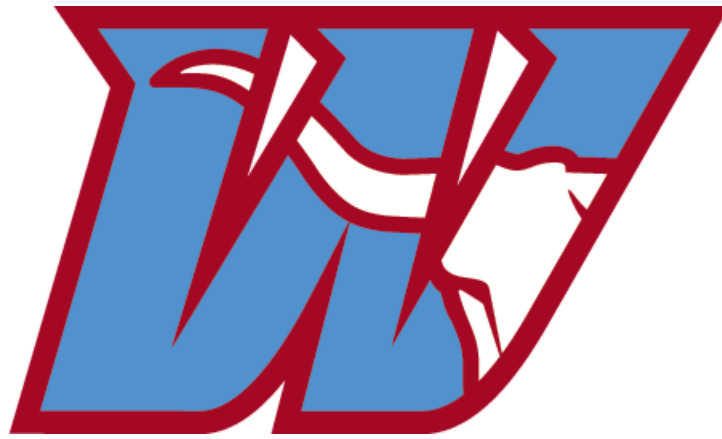


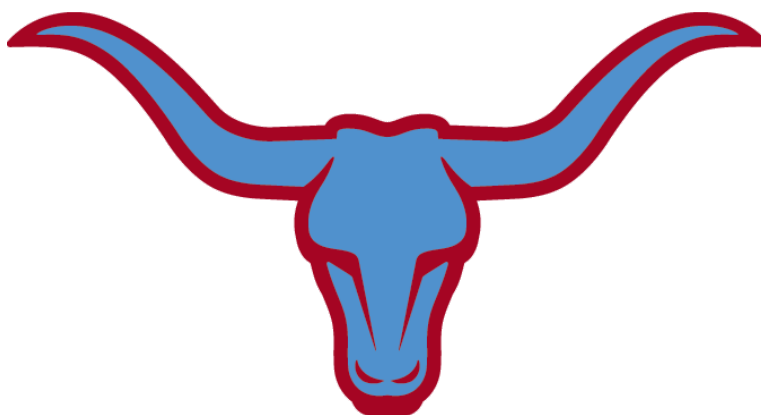
2026-2027
GUIDELINES FOR
STUDENT ACTIVITIES



Welcome to PWHS Athletic/Activities Office

Athletics Director—Emily Lovercheck

Administrative Assistant — Jennifer Zaiser



Parkway West High School Athletics

14653 Clayton Rd.

Ballwin MO 63011

Office 314.415.7556

Fax 314.415.7570

Follow us on Twitter:

@pwestathletics

Follow us on Instagram:

parkwaywestathletics

[West High Athletic Website](#)

Popular Web Sites

[West High Athletics:](#)

This web site contains links for schedules and specific sports information or a team's web site. It also contains the links to the web sites listed below.

[Eventlink \(Athletic Schedules\):](#)

Parkway West Athletic Schedules with live updates.

[NAIA Eligibility Center:](#)

Athletes interested in competing in college athletics at the NAIA level must register on this website after 6 semesters of high school.

[NCAA Eligibility Center:](#)

Athletes interested in competing in College at the Div. I or II level must register on this website after 6 semesters of high school.

[Missouri State High School Activities Association:](#)

MSHSAA is the governing body for high school sports and other activities in Missouri. This web site contains high school eligibility guidelines and playoff information.

[Prep Sports Game Results and Stats:](#)

This is currently the leading web site in St. Louis for high school sports. It offers stories, game results, standings and statistics.

The Athletic Program

Parkway West High School is a member of the Missouri State High School Activities Association (MSHSAA) and the St. Louis Suburban League

1. Affton	12. Lindbergh	23. Parkway West
2. Clayton	13. Marquette	24. Pattonville
3. Eureka	14. McCluer	25. Ritenour
4. Fox	15. McCluer North	26. Riverview Gardens
5. Hazelwood Central	16. Mehlville	27. Rockwood Summit
6. Hazelwood East	17. Normandy	28. Seckman
7. Hazelwood West	18. Northwest	29. STEAM Academy
8. Jennings	19. Oakville	30. U-City
9. Kirkwood	20. Parkway Central	31. Webster Groves
10. Ladue	21. Parkway North	
11. Lafayette	22. Parkway South	

The 2026-2027 school year will be our 50th year in the Suburban Conference. In order to compete in this strong conference, we need to have large squads to support freshman, sophomore, junior varsity, and varsity teams. Parents should encourage their children to get involved in the sport of their choice.

