

## Counseling Resources

### *Bayshore Counseling -*

1634 Sycamore Line  
Sandusky, Ohio 48870  
419-626-9156

304 Madison St.  
Port Clinton, Ohio 43452  
419-734-5535

- Children, Adolescents, Teens, Adults, Families
- Treatment of Mental Health and Emotional/ Behavioral Disorders
- Drug and Alcohol Treatment

### *COPE*

106 W. Water St.  
Oak Harbor, Oh. 43449  
419-707-0673

- Children, Adolescents, Teens
- Treatment of Mental Health and Emotional/Behavioral Disorders

### *Co-Pilot Counseling*

164 W. Water St.  
Oak Harbor, Ohio 43449  
419-559-9418

- Children, Adolescents, Teens, Families
- Treatment of Mental Health and Emotional/Behavioral Disorders

### *Compass Behavioral Health*

915 Croghan St.  
Fremont, Ohio 43420  
419-458-3100

- Children, Adolescents, Teens, Adults, Families
- Treatment of Mental Health and Emotional/Behavioral Disorders
- LGBTQIA+
- Group Counseling

### *Firelands Counseling and Recovery Services*

675 Bartson Rd.  
Fremont, Oh. 43420  
419-332-5524

1925 Hayes Ave.  
Sandusky, Oh. 44870  
419-557-5177

335 Buckeye Blvd.  
Port Clinton, Oh. 43452  
419-734-2942

- Children, Adolescents, Teens, Adults, Families
- Treatment of Mental Health and Emotional/Behavioral Disorders

### *Harbor Behavioral Health*

3909 Woodley Rd.  
Toledo, Oh. 43606  
419-725-3330

123 North 22nd St.  
Toledo, Oh. 43604  
419-241-6191

800 Commerce Dr.  
Perrysburg, Oh. 43551  
419-872-2419

- Children, Adolescents, Teens, Adults, Families
- Psychiatric Services
- Treatment of Mental Health and Emotional/Behavioral Disorders

### *Healthy Minds Counseling*

219 S. Front Street, Suite 301  
Fremont, Oh. 43420  
419-603-4387

- Children, Adolescents, Teens, Adults, Families
- CBT; DBT; Motivational Interviewing; and Solution Focused Therapy

### *Lutheran Social Services*

512 E State St.  
Fremont, Oh. 43420  
419-334-3431

3941 N. McCord Rd.  
Toledo, Oh. 43617  
419-517-7553

- Children, Adolescents, Teens, Adults, Families
- Alcohol and Drug Addiction Treatment
- Treatment of Mental Health and Emotional/Behavioral Disorders

### *ProMedica Behavioral Health*

710 Cleveland Ave.  
Fremont, Oh. 43420  
419-334-6619

- Children, Adolescents, Teens, Adults, Families
- Psychiatric Services
- Treatment of Mental Health and Emotional/Behavioral Disorders

## Inpatient Treatment Facilities

**Arrowhead Behavioral Health - Inpatient Treatment with Outpatient options**

1725 Timber Line Rd.  
Maumee, Oh. 43537  
419-891-9333

**Children's Resource Center - Comprehensive mental health services for those up to age 24.**

1045 Klotz Rd.  
Bowling Green, Oh. 43402  
419-352-7588

**Cullen Center at ProMedica Hospital - Pediatric assessments and behavioral health services.**

2150 Central Ave.  
Toledo, Oh. 43606  
419-291-7919

**Firelands Regional Medical Health Center - Addiction treatment; crisis care; and inpatient treatment.**

1925 Hayes Ave.  
Sandusky, Oh. 44870  
419-557-5177

**Sun Behavioral Health - Adolescent Inpatient and Intensive Outpatient Behavioral Health services.**

900 E Dublin Granville Rd.  
Columbus, Oh. 43229  
614-454-3911

**Surest Path - Inpatient Addiction Recovery services.**

825 June St.  
Fremont, Oh. 43420  
567-280-4531

**University of Toledo Kobacker Center - Child/Adolescent inpatient treatment center.**

3000 Arlington Ave.  
Toledo, Oh. 43614  
419-383-3815

**Windsor-Laurelwood Center - Partial Inpatient treatment for mental health/substance use disorders.**

35900 Euclid Ave.  
Willoughby, Oh. 44094  
440-953-3000

[Zepf Center](#) - *Adult and Youth inpatient; mental health; and substance use treatment.*

508 N. Hawley St.  
Toledo, Oh. 43607  
419-841-7701

## Psychiatrists

Dr. Jatinder Rana  
668 Miami St.  
Tiffin, Oh. 44883  
419-447-0269

NOMS - psychiatric nurse practitioner on staff - 419-626-6161  
1359 E. McPherson Hwy,  
Clyde, Oh. 43410  
419-626-6161

Dr. Vishwas Mishalkar  
2770 Centennial Rd.  
Toledo, Oh.  
419-794-0567

Dr. Catherine Holladay  
1717 E Perkins Ave.  
Sandusky, Oh.  
419-624-8330

Dr. Ryan Travis  
710 Cleveland Ave.  
Fremont, Oh.  
419-334-6619

Stephanie Tiell, Psychiatric Nurse Practitioner  
715 S Taft Ave.  
Fremont, Oh.  
419-334-6619

UToledo Health  
1400 E. Medical Loop  
Toledo, Oh. 43614  
419-383-5695