



# Spring Springar Spree

## April 12-14, 2024

Online Registration is open!

### Important Links

[Online Registration Form](#) (For all attendees, part- or full-time. Pay when you arrive.)

[Housing Form](#) (If you want to stay with a local dancer)

### Introduction

Please join us for all or part of our Spring Springar Spree weekend. It runs Friday evening through the final party on Sunday (which ends at 4:30 PM). Each day's sessions are at different locations. All music is live and this year's featured couple dance, the Hallingspringar, will be taught by knowledgeable friends, Silje Risdal Liahagen and Lars Fivilstad Smaaberg, from the Hallingdal region. Beginners welcome. No partners needed. Everyone is welcome!

### About Our Teachers

We are excited to feature the dancers Silje Risdal Liahagen and Lars Fivilstad Smaaberg. See their [photos and biographies](#). Live music for the dance classes will be provided by [Loretta Kelley](#).

### Registration

Pre-registration is **required** but payment can be made when you arrive. We would like all attendees, whether part-time or full-time, to pre-register. Please register individually. Complete the short online [Registration Form](#) and click Submit.

## Program

### **Friday, 4/12 (Loretta and Tony's)**

7:00 to 11:00 PM (includes potluck)

### **Saturday, 4/13 (Blum Ballroom)**

10:00 AM: Doors open

10:30 - 12:20 PM: First class session

12:30 - 2:00 PM: Lunch (see **Lunch Note for Sat.**)

2:00 - 4:30 PM: Second class session

5:00 - 7:00 PM: Dinner (on your own)

7:00 - 10:30 PM: Dance party

10:30 - 11:00 PM: Cleanup

### **Sunday, 4/14 (Sonia's)**

10:30 - 4:30 PM (includes potluck)

**Lunch Note for Sat.:** You can eat out (we will provide a list when you arrive) or bring lunch. There will be no potluck for lunch). If you decide to bring lunch, keep it simple. You will not be able to cook or use the microwave in the kitchen.

## Pricing

Make your selections using the online [Registration Form](#).

### **Full Time (Friday through Sunday)**

\$75 (per person): Includes all dance sessions (intro., lessons, review), parties, & potlucks. This does not include lunch on Sat. (see **Lunch Note for Sat.** under Program.)

\$60: Student or first-time discount: Full time only. Bring your student ID.

### **Part Time (Mix it your way)**

Friday and Sunday party donations are suggested. Pay what you can.

### **Fri. 4/12**

\$20: Friday evening introduction, potluck, & party.

If you are a beginner or first-timer, this would be a great session to attend.

### **Sat. 4/13**

\$20: Saturday morning dance session

\$20: Saturday afternoon dance session

\$20: Saturday evening dance party

### **Sun. 4/14**

\$20: Sunday morning review, potluck, & party

## Locations

### Friday, 4/12: Dance Introduction & Party

Home of Loretta Kelley and Tony La Greca, 6807 Westmoreland Ave., Takoma Park, MD 20912.

Contact: Loretta Kelley at [lorettakelley@fanitull.org](mailto:lorettakelley@fanitull.org). Parking available on the streets nearby.

### Saturday, 4/13: Dance Classes, Lunch, & Party

**Ballroom Blum:** The all-day Hallingspringar dance classes will be located in a beautiful ballroom at 8300 Osage Terrace, Adelphi, MD 20783. Contact: Loretta Kelley at [lorettakelley@fanitull.org](mailto:lorettakelley@fanitull.org) (who will contact April or Jerry Blum). This place has a 25 x 50 foot sprung wood floor with skylights, and is climate controlled. Accessible by ramp for load in.

**About Parking:** This ballroom is located in a residential area at the end of a cul-de-sac. Nearby street parking is available but limited. Be prepared to park a block or more from the residence. Carpooling is highly recommended.

### Sunday, 4/14: Dance Review, Potluck, & Party

Home of Sonia White, 3812 Denfeld Ave., Kensington, MD 20895. Contact: [snowwhite4468@mac.com](mailto:snowwhite4468@mac.com). Street parking available.

## What to Wear and Bring

Casual comfortable dance attire for both men and women for the daytime workshops. Costumes for the evening party are encouraged but not required. Dance shoes that have leather soles for easy turning and low modest or wide heels work best for Scandinavian couple dancing (think either Scandinavian shoes or other dance shoes like Capezio or Bloch). Tennis shoes, sandals, and high heels do not work. (**Note:** Tennis shoes can work if you have sneaker socks, which slip over the front of the shoes for easier turning. If you don't have sneaker socks, you cut up an old pair of socks and slip them on instead.)

Coffee, tea, and water will be made available on Saturday, but you can bring personal water bottles and mugs for all locations; and bring extra t-shirts if needed.

## Nearby Airports and Transportation

There are three nearby airports:

- Reagan National (DCA)
- Dulles (IAD)
- Baltimore/Washington (BWI)

If you plan to fly AND you want to stay with a local host dancer in their home, let us know if you need to be picked up at the airport. We may be able to coordinate with the host family to pick you up (and return). Contact: Housing/transportation coordinators, Phyllis Derrick & Stephen Simko, who will assist with matching you with local dancers and possible transportation, [phllsdrck@gmail.com](mailto:phllsdrck@gmail.com). If you are flying in and plan to stay at a hotel, then we are assuming that you are handling your own plans.

## Where to Stay

You have the option to stay in a nearby hotel or with local host dancers in their home. Click this [Housing Form](#) link. (You can also access this link via the online [Registration Form](#).) Our housing/transportation coordinators, Phyllis Derrick & Stephen Simko, who will assist with matching you with local dancers. Contact: [phllsdrck@gmail.com](mailto:phllsdrck@gmail.com).

## Food Contributions

CONTRIBUTIONS OF FOOD TO SHARE at the Spree events are appreciated! This year, you are welcome to bring food for the Friday night and Sunday brunch parties (refrigeration available).<sup>\*</sup> If you contribute, please label your item(s), such as vegetarian, vegan, and gluten-free, and/or list the ingredients on a card. Locals, please bring a little more food than usual so the out-of-towners don't need to, if you can.

<sup>\*</sup>For Saturday, there will be snacks but no potluck lunch, and dinner is on your own. Also see the Sat. lunch note under Program.

## Health Notice

With COVID, RSV, and the Flu still circulating, please be mindful of your fellow dancers. If you are ill, or think you are ill, please stay home. If you have been exposed to COVID, or think you might have been exposed, please test before coming. Masks not required.

See you soon!