Student Activities Philosophy

The Parkway School District believes that a dynamic program of interscholastic athletics is vital to the educational development of the student and should be an integral part of the high school's total educational program. The responsibility for administering the athletic program of each school is delegated by the superintendent of schools to the building principal and director of activities and athletics.

The interscholastic program shall provide a variety of experiences to aid in the development of favorable habits and attitudes in students that will prepare them for adult life in a democratic society. Emphasis shall be upon teaching through athletics. Interscholastic athletics shall provide most worthwhile experiences that shall result in learning outcomes that will contribute to the development of the attributes of good citizenship.

To be eligible for designated activities, students must abide by the Parkway Activity/Athletic Code of Conduct, which is founded upon the assumption that students whose behavior violates the law may lose activity and athletic eligibility.

The Board of Education will provide interscholastic athletic competition for high school students in a variety of sports for both boys and girls. Qualified professional staff will coach and supervise all athletic events.

Activities offered at West

The best way to find information about activities offerings at West is to utilize the Parkway West website at [Parkway West Website Link](#)

Clubs

The list of clubs offered at West changes from year to year. If you are interested in a club, find them listed on the activities link on the West website and get in touch with the club sponsor. There are no specific requirements for membership in most clubs, while there are some which do have specific requirements. Students need to contact the sponsor of the club to find our meeting dates and any possible requirements that might exist

Sports

Parkway West offers 24 athletic programs with multiple levels within most of them (fr, jv, var). Below is a list of athletic programs broken down by season. Most of these sports have tryouts and do make cuts while others are open to all students with no or very limited cuts. There are Missouri State High School Activities Association (MSHSA) by-laws and Parkway standards that all students must meet in order to be eligible to participate in high school sports.

- ❖ **Fall:** Boys' Cross Country, Girls' Cross Country, Field Hockey, Football, Girls' Golf, Boys' Soccer, Boys' Swimming, Softball, Girls' Tennis, Girls' Volleyball
- ❖ **Winter:** Boys' Basketball, Girls' Basketball, Girls' Swimming, Boys' Wrestling, Girls' Wrestling
- ❖ **Spring:** Baseball, Girls' Flag Football, Boys' Golf, Girls' Soccer, Girls' Lacrosse, Boys' Tennis, Boys' Track & Field, Girls' Track & Field, Boys' Volleyball, Boys' Water Polo, Girls' Water Polo

Team info can be found at: [West High Athletics](#)

Athletic team schedules can be found at: [Athletic Schedules](#)

