

Bicycle Nova Scotia

Annual Report, 2022-23

A Year in Review

BICYCLE.NS.CA

2022 BNS Board of Directors

Co-Chair, Recreation – Susanna Fuller

Co-Chair, Competition – lola doucet

Registrar – Nathaniel “Nat” Bowlby

Secretary – Vacant

Treasurer – Jeremy Leblanc

VP Gender Equity and Inclusion – Darryl Osborne

VP Education – Janel Hayward

VP MTB Competition – Dwight McLean

VP Off-Road Advocacy – Tracy Hey

VP Recreation and Touring – Rachel Mitchell

VP Roads, Bikeways and Advocacy – John Trites

VP BMX – Vacant

VP Road Competition – Shawn Marshall

VP Marketing – Shane MacInnis

VP Athlete Development – Jeff Houser

Event Coordinator – Lorenzo Caterini

Member-At-Large – Mary-Ellen Donovan

Member-At-Large – Andree Crepeau

BNS Staff

Executive Director – Mike Todd

Director of Blue Route Implementation and Cycling Advocacy – Brittney MacLean

AT Planner/Designer – Katherine Maclellan

Provincial Coach – Jon Burgess



Annual Report 2022

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Co Chair's Report

Susanna Fuller- Co-Chair Recreation and Active Transportation

2022 was full of changes and progress for Bicycle Nova Scotia. We hired our first ever full time Executive Director, and Mike Todd has seamlessly taken on the challenges of running a recreation and sport organization. Brittney McLean and Katherine McLellan joined our team as Director of Bikeways Advocacy and Blue Route Implementation and Active Transportation Planner respectively. We said goodbye to Alison Carlyle who returned to Ontario and to Meghan Doucette who joined the staff of the town of Bridgewater. We also said goodbye to Steve Bedard, our Director of Operations and we thank him for the amazing job he did in helping BNS develop better organizational systems, getting CanBike back up and running and making sure that our Women on Wheels program was a core part of our programming. Ally Lord stepped down from the Board of Directors to take on the WOW program coordinator during the fall of 2022.

After many years of work to have active transportation and cycling in particular seen as part of how Nova Scotia's move from place to place, we look forward to the start of consultations to develop Nova Scotia's first Active Transportation Strategy, which is now required by law by the end of 2023. We also welcomed the Climate Change Growth Plan for Nova Scotia and its inclusion of Active Transportation as a necessary part of reducing our greenhouse gas emissions.

We continue to advance all aspects of our strategic plan, and with the continued growth of cycling in Nova Scotia, for recreation and transportation - particularly growing ebike use, BNS is looking to make our membership process more streamlined, host a few group rides with our partners and continue our work to ensure that Nova Scotia is a safe place to ride.

Iola doucette- Co-Chair Sport

And now on the Sport side of the House, I am pleased to announce that through our hard work, we have scored well on our Sport Development Tool 2.0 and have qualified for increased funding in both the excellence and participation pillars. And we have received TLEP funding to increase our coaching capacity. We are currently hiring an assistant provincial team coach and we are also looking to hire a Sport Operations Manager to help with the running of the race sector. Small steps that should lead to big results over the next few years, with the focus on improving the race experience, club engagement, membership and increasing the number of officials.

The Race Calendar, while unusually small this year, is quite impressive. We are hosting the XCO Nationals in July, at our Kentville Canada Cup Course. For the next two years we will have an amazing opportunity for local athletes to be able to race against talent from across the country. These events will also provide opportunities for local officials to get training and mentorship with National level commissaires.

Coming in the Fall, I am pleased to announce that we will be hosting the inaugural Atlantic CX Challenge. Through the hard work of Lorenzo Caterini, we now have a local qualifying race for the CX Championships. Atlantic Canadians will no longer have to race in Ontario or Quebec to be ranked for Nationals. This will open up the sport for our small provinces and give us another National level event on this side of the country.

All this national level attention means we need to start thinking about a provincial training centre! Not to worry, this is already on our radar. We are currently working on a trail system that will service our membership and are looking forward to making its announcement later this year.

And I couldn't end my report without bragging about our Provincial Team. Say what? BRONZE?!!! Amazing!!

If you have been under a rock and haven't heard, the Nova Scotia Canada Games Men's Relay Team brought home some hardware this year, proving again that Nova Scotia might be small, but it is mighty. Liam Faubert, Ryan MacDonald and Eric McLean worked as a team, gave us 3 clean runs and did us all proud. I can't tell you how emotional it was to see all three of them take home medals as a team. It was especially rewarding, as this was our first group of athletes to go to Games who came through our Provincial Team program since its inception in 2018.

Looking forward to 2023 and building on all that has been achieved so far!

General BNS Operations Updates

- 59 Jerseys sold
- 134 Books Sold
- Hop On events held in Antigonish and Kentville
- New CAN-BIKE Instructors: 4 (Annapolis Valley, HRM and Argyle County)
- 5 CAN-BIKE Level 2 Courses offered, 1 CAN-BIKE Level 3 Course offered and 1 Level 4 CAN-BIKE Course Offered
- Blue Route Hubs Projects near completion in New Glasgow, Middleton and Annapolis Royal
- Our first, First Nations community participating in Hubs Programming!
- Team Nova Scotia places 3rd at Canada Summer Games MTB Relay event!
- Over 4400 Facebook Followers on our BNS, Blue Route and WoW Pages
- Over 2000 Twitter Followers on our BNS and Blue Route Accounts
- Over 2000 Instagram Followers on our BNS and Blue Route Accounts
- 13 Affiliated clubs
- 14 Competitive events, 2 Hop-On Sessions, 2 Recreational Events
- 3 new BNS Staff

BNS Representation by Board or Staff

- Provincial Blue Route Committee
- Provincial Active Transportation Team (PATT) Committee
- Physical Activity Practitioner Educators (PAPE) Committee
- HRM Active Transportation Advisory Committee
- NS Trails Federation Board of Directors
- Federations of Nova Scotia Municipalities AT Committee
- Cycling Canada's Interprovincial Council (IPC)
- Avon Active Transportation Committee
- Windsor Active Transportation Committee

