

Marin County Narcotics Anonymous

For Schedule or Website Changes: mcfna.pr@gmail.com

For Helpline Changes: mcfna.pr@gmail.com

NA Information on the Internet: www.MarinCountyNA.org www.norcalna.org www.na.org

Highlights:

Meeting opened at 7:00pm

Read the 12 traditions – Jarod Read the 12 Concepts – Christian

New GSRs:

- Leah, Over the Rainbow- Sunday 10am
- Jamie, zoom- Get Ya Some NA Love 6pm

Visitors: n/a

Happy Birthday:

Concept of the month:

Quorum: Yes

JAC (except the Chair) and subcommittee chairs are eligible voting members now. (50% + 1 needed for quorum)

SUBCOMMITTEE REPORTS:

Activities

Reporting: Russ

- Current balance- \$3272.14
 - o Insurance for next two events \$80.00
 - o Amazon gift cards for Halloween contest- \$75.00
- Turkeyaoke karaoke and potluck -Aldersgate Church November 23rd 6-10pm \$5 at the door
- Holiday Social Potluck December 21st @ 5pm, Sausalito Serenity location --> more details to come!

ACTIVITIES NEEDS SUPPORT

- Meets 1st and 3rd Friday of the month @ Picante 340 Bellam, San Rafael 6pm

Hospitals & Institutions

Reporting: Andre

- H&I was able to make a fantastic literature purchase this month! Thank you Marin County NA! This a primary way we can carry the message to the addict that wants to stop using
- We have several commitments available:
 - o San Quentin- become a beige card holder and get on our speaker list. Just ask for a clearance packet
 - o Jail 4 commitments available- Tuesday, 7pm
 - o Women's Cenerpoint- Sunday 7pm
 - o Jonathan's Place 2 commitments- Thursday 7Pm
- Come to 3 meetings in a row and a commitment can be yours

H&I NEEDS SUPPORT

H&I meets on Zoom and in-person on the 1st Sunday of the month. Orientation starts at 3:00pm and the meeting starts 3:330pm

Zoom - ID: 836 4746 0391 PW: 060063

https://us02web.zoom.us/j/83647460391?pwd=Vzh5YzFON1Flb3pHNlRaaUR3cG03QT09

In-Person - First Presbyterian Church (In Steward room facing Mission Ave.). 1510 5th Ave., San Rafael

Public Relations

Reporting: Javier

** please see attached report for more details**

- PR to continue secretary @ GG Recovery facility would like a 1:15 meeting instead of 1 hr.
- Bayside presentations switched to Wednesday
- Drug court presentation Monday, December 9th, 12pm
- VFW halls secured for marathon meetings- sign ups on the website
- Poster board for smart train approved
- NA business cards will be placed in Sherrif's lobby

PR NEEDS SUPPORT

PR will meet on the 2nd Sunday at 1:00pm at Starbucks, 7145 Redwood Blvd., Novato.

Unity Day

Reporting: Jay

- Dis-banned until February 2025

Facebook Group

Reporting: Robert

- Technical difficulties
- Corryn added as administrator

Zoom Meeting Coordinators

Reporting: Frank

Chair Report

Reporting: Edgar

- Unable to access storage to obtain old Saturday meeting box to bring to area

Vice Chair Report

Reporting: Russ

- Will update group regarding access to storage

Secretary Report

Reporting: Amy

Please submit your reports to mcfnasecretary@gmail.com no later than 5 days after Area. This is to ensure the minutes will be delivered to everyone in a timely manner.

Meeting Liaison

Reporting: Amy (for John)

- Budget meeting location confirmed
- Women's meeting facility needs a locker for literature/ bathroom stall not closing/locking (John suggesting that Sabrina be the primary contact for the facility)
- Mission and E could not verify H&I rent paid for last month (Steve K gave John H the money- will re-visit
 at next month area meeting
 - o Should not be meeting liason to pay H&I rent- need to bring up at next area meeting)

Regional Committee Member

Reporting: Dana

- Talked about insurance and if someone has success with insurance for campouts, meetings etc., good rates and good contacts, to share with other areas.
 - RCM DB don't list other insurance companies because it is an endorsement

(Interesting convo around sharing info on outside insurance companies) Get 3 bids – for events, has a broker we could tap into (smart Sheet) board put together if we ever have trouble https://app.smartsheet.com/b/form/a59815e79c0f4bee85a964ff2a5c9f43

- Topic around Service animals versus emotional support with documentation how that impacts insurance – has to be ADA compliant not just "paperwork"

- Text alerts (PR is responsible for this) – it is a helpful tool – for events etc.