Baseball—Colin Riesmeyer

criesmeyer@parkwayschools.net

Boys' Basketball—John Wright

jwright@parkwayschools.net

Girls' Basketball—Brett Katz

bkatz@parkwayschools.net

Boys' Cross Country—Kevin John

kjohn@parkwayschools.net

Girls' Cross Country—Charlie Cutelli

ccutelli@parkwayschools.net

Field Hockey—Dawn Callahan

dcallahan1@parkwayschools.net

Girls' Flag Football—Ryan Newton

rnewton@parkwayschools.net

Football—Jeff Duncan

jduncan@parkwayschools.net

Boys' Golf—Josh Gannan

jgannan@parkwayschools.net

Girls' Golf—Gretchen Gregory

ggregory@parkwayschools.net

Girls' Lacrosse—Tom Herpel

therpel@parkwayschools.net

Boys' Soccer—Tom Herpel

therpel@parkwayschools.net

Girls' Soccer—Annie Wayland

awayland@parkwayschools.net

Softball—Andrew Jett

ajett@parkwayschools.net

Boys' Swimming—Bill Tramel

btamel@parkwayschools.net

Girls' Swimming—Bill Tramel

btamel@parkwayschools.net

Boys' Tennis—Katelyn Arenos

karenos@parkwayschools.net

Girls' Tennis—Katelyn Arenos

karenos@parkwayschools.net

Boys' & Girls' Track & Field—

Kevin John

kjohn@parkwayschools.net,

Chris Lorenz

clorenz1@parkwayschools.net,

Kristin Witt

kwitt@parkwayschools.net

Boys' Volleyball—Susan Quick

sanderson1@parkwayschools.net

Girls' Volleyball—Susan Quick

sanderson1@parkwayschools.net

Water Polo—Charlie Cutelli

ccutelli@parkwayschools.net

Wrestling—Zeke Allison

eallison1@parkwayschools.net

Parkway West on Social Media



Athletic Department - @pwestathletics

General - @pwesthighschool
Girls Track - @longhornrunning
Girls Cross Country - @longhornxc
Water polo - @longhornpolo
Girls Soccer - @westsoccer
Boys Soccer - @pwestboysoccer
Girls Volleyball - @pwestvolleyball
Boys Volleyball - @pwestboysvb
Boys and Girls Golf - @ParkwayWestGolf
Speech and Debate - @pwestdeb8
Boys Track - @longhornrunning
Baseball - @pwestbaseball
Softball - @pwestsoftball
Boys Basketball - @westboyshoops
Orchestra - @PwestOrchestra
Girls Basketball - @pwesthoops
Boys Cross Country - @longhornrunning
Field Hockey - @PWestFH
Football - @pwesthorns
Lacrosse - @pwest_lax
JV Lax- @pwestjvlax
Band - @pwhsbands
Longhorn Line - @pwhdance
Blue Crew - @pwestbluecrew
Boys Swim - @PWESTmenSWIM
Color Guard - @westcolorguard
Longhorn Sports Productions - @PWestLSP
Improv - @PWestImprov
Longhorn Council - @LonghornLOCO
Theatre - @PWTheatreDept
Publications - @pwestpub
Cheer - @westspiritsquad



Athletic Department - parkwaywestathletics

Speech and Debate - pwestdebate
Girls Basketball - pwesthoops
Swimming and Diving - pwestswimndive
Girls Soccer - pwestsoccer
Boys Soccer - pwestboysoccer
Longhorn Line - WestPoms
Track- parkwaywestrun
Water Polo- longhornpolo
Girls Volleyball- pwestvolleyball
Boys Volleyball- pwestboysvarsityvball
Boys Basketball - pwestboysbasketball
Theatre- PWestTheatreDept
Improv- PWestImprov
Cheer- pwhcheer
Longhorn Sports Production- PWestLSP
Longhorn Council- longhornloco
Publications - pwestpub

Fine Arts Performing Groups

The list of groups in this category includes the following

- ❖ Band – Brad Wallace – bwallace@parkwayschools.net
- ❖ Color Guard and Winter Guard – Erin Clay - eclay@parkwayschools.net
- ❖ Choir – Karey Fitzpatrick - kfitzpatrick@parkwayschools.net
- ❖ Orchestra – Ed Sandheinrich - esandheinrich@parkwayschools.net
- ❖ Drama – Amie Gossett – agossett@parkwayschools.net
- ❖ Speech and Debate – Cara Borgsmiller – cborgsmiller@parkwayschools.net
- ❖ Parkway Steppers – Gina Covington-James - gjames@parkwayschools.net

The requirements for these vary from group to group. Most music groups are co-curricular and tied to a student being registered in the class, other groups such as speech and debate do not require enrollment in a particular course. For more information, check with the sponsor/teacher listed above to inquire about their requirements/expectations for membership.

Spirit Groups

This group consists of Cheerleading and Poms (Longhorn Line) as well as Blue Crew. You can find more info regarding these clubs by following them on the Parkway West webpage, twitter, Instagram, and by visiting with the sponsor

- ❖ Cheerleading – Kelly Martin – kmartin1@parkwayschools.net
- ❖ Poms (Longhorn Line) – Leshay Reed - lreed@parkwayschools.net
- ❖ Blue Crew – Annie Wayland – awayland@parkwayschools.net

Academic Eligibility & Enrollment

Academic Eligibility

To be eligible to participate in athletic events at Parkway West High School, a student must meet all 19 of the eligibility requirements listed in the MSHSAA “How to Maintain and Protect Your High School Eligibility” standards. Please pay particular attention to the 6 standards below. Be a legally enrolled student and a credible citizen (see MSHSAA By-Law 2.2) of Parkway West High School.

