

Tamara's ASL Dictionary of Church Related Words

(Written from watching LDS Sign Language Video Explanations of Primary Songs.
Please view song video for a visual example. Please note these signs are from the LDS
ASL videos and may differ from other websites.)

HAND SHAPES TO GET STARTED

#1 HAND SHAPE: Holding pointer finger upward only like making the number 1.

#5 HAND SHAPE: Holding all five fingers out like making the number 5.

A HAND SHAPE: Fist closed with thumb close to index finger.

B HAND SHAPE: Four fingers extended and touching one another with the thumb tucked in.

C HAND SHAPE: Top four fingers curving on top with thumb curving on bottom make the shape of a C.

F HAND SHAPE: Thumb and pointer finger making a circle and other three fingers extended with some spaces in between.

G HAND SHAPE: Pointer finger pointing to the side and parallel to the ground.

H HAND SHAPE: Pointer finger and middle finger close together.

I HAND SHAPE: Hand in fist with pinky extended out.

L HAND SHAPE: Pointer finger straight up and thumb straight outward forming an L.

M HAND SHAPE: Thumb tucked under coming out between ring finger and pinky.

O HAND SHAPE: Thumb touching middle finger and all fingers forming an O type shape.

P HAND SHAPE: Pointer finger and middle finger out with the fingers pointing downward.

R HAND SHAPE: Middle and index finger crossed.

S HAND SHAPE: Hand in fist with thumb in front of the fingers.

T HAND SHAPE: Hand in fist with thumb tucked between pointer and middle finger.

U HAND SHAPE: Pointer finger and middle finger extended and touching one another.

V HAND SHAPE: Put the pointer finger and middle finger out and separated from one another forming a V.

W HAND SHAPE: Pointer, middle and ring finger are extended forming a W.

X HAND SHAPE: Pointer finger with finger down forming a square like shape.

ABOVE: Fists clenched knuckles touching each other and palms facing each other then in circle above head toward heaven.

ACTION: Both hands in C hand shapes with palm down. Then swinging both hands side to side simultaneously.

AGAIN: The fingertips of the right hand which is curved touches the middle of the left palm.

ALL: Both hands in fists cross arms and then uncross and move to hands open with palms facing upward.

ALL: Both hands in open 5 hand shape. The both hands has the palm facing the body. The right hand and left hand touch each other and then the right hand mover around in a circle and back to the palm of the left hand.

ALL: Both hands in open 5 hand shape. Left hand palm facing upward and the right palm facing downward one foot apart. Then take the right hand and make a circle and flip the hand over resting it on left palm.

ALL AROUND ME: Right hand in open 5 handshape with palm facing upward. Have the hand flow from right to love as if including everything.

ALL HE COULD SEE: Both hands in A hand shape. The right hand moves to the left wrist and brushes the knuckles of the hand across the wrist while moving hands from left to right.

ALL OF US: One index finger to opposite shoulder then to the other shoulder

ALL OVER: Right hand with palm facing down moves around right to left.

ALL-OVER-LANDS: Both hands in an open five hand shape with palms facing down. The right hand reaching out and around from right to left.

AND: Right hand open hand with all fingers outstretched. Reach across to the left side of your body with open hand and then fingers gradually close together as it crosses the body back to the right side.

ANOTHER: Right hand closed in fist with thumb up then move to right so the thumb points to the right.

ARE: Right hand index finger to chin and then finger moves forward.

AREA: Right hand in open 5 hand shape with the palm down and move in a small circle. Repeat twice.

ARMY: Both hands in A shape with the right hand up across body to left shoulder and left to left tap chest twice.

AS: Both hands in #1 hand shape touching one another and pointing outward and then each moving to their own side.

AS I HAVE DONE: Both hands are in the Y hand shape with palms facing each other and the thumbs touching your chest. Move them forward and backward simultaneously.

ASSOCIATE : Both fists with thumbs out. One hand thumb facing upward and one thumb facing downward then circle each other and move upward toward heaven.

