

Professional Development for Infant and Early Childhood Mental Health

There are many resources that offer professional development on infant and early childhood mental health that meet Endorsement® criteria. This list is not all inclusive but a great starting point.

Alliance for the Advancement of Infant and Early Childhood Mental Health (The Alliance) - <https://www.allianceaimh.org/members-of-the-alliance>

- Online professional development focused on Endorsement® competencies
- Includes list of all the state agencies that are members of the Alliance. Each state agency has a variety of resources and online training opportunities.

Bradley Online Learning <https://www.lifespan.org/centers-services/bradley-online-learning>

- Continuing education for professionals in a variety of disciplines, including psychologists, social workers, certified counselors, physicians, nurses, speech/language and occupational therapists, and teachers

Brookes Publishing

www.brookespublishing.com/training/epyramid-online-learning-modules/

KAIMH has a Professional Development Scholarship available for these elearning courses. If you would like to apply for a scholarship to cover the cost of the

- Infant Toddler Package (\$49 for 18 hours)
- Birth to Five Package (\$49 for 18 hours)
- Culturally Responsive Practices to Reduce Bias, Disproportionality, Suspension & Expulsion (\$29 for 2 hours)
- Trauma Informed Care and the Pyramid Model (\$39 for 5 hours)
- Wellness: Taking Care of Yourself (\$29 for 2 hours)

Please click on this link to take you to the application:

https://docs.google.com/document/d/1eoivlPmLyKFd3dD9T3IHd_EpOpp4SkdS/edit

Center for Early Childhood Mental Health - www.ECMHC.org

- Early Childhood Mental Health tutorials
- Early Childhood Mental Health Consultant Self-Assessment
- Resource Crosswalk
- Focused on Head Start

Center on the Social Emotional Foundations for Early Learning (CSEFEL) -
<http://csefel.vanderbilt.edu>

- Prepared professional development events, resources, tip sheets for early childhood educators, families and children for use by mental health professionals
- English and Spanish

Child Care Aware Network - <https://ks.childcareaware.org/professional-development/>

- Self-paced and on demand online courses
- Community based in-person classes
- Technology-based classes (Zoom)
- Asynchronous online classes

Child Mind Institute - www.childmind.org

- Resources for mental health clinicians, educators, families and children
- Facebook, Twitter and other social media
- Electronic newsletters, blogs and symptom checker
- English and Spanish resources

Connected Kids - <https://childhood-trauma-institute.teachable.com/courses>

- Invisible Neglect - introduction to prenatal trauma
- Beyond ACES - a deeper look at behavior and health
- Divorce - the impact of divorce on children
- Introduction to Reaching and Teaching Children Exposed to Trauma
- Awe and Wonder - the anecdote to self-centeredness and narcissism
- The Impact of Trauma on Attachment

Conscious Discipline - www.consciousdiscipline.com

- Resources and professional development for training and coaching early childhood educators
- Focus on behavior management and positive mental health strategies
- Tips and helpful tip sheets for mental health consultants working in early childhood classrooms

Division for Early Childhood <https://connectmodules.dec-sped.org/>

- CONNECT Modules are FREE practice-focused instructional resources for faculty and other professional development providers.

Early Childhood Investigations <https://www.earlychildhoodwebinars.com/>

First3Years - <https://first3yearstx.org/webinars>



- On demand and monthly webinars on infant and early childhood mental health, all designed to apply toward an Infant Mental Health Endorsement®
- Training costs \$20 per course or unlimited free with purchase of an annual membership.

Kansas Association for Infant & Early Childhood Mental Health (KAIMH):

<http://www.kaimh.org>

- Annual professional development conference
 - "Introduction to Infant Mental Health"
 - "Orientation to the KAIMH Infant Mental Health Endorsement®"
 - "Introduction to Reflective Supervision Consultation"
 - "Specialized Professional Development for Infant Mental Health Endorsement®"

Kansas Child Care Training Opportunities www.kccto.org

- Child Care provider professional development courses

Kansas Children's Service League www.kcsl.org/training_events.aspx

- Connections Matter in Early Childhood
- An Introduction to Adverse Childhood Experiences
- ACEs and Resilience: The Biology of Stress and the Science of Hope
- Child Abuse and Neglect: Recognition, Reporting & Supporting
- Darkness to Light Stewards of Children® Sexual Abuse Prevention Training
- LGBTQIA+ Cultural Competency: Best Practices for Working with LGBTQIA+ Youth and Families
- A Shift in Perspective: A Preventative Approach in Supporting Families and Reducing Child Abuse and Neglect
- Preventing Infant Abuse with the Period of PURPLE Crying®

Kansas Maternal and Child Health <https://kansasmch.org/kcc-education-training.asp>

- Maternal Health 101 with Melissa Hoffman

Kansas Parent As Teachers <https://kpata.org/training/>

- ACES
- Positive Behavior Supports
- Promoting Resiliency with Youth Exposed to Domestic Violence

McCormick Center for Early Childhood Leadership - <https://mccormickcenter.nl.edu>

- Focus on trauma and behavioral health for children and families
- Focus on equity, inclusion and resilience
- Resources and professional development to support early childhood educators, administrators and mental health professionals

National Alliance on Mental Illness (NAMI)

<https://www.nami.org/Support-Education/Mental-Health-Education>

- NAMI Basics is a class for parents, guardians and other family caregivers who provide care for youth (age 22 or younger) who are experiencing mental health symptoms.
- NAMI Homefront is a class for families, caregivers and friends of military service members and veterans with mental health conditions.
- NAMI Family to Family, is a class for families, significant others and friends of people with mental health conditions.
- Resources to support program-wide implementation of the Pyramid Model for Positive Behavioral Implementation and Support (PBIS)
- Strategies and resources to support inclusion for parents/families

Parent-Child Relationship Programs at the Barnard Center -

<https://www.pcrprograms.org/programs/>

- Focus on nursing and medical professionals
- Pregnancy and parenting professional development

Start Early - <https://www.startearly.org/resources-professionals/>

- Offers a comprehensive catalog of cost-effective, self-paced courses and live webinars

ZERO TO THREE - <http://zerotothree.org>

- Mental Health professional development and resources
- Court services and resources for child welfare
- Brain Development, Child Development and Family Support resources and tip sheets
- Early Childhood Educator supports