Have a completed Final Forms profile which includes uploading a physical.

Meet all academic eligibility requirements

- ❑ Be enrolled in 3.0 units of credit in each semester of participation.
- ❑ All students must pass 3.0 units of credit the semester preceding the season of competition to be academically eligible to participate in athletics.
- ❑ All incoming 9th graders are eligible to participate in athletics their first semester.

Note: A student who was academically ineligible the preceding semester, but meets the academic standard at the close of that semester, becomes eligible the fifth day he/she attends class in the succeeding semester.

Physical Exams

The MSHSAA requires each student participating in athletics, cheerleading, marching band, color guard and dance to provide a certificate of an issued physical signed and authorized by a physician, advanced nurse practitioner in written collaborative practice with a physician, or a certified physician's assistant in collaboration with a sponsoring physician stating that the individual is physically able to participate in athletic practices and contests of his/her school. The medical certificate is valid for the purpose of this rule and **must be on file at the school (through our online link provided by Final Forms) before the student will be allowed to participate.** A blank physical form can be accessed here:

[Blank Physical Form](#)

Emergency Medical Form and Insurance Verification

This form will be completed on **Final Forms**, when completed, provides information regarding emergency contact information in the case of an injury. All students and parents should realize that sports and activities have an inherent risk of injury. A statement on this form must be signed by an athlete's parent/guardian indicating that adequate coverage has been provided in event of injury to the athlete. **A student shall not be permitted to practice or to compete until insurance and physical forms have been received.**

All signatures on the above forms must be authentic. The coaches and administration of Parkway West High School are responsible for determining that all athletes meet the requirements of the Missouri State High School Activities Association in regard to parent and physician approval to participate in athletics. Any athlete who submits a form with a parent's or doctor's signature that is not authentic will forfeit the right to participate in interscholastic athletics at Parkway West for the remainder of the athletic season for which the student is preparing to participate.

Injuries

An unfortunate aspect of athletics is that injuries do happen and these injuries can sometimes be serious. The majority of students will suffer no injuries at all, a few will suffer minor injuries and very few will suffer serious injury. Strict adherence to the rules of the sport and the utilization of proper techniques as taught by the coaches can often prevent injuries. Parkway West is very fortunate to have the service of a certified Athletic Trainer. All injuries must be reported to the coach and trainer. It is very important to follow the trainer's instructions on the care and rehabilitation of injuries. The trainer should also be notified of pre-existing conditions that could influence treatment or rehabilitation. Any time an athlete visits a physician due to an injury, written clearance from that doctor will be required for future participation, a parent's written permission will be insufficient.

Another potential injury that receives particular attention is the possibility of a concussion. Students and parents are required to read information regarding concussions, and there is a [MSHSAA Concussion Information Packet](#)

Catastrophic Medical Plan

Parkway West participates in a catastrophic medical plan that provides extensive coverage for athletes who participate in athletics under the jurisdiction of the MSHSAA. This plan is for catastrophic injuries only. There is no cost for this program for the students participating in athletics. Any questions concerning the nature of this policy should be directed to the school Activities Director.

Parkway West High School adheres to the regulations, by-laws, policies, and standards of both the Missouri State High School Activities Association and the Parkway School District.

Missouri State High School Activities Association (MSHSAA)

Parkway West High School is a member of the Missouri State High School Activities Association (MSHSAA). MSHSAA establishes regulations governing participation in activities in the state. These regulations are adopted by a vote of all member schools. It is the philosophy of the MSHSAA to guarantee that the focus of activities programs is educational in nature. The MSHSAA, through its member schools, establishes eligibility rules, individual sports rules, non-school competition standards, and athletic transfer policies, as well as organizing State Championships.

The following is a partial list of MSHSAA eligibility requirements. It is not complete and a student should check with his/her coach or with the Activities Director if they have any questions. These requirements are for all students who represent Parkway West High School in competitions against other schools.

Age Requirement

To be eligible for interscholastic activities, a student shall not have reached the age of 19 prior to July 1st preceding the opening of school. If the student turns 19 on or after July 1st, they shall be eligible for the entire ensuing school year.

Academic Eligibility For Interscholastic Sports

CITIZENSHIP - Students who represent Parkway West High School must be creditable citizens. The students whose character or conduct is such as to reflect discredit upon themselves or their school, are not considered "creditable citizens." A student shall not be considered eligible while under suspension (either in school or out of school).

ACADEMICS –Students must be currently enrolled in courses offering 3.00 units of credit and have passed six subjects (3.00 units) the preceding semester. It is strongly recommended that all athletes take 7 classes. Credit earned during summer school may count towards determining eligibility. Up to one credit may be earned in summer school and be applied to the previous semester credits. However not all classes count. Check with the Activities Director for more information. A repeated class already passed or an audited class does not count towards the 3.0 units of credit.

Attendance At School

According to the MSHSAA Handbook: If a student misses class(es) without being excused by the principal, the student shall not be considered eligible on that date. Further, the student shall not be eligible to participate on any subsequent date until the student attends a full day of classes (or has an excused absence(s) from class) without an unexcused absence.

Student-athletes are expected to attend all team practices, games, and “other” team activities. Should there become reason to have to miss, the student-athlete is expected to communicate ahead of time with their coach regarding the planned absence. Should a student become ill or have some other reason to miss practice unplanned, it is once again incumbent upon the student-athlete to communicate with their coach the reason for their absence ahead of time.

***** All students must also comply with all Missouri State High School Activities Association (MSHSAA), Parkway, and West High policies.**

Conditioning/Practice Standards

Each squad must have 14 days of practice and each individual must have participated in 14 school practices on 14 different days subsequent to the first interscholastic contest in all sports.

This requirement shall be waived if a student has been a member of another school sports squad immediately before the sport season and has had 14 days of conditioning.

Note: Students who have participated in and completed a preceding athletic season are exempt from the practice rule stated above. This exemption covers winter and spring athletes only in the given academic year.

Transfer Students

All students who are new (except for the beginning of their freshmen year) or returning to PWHS after attending another school that wishes to participate in interscholastic athletics should inquire at the Activities Office to determine their athletic eligibility status.

Non-school Competition

A student may not compete during the high school sports season on an outside team in the same sport (there are a few exceptions, consult with the Athletic Director). A student may compete in a different sport with the approval of the coach and the Activities Director. Clinics or one-to-one instruction may be allowed. Check with the Activities Director if you have any questions.

Nutritional Supplements

The health and safety of our students is very important to PWHS. Students who are considering the use of a nutritional supplement should only do so under the supervision of their family physician. MSHSAA Board Policy states that school coaches and other school personnel should never supply, recommend or permit the use of supplements for any performance enhancing purposes.

Removal or Ejection From a Contest

The removal or ejection of an athlete from a contest results in not only being removed for the remainder of that particular contest, but also from a minimum of the next contest on the schedule. The coach and Activities Director will meet to discuss and determine the length of the athlete's suspension from participating in competitions.

Parent/Coach Communication

Both parenting and coaching are extremely difficult vocations. By establishing an understanding of each position, we are better able to accept the actions of the other and provide greater benefit to our student athletes. When your child becomes involved in our program, you, as a parent, have a right to understand what expectations are placed on your child. This begins with clear communications from the coach of your child's program.

Communication you should expect from your child's coach:

- ❑ Philosophy of the coach
- ❑ Expectations the coach has for your child as well as the players on the squad
- ❑ Locations and times of all practices and contests
- ❑ Team requirements, i.e. practices, special equipment, out of season conditioning
- ❑ Procedure followed should your child be injured during participation
- ❑ Discipline that may result in the denial of your child's participation

As your children become involved in the programs at Parkway West High School, they will experience some of the most rewarding moments of their lives. It is important to understand that there also may be times when things do not go the way you or your child wishes. At these times discussion with the coach is encouraged.

Appropriate issues to discuss with coaches:

- ❑ The well-being of your child
- ❑ Ways to help your child improve
- ❑ Concerns about coach or athlete's behavior
- ❑ How your child can help the team to be competitive

Parkway West Chain of Command:

Parkway West Activities values the importance of teaching our student-athletes character traits to better prepare them for the future. One of the many traits we want our student-athletes to develop is how to have difficult conversations.

If your student-athlete has questions or concerns related to their sport or activity they should communicate with their coach or sponsor. Further communication can take place after this initial conversation takes place.

