



9th Grade Student College & Career Success Checklist

These steps will help set you up for success in your college & career goals through your time at AST!

☐ Build academic and life skills through Freshman Seminar:

- ☐ Understand the importance of freshman year in terms of GPA, academic preparedness, and building of soft skills
- ☐ Identify student strengths leveraging them both personally & academically.

☐ Discuss Your Interests with Your Advisor, Teachers & Family

- ☐ Think about what you'd like to accomplish in the next 4 years.
- ☐ Identify your interests-likes and dislikes-not just in classes, but also other areas in and out of school. This will help develop your goals.

☐ Participate in extracurricular activities and join a club!

- ☐ Academics aren't everything. Explore your interest in a sport, school club or community service opportunity.
- ☐ Colleges want students to be involved in activities that demonstrate their interests and passions.

☐ Explore post-secondary options/college visits.

- ☐ Participate in our school's sponsored college visits.

☐ Explore summer and after-school opportunities.

- ☐ Look for a job, internship or volunteer position that will help you learn about a field of interest.
- ☐ Here are examples of great [summer programs](#) our students have done well at!

☐ Start making a list of your awards, honors, extracurricular activities, and paid & volunteer work.

- ☐ Creating a running list of your achievements & overcome challenges will be important for building a resume and interviewing skills.