



# Siloam Springs Track & Field Panther Relays - 9th Grade – 2021

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**Welcome to the first SEASON on our NEW TRACK!**

**Meet Directors:** Chuck Jones and Sharon Jones

**Timer:** Jim Yurwitz

**Starter:** Brian Little

**Location:** Middle School campus, on the corner of N Holly and W Jefferson. From Hwy 412, turn north at the Arvest Bank on N Holly St, then right on W Jefferson.

**Schedule:**

**2:45 pm - Coaches meeting at the benches in the infield**

**3:00 pm – Athletes check in to field events, warm-up begins.**

**3:30 pm – Field events begin**

**4:30 pm – 4x800 m relay**

**5:00 pm – All other running events begin.**

**Entries:** 2 athletes per school for each individual event and one relay team per event.

**Cost** is \$75 per gender team (\$150 for both boys and girls) or \$15 per individual athlete.

Checks payable to: SSHS Athletic Dept.

If mailing, to: Julie Kelly, Siloam Springs High School, 700 Progress Ave, Siloam Springs, AR 72761.

**Team Camps:**

Teams will make camp in the grassy area on the north end of the track near the restrooms. Areas for each team will be designated by paint on the ground. Teams **will not** be allowed to make camp in the bleachers. All teams will need to remain in their team camp area unless they are warming up, competing in an event, or using the restroom. **We will not allow athletes to stand along the fence near the track.**

**NO Concessions**

**Restrooms** for athletes are located on the north end of the track near the team camps. Restrooms for spectators are under the bleachers on the north side.

**RESULTS** will be posted at [www.ytiming.net](http://www.ytiming.net).

**Spike Check & Implement Weigh-In** will be in the south end of the bleachers. ¼ inch spikes only.

## **COVID GUIDELINE**

### **COVID FORM**

Coaches must submit a COVID screening form for each athlete present, including managers. Coaches must check their temperature and record it on the same form.

## **MASKS**

Coaches must wear face coverings at all times. Athletes must wear face coverings at ALL TIMES unless they are actively warming up or competing in their events, including when they are waiting for an attempt at a field event.

## **HAND SANITIZER**

Please bring hand sanitizer for your team. There will be hand sanitizer at all field event areas, at the benches, and near the restrooms.

## **INFIELD**

The infield will be sectioned off. The west side of the infield will be used for warming up. The east side nearest the starting lines will be used for athletes reporting to the benches and starting lines ONLY.

**ABSOLUTELY, no "hanging out" on the infield.**

Coaches will be allowed to be on the infield while their athletes are competing.

Athletes may enter the infield through the opening at the end of the fence near the pole vault/jumping pits.

Athletes will EXIT the track through the finish line gate immediately following the conclusion of EACH of his/her events.

**FENCE AROUND TRACK IS OFF-LIMITS** to athletes and spectators. No one will be allowed to stand along the fence near the track.

## **FIELD EVENTS (3:30 PM)**

High jump and pole vault will run as normal, however; we will be spraying down the mats frequently with disinfectant. Athletes will sit together by schools around the apron or on the sideline, divided by cones.

All other field events will be flighted by teams with two schools in a flight together. Teams must remain separated when not competing. Athletes must **EXIT** the competition area as soon as they have finished competing.

## **HIGH JUMP**

Boys Followed by Girls

## **POLE VAULT**

Girls Followed by Boys

All other field events will be following a rolling schedule of event times....it will speed up if we are ahead of schedule and slow down if behind. A 5-minute warm-up period will be at the start of each group.

**ONLY THOSE TEAMS SCHEDULED ARE ALLOWED AT THE FIELD EVENT AREA**

### **LONG JUMP**

3:30 pm Siloam Springs & Don Tyson  
3:50 pm Gentry & Decatur  
4:10 pm Gravette & Pea Ridge  
4:30 pm Fayetteville-Blue & Fayetteville-White  
4:50 pm Bentonville & Bentonville West  
5:10 pm Central & Southwest  
5:30 pm George & Lakeside  
5:50 pm Heritage & Rogers  
6:10 pm. Farmington & Shiloh

### **TRIPLE JUMP**

3:30 pm Bentonville & Bentonville West  
3:50 pm Central & Southwest  
4:10 pm George & Lakeside  
4:30 pm Heritage & Rogers  
4:50 pm Siloam Springs & Don Tyson  
5:10 pm Farmington & Shiloh  
5:30 pm Gravette & Pea Ridge  
5:50 pm Fayetteville-Blue & Fayetteville-White  
6:10 pm. Gentry & Decatur

### **SHOT PUT**

3:30 pm George & Lakeside  
3:50 pm Heritage & Rogers  
4:10 pm Siloam Springs & Don Tyson  
4:30 pm Gentry & Decatur  
4:50 pm Gravette & Pea Ridge  
5:10 pm Fayetteville-Blue & Fayetteville-White  
5:30 pm Bentonville & Bentonville West  
5:50 pm Central & Southwest  
6:10 pm. Farmington & Shiloh

### **DISCUS**

3:30 pm Gravette & Pea Ridge  
3:50 pm Fayetteville-Blue & Fayetteville-White  
4:10 pm Bentonville & Bentonville West  
4:30 pm Central & Southwest  
4:50 pm Farmington & Shiloh  
5:10 pm Heritage & Rogers  
5:30 pm Siloam Springs & Don Tyson  
5:50 pm Gentry & Decatur  
6:10 pm. George & Lakeside

**TRACK SCHEDULE (Starts at 4:30 PM)**

Girls Followed by Boys

4 X 800m Relay

100m / 110m Hurdles

100m

4 X 200m Relay

1600m

4 X 100m Relay

400m

300m Hurdles

800m

200m

4 X 400m Relay