We follow the following chain of command:

- Student-athlete & coach meeting
- Student-athlete, Parent & coach set up meeting
- Student-athlete, Parent, Coach & Athletic Director
- Student-athlete, Parent, Coach, Athletic Director & Principal

Communication Expectations at Parkway West—X (Twitter)

Please be advised that at Parkway West High School most of our coaches/sponsors use X (Twitter) as a primary means of mass communicating with students, who are participating in various extra-curricular activities, as well as their parents.

At times it may be necessary (emergency situations) for our coaches/sponsors to text (from their personal device) a student directly or in mass to ensure their safety/well-being or to communicate pertinent team information. We expect phone to phone communication (text or voice) to be kept at a minimum and only used when absolutely necessary.

We also request that students/parents subscribe to fast follow our twitter accounts (sms text messages) as a way of staying current with the groups important information.

It may become necessary for a student to send a text or call directly to their coach/sponsor. Students should not text or call their coaches/sponsors anything personal in nature and the communication should always be pertinent to the activities of the group they are representing. This type of communication should be kept to a minimum and used only when absolutely necessary (emergency situations) or requested by the coach/sponsor to maintain a safe environment for our students.

Should a coach/sponsor use means of communicating that differ from those stated above, they will provide you with a written policy of electronic communication. [Parkway Electronic Usage Board Policy](#)

Locker Room Procedures, Expectations and Recommendations

- ❑ Only students who have been assigned lockers by coaches may use lockers for athletics
- ❑ Students must provide their own locks
- ❑ Lockers assigned for athletics may be used during the current season only - use of the lockers beyond the season is not permitted
- ❑ Sharing of lockers is prohibited
- ❑ Avoid keeping valuables (such as money, cell phones, I-Pods, jewelry) in your locker if at all possible
- ❑ At the end of each athletic season, all locks left on lockers will be removed and the belongings will go to the lost and found
- ❑ Students found violating locker room procedures and expectations will lose locker room privileges
- ❑ If you have a problem with a locker, notify your coach or member of the athletic staff immediately

Equipment & Uniforms

- ❑ All equipment and uniforms issued by a coach at West High are considered property of Parkway West High School
- ❑ Athletes are responsible for the care of equipment and uniforms during the season of competition
- ❑ Once the season is completed, all uniforms and equipment issued must be cleaned and returned immediately
- ❑ Students who do not return uniforms or equipment will be placed on the fee/fine list for the cost of replacement and will not be allowed to compete in a subsequent sport season until the fee/fine has been paid or the equipment has been returned
- ❑ Students assume the responsibility for any damage to equipment or uniforms that occurs outside the normal use for a West High athletic practice or competition
- ❑ Uniforms and practice gear are only to be worn at West High practices and for game day competitions

Parkway Athletic Philosophy

The Parkway School District believes that a dynamic program of student activities is vital to the educational development of the student. Interscholastic activities shall supplement the secondary curricular program and shall provide most worthwhile experiences to students that shall result in those learning outcomes that will contribute toward the development of the attributes of good citizenship. Emphasis shall be upon teaching "through" athletics and activities. These experiences shall serve as a laboratory where students may cope with problems and handle situations similar to those encountered under conditions prevailing in the contemporary world.

The interscholastic activities program shall be conducted in accordance with existing Board of Education policies and rules and regulations, and with the general objectives of each school.

IMPORTANT: An interscholastic activity shall be defined as any extra class activity involving two or more schools in which two or more students participate who are identified with their schools.

Code of Conduct For Participants In Parkway Athletics And Activities

Rationale

Secondary students who participate in athletics and co-curricular activities are thought of as school leaders. They represent the school in the eyes of the community. They serve as role models for other students. As such, these students should be held to a high standard of behavior. Such students need to maintain their physical and mental well-being not only while at school and school-sponsored activities, but at other times as well. In an effort to achieve these goals, Parkway has developed a prevention program which includes an Athletic and Activity Student Pledge. To participate in school sponsored athletics and designated school sponsored activities, an Athletic and Activity Student Pledge must be signed by students and their parents are requested to indicate support of the Code by signing the pledge along with their student.

