

- “28 Days To A Client” -

The Real War Mode Day Plan + Report.

	Priority Level	Task List For The Day (Set Tasks That Make Progress Towards MY Goals)
1. ☒ /X	3 ▾	Wake up and waste no movement or time
2. ☒ /X	3 ▾	Cold shower
3. ☒ /X	3 ▾	Get ready and drive to the airport
4. ☒ /X	3 ▾	Review copies
5. ☒ /X	3 ▾	Practice copy
6. ☒ /X	3 ▾	Outreach
7. ☒ /X	3 ▾	Workout
8. ☒ /X	3 ▾	Arrive and manage business
9. ☒ /X	2 ▾	Read book
10. ☒ /X	2 ▾	meditate
11. ☒ /X	2 ▾	100 fists
12. ☒ /X	2 ▾	Spanish lessons
13. ☒ /X	2 ▾	
14. ☒ /X	3 ▾	
15. ☒ /X	3 ▾	
16. ☒ /X	3 ▾	
17. ☒ /X	3 ▾	
18. ☒ /X	3 ▾	
19. ☒ /X	3 ▾	
20. ☒ /X	3 ▾	

Day Number:8

Date:20.3.2023

Start Of The Day - Time:5:45

	 3 Things That I Am Excited To Have In The Future? 
1.	Upgrade to my Mercedes
2.	First client
3.	Experience my journey

Hour-By-Hour **Tracking:**

[Track+Measure=Improve]

 Task:	 Task = Set The Task That I Intend To Complete This Hour?
 Intention:	 Intention = What Is My Plan Of Action To Complete This Task For This Hour?
 Reflection:	 Reflection = Did I Complete This Task For This Hour? If Not, Then Why?

My War Mode Words:

1. I Am Acting With No Limits To My Abilities!

2. I Am Being All That I Can Be, Every Hour And Every Day!

3. Every Word I Am Saying And Thought I Am Thinking Is Positive!

4. I Am Being Enthusiastic About Completing Each Task!

5. I Am The Best Copywriter In The World!

**(Delete Any Boxes Below That Are Before
The Time That You Start Your Day In Your
Own Copy)**

\$ 5 am: Task \$	Wake up, no wasted movement or time
🔔 Intention 🔔	Wake up, ACTION.
✍️ Reflection ✍️	

\$ 6 am: Task \$	Cold shower
🔔 Intention 🔔	Breath under the cold water
✍️ Reflection ✍️	

\$ 7 am: Task \$	Review copies
🔔 Intention 🔔	Sit down and review copies, at least 2
✍️ Reflection ✍️	

\$ 8 am: Task \$	Head out and drive to the airport
🔔 Intention 🔔	Driving the Kia to the airport
✍️ Reflection ✍️	

\$ 9 am: Task \$	Arriving to the airport
🔔 Intention 🔔	Arrive
✍️ Reflection ✍️	

\$ 10 am: Task \$	Head back to the city
🔔 Intention 🔔	On the way back
✍️ Reflection ✍️	

\$ 11 am: Task \$	Arrive, hopefully with no traffic- get to action
🔔 Intention 🔔	Get to work, first work out
✍️ Reflection ✍️	

\$ 12 am: Task \$	Working out
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 Intention 	Dedicating 100 percent focus on working out
 Reflection 	

\$ 1 pm: Task \$	Get to the business and figure out, sort a couple of things for the day
 Intention 	Be in the business, sort the listed things
 Reflection 	

\$ 2 pm: Task \$	Eat and shower home, straight to write copy
 Intention 	Shower and eat, write copy either in the business or home
 Reflection 	

\$ 3 pm: Task \$	Read book, wherever I am
 Intention 	Sit and read
 Reflection 	

\$ 4 pm: Task \$	Spanish lessons
 Intention 	Sit and practice
 Reflection 	

\$ 5 pm: Task \$	Outreach
🔔 Intention 🔔	Sit down and dedicate a complete hour (minimum) for outreach
✍️ Reflection ✍️	

\$ 6 pm: Task \$	Meditate and see if I missed a task, complete and dedicate time for completion
🔔 Intention 🔔	Go over the list and decide the next step
✍️ Reflection ✍️	

\$ 7 pm: Task \$	Reflecting
🔔 Intention 🔔	Sit down, write, reflect, OODA LOOP
✍️ Reflection ✍️	

\$ 8 pm: Task \$	Getting ready to sleep
🔔 Intention 🔔	Do what ever is necessary in order to be able to go and rest
✍️ Reflection ✍️	



End-Of-The-Day Report:



What Did I Learn Today?
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What Do I Plan To Do Differently Tomorrow?

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What Do I Plan To Do The Same Tomorrow?
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Who Do I Need To Update, Contact, Ask A Question To, And Share Feedback With?
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What Tasks Were Left Undone?

OUTREACH, REVIEW COPY, 100 FISTS, MEDITATE, READ BOOK
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Brain Dump: