

Dear Parent/Caregiver

As part of the Year 9 Health and Physical Education programme, Orewa College is required to provide a course in Sexuality Education to all students. This fulfills Ministry of Education requirements to address students' physical and emotional changes.

This eight lesson unit will take place from week 1 (term 3) and aims to provide accurate information and a forum for informal discussion. During this time, we will focus on respect for ourselves and others. We will cover good decision-making, including not engaging in sexual activity at this age and avoiding risk-taking behavior.

Topics covered include:

- Friendships and relationships
- Reproductive system
- Consent
- Contraception
- Puberty

Although it is hoped that all students will participate, the programme is not compulsory and parents/caregivers may withdraw students by contacting the Principal, Mr Warriner.

Yours faithfully

Dean Preston-Thomas
Health Coordinator, Year's 9-13