Lesson 1. 2: Adam and Eve (Genesis 3)

Ages 1-3

Theme: Obedience and making good choices, understanding God's love through Jesus.

Objectives

- 1. Help children understand that God wants us to listen and obey, just as Jesus obeyed His Father.
- 2. Introduce the idea of consequences when we don't follow God's instructions, but also that God's love and forgiveness are always available through Jesus.
- 3. Reinforce learning through interactive activities and the concept of God's grace and forgiveness.

Welcome Time (5 minutes)

Activity:

- Greet the children with a smile and a simple song such as "This Is the Day" or "I'm in the Lord's Army."
- Encourage them to repeat the words or motions to engage them.

Worship Time (10 minutes): Prayer/Worship:click here

Memory Verse

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"Obey your parents in the Lord, for this is right." — Ephesians 6:1

Bible Story Time (10 minutes)



Genesis 3:9-13

But the Lord God called to the man, "Where are you?"

He answered, "I heard you in the garden, and I was afraid because I was naked; so I hid. "And he said, "Who told you that you were naked? Have you eaten from the tree that I commanded you not to eat from?" The man said, "The woman you put here with me—she gave me some fruit from the tree, and I ate it." Then the Lord God said to the woman, "What is this you have done?" The woman said, "The serpent deceived me, and I ate."



Genesis 3:21-21

The Lord God made garments of skin for Adam and his wife and clothed them. Ar the Lord God said, "The man has now become like one of us, knowing good an evil. He must not be allowed to reach ou his hand and take also from the tree of lit and eat, and live forever." So the Lord God banished him from the Garden of Eden to work the ground from which he had been taken.

Tie to Jesus:

Explain briefly that even though Adam and Eve made a mistake, God sent Jesus to help
us because Jesus always obeyed. Jesus helps us make good choices and forgives us
when we make mistakes.

Use Props:

- Use the felt board or pictures to show the garden, Adam, Eve, the serpent, and the fruit as you tell the story.
- For example, ask:
 - "Where is the tree? Can you find the fruit?"
 - "Who told Eve to eat the fruit?" (The serpent)
 - "What did God want them to do?" (Listen and obey)

Simplified Teaching Points:

- God wants us to listen and obey Him.
- When we don't obey, it makes God sad, but He still loves us.
- Jesus helps us because He always obeyed and He loves us no matter what.

Discussion and Questions (5 minutes)

Ask simple questions to reinforce the key points:

- "What did God tell them not to eat?" (The fruit from the tree)
- "Who told Eve to eat the fruit?" (The serpent)
- "What happens when we don't listen?" (We make God sad, but He still loves us)
- Should we listen and obey? (Yes, we should listen and obey!)

Conclusion

"God loves us and wants us to listen and obey. Jesus helps us make good choices."

Activity 1: Sticky Picture Story (5 minutes)

- Let the children take turns placing the pictures (e.g., Adam, Eve, the tree, the serpent) on the felt board.
- Guide them with simple questions like, "Where should Adam go?" and "Where is the fruit?"
- Help them identify key parts of the story to reinforce the lesson.

Activity 2: Snack and Demonstration (5 minutes)

- Show real fruit (like apples or bananas) and say, "God made good things for us to eat!"
- Ask: "Should we listen when Mommy or Daddy says, 'No snacks until lunch?' Why?"
 (Because we are learning to obey and make good choices!)
- Reinforce that God gives us good things, and we should obey Him.

Activity 3: Coloring Time (5 minutes)

- Provide coloring pages of Adam, Eve, and the Garden of Eden.
- Help the children identify colors and objects, e.g., "What color is the fruit?"
- Encourage them to color and talk about the lesson: "We can make good choices, just like Jesus!"

5. Song Time (5 minutes)

Song Option 1: "Head, Shoulders, Knees, and Toes" (Modified to fit the lesson

Song Option 2: "If You're Happy and You Know It" (Kindness and Obedience Version)

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Closing Prayer:

• Example:

"Thank You, God, for teaching us to obey and for sending Jesus to help us. We love You! Amen."

Takeaway:

• Hand out stickers or stamps for participation, and remind the children of how God loves them, helps them obey, and forgives them through Jesus.

This lesson helps young children understand obedience through the story of Adam and Eve, while tying it into the greater gospel message of Christ's love, forgiveness, and help in making good choices.