



NORTH STAR HIGH SCHOOL

Home of the
"Navigators"

5801 North 33rd Street – Lincoln, NE 68504
Phone: (402) 436-1305 FAX: (402) 458-3104



Nathan Renter, Activities Director

James Thompson, Asst. Activities Director

Gator Junior Varsity Wrestling Invitational Saturday, January 14th, 2023 @ 9:00 AM North Star High School

Participating Schools: Columbus, Lincoln East, Kearney, Lincoln North Star, Lincoln Northeast, Lincoln Southeast, Lincoln Southwest, Norfolk, Lincoln High, Lincoln Pius

Entry Fee: \$85.00 per school.

Admission: Adults: \$7.00 Students \$5.00

Team Members: Each team will be able to have one wrestler for each weight class. This would max out each team at 14 wrestlers. Coaches must be serving as a school paid coach or an approved volunteer by the school.

Concessions: Concessions will be available.

Entrance: *Please enter through the Main Doors on the East side of the Building.*

Buses should unload at the East entrance (Door #1) and then park at the extreme south end of the student parking lot. The doors will open at 6:00 am for teams.

TEAM DESIGNATED AREAS. Each team will have a designated space in the bleachers for their wrestlers, managers, coaches, etc. to "camp out" for the day.

COOLERS ALLOWED ONLY IN THE GYM. Coolers are only allowed in each assigned "team camp" areas. This is the only place where food should be consumed.

Locker Room: Locker room 'A' will be available for teams to use but will be left unlocked. If you have valuables keep them with you or leave them at home. Wrestlers are expected to NOT hang out in the locker room area.

Weigh-ins: We will be having home weigh-ins for this meet. We will grant access to our scales for those schools who would like to weigh-in at North Star. We will be performing skin checks at 8:00 AM.

TrackWrestling: TrackWrestling will be used to score the meet. Teams will be assigned to enter roster. Call to mat system will be in place for matches. **Please let us know if there are any teams that will be wrestling on January 13th, 2023 so we can inform all teams about any extra pounds allowed.**

Seeding Meeting: There will be a coaches seeding meeting in Room D023 at 7:30 am. Matches will be scheduled to begin at 9:00 am.

Brackets: The format of the tournament will be a full 8-man bracket.

Time Schedule:

Wrestling will start at 9:00 am, we will run 3 mats throughout the entire tournament. We will provide a 30-minute break that will be announced at the seeding meeting.

Awards: Medals will be awarded in each weight class to the top four places. We will be recognizing a Team Champion and Team Runner-Up this year. Individual Medals will be packaged and given to each Head Coach at the conclusion of the meet. We will not have a medal presentation this year.

Entries: All entries will be through TrackWrestling, you will get an email invite soon. Lineups are due Thursday, January 12th, 2023 by 9:00 pm.

Hospitality: Lunch will be provided

Tournament Director: Davis Ball, Leann Boerema, Matt Davis

Please send your entry fee of \$85.00 prior to the tournament.

In case of inclement weather, please list phone numbers for the following:

Head Coach

Home:_____ Cell:_____ Office:_____

Please return/send names, cell number and office number to lboerem@lps.org