

# FINE MOTOR: RECIPES

## Playdough

### Ingredients:

- 1 cup water
- 1 tablespoon vegetable oil
- 1/2 cup salt
- 1 tablespoon cream of tartar
- Food coloring
- Saucepan
- 1 cup flour

### Directions

1. Combine water, oil, salt, cream of tartar, and food coloring in a saucepan and heat until warm.
2. Remove from heat and add flour.
3. Stir, then knead until smooth. The cream of tartar makes this dough last 6 months or longer, so resist the temptation to omit this ingredient if you don't have it on hand.
4. Store this dough in an airtight container or a Ziploc freezer bag.

## **Flubber:**

### **INGREDIENTS**

1. 1 ½ cups warm water
2. 2 cups elmer white glue
3. Food coloring
4. 1 ⅓ cups warm water
5. 3 teaspoons borax

### **DIRECTIONS**

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In one container mix 1 1/2 cups warm water, white glue and a few drops of food coloring.

In a second container mix 1 1/3 cups of warm water and Borax.

Mix the Borax mixture into the glue mixture until combined. (may be some liquid in the bottom of the container).

Place Flubber on a tray and let stand for a few minutes before playing with it!

Store in an airtight container.

### ***Or:***

Equal parts water and glue-mix in a bowl and stir in liquid starch until it reaches the desired texture. Add pennies, buttons, or other small objects to increase the fun.

## **Oobleck:**

Mix some cornstarch and water in a bowl. You can also add food coloring for fun! Fun to experience the different textures. Is it a liquid? A solid? It is easily vacuumed up if it spills, but be careful with food coloring as it may stain.

If it gets on your clothes, you can use vinegar and a paper towel to remove it!

## **Salt Dough:**

To make things to keep :)

2 parts flour

1 part salt

1 part water

Mix flour and salt together and slowly add water until the dough holds together. Knead it for 10 minutes until you have a smooth dough. You can then shape it, roll and cut shapes and add pipe cleaners, buttons, ribbon, etc. Bake finished products on a baking sheet in a 250 degree oven for about 2 hours.

The dough may be pre colored with food coloring mixed with the water in the beginning or painted after dried