

College and Career Advising & MyCAP (Millbury Jr./ Sr High School) - 7th Grade

CCA Program			MyCAP
Domain	What A Student Should Know, Understand, and Be Able to Do in 7th Grade	Implementation Strategies and Activities	MyCAP Process and Documentation
	NOTE: Statements below are adapted from CDE benchmarks, SEL competencies, and/or ASCA Mindsets & Behaviors.	NOTE: Some of the strategies and activities presented here will benefit from the support of external partners, e.g., institutions of higher education, employers, and/or the state's Connecting Activities Intermediary system.	NOTE: Journal entries refer to reflections recorded in the journal section of your platform; if your platform does NOT have this feature, students should complete reflections in Word or Google Docs and upload to their platform account.
Personal Social	School Counseling Program: - Students will understand the growth mindset and the value of resilience, perseverance, and a positive attitude for future success. - Students will establish and maintain healthy relationships with diverse individuals and groups, resisting inappropriate pressures and constructively negotiating conflict	School Counseling In-Class Curriculum: - Choose Love Curriculum - Gratitude Lesson - Empathy Lesson - Utilize the MEFA digital profile to add interests, activities, favorite subjects, etc. - Monthly Student Kindness Acknowledgments	School Counseling In-Class Curriculum: - Choose Love Activities - Say one kind thing about a classmate - MEFA Platform
Career Development Education	- Students will identify behaviors and skills necessary for success in the workforce. - Students will understand career development education -awareness, exploration, immersion, and the activities available across the spectrum. - Students will engage in career awareness activities, including exploring careers of interest on Naviance	School Counseling Other Activities: - Being a responsible learner, "being prepared emotionally and socially." - Career Cluster Activity - Course Selection/ Future Planning	- Document Career Cluster Results in MEFA Journal - Using Aspen, selecting courses, teachers' recommendations, and pathways
Academic College & Career Planning	- Students will understand the importance of academic success in middle school for future academic success. - Students will understand the variety of postsecondary options. - Students will understand the relationship of their academic courses, postsecondary options, and career interests	School Counseling In-Class Curriculum: MEFA Pathways: Complete online career awareness activities such as: - Exploring Career Discovery Zone - Applying Interests, Values, and Skills to a Career Category	Upload information on three career interests based on exploration activities in the MEFA journal

College and Career Advising & MyCAP (Millbury Jr./ Sr High School) - 8th Grade

CCA Program			MyCAP
Domain	What A Student Should Know, Understand, and Be Able to Do in 9th Grade	Implementation Strategies and Activities	MyCAP Process and Documentation
	NOTE: Statements below are adapted from CDE benchmarks, SEL competencies, and/or ASCA Mindsets & Behaviors.	NOTE: Some of the strategies and activities presented here will benefit from the support of external partners, e.g., institutions of higher education, employers, and/or the state's Connecting Activities Intermediary system.	NOTE: Journal entries refer to reflections recorded in the journal section of your platform; if your platform does NOT have this feature, students should complete reflections in Word or Google Docs and upload to their platform account.
Personal Social	School Counseling Program - Students will understand the growth mindset and the value of resilience, perseverance, and a positive attitude for future success. - Students will establish and maintain healthy relationships with diverse individuals and groups, resisting inappropriate pressures and constructively negotiating conflict	School Counseling Other Activities: Choose Love Curriculum: - Gratitude - Tolerance/Acceptance (Compassion) - Healthy Relationships - Monthly Student Kindness Acknowledgments	Complete Exit Activity on Google Form after Choose Love Presentation, Fill out Gratitude Cloud
Career Development Education	- Students will identify behaviors and skills necessary for success in the workforce. - Students will understand career development education -awareness, exploration, immersion, and the activities available across the spectrum. - Students will engage in career awareness activities, including exploring careers of interest on Naviance	School Counseling Other Activities: - Career Readiness Employability Review - Course Selection/ Future Planning - Introduction to Naviance - Complete Self-Discovery Lessons	- Using Aspen, selecting courses, teacher recommendations, and pathways will be managed and documented for DESE and MyCap - PowerPoint - How to use Naviance this year and the rest of your high school career. Document self-discovery results.
Academic College & Career Planning	- Students will understand the importance of academic success in middle school for future academic success. - Students will understand the variety of postsecondary options and the relationship of their academic choices and career interests.	School Counseling Other Activities: Identify two academic goals for grade 9 using Goals & Strategies Page on MEFA Platform	- MEFA Pathways Journal Entry - MEFA: Goals and Strategies