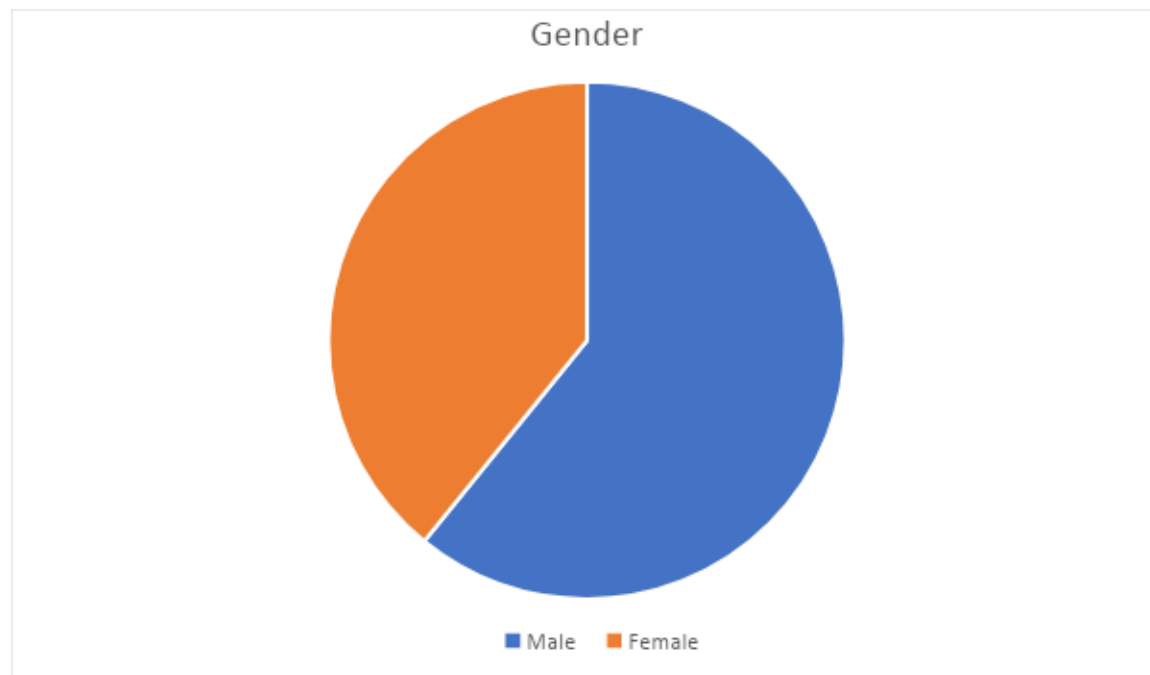


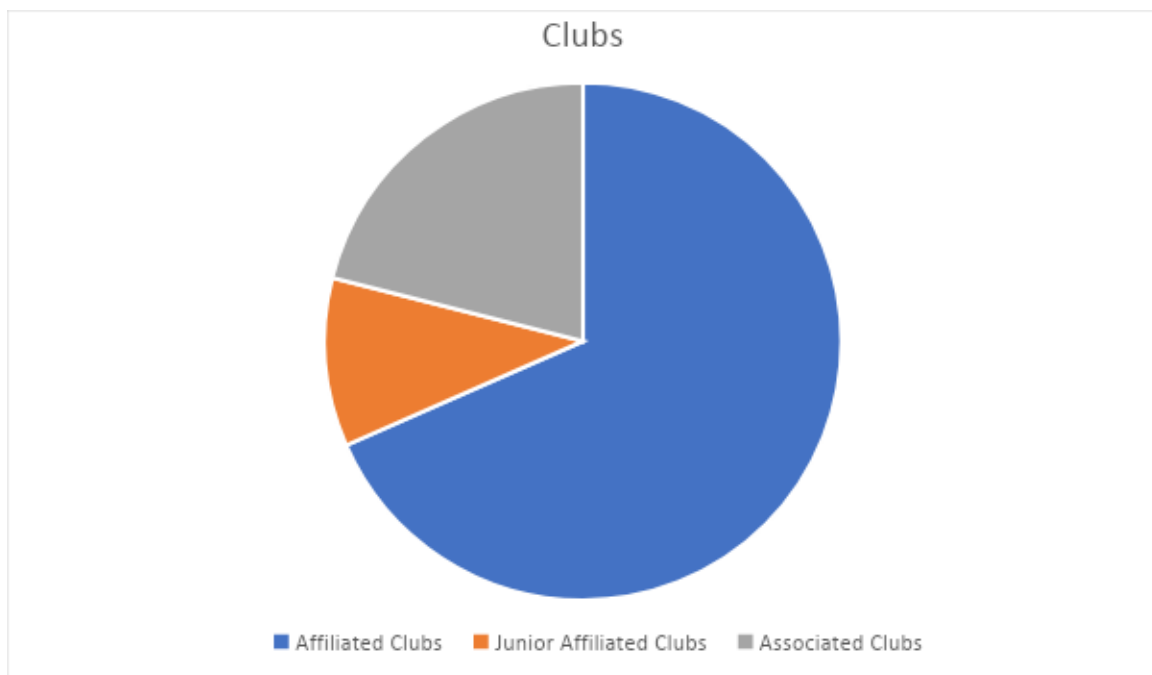
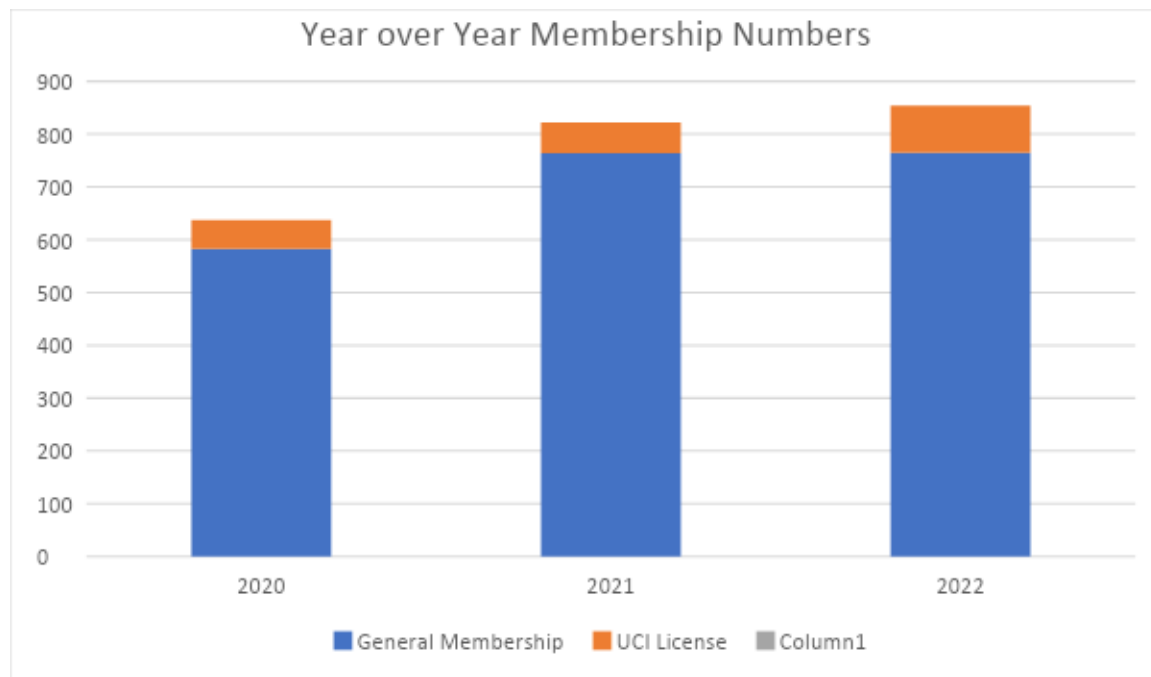
BNS Registrar's Report

