Mount Vernon HS Running Start Course Equivalencies

MVHS Running Start students should use this course equivalency matrix to determine which Running Start classes to take, to meet their remaining Graduation Requirements as listed in their Skyward Student Access, Graduation Requirements tab.

ENGLISH	MATH
Students may take any of the SVC course(s) below, to meet their remaining MVHS English requirements.	Students may take an SVC Math class that is 100 level or higher to meet their remaining MVHS Math requirements.
English 101,102, 103, 111, 112,113, 170, 220, 230, 236, 244, 245, 246, 254, 280 Literature 115, 221, 223, 240, 261 Communications Studies (all CMST 100 or above)	Math 100 and above SCIENCE Students may take any SVC Science class 100 level or higher in any of the below subject areas to meet their remaining MVHS Science requirements.
	Courses 100 & above: Astronomy, Biological Science, Chemistry, Earth Science, Environmental Conservation, Geology, Natural Science, Nutrition, Physics
MVHS SOCIAL STUDIES Requirements	SVC Course Options
Civics	Political Science 101 or 202
US History I & II	History 147 or 148
Washington State History	History 214
World History	History 127 OR 128
MVHS Social Studies Elective	Career & Technical Education (CTE)
SVC Course Options: Economics 100 and above Sociology 101, 107, 112, 160, 201 Philosophy 101 and 215 Ethnic Studies 100, 111, 112, 120, 123, 201, 210 Geography 100 History 128, 219, 240, 245, 270, 280, 283 Psychology 100 Social Science 100, 109, 110, 211, 280, 281 Political Science 100 and above	SVC Courses 100 level or higher any below area: Accounting, Allied Health Ed., Automotive Tech, Business, Business Management, Computer Information systems, Computer Science, Criminal Justice, Culinary Arts and Hospitality Management, Dental, Diesel Power Tech, Early Childhood Ed., Engineering, Environmental Conservation, Fire Protection Tech, Geographic Info Systems, Human Services, Journalism, Manufacturing Tech., Multimedia & Interactive Tech., Nursing, Office Administration and Accounting, Welding Tech

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PHYSICAL EDUCATION (PE)	WORLD LANGUAGE
Any SVC PE Courses 100 level or higher	Any World Language course 100 level or higher
HEALTH SVC PE 100 (Wellness for Life) AND PE 200 (First Aid/Safety)	High School & Beyond Plan (HSBP) For the Class of 2026: CSS 103, BUS 101 at SVC, or complete the Class of 2026 HSBP tasks in Schoolinks. 11/2025 update for the Class of 2027 & Beyond: For your classes, the State now requires students complete the HSBP tasks in Schoolinks. • Use your MVHS email & password to login
ART	ELECTIVES
Any SVC Fine Arts course that is 100 or higher	Any SVC course that is 100 level or higher

Note: Please use the below chart to verify the number of college credits possible, based on the number of MVHS courses you are or plan to be enrolled in.

Students eligible for Free or Reduced lunch at MVHS may qualify to have additional credits covered. Please contact your SVC Advisor for more information.

COLLEGE CREDIT LIMITS Based on # of HS Classes			
# of MVHS CLASSES	MVHS FTE Full Time Equivalency	Maximum College Credits Covered by Running Start	
0	0	21*	
1	.18	18	
2	.36	15	
3	.54	12	
4	.72	10	
5	.90	7	
6	1.0	6	

^{*} Students should check with the college to verify the maximum number of credits allowed.

Credit Equivalency Chart		
College Credits	High School Credits	
5	1.0	
4	0.8	
3	0.6	
2	0.4	
1	0.2	