Literature Report

Reporting: Jay

Regional Order – \$1316.31 Meeting Order - \$166.87 Stock Sales - \$88.00

Please see Treasurer's report for more details

Treasurer Report

Reporting: Frank Expenses \$1963.76 Income \$2073.21

Donation to Regional: \$0 (under prudent reserve) Current Balance \$3559.45 (new prudent reserve \$3800)

See attachment financial reports for more details

Open Forum:

- Discussed budget meeting details and software expense surplus allocation (please see separate budget meeting attachments for further details)
- Discussed different ways to help H&I increase funds for books
- No donation to region this month- prudent reserve increased at recent budget meeting

GSR Report Highlights:

***DONATIONS INCLUDE VENMO CONTRIBUTIONS *** please see attached file, 'October 24 detailed donations' for itemized donations

7:00 am Daily- Erin Literature order: \$0 Group Donation: \$159.00

Report: 30-50ppl attending; service positions available

Zoom Nooner- Frank W Literature order: \$0 Group donation: \$312.00

Report:

All donations at these meetings go straight to MCFNA Venmo, or to Frank R, in the form of a check. Monday, Tuesday, Thursday, Friday meetings are well attended. Host positions are available for Tuesday and Wednesday. This is a great way to get some recovery on your lunch break, or to just break up your day with a good meeting. Positions are also open for people to put up the readings, as it can be difficult for the host to do everything. We have had some interested newcomers appearing recently, so it would be great if we had hosts for each day's meeting. That's it for this month, thanks for letting me serve MCFNA.

In-Person Nooner- Steve K

Literature order: \$0 Group donation: \$25.00 Report: needs support

6:00pm Get Ya Some NA Love- Jamie B

Literature order: \$0 Group donation: \$0

Report: all positions filled; 20 ppl; newcomers attending; new secretary elected

Monday Night Chip- Dustin Literature order: \$32.50 Group donation: \$27.00

Report: meeting is well attended. Treasurer position is open

Monday Night Book 7:30pm - Jarod

Literature order: \$0 Group donation: \$62.00

Report: meeting is going well; steady attendance. Could always use more support

Tuesday Young Guns - Christian (reporting)

Literature order: \$0 Group donation: \$0 Report: none

Tuesday Men's Meeting – Javier

Literature order: \$67.00 Group donation: \$0

Report: lots of out of town speakers. All service positions filled

Tuesday Women's Meeting- Sabrina

Literature order: \$10.87 Group donation: \$63.00

Report: meeting going well; good attendance. Average 20-25 ppl. All positions filled

Wednesday R&R – Mo Literature order: \$65.00 Group donation: \$109.00

Report: Great meeting. Lots of newcomers and old timers. Snacks. All positions filled

Thursday Time For Change- Amy (reporting)

Literature order: \$0 Group donation: \$0

Report: new secretary, Edward. All positions filled. John's tenure as GSR is over so looking for new GSR. No donation or literature because we are under prudent reserve. Meeting regularly gets 10 men but only 1-3

women.

Una Nueva Visión – Edgar

Literature order: \$0
Group donation: \$20.00

Report: steady attendance - need lit and chip person

Thursday Newcomers Meeting –Dustin (reporting)

Literature order: \$36.75

Group donation: \$ 0

Report: meeting is well attended. In need of GSR. Meetings are now 1 hr with exception of 4th Thursday; birthday

night is 1.25hrs

Friday Night Live - Christian

Literature order: \$0 Group donation: \$0 Report: none

Saturday Men's Step Working Guide - Chris

Literature order: \$0 Group donation: \$20.00

Report: Doing well. On 11th step. Always need support

Saturday Sausalito Serenity - Aaron

Literature order: \$0
Group donation: \$152.00
Report: we need a new GSR

Sunday Over The Rainbow – Leah

Literature order: \$28.75 Group donation: \$205.00

Report: No position needed. Average attendance is 30-35. At least 3-5 newcomers a week; several members

who are currently in residential treatment

Sunday 10am, Spiritual Principal a Day -

Literature order: \$0 Group donation: \$105.00

Report: core group of regular people attending (6-10) with newcomers

Sunday 3pm, What It's Like Today- Gail

Literature order: \$0 Group donation: \$55.00

Report: Meeting is small. All positions filled. Solid recovery. Come join us

Sunday 6pm SPAD / JFT- Brian

Literature order: \$5
Group donation: \$11.00

Report: Literature and coffee position open. Attendance ok. Literature stocked

Old Business:

- Frank will help find someone to complete our taxes
- Motion made and passed to strike following items from September ASC minutes:
 - o "Motion made by H&I and PASSED to increase October budget from \$300 to \$400 to purchase Spanish and additional English literature"
 - o "Russ will speak to someone about filing for taxes"
- Facebook page update Corryn added as admin- no further action needed

New Business:

- Update line item in guidelines regarding mid-year budget report
- Secure access to storage facility
- Need to clarify who is supposed to pay H&I meeting location rent (per John H)

END OF BUSINESS Meeting closed with Serenity Prayer

Next ASC Meeting is... Friday, November 15th at 7:00pm via Zoom and IN-PERSON at the American Legion. 500 Magnolia Avenue, Larkspur. Zoom information for Area will stay the same:

Meeting ID: 841 7787 4499

Password: 324741



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		415-847-9141	
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