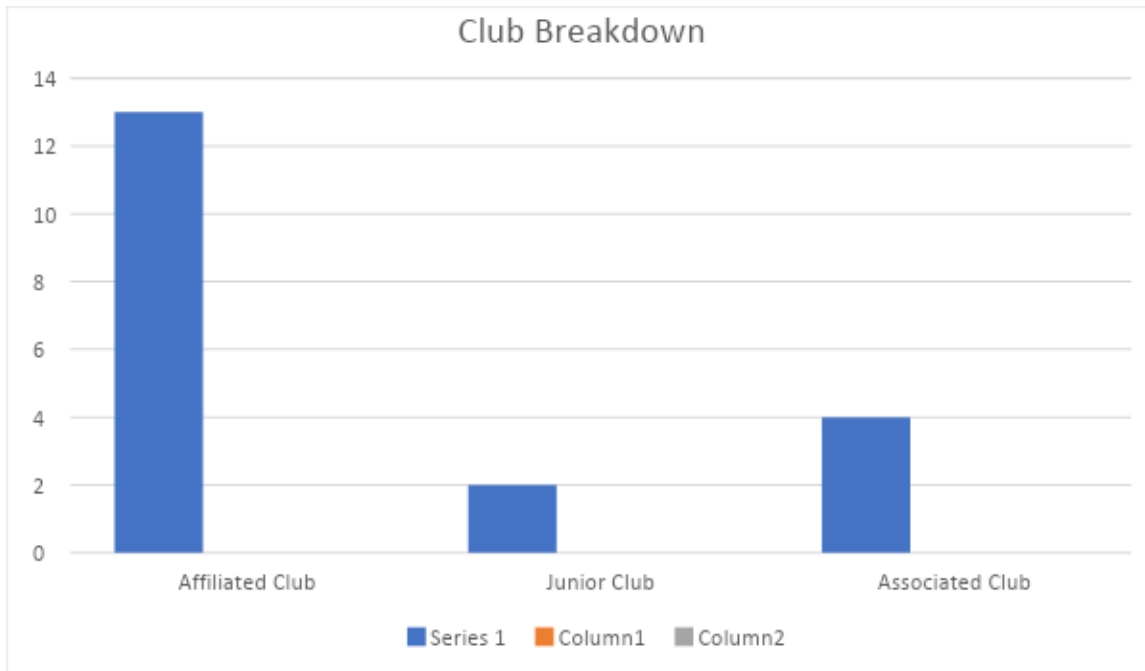
In 2022, overall membership numbers were relatively steady in comparison to past season. With major increases in UCI/Tech Licenses (61.8% increase over 2021) and WOW memberships (35.1% increase) and a decrease in Associated Club Membership, membership numbers kept even but revenue increased. Detailed membership numbers are laid out in the below graphs and charts

BNS Member Distribution

	Total 2022	Total 2021	% Change
Total Membership	1398	1366	2.3%
General Membership	529	475	11.4%
UCI/Tech License	89	55	61.8%
WOW License	104	77	35.1%
Provincial License	131	157	-16.6%
Associated Club Membership	545	602	-9.5%







Staff and Sector-led Projects

Executive Director Report: By Mike Todd

Let's start with an introduction. My name is Mike Todd and I am the new Executive Director at Bicycle Nova Scotia. Having been here a total of two months, I have talked to some of you and others I have yet to have the pleasure of meeting but the welcomes have been warm and I look forward to meeting and working with everyone enthusiastic about cycling across the province.

From all reports, 2022 was a banner season. Membership was up, NS won a medal at Canada Games, new communities were added to the Core AT project, races were run, trails were built and smiles were had by all as they pedaled near and far.

Now, as the snow falls, it is time to look forward and from my vantage point, 2023 is shaping up to be an amazing season. Our race calendar is out which has offerings in Road, Gravel, Cross Country MTB and Enduro so whether you are a seasoned racer or trying it out for the first time, there is something for everyone. Kentville is even hosting the Mountain Bike Cross Country Canadian National Championships! This will be an amazing opportunity to race, cheer and be inspired by the best our country has to offer. Remember, though, this isn't just a race for elites. Us normal folk can have plenty of fun in the age group categories, too.

Our Hop-on programming, which introduces youths to cycling in a safe, fun environment, is looking to grow and with Hop-On grants from Cycling Canada, this is made easier. Our Core AT projects have increased funding and therefore we are increasing reach to communities across the province. The provincial team has already been on a training camp in Bentonville, Arkansas to prepare for the

upcoming race season. WOW chapters and Clubs are preparing for warmer temperatures. Trails are being built and we are forever working on making the roads a safer place.

We have an amazing staff working for BNS, all of whom are experts in their fields and pushing the limits of what is possible for cycling in our province. Whether you are looking to advocate for safer roads or cheer on our High Performance Team and everything in between, BNS has you covered.

2023 looks bright. I cannot wait to meet all of you over the next year and to watch cycling grow stronger and larger as a community. Safe travels and enjoy the wind in your hair!

Blue Route Development and Cycling Advocacy Report: An Update from Brittney MacLean

The Blue Route is a province-wide project to create a continuous network of cycling infrastructure. By developing safe, well-connected cycling routes, the Blue Route will make it easier for Nova Scotians to get around the province by bike. Over the past year, there have been several commitments from the federal and provincial governments, as well as municipal governments across the province, to prioritize Active Transportation (AT) infrastructure. BNS is continually working with the province to push for commitments to infrastructure spending, establishing modal share targets, and a provincial plan for AT. In October of 2021, the Environmental Goals and Climate Change Reduction Act was passed with two commitments for active transportation, including infrastructure for communities and an AT strategy for Nova Scotia. BNS has been working to ensure that the AT strategy sets a clear direction for building a culture of cycling in Nova Scotia and is currently building an advocacy plan for the AT strategy in collaboration with other professional AT organizations with the goal of creating a strong, organized, united advocacy group.