BAPTIZED: Fists with thumbs out about 6 inches apart. Move thumbs both to the right then to left then back upwards towards the right as though you are putting someone in the water and back up again.

BEAUTIFUL: Open #5 hand shape in front of face with palm facing face then circling around face and then closing the hand near chin than quickly opening to five again in front of the face with palm facing the face.

BEAUTY: Open #5 hand shape in front of face with palm facing face then circling around face and then closing the hand near chin than quickly opening to five again in front of the face with palm facing the face.

BECAUSE: Right hand in L hand shape with index finger parallel to ground and thumb facing upward just above the right eyebrow then drawn across forehead to the right and then into a fist with thumbs up.

BECOME: Hold palms together like in a clap but parallel to the ground on the right hand side. Then switch over to the left hand side and move the palm that was on the bottom to the top and the palm on the top to the bottom with the palms staying in contact the whole time.

BEFORE: With fingers close together put your hands so your palms are facing your body. Place one hand with the fingers on top of the other fingers. Then move the hand in front behind the other hand.

BELOVED: Right hand in #4 hand shape with palm facing face and then moves downward on chin with the fingers bending downward.

BENEFIT: Right hand in F hand shape. Then place the thumb and index finger into a breast pocket as if you were placing something in a breast pocket.

BEST: Right hand with the palm facing and in front of mouth with the thumb out and then move hand to the right and upward and move to a fist with the thumb up.

BIG: With both hand out in L shape put your hands horizontal with the ground. Put the hands close together. Then move the hands outward (showing it getting bigger) and bend your pointer fingers and thumbs.

BIRD: Thumb and index finger at the mouth and moving together and apart like a bird is chirping.

BIRTHDAY: Rights hand middle finger inward from palm from chin to the chest??

BLESS: Both hands open palms facing ground then right hand touching mouth and bringing it down on top of the left hands.

BLESS: Right hand in #1 hand shape and left hand in open five hand shape with palm facing the ground at waist level. The right hand touches mouth and brings the hand open and down on top of the left hand.

BLESSED: Right hand to the lips and left hand with palm downward in front of the body. Right hand is then lowered with open hand shape palm down and moves on top of the left hand.

BLESSED(but not a blessing): A hand shapes with right hand touching lips and left hand in front or right. Then move the hand outward downward and to the open palm hand shape.

BLESSING- Both hands in A hand shape. One hand on lip and the other touching opposite hand lower then move downward and to #5 hand shape with palms facing downward.

BLUE: The right hand in a B hand shape above shoulder and then moves back and forth.

BOWS HEAD: Both hands in fist shape. Place arms perpendicular so that the left fist held outright so fist is on the elbow of the right arm and the right arm fist is upward. The right fist then moves downward which is signifying a head that is bowing.

BRIGHT: Hands burst apart with palms facing outward and wiggle indicating something shining.

BUILD: Both hands in U hand shape and start them at the waist and alternate hands one on top of the other one at a time getting taller and taller indicating something being built.

BUT: Cross #1 index fingers on both hands facing outward and then move them apart each on their own side.

BUTTERFLY: Cross hands with palms facing the body. Then interlocking the thumbs and move hands back and forth in a butterfly flutter.

CALM: Both hand in open five hand shapes. The right arm is above the left arm in the center of the body. And then gentle move your palms as if gently comforting something.

CAN: Both hands in fists at waist level a few inches apart and drop them down a few inches.

CHANGING: Both hands are in the X hand shape with the bottoms of the palms facing each other and touching. Then switch the hands so that X that was on the bottom to the top and the X on the top to the bottom.

CHERISH: Right in C hand shape but with fingers slightly apart. Hold it to chin and with palm facing chin. Then make hand to a fist while moving down a few inches.

CHILD: One hand with palm downward on their side patting the head of a child at waist level.

CHILDREN: Two hands palms downward on their own side patting heads of children at waist level

CHRIST: Right hand in C hand shape. Place right hand on left shoulder and then down to right hip.

CLEAR: Both hand in O hand shapes at the forehead. Spread them out to five hand shapes near forehead with palms forward.