College and Career Advising & MyCAP (Millbury Jr./ Sr High School) - 9th Grade

CCA Program			MyCAP
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	NOTE: Statements below are adapted from CDE benchmarks, SEL competencies, and/or ASCA Mindsets & Behaviors.	NOTE: Some of the strategies and activities presented here will benefit from the support of external partners, e.g., institutions of higher education, employers, and/or the state's Connecting Activities Intermediary system.	NOTE: Journal entries refer to reflections recorded in the journal section of your platform; if your platform does NOT have this feature, students should complete reflections in Word or Google Docs and upload to their platform account.
Personal Social	School Counseling Program - Students will be able to increase self-awareness and become less fearful in the present and future by increasing willingness to try difficult tasks and improve one's ability to express their feelings. - Students will be able to identify healthy social-emotional well-being.	School Counseling In-Class Curriculum Choose Love Curriculum Courage School Counseling Other Activities: Signs of Suicide: BSAD Screening, Class Presentations, Individual Follow-Up Meetings	School Counseling Program: Mindwise Platform Individual meetings of SOS documented through Google Sheets
Career Development Education	- Students will be able to identify areas of academic interest and extracurricular activities related to future goals. - Demonstrate knowledge and understanding of career clusters.	School Counseling In-Class Curriculum: Introduction to School Counseling Strengths Explorer Activity School Counseling Other Activities: Course Selection/Future Planning	Naviance - Strengths Explorer Using Aspen, selecting courses, teachers' recommendations, and pathways will be managed and documented for DESE and MyCap purposes.
Academic College & Career Planning	Understand graduation requirements, MassCore requirements, AP options, and early college options. Create a 4-year course plan connected to identified career interests. Understand the variety of post-secondary options.	School Counseling Other Activities: Course Selection/Future Planning	- Using Aspen, selecting courses, teachers' recommendations, and pathways will be managed and documented for DESE and MyCap purposes. - Utilize MEFA's Pathway tool to plan a course selection pathway

College and Career Advising & MyCAP (Millbury Jr./ Sr High School) - 10th Grade

CCA Program			MyCAP
Domain	What A Student Should Know, Understand, and Be Able to Do in 10th Grade NOTE: Statements below are adapted from CDE benchmarks, SEL competencies, and/or ASCA Mindsets & Behaviors.	Implementation Strategies and Activities NOTE: Some of the strategies and activities presented here will benefit from the support of external partners, e.g., institutions of higher education, employers, and/or the state's Connecting Activities Intermediary system.	MyCAP Process and Documentation NOTE: Journal entries refer to reflections recorded in the journal section of your platform; if your platform does NOT have this feature, students should complete reflections in Word or Google Docs, and upload to their platform account.
Personal Social	Students will develop positive attitudes towards themselves and others, ability to see other perspectives and show empathy, show appreciation and kindness towards self and others, increase mindfulness and improve their attitude about school and learning.	School Counseling Other Activities: Choose Love Curriculum: Gratitude	School Counseling Program Exit ticket through Google Forms
Career Development Education	Students will begin narrowing future career options that relate more closely to personal identity, academic interests, extracurricular activities. Once narrowed, apply interests to future plans such as course selection and post-secondary options.	School Counseling In Class Curriculum: PSAT Presentation Career Interest Profiler Carpenter's Union Partnership - Introduction to shop Friday's	Students use Naviance to journal their results for the College SuperMatch next year
Academic College & Career Planning	Update profile details such as activities, honors, awards, employment, and community service opportunities.	School Counseling In Class Curriculum: PSAT Presentation - Link College Board to Khan Academy School Counseling Other Activities: - Course Selection/Future Planning - Carpenter's Union Partnership - Intro to Shop Friday's	Students will connect their Collegeboard account to Khan Academy to work on skill deficits exemplified through PSAT scores. Using Aspen, selectioning courses, teachers recommendations and pathways will be managed and documented for DESE and MyCap purposes. Students are identified through counselor/administration recommendations based

on interest in the vocational field.