In May 2022, Brittney MacLean joined BNS as Director of Blue Route Development and Cycling Advocacy and has been moving BNS' provincial engagement forward and working with municipalities across the province to advance cycling. In HRM, BNS has been engaged on several projects, including the Bedford Highway Functional Plan and the Peninsula South Complete Streets project. In the summer and fall of 2022, BNS, in collaboration with Halifax Cycling Coalition and Walk N' Roll, reached out to Municipal Council and HRM staff to advocate for concerns regarding a staff report published at Transportation Standing Committee about road widening for protected turn movements. Meetings with Council and HRM staff provided assurance that lane widening is a "last option" for dealing with intersections, and that the collective concerns were heard. BNS has also been engaged with the Cape Breton Regional Municipality active transportation plan that was recently passed in August 2022, and has reached out to numerous Municipalities throughout the province to gather information on the current states of AT planning and offer programming and support.

Blue Route Expansion

Throughout 2022, re-paving projects were completed by the NS Department of Public Works for the Blue Route on Highway 1 in West Hants, and in Pictou. Those projects will be completed by the end of the year, and BNS looks forward to Blue Route signage being put up and opening celebrations in the Spring of 2023. In 2021, BNS and the Halifax Regional Municipality posted signs to mark the COLTA Trail as the newest section of open Blue Route. With the addition of this trail, the Blue Route now connects the edge

of the Halifax Peninsula all the way to Lunenburg. The new Wayfinding signs along this trail now follow BNS's Bicycle Wayfinding Guide and help locals and visitors to navigate this high-quality infrastructure. HRM has been piloting a project over the past year to gather survey feedback on the signage on the COLTA trail. BNS is working alongside HRM to discover how the public interacted with the signs and where there might be room for improvements to the signage and BNS's Wayfinding Guide in the future.

Blue Route Hubs Project - Expanding Transportation Options for Residents of NS.

The Blue Route Hubs Project is a partnership between BNS and towns along the provincial Blue Route cycling network. We work with local governments, residents, and stakeholders to develop AT network plans and concept designs for a priority cycling route in each town.

Since 2018 we have worked with the following towns on the Blue Route Hubs Project:

- Bridgewater
- Lunenburg
- Mahone Bay
- Antigonish
- Wolfville
- Port Hawkesbury
- New Glasgow
- Annapolis Royal
- Middleton

These towns all have AT network plans in place and BNS is finishing the concept plans for New Glasgow, Middleton, and Annapolis Royal this winter. The next steps for implementing new AT infrastructure in towns that have concept plans include applying for funding from the provincial and federal governments, hiring consultants to do detailed designs, and then hiring construction companies to install the new infrastructure. Safe infrastructure that is designed for people of all ages and people with disabilities will establish new transportation options for people to walk, roll, and cycle for daily trips.

In June 2022, Katherine MacLellan joined Bicycle Nova Scotia as our new AT Planner/Designer, leading the work on this project in the Towns of Annapolis Royal, New Glasgow, and Middleton. The next round of the Hubs project will see three more projects and will be BNS's first time doing the Hubs project in a First Nations community- Wagmatcook First Nations, as well as the Municipality of West Hants (Windsor), and Victoria County (Baddeck).

In January of 2023, BNS was successful at receiving a \$50,000 grant from the National AT Fund to support the HUBS project for the 2022-2024 period. This money will go toward Engineering fees for concept designs and cost estimates, and will increase Katherine's capacity to pick up one additional HUBS project per year.



BNS HUBS engagement in Middleton with our Clean Interns, August 2022

With the support of the NS Department of Resources and Renewables, BNS is in the process of changing the name of the “Hubs Project” to the “Core AT Networks Project” for 2023, to better align with the language in the Environmental Goals and Climate Change Reduction Act.

Visit blueroute.ca/hubs to see project reports, participate in public engagement opportunities, and keep up-to-date with the project.

Facility Design Guide

BNS has been completing our Facility Design Guide this year- a resource for Nova Scotian communities to refer to as they invest in encouraging cycle ridership through infrastructure improvements.

The Facility Design Guide presents an approach to cycling infrastructure planning and design that draws from local and international best practices for use in the Nova Scotia context. By presenting six different designs that are used around the world, as well as the specifications surrounding them and a selection guide, readers can be better informed on the designs that will best fit the context and uniqueness of their community.

The guide provides information on the following types of infrastructure:

- Local street cycleways
- Advisory cycle lanes
- Painted cycle lanes and buffered cycle lanes
- Protected cycle lanes
- Raised cycle lanes
- Multi-use Paths and Trails

BNS is excited to have this resource available soon on the blueroute.ca website.

BNS and EAC Partnerships

In October of 2022, Bicycle Nova Scotia and the Ecology Action Centre transportation teams met with a third-party facilitator for two days to facilitate project sharing and goals in an aim to reduce BNS and EAC's project overlap and establish programs more effectively. Following the retreat, the group joined for a group ride. This was funded and supported by CCTH. The goals were to:

- Strengthen relationships between the two teams
- Grow familiarity with other's work
- Identify overlap in organizational visions, mandates, and programs to find efficiencies and opportunities for more effective partnership.
- Articulate the strengths, overlapping and differentiating areas of work of each organization so that they may more clearly communicate this to partners and funders.

The session made it clear that there is a hunger and willingness within both organizations to collaborate and align work in an effort to be more effective in shared advocacy and program delivery. At the end of the session, both organizations expressed desire for more time together to continue digging into work.

