

This Week's Prayer Focus: Biological Parents

This week's focus was written by Jennifer Mae, author, birth mom and Founder of the only Christ-Centered retreat in the US that is open to all birth moms "Fireweed"

<p>"A father to the fatherless, a defender of widows, is God in his holy dwelling." Psalm 68:5</p>	<p><i>Merciful God, You are the Father who never abandons, the Defender of every vulnerable heart. Be shelter, wisdom, and peace to parents weighing adoption. Surround them with compassionate people who honor their dignity and guide them with truth and tenderness. Bless every agency, hospital, and home so that each child and parent finds belonging and comfort in Your care.</i></p>
<p>"Each of you should use whatever gift you have received to serve others, as faithful stewards of God's grace in its various forms." 1 Peter 4:10</p>	<p><i>Heavenly Father, Thank You for the gifts You place in every heart. For those serving in adoption—doctors, counselors, friends—may their actions reflect Your grace. Teach us to use our gifts not for comfort, but to lift the weary, guide the uncertain, and mirror Your steadfast love in every word and deed.</i></p>
<p>"And the King will say, 'I tell you the truth, when you did it to one of the least of these my brothers and sisters, you were doing it to me!' Matthew 25:40</p>	<p><i>Lord Jesus, You see the hidden burdens of every parent. Give us eyes to see as You see. Let our hearts recognize You in the weary, unsure, and afraid. Teach us to offer help with gentleness, compassion, and grace. Let our words</i></p>

	<i>carry love, truth, and mercy, so that each act of kindness becomes worship, for when we love “the least of these,” we love You.</i>
“So do not fear, for I am with you; do not be dismayed, for I am your God. I will strengthen you and help you; I will uphold you with my righteous right hand.” Isaiah 41:10	<i>Faithful Father, You are near to those trembling with uncertainty. For parents carrying hard choices, remind them they are never alone. When fear whispers they are too weak, speak louder that You are their strength. Give courage to them to reach for help and for us – give compassion to serve without judgment or selfish motive. Uphold these precious parents’ hearts with Your righteous right hand, that they may rest in Your care.</i>
“It is God who arms me with strength and keeps my way secure.” Psalm 18: 32	<i>Mighty God, You are the source of strength and keeper of every path. Arm parents with courage from Your sustaining grace. Steady their hearts in fear and doubt, and remind them You go before and behind them. Grant courage to seek help and humility to receive it. Let them see their worth not in self-reliance, but in Your love.</i>
“Do nothing from selfish ambition or conceit, but in humility count others more significant than yourselves. Let each of you look not only to his own	<i>Gracious Lord, We lift before You the parents who, in deep humility and love, are considering adoption for the sake of their child’s future. Their hearts ache with both love and loss, yet in</i>

<p>interests, but also to the interests of others.” Philippians 2: 3-4</p>	<p><i>their selflessness, they reflect the very nature of Christ through placing another’s good before their own comfort.</i></p> <p><i>Cover them with Your peace, Lord, and remind them that their love is not diminished by this choice, it is magnified. Surround them with people who will honor their courage and treat their decision with reverence and compassion. May each parent and child find safety, belonging, and may they find comfort in knowing that You hold them all securely in Your hands.</i></p>
<p>“Beloved, do not believe every spirit, but test the spirits to see whether they are from God, for many false prophets have gone out into the world.” 1 John 4:1</p>	<p><i>Heavenly Father, Grant wisdom and discernment to parents facing unexpected pregnancies. Protect them from misleading or pressuring voices. Give them clarity to recognize truth and courage to question what is not of You. Be their constant companion, shining light on every path and grant them peace rooted in Your truth. Surround them with trustworthy guides who reflect Your love and honesty.</i></p>
<p>“The steadfast love of the Lord never ceases; his mercies never come to an end; they are new every morning; great is your faithfulness.” Lamentations 3:22-23</p>	<p><i>Faithful and compassionate God, We pray for the expectant parents who feel lost, burdened, or unworthy; remind them that no mistake, no moment, no fear can exhaust Your mercy. Let them see that each day is a fresh chance to</i></p>



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receive Your grace, to be held by Your love, and to walk forward without shame.

Surround them with gentle truth and tender encouragement, so they may trust that Your faithfulness is greater than their guilt, and Your forgiveness is wider than their regret, (and help them to bring both to the foot of the cross). Restore hope where despair lingers, and remind them that in You, no one is beyond redemption.