gilbert Court, Iowa City, IA 52240-4528, (319) 351-2726
Contact Person	Liz Orton, Community Outreach Coordinator, liz.orton@jccrisiscenter.org , (319) 784-8814

<p>Purpose and population served</p>	<p>The Crisis Center of Johnson County is a volunteer-driven organization that provides immediate and non-judgmental support for individuals facing emotional, food, or financial crisis.</p> <p>Volunteers are the heart of The Crisis Center.</p> <p>Our clients depend on a diverse group of hundreds of volunteers who keep our programs running smoothly. Over the course of a year, volunteers donate more than 25,000 hours of their time to The Crisis Center.</p>
<p>24-Hour Crisis Line and Crisis Chat</p> <p><i>*Possibility of volunteering from Waterloo/Cedar Falls area (ask Jenny Becker about pdf description of this opportunity).</i></p>	<p>The Crisis Center provides crisis intervention services through our 24-Hour Crisis Line and Crisis Chat programs. Volunteers learn a wide variety of counseling techniques and offer direct support to clients in need. The training and experience are excellent preparation for those pursuing careers in health care, social work, or related fields.</p> <p>REQUIREMENTS:</p> <p>Complete volunteer application form found at: jccrsisicenter.org/volunteer-now</p> <p>Age 18 or older</p> <p>Complete crisis intervention training on either Monday or Thursday nights (dates on website), or online training available summer 2018</p> <p>Commit to a weekly 3-hour shift for at least 9 months</p>

<p>Food Bank and Emergency Assistance</p>	<p>The Crisis Center provides supplemental food assistance and emergency financial assistance to about 1,000 local families each week at The Crisis Center. Volunteers perform a wide range of tasks, including stocking shelves, assisting clients, and help with administrative tasks.</p> <p>Complete volunteer application form found at: jccrsisicenter.org/volunteer-now Age 16 or older Complete one 4-hour training session Commit to a weekly 3-hour shift for at least 6 months</p>
<p>Mobile Food Pantry</p>	<p>The Crisis Center provides monthly food assistance to residents of underserved mobile home parks in Johnson County. Volunteers are needed to transport food to and from the pantry sites, assist clients, and help with administrative tasks.</p> <p>View available shifts and sign up online One-time or ongoing volunteers Age 16 or older Open to groups of 2 to 6 people</p>
<p>School Food Pantry</p>	<p>The Crisis Center serves students at Elizabeth Tate High School in Iowa City through the School Food Pantry. Volunteers are needed to transport food to and from the pantry sites, assist clients, and help with administrative tasks.</p> <p>Complete volunteer application form found at: jccrsisicenter.org/volunteer-now Age 18 or older Commit to a weekly 3-hour shift for at least 6 months Undergo background check</p>

Date: January 2018 JB

Name of Agency	Try Pie
Address	522 Mulberry, Waterloo, IA 50703 (319) 404-7008 https://www.trypie.org/
Contact Person	Sarah Helleso, shelleso@trypie.org
Purpose	Empowering a diverse group of teen girls in life and leadership skills through meaningful work.
Population Served	9th-12th grade teen girls, Cedar Falls, Waterloo, surrounding school districts (currently have 16 teens employed).
Duties	Assisting with mentoring program related to job skills, financial literacy, faith development, and reconciliation with community; teens involved with program for 3 years

Date: Sept 2024 (JB)

Name of Agency	UNI CENTER FOR ACADEMIC ACHIEVEMENT
Address	UNI-CUE, 800 Sycamore Street, Waterloo, Iowa 50703
Contact Person	Nancy Scoggins-Rose, (319) 273-4771, nancy.scoggins@uni.edu
Purpose	UNI-CUE needs volunteers to serve as tutors in its Tutoring Center, which has a waiting list of K through 12 students who need tutoring assistance.
Population Served	Students K through 12
Duties	Academic tutoring

Updated: 9/24/15 - JB

Name of Agency	UNI Military and Veteran Student Services
Address	111-G Maucker Union (plaza level), Cedar Falls, Ia 50614-0166

Contact Person	Chiquita Loveless, Assoc Dir MVSS & Retention Initiatives Department:Diversity, Inclusion & Social Justice chiquita.loveless@uni.edu
Purpose	Our role is to support military members, veterans, and their families at UNI as they transition between military duty, college, and new careers. We are committed to faculty and staff education, on and off campus resource networking, advocacy, and listening to each student to ensure that each military affiliated students' voice is heard and they are empowered to achieve success in class and beyond.
Population Served	Military and Veteran students and their families
Duties	Addressing individual needs, problem solving process, collaboration with on and off campus resources, outreach, written work, program development, program promotion, administrative processes and duties.
Hours	Flexible
Requirements to Volunteer (i.e., CPR trained, valid driver's license, etc..)	Commit to the hours agreed upon.