Since the retreat, BNS has collaborated with EAC on multiple cycling events with BNS's Women on Wheels coordinator (and previous BNS Board Member), Ally Lord, including a parent and children cycling gear introduction at the North Grove Community Centre, a newcomer's event for women and non-binary people at the YMCA, and a Film Screening at the Halifax Central Library. These collaborations provide enhanced experiences and resources for participants, encouraging more people to get involved with cycling- BNS looks forward to more opportunities and partnerships in the future!



BNS and EAC Workshop, October 2022



BNS and EAC group ride, October 2022



BNS and EAC at Women on Wheels Parents and Tots Event, North Grove Community Centre, October 2022

Team Nova Scotia

2022 proved to be both a demanding & rewarding season for our athletes. With the official end to covid sport/travel protocols and the rescheduled Canada Games, our goal was to make up for lost time and prepare athletes for Niagara.

Our provincial athletes took on an diverse winter training schedule with Winter fat bike camp, weekly XC skiing, trainer & strength sessions. This lead us straight into a series of season openers/provincial races, crit series races and the Canada Games athlete selection trials. Athletes competed across Mountain bike and road Disciplines to secure a spot and represent Nova Scotia in Niagara.

Amongst the selection chaos, Our provincial program lead several development projects aimed exposing athletes to national level competitors. In June, a project of CG athlete hopefuls attended the GP Charlevoix (3 day stage race) in Quebec, July we hit the road for 2 weeks attending the Sherbrooke MTB Canada Cup QC, & MTB National Championships in Ontario. I spent the month of August in Niagara at the Canada Games supporting week 1 & week 2 athletes as the competed against the nation's best.

Our athletes hard work paid off in week one, with the Men's MTB relay teaming winning a bronze medal (Eric Mclean, Ryan Macdonald, Liam Faubert), the first mtb relay medal for NS ever and all MTB male athletes placing inside the top 9 in the XCO (6th, 8th, 9th) (another NS Best)

Week 2 saw our road athlete compete in torrential downpours during the road race, and 40c heat in the crit. Highlights include 15 year old Julia Snelgroove needing special permission to attend Niagara & finishing 11th in the women's crit among 20-23 year riders.

The season finished up with athletes participating in our local cyclocross series under there own director.

I'm extremely proud of the commitment and dedication of our athletes. They've proved that Nova Scotia continues to be competitive on the national stage but that our athlete pool continues to grow in size and athlete depth. Thanks to the athletes, parents and cycling community members for supporting the program and its athletes.

Jon Burgess

Provincial Team Head Coach





Competitions Update

Below is the current 2023 calendar of events.



CALENDAR 2023		
01	AMP ROAD RACE (ROAD)	<i>23- APRIL</i>
02	THE M.A.R.C (MTB)	<i>30-APRIL</i>
03	BERWICK (GRAVEL)	<i>7- MAY</i>
04	NS RACE WEEKEND (ROAD)	<i>20/21/22- MAY</i>
05	KEPPOCH (MTB)	<i>4- JUNE</i>
06	VELO NB PROV CUP (ROAD)	<i>17/18 - JUNE</i>
07	WENTWORTH (GRAVEL)	<i>25 - JUNE</i>
08	IKEA CRITERIUM	<i>01-JULY</i>
09	RED MUD PEI (MTB)	<i>9- JULY</i>
10	DIEPPE CANADA CUP (MTB)	<i>13-16 JULY</i>
11	KENTVILLE MTB NATIONALS (MTB)	<i>22/23- JULY</i>
12	CANOE COVE RR PEI (ROAD)	<i>6- AUG</i>
13	KEPPOCH (ENDURO)	<i>9-SEPT</i>
14	STEWIAKE RR (ROAD)	<i>16/17 -SEPT</i>

Some exciting notes about the Calendar.

- We will be hosting the Canadian XCO and XXC Mountain Bike Championships (short track and long track) in Kentville this season and next. This is a great opportunity to showcase NS trails, our elite athletes and give the opportunity for younger kids to see what Mountain Bike Racing is all about
- In the fall, we will be hosting the Atlantic Qualifier for Cyclocross. More information will be upcoming but this will allow NS athletes to compete at nationals which will be great for our race scene. Thanks to Lorenzo for all his work on this.

Para-Sport Report

By: Darryl Osborne

Tri-A-Ride Paracycling has continued to be attended by a small but dedicated group throughout 2022. To encourage more participation within the last year, I have had posters created and circulated to physiotherapy clinics and other medical facilities. I have engaged with Parasport Nova Scotia and attended multiple community events promoting sport. I have established a connection with the IWK youth cycling program in hopes of being the next step when young people age out from that program.

Thanks to the support from Bicycle Nova Scotia, Cyclesmith, Bread 4 Bikes and Parasport Nova Scotia I have been able to secure funding to increase and improve the inventory of cycles. Not only have two cycles been added, but necessary adjustable foot pedals to make the equipment more beneficial to more people have been purchased.

