One Hack to Beat Narcissists That Will Blow Your Mind Outline for Adam #352

- 1. Please remove:
 - o 00:01 to 01:18
 - 13:28 to 15:15 -> to be replaced by Outro One Hack RZ audacity.wav file
- 2. Quote at 02:29 to 02:41 "...you can't communicate with narcissists (all the way to) that's terrorist tactics"
- 3. First part of episode
- 4. End first half of the episode at 7:38 where Rebecca says "so you just gave something up, you gave up leverage that you should've kept in the first place"
- 5. Coming up more
- 6. Quote at 8:09 to 8:19 "...you have to understand that they are actually way more afraid of you than you are of them."
- 7. Ad for Soberlink
- 8. Ad for winmynegotiation.com
- 9. Take a listen to archive
- 10. Quote from Coming up from last week's episode
- 11. And now we return to today's show
- 12. Start second half at 7:39 where Rebecca says "So now you're even more behind..."
- 13. Second half of episode
- 14. Outro