May 18, 2020

L30 Coaches,

I hope all of you had a chance to see Governor Herbert's announcement on Thursday or read about it in the news. Things are opening up for soccer in Utah. With the announced move to Yellow starting Saturday May 16th we can now have contact again. We no longer need to maintain 10 feet between players and we can scrimmage.

To take advantage of the Yellow Phase training, we must be in compliance before any team can move forward. Steps are outlined below that will need to be met by each team to get approval to start training.

A team that has already been approved for Orange or 'Modified Trainings' is already approved for Yellow phase. You don't need to be re-approved. You are still accountable to know and follow the Yellow Phase Guidelines.

We are confident we can count on you to be compliant.

In the midst of the excitement of returning to the pitch, it's easy to miss the apprehension that a large group of people feel about this decision. As in all things, not everyone feels the same way about a return to Yellow Phase training at this time.

With that said, it is League 30's position that any team training or function of any kind will continue to be 100% Voluntary. This will be an individual player and their family's decision.

This will remain in effect until June 7th.

Before teams can resume these Yellow Phase training sessions, each TEAM must be in compliance with ALL of the requirements. If you have an questions about the Yellow Phase Training protocols, feel free to contact the L30 Safety Officer at L30Jenn@gmail.com

LEAGUE 30 YELLOW PHASE TRAINING Restrictions

UYSA Training Restrictions:

- No spectators allowed
- Practices must be conducted outdoors
- Players with fevers or other symptoms are not permitted to practice

- Players/coaches must use hand sanitizer before, during breaks, and after practice No Congregating Policy for players or parents in parking lots, at drop off zones, at entrance/exit areas of facility, or before or after training session
- Compliance with all local and state guidelines

Coach Requirements:

- Coaches must always wear PPEs when addressing the team or players within a 6ft radius
- Limit equipment brought to practice, disinfecting all equipment before / after use
- Do not allow players to share pennies, other equipment, or water bottles
- Report confirmed cases of COVID-19 to L30 Safety Officer L30Jenn Fox I30jenn@gmail.com/ +1 (801) 420-0347. immediately and cease trainings.
- Any confirmed case of Covid-19 within a team will require cancellation of all training sessions for that team, and any other teams associated with that coach.
- Require parents to confirm their child is symptom free before attending training by answering three questions:
 - 1. Do you have a temperature at ≥ 38°C (100.4°F) or ≤35°C (95°F)
 - 2. Are you currently experiencing any symptoms including fever, cough, shortness of breath, lost sense of smell or taste, nausea/vomiting/diarrhea?
 - 3. Do you have anyone in your household that has tested positive for COVID-19, or exhibited a fever, cough, or shortness of breath?

L30 Specific Requirements:

1. Because L30 is one of the largest competitive team Member Organizations in UYSA, we will continue to require that each team have it's own COVID-19 Compliance Officer.

This person will need to fill out the <u>Compliance officer form</u> (linked here or on our league30.org website.). This person cannot be the Head Coach and/or the person running the training. They will be responsible for enforcing the following:

- No spectators allowed
- Practices must be conducted outdoors
- Players/coaches must use hand sanitizer before, during breaks, and after practice

- No Congregating Policy for players or parents in parking lots, at drop off zones, at entrance / exit areas of facility, or before or after training session
- Require parents to confirm their child is symptom free before attending training by answering three questions:
 - 1. Do you have a temperature at $\geq 38^{\circ}$ C (100.4°F) or $\leq 35^{\circ}$ C (95°F)
 - 2. Are you currently experiencing any symptoms including fever, cough, shortness of breath, lost sense of smell or taste, nausea/vomiting/diarrhea?
 - 3. Do you have anyone in your household that has tested positive for COVID-19, or exhibited a fever, cough, or shortness of breath?
- Compliance with all local and state guidelines
- 2. Each team not already approved from the Orange Phase (Modified Trainings) will fill out a <u>Yellow Phase Training form</u>, submit to <u>League 30</u> and receive approval before they can hold trainings.

Things that will be required on this form to be approved for Yellow Phase Training:

- Permission to use green space (NOT ALL fields are open at this time. Please don't use a closed field). This must be from the appropriate entity. You will be required to provide contact info of who you spoke with, any requirements that they may have to use the green space and the address of the green space you will use.
- Practice schedule. Include time, place and dates for the month of May. This provides League 30 with the necessary contact tracing information required to assist the local Health Department..
- Who your Team Compliance Officer is. Have them fill out their form BEFORE you submit your Yellow Phase form. See Step 1.
- Make a Declaration that you will require hand sanitizer for all players (players should bring their own and not share) and enforce its use, and to abide by the following:
 - Limit equipment brought to practice, disinfect all equipment before / after use
 - Do not allow players to share pennies, other equipment, or water bottles
 - Encourage players to bring their own balls to training
 - Require parents to confirm their child is symptom free before attending training by answering three questions:
 - 1. Do you have a temperature at $\geq 38^{\circ}$ C (100.4°F) or $\leq 35^{\circ}$ C (95°F)
 - 2. Are you currently experiencing any symptoms including fever, cough, shortness of breath, lost sense of smell or taste, nausea/vomiting/diarrhea?
 - 3. Do you have anyone in your household that has tested positive for COVID-19, or exhibited a fever, cough, or shortness of breath?
 - Report confirmed cases of COVID-19 to member organization immediately and

- cease trainings
- Compliance with all local and state guidelines.
- No Spectators
- Do NOT require player attendance until after June 7th.