During the summer of 2022 the weekly cycling program suspended operation in favor of loaning equipment to an eager group in Kentville. The goal was to encourage more paracycling exposure in a different area of the province. Also during last summer I was able to meet with operations people at the Emera Oval and confirm there are now adjustable foot straps available for paracycle riders use on any of the available equipment at the oval. I'm looking to build on that relationship and hopefully serve as a consultant for future equipment purchasing at the venue.

Over the past year I have tried to expand my reach into other areas of diversity, equity and inclusion by discussing the formation of a Diversity, Equity and Inclusion Committee. While Tri-A-Ride Paracycling began as a program for people with physical disabilities, it was never intended to be exclusive to that segment of the population.

Financial Statements

Bicycle Nova Scotia Balance Sheet

	2022	2021
Assets		
Current Assets		
Cash	42,192	103,432
Investments	354,646	255,000
Accounts Receivable	5,643	670
Prepaid Expenses	21,950	16,800
Inventory	15,940	19,896
Total Current Assets	440,370	395,798
Fixed assets, net of accumulated amortization	4,849	6,974
Total Assets	445,219	402,772
Liabilities and Net Assets		
Liabilities		
Accounts Payable	1,789	5,517
Restricted Funds, Blue Route	176,000	-
Restricted Funds, Hop on	31,236	-
Restricted Funds, Glace Bay-Dominion AT Corridore	7,545	-
Restricted Funds, MTB Development Fund	7,066	5,900
Restricted Funds, Chip Timing System	5,105	123
Restricted Funds, Sponsorship	500	1,700
Restricted Funds, Brunello Trail Development	-	20,000
Restricted Funds, Coal Town Trail AT Corridore	-	44,027
Restricted Funds, Para-Cycling	-	10
Total Liabilities	229,241	77,277
Opening Net assets	325,495	277,526
Organizational Surplus (Deficit)	(109,517)	47,969
Total Net Assets	215,978	325,495
Total Liabilities and Net Assets	445,219	402,772

Bicycle Nova Scotia Profit and Loss Sheet

	2022	2021
Revenue		
Administrative Revenue	7,793	43,911
Competition and Development Revenue	106,818	98,239
Member Services, Training, Education, Design (MTED) Revenue	219,766	227,075
Total Revenue	334,377	369,225
Expenses		
Administrative		
Wages and Salaries	45,237	47,237
Insurance	24,628	22,361
Transaction fees	12,772	5,611
Rent	11,744	10,372
Office supplies	7,231	2,133
Advertising	5,863	1,720
Communication Expenses	3,626	230
Cost of merchandise sold	3,583	4,706
Utilities	3,137	4,092
Software expenses	1,115	1,474
Interest and bank fees	427	311
Total Administrative Expenses	119,362	100,246
Competition and Development (C&D)		
Athlete development	42,645	38,482
Race expenses	23,075	21,430
Program costs	12,236	2,386
Travel	8,578	-
Supplies	4,255	7,116
Club fees	655	6,255
Total C&D Expenses	91,444	75,669
Member Services, Training, Education, Design (MTED)		
Wages and Salaries	145,049	123,014
Program costs	57,070	11,398
Events	21,683	5,399
Travel	2,818	-
Memberships	1,037	485
Total MTED Expenses	227,658	140,295
Depreciation	5,431	5,264
Total Expenses	443,894	321,474
Surplus (Deficit)	(109,517)	47,752

Voting Topics

Proposed bylaw changes for 2023 Annual General Meeting

General:

- Pending member agreement on AGM proposal to change Bicycle Nova Scotia to Cycling Nova Scotia, the name change will be made throughout the bylaws.
- Pending member agreement, addition of Executive Director will be made to the bylaws where appropriate.

Changes are proposed for the following sections

1. Section 1: Interpretation

1. Section 1.2 will be removed and gender neutral terms shall be used throughout.

2. Section 3: Membership

1. Section 3.3 Associate member shall be changed to Insured Member Organization and Self Insured Member organization to reflect the different types of cycling organizations in Nova Scotia. This is a change from Associated and Affiliated member organizations which is confusing and non-specific.
1. Section 3.4 Family membership will be added so that Cycling Nova Scotia has the option to add this to membership categories. Note that the functionality of this will need to be addressed through adding a new membership back end program for General Members, in addition to Zone 4 for competitive members.
1. Section 3.6 As Cycling Nova Scotia will endeavour to have membership be annual based on the date that membership was acquired, rather than the calendar year, change this for General members, competitive members and board of directors so that it is specific to each.
1. Section 3.9 Remove Committee reference except for Race Committee.

0. Section 4: Meetings

1. reflect that meetings may be held in person or virtually, and all rules apply regardless of platform.
2. 4.4 Add that a show of hands for voting includes in virtual settings.
3. Section 4.5: Replace existing Section 4.5 with the following:

An Annual General Assembly Meeting shall be for the purpose of:

1. Receiving the annual reports of the Executive and Standing Committees.
2. Receiving annual reports of the Executive Director and other staff Directors as requested.

3. Reviewing and voting on proposed bylaw changes or amendments.
4. Fixing membership fees for the following calendar year.
5. Such other business as may be agreed upon by the meeting.
6. Electing the Board of Directors as vacancies and term limits present.