The Code of Conduct

The following Code of Conduct applies to secondary students who participate in competitive sports teams sponsored by the Parkway School District and activities governed by MSHSAA. The activities will also include Student Government and National Honor Society. The Code is as follows:

1. **Drugs:** Students shall not use, possess or attempt to obtain any narcotic drug, hallucinogenic drug, amphetamine, barbiturate, marijuana, or other controlled substance of any kind, including performance enhancing drugs. (Unless prescribed by a physician.)
2. **Alcohol:** Students shall not use, possess or attempt to obtain any alcoholic beverage of any kind, including but not limited to beer, wine, and hard liquor.

This Code applies to student athletes only during the athletic season and to students involved in MSHSAA activities only during that part of the school year when the activity is taking place. However, during that time period, the Code applies to students twenty-four hours a day whether or not students are at school.

Consequences of Violation

Consequences for violation of the Code's prohibition of drug and alcohol use and possession during the season include the following:

The first violation shall result in the student being suspended from team competition or from all co-curricular activities for two weeks. During the two week suspension, students seeking reinstatement to a team or activity must attend, with their parent or guardian, two drug and alcohol education meetings. After completion of the two week suspension and the two required educational meetings, a reinstatement meeting will be held involving the student, his or her parents or guardian, the coach or sponsor, the building activities coordinator, and the principal to allow the student to recommit to being drug and alcohol free. If, in the judgment of the school officials, the student recommits, he or she will be allowed to again participate in team competition or the designated co-curricular activities governed by MSHSAA.

A second violation will result in the student being removed from all school-sponsored designated MSHSAA activities for a one year period. Prior to reinstatement, the student must have attended at least two drug and alcohol education meetings and must have recommitted to being drug and alcohol free at a reinstatement meeting.

A third violation will result in the student being permanently disqualified from participation in all school sponsored designated MSHSAA activities. Exceptions must be approved in writing by the superintendent.

Violations of the Honor Code will be deemed authentic based on the word of an authorized adult, defined as a coach or sponsor, administrator, teacher, police officer, the student's parent or guardian, **social networking sites**, or by the admission of the student.

Students in activities or athletics who violate the district's rules and regulations on drug or alcohol use or possession at school or during school activities, in addition to the consequences set out herein, are subject to established consequences in Parkway's discipline policy.

Implementation Procedures

The following additional procedures shall apply in the implementation of the Code of Conduct:

Prior to the suspension of a student from a team competition or co-curricular activity, the coach or sponsor shall hold an informal conference with the student wherein: (1) the student shall be informed of the alleged violation; (2) parents will be contacted immediately; (3) if the student denies the allegation, the student shall be given an explanation of the facts which form the basis for the proposed suspension; (4) the student shall be given an opportunity to present his or her version of the incident.

In determining whether there has been a violation of the Code of Conduct, coaches and sponsors should decide, based on statements of those individuals who have been interviewed, whether they believe that a violation has occurred. Good judgment is an essential part of this process. A student may appeal a suspension by writing to the building principal. The building principal shall investigate and make a ruling within two (2) school days of the principal's receipt of the request for an appeal.

The decision by the building principal may be appealed in writing to the superintendent of schools. The student shall simultaneously send a copy of the appeal request to the district's Activities Director, who shall investigate and make a recommendation to the superintendent. Such an appeal shall be resolved within five school days of the superintendent's receipt of the appeal. The superintendent's judgment shall be final.

The time frame for resolving appeals, contained herein may be extended by mutual consent. During the appeal process, students are not eligible to compete.

PARKWAY ATHLETICS AND ACTIVITIES HONOR CODE

STUDENT PLEDGE

As a participant in designated sports/activities, I agree to abide by all laws and rules regarding the use of alcohol, **tobacco**, and other illegal drugs. Chemical dependency is a progressive, but treatable, disease characterized by continued drinking or other drug use in spite of recurring problems resulting from that use. Knowing that athletics and activities are a privilege, I accept and pledge to abide by the Code of Conduct attached hereto, and other rules established by my coach or sponsor.

To demonstrate my commitment, I pledge:

- ☐ to abstain from the use and possession of alcohol and other illegal drugs;
- ☐ to seek information and assistance in dealing with any chemical dependency problems;
- ☐ to approach my parents, coach, or sponsor about my needs and problems;
- ☐ to follow training rules established by my coach or sponsor to promote my health and well-being.