3. Report any changes to your practice schedule and/or location on the <u>'Training Schedule Change'</u> form.

League 30 is excited for these new developments and we are working hard to make sure we, as an organization, and all our teams are compliant.

DO NOT

hold Trainings until your team has been approved to do so.

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Tryout dates & Registration for the next seasonal year

READ for DETAIL. This is going to be a complicated registration process with different kinds of registration openings. The idea behind this phased in registration/tryout is to allow those that don't need to have a tryout and just want to register for the same team they have played for in the past to register and get it done June 1st. For those that know players that they want to invite to their team and don't need them to tryout to offer the player a spot, you can do this June 8th. Tryouts for U9-12 can happen June 8th. Tryouts for U13-19 can happen June 15th. As always, if you have registration questions, email League30reg@gmail.com

- May 15th Coach Registration is OPEN. Submit your <u>TEAM SET UP REQUEST</u> today to get your assignment codes & post your contact/tryout info to the L30 website & social media.
- <u>June 1st</u> Registration opens for current players that were registered with L30 this past 2019-2020 seasonal year.
- <u>June 8th</u> Try-outs open for the U9- U12 age groups and registration opens for any player (a team can offer a spot and register a player who was not a member of L30 in the 2019-2020 seasonal year)
- June 15th Try-outs open for U13- U19 age groups

• JULY 10 - Deadline for teams to be applied to the Fall 2020 State Gaming League

Formal offers cannot be made until registration opens for each group as described above. All formal offers must strictly follow the tryout/offer policy found in section 6316 Tryouts 4. Process <u>linked here</u> and listed below, which includes allowing for a minimum or 48 hours for a player to respond to the offer.

and other items....

- HAND SANITIZER As a club we have a limited supply of free hand sanitizer to be handed out to our players that need it. Please email L30pres@gmail.com if you have players that need hand sanitizer.
- SPRING 2020 CANCELLATION REFUND request forms have been sent out to every U9-15 player this weekend to the email recorded in the player's Affinity profile. Emails to Academy, PlayOn & GU16+ are starting to go out this week. Players will have the opportunity to receive money back now, a credit towards next year or to donate their refund to our Covid-19 Relief fund to help those families in need register for next year. More details will be provided in those emails. If you have a U9-15 player and didn't receive an the refund form, please email league 30 reg@gmail.com

Tryout/Registration Offer Process/Requirements Process

- a. At tryouts, a player or his/her guardian may be required to sign appropriate liability releases and pay a reasonable tryout fee, but shall not be required to sign documentation requiring a commitment to join a Team or pay Team and/or Organizational Member fees.
- b. Unless the player is eighteen (18) or older, an offer to a player to participate on a Team must be made to the player's guardian in writing, which includes email, text, or website posting.
- c. An offer must include the following:

- 1. The date of the offer;
- (2) The name, age group, and level of the Team for whom the offer is made (notice of the level of Team made is not necessary for X-league teams); and
- (3) The time period in which the player has to respond to the offer, **which may not be less** than 48 hours.
- d. An offer is considered accepted, and a player is considered registered to a Team, at the occurrence of the earliest of the following on or after the registration opening date specified in policy 7325:
- (1)When the player completes the registration process in SOMS by or with the written authorization of the player's parents or guardian in accordance with the policies and procedures set forth in Section 7 of UYSA's policies and procedures; or
- (2) Upon delivery to a Team official of an executed Player Registration Form along with all waivers and acknowledgments and State Registration Fees, unless covered by a fee waiver.
- e. Once an offer is accepted, the player is deemed committed to the Team for the Seasonal Year, subject to the release rules set forth in the registration policies, Section 7.
- f. In the recruitment process, a Team, Organizational Member, or representative thereof may not make any representation that they know or should know is contrary to UYSA policy or actual fact.

Purchasing branded masks for your team:

• https://scoresports.com/score-masks-homage

Order free masks from Utah. Limit 6 per household

• https://coronavirus.utah.gov/mask/

Tutorials on making masks at home using a T-Shirt or other material (no sew):

- https://www.youtube.com/watch?v=r51YroAFPds
- https://www.youtube.com/watch?v=oPYp-kjiqtw

Tutorial on making homemade hand sanitizer:

• https://www.youtube.com/watch?v=eeY-FVia1Vg

Symptoms of Corona Virus (COVID-19)

• https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html