

## Emotional Building Blocks













Bored

Confused

Determined

Excited











Frustrated

Grumpy

Нарру

Interested

Joyful

















Kooky

Loving

Miserable

Nervous

ous Okay



Proud

Quiet

Relaxed

















Sad

Tired

Uncomfortable

Victorious

Worried

**Xpress Yourself** 

Yucky

Zen