Athletics & Activities Included in the Honor Code for the 2026-2027 School Year

Academic Competition	Golf, Boys	Swimming, Girls
Band, Marching	Golf, Girls	Tennis, Boys
Baseball	Lacrosse, Girls	Tennis, Girls
Basketball, Boys	Music, Vocal	Track, Boys
Basketball, Girls	Music, Instrumental	Track, Girls
Cheerleading	NHS	Volleyball, Boys
Color Guard	Poms	Volleyball, Girls
Cross Country, Boys	Soccer, Boys	Water Polo, Boys
Cross Country, Girls	Soccer, Girls	Water Polo, Girls
Drama	Softball, Girls	Wrestling, Boys
Field Hockey, Girls	Speech & Debate	Wrestling, Girls
Flag Football, Girls	Student Gov't (LOCO)	
Football	Swimming, Boys	

Hazing, Harassment...Zero Tolerance

Hazing: Willful conduct directed at a student that is intended to physically or emotionally intimidate, punish, embarrass, humiliate, ridicule, or place any student in a disconcerting position for the purpose of initiation, affiliation, inclusion or membership in any team or organization.

Harassment: Unwelcome conduct by a person that is sufficiently serious, persistent or pervasive, so that it affects another person's ability to participate in or benefit from the school program or activity by creating an intimidating, threatening or abusive environment.

It is the policy of the MSHSAA Board of Directors that hazing and harassment have no place in school-sponsored activity programs and pose a significant risk to the physical and mental welfare of students. Coaches, directors, sponsors and administrators must take an active role in the prevention of all forms of hazing and harassment. Students directly or indirectly involved in hazing incidents, on or off school grounds, could be considered ineligible by the school administration under the MSHSAA citizenship standard.

Sportsmanship

A major point of emphasis for the MSHSAA and area schools is the display of good sportsmanship by member schools. Parkway West is obligated to enforce sportsmanship rules for our coaches, athletes, and students, as well as our parents, fans, and other supporters at both home and away events. Violation of these rules, whether before, during, or after an event, can result in the following consequences: written reprimand, probation, suspension, ejection, or permanently not allowed to attend events. These consequences may be applied to players, coaches, students, and fans.

SPORTSMANSHIP GUIDELINES

1. No hand-held signs or large foam objects.
2. No amplified noisemakers (including air horns) are allowed at any time for indoor events. In addition, noisemakers are not allowed at outdoor events during play.
3. No stomping on bleachers.
4. Continuous standing, if allowed, is limited to designated sections.
5. No taunting of individual players or officials or derogatory chants or cheers of any kind.
6. Profane or obscene language is NOT allowed.
7. No throwing of any object onto the floor or field.
8. No megaphones, except when used by official cheerleaders.
9. No spectators shall enter the field or court at any time before, during, or after an event.

Thank you for always supporting our athletic/activities teams in a positive manner.

Important Dates

2026-2027 School Year

Fall Sports Start Date: August 10, 2026

Girl Wrestling & Basketball Start Date: November 2, 2026

Girls Swimming & Boys Wrestling Start Date: November 9, 2026

Water Polo Start Date: February 22, 2027

Spring Sports Start Date: March 1, 2027

2027-2028 School Year

Dead (No contact) Period: Saturday, July 31, 2027 - Sunday, August 8, 2027

Fall Sports Start Date: August 9, 2027

NCAA Clearinghouse

The NCAA Clearinghouse evaluates academic records to determine whether a student is eligible to participate at NCAA Division I or II colleges and universities as a college freshmen Student-athlete. Students wishing to participate in sports at these schools should register with the Clearinghouse at the end of their junior year. Requirements for eligibility can be found at www.ncaaclearinghouse.net or by asking your guidance counselor. More information can be found at: [NCAA Eligibility Center](#)

Parkway West Fight Song

Stand Up and Cheer!

Stand Up and Cheer

Stand Up and Cheer For Parkway West

For Today We Raise the Red and Blue, Above The Rest We Are The Best

The Longhorns Are Fighting, For We are Bound To Win This Game

We Got The Team, We Got The Steam

For It's Parkway West's Day, Hey!

