Breakout Activity 1

Imagine Supervising Alicia

Scenario 1
In a team meeting, Alicia suggests integrating familismo-informed therapy (a culturally specific approach for Latinx families) into her treatment plans, but her idea is dismissed as "too niche" by a colleague. She feels invalidated but doesn't know how to respond.
What is your next move as a trauma-informed supervisor?
What would you say/do?

Breakout Activity 2

Imagine Supervising Alicia

Scenario 2
After a particularly challenging session with a family describing their fear of deportation, Alicia feels emotionally drained and questions whether she is capable of helping them.
What would you do/say to Alicia as a trauma-informed supervisor?

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