Updated 9/26/16 AC, Updated 1/22/20 JB

Name of Agency	UNI Panther Pantry - Student Life & Event Services
Address	UNI Campus - Maucker Union 319-273-6849
Website	www.uni.edu/studentlife
Contact Person	Morgan Petersen, Graduate Assistant, pantherpantry@uni.edu OR Connie Hansen, constance.hansen@uni.edu
Purpose	Student Life & Event Services exists to encourage community interaction and enhance University life. We

	accomplish our mission by: providing services; maintaining facilities; and hosting programs and activities for students, faculty, staff and the greater community.
Population Served	Students on campus with food insecurity
Duties	Food pantry duties
Days and Hours	Varies

Date: 5/14/2020 JB

Name of Agency	United Way of Story County - Summer Food and Enrichment Programs
Address	Story County-Ames, Huxley, Colo, and Nevada
Contact Person	Jean Kresse, President and CEO, United Way of Story County, 315 Clark Avenue, Ames, IA 50010, (515) 268-5142 jkresse@uwstory.org, www.uwstory.org
Purpose	The Summer Food and Enrichment programs in Story County are designed to decrease summer learning loss for children grades K-8. The curriculum adopted each summer aligns with the Public Library's summer theme, which will be released later this fall. Enrichment activities include literacy, STEM (Science, Technology, Engineering, and Math), physical fitness, and the arts. Nearly 300 children participated in the programs. Children also receive a meal during the programs.
Population Served	Children grades K-8th
Duties	Past student experience: staffing the literacy station; prepare material, games, and daily activities; read aloud, assisting the children in writing, and assisting team leaders.
Hours	Summer programming
Requirements to	Ability to drive yourself to the site

Volunteer (i.e., CPR trained, valid driver's license, etc..)	
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Updated 9/15/16 AC

Name of Agency	UnityPoint Hospice
Address	3731 University Ave, Waterloo, IA
Accessibility to site	Requires a car
Contact Person	Heather Hurd-Schneider, Heather.Hurd-Schneider@unitypoint.org
Purpose	Improve the health of the people and community we serve.
Population Served	Individuals of various ages who are receiving end of life care.
Duties	Provide companionship to people in their homes or facilities. Provide respite to caregivers. Siting and visiting with patient, direct contact with family, office duties (phone calls, mailings).
Hours	Flexible, based on family and patient needs

7-19-2023 JB

Name of Event	Vets Stand Down Event www.vetsstanddown.org
Event Address	Cedar Rapids, IA (in the past, this was held at Veterans Memorial Stadium)
Contact Person for Event	Jeanne Amosson (319) 320-2740, volunteer @vetsstanddown.org

Purpose	To assist in transitioning into community living with assistance and resources for living situations, legal issues, employment, and health care
Population Served	Homeless or nearly homeless veterans and nonveterans
Duties	Promotion, fundraising, volunteering at the event
Date/Hours	Typically held in the Fall (Sept or Oct), 8:00 a.m.-2:30 p.m. - full day volunteering expected

9/16/16 JB

Name of Agency	VICTIM WITNESS SERVICES
Address	Black Hawk County Attorney's Office
Accessibility to site	
Contact Person	Linda Meyers, (319) 833-3034
Purpose	
Population Served	Victims of all crimes.
Duties	Duties include meeting with victims of crime and answering their questions about the court process, making appropriate referrals. Other duties would include attending meetings and doing special projects along with office duties.
Hours	Monday-Friday 8:00am-4:30pm
Requirements to Volunteer	

Updated 10/5/16 AC

Name of Agency	Volunteer Center of the Cedar Valley www.vccv.org
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Address	2101 Kimball Ave., Suite 1414; Waterloo, IA 50702
Contact Person	Lauren Finke, Director Phone: (319) 272-2087 www.vccv.org
Purpose	Students can pick an agency of interest and by location from website listings

Updated 10/11/16

Name of Agency	Waterloo Community School District
Address	Various locations around Waterloo, IA
Contact Person	<p>Submit a volunteer application found at http://www.waterlooschools.org/volunteers/</p> <p>Application Procedure: Complete the application form. Some positions may require additional documents as is noted.</p> <p>Application Process:</p> <ol style="list-style-type: none"> 1. This process is a review of application and references. 2. Discussion Applicants will be contacted by the appropriate staff person to discuss level of interest and address any questions you may have. 3. Placement After any necessary paperwork, interviews or screenings you will receive confirmation of your placement and necessary materials (ie: maps). 4. Orientation Expect to set up a date and time to become oriented to the building you will be volunteering in or program you will be volunteering for. Thank you for your interest. Each completed application will remain on file. <p>For more information, please contact School & Communication Relations at (319) 433-1826.</p>
Purpose	We value the dedication, energy, compassion and time of each volunteer, as they work to enhance the educational experience of our youth.