COLOR: Right hand in #5 hand shape with hand facing body and then wiggled fingers on the chin.

COME: Right hand in open hand shape with palm upward. Then move it toward the body with palm still open as though you are beckoning someone from far away to come closer to you.

COME-DOWN: Right hand in #1 hand shape with pointer upward. The pointer finger is up in the sky and then slowly moves down towards yourself.

COMFORT: Both hand with palms down and then the right hand grabs the left hand and runs down from the wrist to the fingers. Then in like fashion the left hand grabs the right hand and runs the hand down from the wrist to the fingers.

COMMANDMENTS: Left hand with open palm facing outward and right hand in C hand shape touches the top of left palm then bottom of left palm

COMPARED TO: Palms facing each other but one hand high in the air and the other hand diagonal and low near waist and move hands back and forth.

CONQUERING: Both hands in closed fists right back forward and down. ?

CONTINUE: Both hands with closed fists and thumbs out. With the back of the hand facing your body. The thumbs touch one another and then move forward.

CONVERSATIONS: Both hands in #1 hand shapes and alternate taking turns pointing upward toward mouth two times.

COUNSEL: Left hand in fist and right hand in O hand shape. Then place the right hand on the left hand and have the right hand move forward and off of the left fist opening up the fingers. Repeat this movement three times from left to right.

COVENANT: Right hand in #1 hand shape that touches lips and then moves with hand shape in a five pointing upward with left hand in a similar shape with fingertips under right elbow as though you are taking an oath in a courtroom.

COVENANT: Right hand in fist and the thumb touches chin and then moves with hand shape in a five pointing upward with left hand in a similar shape with fingertips under right elbow as though you are taking an oath in a courtroom.

CREATE: Both hands in fists with one on top of the other and then they turn in opposing directions while still on top of each other. Repeat twice.

CREATIONS: Both hands in fists cross arms and then uncross the arms and move to hands open with palms facing upward and outward.

DAY: The left arm is held at the horizontal with palm down symbolizing the horizon and the right hand has elbow touch the left finger tips and in #1 hand shape it point upward then down to left elbow symbolizing the sun across the sky.

DEATH: Hands open at chest level with the right one facing up and the left one facing down and then flipping both hands over moving toward the left.

DEEP INSIDE: Left palm in C hand shape on chest and right with four fingers together hand tucks hands into the C shape.

DEMONSTRATED: Left hand in open 5 hand shape facing outward and right hand in the #1 hand shape. The pointer finger of the right hand touches the center of the left hand in front of the body and moves forward twice.

DEPEND ON ME: Both hands in the #1 hand shape. Have the fingertips of the index fingers touching and then have them push down twice toward your body.

DIFFERENTLY: Cross index fingers and then draw hands outward and away from each other

DISCIPLES: Both hands thumbs up by chest on each side and then forward. Then put hands outward in #5 hand shape facing each other and move them each downward.

DO: Both hands in C hand shape with palms down move hands in small circular motion from side to side with the same rhythm.

DUTY: Both hands in #1 hand shape and both fingers point to the same shoulder.

DWELL: Both hands in fists with thumbs up. Move the hands from fists stomach up to chest area.

EACH: Both hands have A hand shape and right hand strikes knuckles downward on left thumb.

EARS: Each index finger touches the respective ear.

EARTH: Right hand in a fist. Left hand grabbing the top of fist with middle and ring finger touching and the thumb on the other side of the fist and pinky and index finger sticking out. Then move the left hand swiveling back and forth while still holding on to fist of the right hand.

EIGHT: Middle finger down to thumb.

ETERNITY: Right hand in #1 hand shape facing forward and then make two circles near forehead with finger pointing upward.

EVERYDAY: Right hand with in A hand shape. With right hand swipe the right cheek on face twice. (Literally this sign is tomorrow tomorrow)

EVERY HOUR: Right hand is in open 5 hand shape. Left hand is in #1 hand shape. The right hand is symbolic of the clock. The left pointer finger circles around the face of the right hand in a clockwise fashion. The left pointer is a symbol of the clock hands.