College and Career Advising & MyCAP (Millbury Jr./ Sr High School) - 11th Grade

CCA Program			MyCAP
Domain	What A Student Should Know, Understand, and Be Able to Do in 11th Grade	Implementation Strategies and Activities	MyCAP Process and Documentation
	NOTE: Statements below are adapted from CDE benchmarks, SEL competencies, and/or ASCA Mindsets & Behaviors.	NOTE: Some of the strategies and activities presented here will benefit from the support of external partners, e.g., institutions of higher education, employers, and/or the state's Connecting Activities Intermediary system.	NOTE: Journal entries refer to reflections recorded in the journal section of your platform; if your platform does NOT have this feature, students should complete reflections in Word or Google Docs, and upload to their platform account.
Personal Social	School Counseling Program Students will become better at self-regulation, improve their decision making skills, heighten their self-management skills and improve resiliency.	School Counseling Other Activities: Choose Love Curriculum: • Forgiveness	School Counseling Program Exit ticket through Google Forms.
Career Development Education	Students will learn how to navigate the college search process utilizing Naviance's College SuperMatch tool based on a number of search criteria. They will also learn how to analyze their matched results so that they are meaningful and applicable for when they start the application process.	School Counseling In Class Curriculum: Naviance: • SuperMatch College Search based on Career Interest Profiler results	Students used Naviance to journal their results in their Naviance account. All documentation of future plans will be stored in Naviance and used to assist students with their post-secondary applications senior year.
Academic College & Career Planning	Students will continue to narrow future career options that relate more closely to personal identity, academic interests and extracurricular activities. Once narrowed apply interests to future plans and course selection.	School Counseling In Class Curriculum: Junior Post-Secondary Planning Presentation School Counseling Other Activities: • Course Selection/Future Planning • Intern/externship opportunities ◦ HISEPP Grant • Carpenter's Union Partnership - Introduction to shop Friday's • Finalize Resume on Naviance/MEFA	Students are prompted to review their Career Interest Profiler and/or College SuperMatch results in order to start finalizing post secondary plans. Students are given a comprehensive overview of the college application process. Other post-secondary options are also discussed and reviewed. Using Aspen, selectioning courses, teachers recommendations and pathways will be managed and documented for DESE and MyCap purposes. Intern/externship opportunities go through an application process and are managed through internship coordinator. Students are identified through counselor/administration recommendations based on

			interest in the vocational field.
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College and Career Advising & MyCAP (Millbury Jr./ Sr High School) - 12th Grade

CCA Program			MyCAP
Domain	What A Student Should Know, Understand, and Be Able to Do in 12th Grade	Implementation Strategies and Activities	MyCAP Process and Documentation
	NOTE: Statements below are adapted from CDE benchmarks, SEL competencies, and/or ASCA Mindsets & Behaviors.	NOTE: Some of the strategies and activities presented here will benefit from the support of external partners, e.g., institutions of higher education, employers, and/or the state's Connecting Activities Intermediary system.	NOTE: Journal entries refer to reflections recorded in the journal section of your platform; if your platform does NOT have this feature, students should complete reflections in Word or Google Docs, and upload to their platform account.
Personal Social	School Counseling Program Students will enhance connections and build relationships, respond in a loving manner, show caring and concern for others, improve social skills and build social and moral awareness.	School Counseling In Class Curriculum: Choose Love Presentation: Compassion	School Counseling Program Exit ticket through Google Forms.
Career Development Education	Students will understand the use of networking through an academic and/or workplace setting.	School Counseling Other Activities: - Individual senior meetings - Intern/externship opportunities - HISSEP Grant - Carpenter's Union Partnership Money Management/ Personal Finance Lesson - Student Loan Debt, Career Compensations/Benefits/Deductions	Senior courses will be selected and stored in Aspen. Intern/externship opportunities go through an application process and are managed through internship coordinator. Students are identified through counselor/administration recommendations based on interest in the vocational field.
Academic College & Career Planning	Students will understand the requirements to fulfill their post-secondary plans. Students will apply to post-secondary plan options such as 2- year and 4-year colleges, military, vocational/technical schools, and work opportunities.	School Counseling Other Activities: Finalize Post-secondary plans - College application logistics - Military applications - Job applications Utilize MEFA's Local Scholarships tool	All documentation of future plans will be stored in Naviance and used to assist students in their post-secondary applications during their senior years.