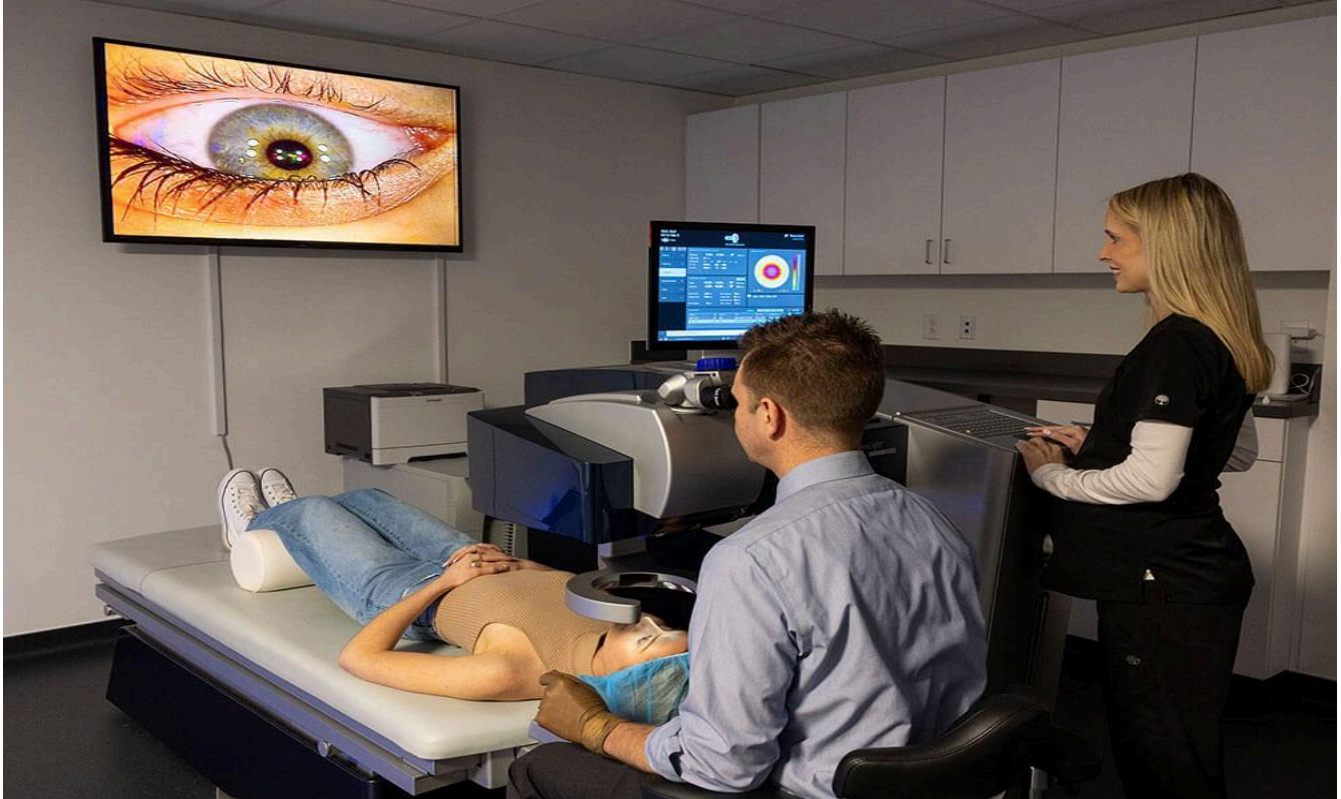


<https://eyeporter.com/lalex-smile-raleigh/>

SMILE Vs Lasik: Which Eye Surgery Is Better?



If you wear glasses or contact lenses, you might have heard about eye surgeries that can help you see clearly without them. Two common options are SMILE and Lasik. But what's the difference? Let's look at SMILE Vs Lasik in a way that's easy to understand.

What Is Lasik?

Lasik (short for Laser-Assisted In Situ Keratomileusis) is a type of laser eye surgery. It has been around for over 20 years. In Lasik, the doctor makes a small flap on the front of your eye. Then, they use a laser to shape the cornea (the clear part of your eye) so light can focus better.

After that, the flap is put back, and the eye starts to heal. Most people see clearly the next day and don't need glasses anymore.

What Is SMILE?

SMILE stands for Small Incision Lenticule Extraction. It's a newer kind of laser eye surgery. Instead of making a flap, the doctor makes a small cut and removes a tiny piece of tissue from inside the cornea. This also changes the shape of your eye so you can see better.

Because there's no flap, some doctors say SMILE may be safer for active people and athletes.

SMILE Vs Lasik: Key Differences

Let's compare the two:

Flap or No Flap: Lasik makes a flap. SMILE does not.

Healing Time: Both heal fast, but SMILE might have fewer dry eye problems.

Who Can Get It: Lasik can treat more kinds of vision problems. SMILE is usually for nearsightedness and astigmatism.

Comfort: Many people say SMILE feels more comfortable during and after surgery.

Technology: SMILE uses one laser; Lasik uses two.

Which One Should You Choose?

In the battle of SMILE Vs Lasik, there is no one winner. It depends on your eyes and your needs. A doctor (called an eye surgeon) will check your eyes and help you choose the best option.

If you play sports or have dry eyes, SMILE might be better. If you have a high level of nearsightedness or need quick results, Lasik might be the right choice.

Final Thoughts

Both SMILE and Lasik are safe and helpful ways to fix your vision. They can give you a life without glasses or contacts. Always talk to an eye doctor before deciding. That way, you can choose what's best for your eyes.

Now you know more about SMILE Vs Lasik—and you're one step closer to seeing clearly!

Company Description

Raleigh's most trusted refractive surgeons offering LASIK, LALEX (SMILE), PRK, EVO-ICL, Custom Lens Replacement (CLR/RLE), and cataract surgery.

Contact Details

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Google Folder: https://drive.google.com/drive/folders/1Uo_mSFA2yLZ74WCuChJdaZIMDg-u_Hbi?usp=drive_open

Recommended Resources

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