



Trauma Informed Practices Links

1

Below are the links and resources shared during the live virtual PD, Creating Safe Spaces: An Introduction to Trauma Informed Practices on June 5, 2025.

C2L-PHL Resource Library

- ACES Information Sheet:
<https://www.c2lphlresourcelibrary.org/learning-modules/providers#h.q01ofd74rg8m>
- Peer Learning Circles:
<https://www.c2lphlresourcelibrary.org/tools-and-templates#h.1yyrofonu76a>
- Activity Lesson Planning Template:
<https://www.c2lphlresourcelibrary.org/tools-and-templates#h.r3tbffwce6l9>
- Financial Literacy Board Game:
<https://www.c2lphlresourcelibrary.org/tools-and-templates#h.cl7i5z6ihsat>

Additional Resources & Links Shared

- OARS – Open-ended, Affirmations, Reflective Listening, Summarize:
<https://nida.nih.gov/sites/default/files/oarsessentialcommunicationtechniques.pdf>
- NAMI Resource: <https://namiphilly.org/resources/local-resources/>
- Children's Urgent Care Center:
<https://www.pathcenter.org/service/childrens-urgent-care-center-ucc/>
- Resource Connect: <https://communityresourceconnects.org/>
- CHOP on 54th & Cedar Ave has Pediatric Crisis Response Unit:
<https://www.chop.edu/locations/behavioral-health-and-crisis-center>
- Motivational Interviewing:
 - <https://youtu.be/KzyuP-nEakY?si=caszTOn7H2AivOF4>
 - <https://motivationalinterviewing.org/understanding-motivational-interviewing>
- Teen Mental Health First Aid:
<https://www.mentalhealthfirstaid.org/population-focused-modules/teens/>
 - You can also email nettercenter@upenn.edu for more information about accessing Youth Mental Health First Aid training resources for your team
 - DBHIDS also offers free Youth Mental Health First Aid trainings:
<https://dbhids.org/>
 - <https://www.eventbrite.com/o/philly-youth-mhfa-5664353853>
- Check-in prompt generator: <https://checkin.daresay.io/>
- Emoji Check-ins:
<https://www.therapistaid.com/therapy-worksheet/printable-emotion-faces>