

Biathlon Alberta Open Canada Winter Games Camp

November 11–13, Canmore

Biathlon Alberta is excited to host an **Open Canada Winter Games Camp** in Canmore from **November 11–13**, led by experienced coaches **Ntala Quintilio** and **Trevor Kiers**. Open to athletes born between **2008 and 2011**, this camp will focus on the **fundamentals of competition preparation**, including combination training, ski testing, mental performance strategies, and nutrition. Designed to equip athletes with the tools and confidence to excel, the camp provides a valuable opportunity to grow both physically and mentally in a supportive, high-performance environment.

Contact: Ntala Quintilio gm@biathlon.ca

[REGISTER HERE](#). **Deadline to Register October 31, 2025**

Arrival/Departure Information

- Athletes should arrive by 08:00 on November 11 at the New Biathlon Building, Canmore Nordic Centre.
- Full days of training and workshops will be planned on November 11 & 12.
- On November 13th, training will be held in Lake Louise.. Estimated return time on November 13th is 2:30pm.

Meals, Accommodations and Transportation

- Meals, Accommodations, and Transportation during the camp will NOT be provided and are the responsibility of the attendee. Full days of training and workshops will be planned on November 11 & 12, athletes must coordinate their own transportation to/from Lake Louise on November 13th.
- The Canmore Alpine Hostel offers affordable dormitory and private accommodations. To explore rates or book click [here](#), for more information on their amenities click [here](#).

Camp Schedule and packing list

- The detailed daily camp schedule and packing list will be circulated at least a week before the start of the camp.

Volunteer Coach Opportunity

- These camps are a great opportunity for coach mentorship and development. Volunteer coaches are a big help to assist with transportation, setup, zeroing, and supervision. If you are interested in attending, please email Ntala Quintilio.