0. Section 5: Board of Directors

a. Section 5.1: Composition

Replace current text with the following text below. Number of members is reduced to 12 to reflect effective governance and proposed new board positions which removes many of the VP positions.

- a) The BOD of the Association shall be composed of up to 12 members, elected by the General Assembly at the Annual General Meeting. All efforts will be made to ensure representation by at least 2 members outside of Halifax Regional Municipality, including but not limited to Cape Breton, the Annapolis Valley, the South Shore and Yarmouth area. Board membership will be comprised of 2-3 members with interest and expertise in competition and 2-3 members with interest, expertise in transportation advocacy, recreation and touring and cycling education. Cycling Nova Scotia will work towards gender inclusiveness (both within and beyond the gender binary) on the Board of Directors. The nominating committee will be responsible in ensuring that these directives are upheld on an annual basis.

- b) The Board or Directors shall comprise the following positions:

- 1.Co-Chair, Recreation and Advocacy
- 2.Co-Chair, Competition
3. Treasurer
3. Secretary
4. Registrar
5. Gender Equity and Inclusion Representative
6. Competition Representative
7. Competition Representative (Events Coordinator)
8. Transportation, Recreation Representative
9. Transportation, Recreation Representative
- 10.Member at Large
- 11.Member at Large
- 12 Past Co-Chair (ex officio)

c) Section 5.5. Each board member will be expected to sit on one standing committee.

Updating of Standing Committees

Standing Committees:

Addition of Human Resources Committee

Addition Fundraising, Audit and Membership Committee and replace Audit Committee

Addition Equity and Inclusion Committee

Addition of Nominating Committee

Replacement of REBA with Infrastructure, Active Transportation and Advocacy Committee

Combine Mountain Biking and Road Competition with one Competition / Race Committee

Membership of all standing committees shall reflect the following and be updated as such:
Cycling Nova Scotia will work towards gender inclusiveness (both within and beyond the gender binary) on Standing Committees.

Proposed Changes to Membership Fees

2022 and suggested 2023 Pricing Numbers (Suggested Fee in Red)

General and WOW members (Suggestion 1)	\$50 Q1 (\$50)	\$30 Q3 (\$40)
	\$40 Q2 (\$45)	\$20 Q4 (\$35)

Our insurance is pro-rated \$6.25 per quarter. Currently, we are losing administrative income with each quarterly decrease to plan and implement BNS programs. With the proposed rate, we will still decrease fees each quarter but this will allow for administrative income to stay steady.

Family General Membership	No current option (\$130 for family up to 5 members)
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Family memberships will allow families to enjoy the benefits of membership with BNS while making sign up quick and easy.

BICYCLE NOVA SCOTIA

BY-LAW I-01

A BY-LAW to approve and authorize the execution of an Agreement between Bicycle Nova Scotia and His Majesty the King in Right of Canada for the Core AT Networks Project.

WHEREAS:

- A. *Bicycle Nova Scotia is responsible for carrying out the Project under the terms of SCHEDULE A: ACTIVE TRANSPORTATION FUND GRANT AGREEMENT FOR BLUE ROUTE HUB 2022 - 2024: PLANNING CORE AT NETWORKS IN COMMUNITIES ACROSS NOVA SCOTIA, and Canada wishes to provide financial support for the Project and its objectives;*

NOW THEREFORE the Organization Bicycle Nova Scotia enacts as follows:

1. The Agreement between the Organization Bicycle Nova Scotia and His Majesty the King in Right of Canada, as represented by the Minister of Infrastructure and Communities, for the Core AT Networks Project attached as Schedule “A” to this bylaw is hereby authorized and approved.
2. The Executive Director and the Co-Chair are hereby authorized and directed to execute the said agreement.
3. This by-law shall come into force and effect on the day that it is passed.

Passed by Bicycle Nova Scotia Board of Directors this 27th of February, 2023.

Board Of Directors Election

If the previous by-law changes have been made, we will be moving to a smaller, 12 person Board of Directors.

Board members departing the board:

- Jeremy Leblanc (Treasurer)
- Nat Bowlby, Registrar
- Alan Erenholz, Secretary
- Shane MacInnis, VP Marketing
- Mary Ellen Donovan, Member at Large
- Shawn Marshall, VP Road Competition

A sincere thank you to all of these board members for the work they have put in with BNS. They will be missed.

Moving forward, below is the proposed composition of the new Board of Directors:

- Co-Chair Sport– lola doucet (will renew, up for election)
- Co-Chair Recreation and Active Transportation- Susanna Fuller (will renew, ideally for one year term, up for election)
- **Treasurer – Neil Morley (new nomination)**
- Recorder (replaces Secretary)- Allie Lord?
- **Registrar – open**
- Director-at-Large Sport – Lorenzo Caterini (Events coordinator, and member of Race Committee)
- Director-at-Large Sport – Dwight McLean
- Director-at-Large Sport – Tracey Hey (will renew, up for election)
- Director-at-Large – Andree Crepeau
- Director-at-Large – Janel Hayward
- Director-at-Large – Darryl Osbourne (Gender, Equity and Inclusion Representative) (up for election)
- Director-at-Large – Rachel Mitchell