Population Served	Students in the Waterloo Public School System
Duties	Our volunteers serve in multiple roles in our schools — many serve as mentors, while others serve as tutors.
Hours	Typical school hours
Requirements to Volunteer	The reality today is more and more places that allow volunteers to work with children are doing background checks or other screenings to ensure the safety of the children AND the adult volunteers. Waterloo Schools wants to do what's best for kids and implement a more thorough vetting process for its volunteers. It is certainly not required, but donations will be accepted if you would consider paying a small fee to cover your own background check (cost is \$12.00). Please make any donation check out to Waterloo Schools.

1/28/20 JB

Name of Agency	Waterloo Community School District-Waterloo West High School
Address	425 E. Ridgeway Ave., Waterloo, IA 50702
Contact Person	Sheila Houston, ELL Counselor, houston@waterlooschools.org, 319-433-2700 ex. 12240
Purpose	To provide full wrap around counseling and coordinate community services to our ELL population. Many ELL families are new to the community or in some cases to the United States. The stress of adaptation and language barriers put all of the ELL families in our program at-risk.
Population Served	Waterloo West High is one of 3 public high schools in Waterloo, Iowa. It serves approximately 1,650 students with an enrollment of 39% minority and 46% of the students receiving free lunch. West High is the only Waterloo public high school location for English Language Learners (ELL) services for students 9-12th grades. The ELL enrollment at West at this time is approximately 260 students

Duties	Provide response services as needed to ELL students. Common student inquiries are related to family survival needs, navigating community systems, at-risk situations within the home, relationship issues, interest in after-school activity and sports, employment questions, attendance and transportation issues, school-related stress and academic support requested, post-high school planning and overall counseling regarding social and emotional load of adapting to life in a new country and culture.
Hours	Monday through Friday 7:30-3:30
Requirements to Volunteer (i.e., CPR trained, valid driver's license, etc..)	Problem-solving abilities are a must. Familiar with learning another language is helpful. Must be able to balance many inquiries and responses at one time. This is a fast paced setting that requires thoughtful and culturally sensitive responses.

Date: Jan 2019 (JB)

Name of Agency	Waypoint
Address	1515 Lafayette Street, Waterloo, Iowa; 318 Fifth St. SE Cedar Rapids, IA 52401 (both locations take volunteers)
Accessibility to site	Requires a car
Contact Person	Brittany Appleton, bappleton@waypointservices.org , 319-365-1458 ext. 6118; or Nelly Hill, nelly@waypointservices.org , 319-365-1458 ext. 6159
Purpose	Domestic Violence Victim Services
Population Served	Individuals and their families experiencing domestic violence
Duties	Assist individuals experiencing controlling, abusive partners. Ideal candidates are non-judgemental, compassionate, encouraging, and empowering. Volunteers may support victims in medical and legal settings, providing emotional

	support, information, resources, and further assisting victims in navigating the legal and medical system; over the phone, providing emotional support and resources/referrals during business hours, and in individual and group settings.
Hours	
Requirements to Volunteer	Application, interview, reference check, free 32 hour training and background check--can take a month or longer depending on the availability of training.

Updated 9/15/16 AC

Name of Agency	WESTERN HOME COMMUNITIES
Address	420 E. 11th Street, Cedar Falls 50613
Accessibility to site	In Cedar Falls, walking distance from campus
Contact Person	Carolyn Martin (Ext. 230), (319) 277-2141
Purpose	Western Home Communities is a charitable Christian service organization that assertively creates fulfilling lifestyles for seniors, their families, and our employees.
Population Served	Ages 55+
Duties	Volunteers engage in various activities including: one on-one visits (requires a once a week commitment); helping with activities and special projects; and transporting and accompanying residents to appointments. Other activities include: shopping at College Square Mall, flower arranging, serving refreshments after funerals, library cart, making birthday and holiday favors, subbing in the store, entertainment and many others.
Hours	Monday through Friday, 8:00-5:00, flexible as needed

Date: Spring 2014 Left message 9/15/16 no response AC

Name of Agency	Westside Christian Daycare and Preschool
Address	3908 West River Drive, Davenport, IA
Accessibility to site	Requires a car
Contact Person	Anne, 563-323-3800
Purpose	
Population Served	Children with educational needs and staff
Duties	Volunteer can be a mentor, conversation partner and an aide to staff.
Hours	Weekdays between 5:30am-6pm, hours are flexible.
Requirements to Volunteer	Application, orientation and background check, process takes about 2 weeks to complete.
Level of difficulty for completing hours	Very easy

Updated 9/15/16 AC