EVIL: Thumb out and pointer and middle finger upward thumb toward forehead and fingers go down repeatedly

EXCITED: Both hands have middle finger inward to palm and then each hand takes turns quickly making an upward motion up the chest to the chest

EXPLAINED: F hand shapes with both hands only a few inches apart pinkies are closest to the ground. The hands alternate forward and back near the stomach.

EYES: Touch each eye slightly below each eye with the right index finger.

FACE: With right hand index finger circle around the face beginning at chin and then around back to chin.

FAITH: Both hands in #5 hand shapes. Right hands points to forehead. Left open five at chest level and then both hands move down swiftly to a fist hand clinch to one on top of the other.

FAMILY: Both hands in F hand shape. Touch thumbs and pointers together at the same level as chest so hand palms are facing forward and circle around to touch pinkies together.

FATHER: Both hands with fists and thumbs up. Right is on the forehead and the left is on right hand. Then they both open to the five hand shape as they move forward.

FEAR: Both hands in fists. Right fist and left fist are in the center of body with the right arm above left arm while hand change to open five hand shapes

FEEL: Right hand middle finger bent and palm facing the body. Then move hand from stomach up to chest. Repeat twice.

FERVENT: Both hand with palms open and hands together moving them back and forth like you are rubbing your hands to get warm.

FILL: Left hand in closed fist. Right hand is open and in a flat shape it swipes across the left fist indicated that the cup is filled to the brim.

FILLED: Left hand in fist turned on its side indicating a cup. Then the right hand in an open hand shape with palm facing the ground covers the top of the cup and then goes over the cup with fingers wiggling.

FIND: Open five hand shape palm down for right hand and then touch the thumb and index finger together while moving the hand upward.

FIND (finding God): Fingers together in a flattened O shape up toward Deity and then move arms downward towards chest.

FIND (IN THE SCRIPTURES): Left hand in open hand shape facing the side. Then touch right hand with open five hand shape palm down and move upward and touch the thumb and index finger together.

FINISH: Both hands in 5 hand shape with the palms facing the chest. Then rotate wrists and both of the hands concurrently in a semi-circle until the palms are then facing outward.

FLOWERS: Right hand in a flattened O hand shape and moves from one side of the nose to another to represent smelling flowers.

FOLLOW: Both hands in A hand shape with one in front of the other and then move them away from the body so one is following the other.

FOR: Index finger touching forehead and then swing it forward.

FORGIVE EVERYONE: Left hand with palm up and right hand with palm down. Have the tips of the fingers of the right hand brush the palm of the left hand and move the hand from left to right.

FOREVER: Right hand in #1 hand shape. Pointing upward towards heaven in draws a circle in the air.

FREE: Both hands in F hand shape. The arms cross at the wrist and then separate as if trying to break free of bonds.

FROM: Both hands in #1 hand shape and touching index fingers and then right hand pull back and forms X hand shape towards body

FULL: Left hand in closed fist. Right hand is open and in a flat shape it swipes across the left fist indicated that the cup is filled to the brim.

FULLY: Left hand is closed fist facing sideways. The right hand then moves and slides across the top of the fist moving towards the left arm signifying that the cup is full.

GATHERED-TOGETHER: Both hands in 5 hand shape facing each other with hands far apart. Then wiggle the fingers as they come together with fists and thumbs upward. hold hands far apart fingers wiggle and touch in a hand shape thumbs up. Then move the hands touching the fists together in a circle.

GAVE EVERYONE: Both hands have the thumbs touching the fingertips in a flattened O hand shape. Then cross the arms at the wrists with palms facing forward and move them outward and away.

GAVE ME (WHEN GOD GIVES TO US): Right hand closed up with palms up and extended toward God and then down toward body with palms open and upward.

GIVE (WHEN GOD GIVES TO US): Hands semi closed up with palms up and extended toward God and then down toward body with palms open and upward.

GIVE (WHEN WE GIVE TO OTHERS): Both open hands with palms upward and one above the other at chest level and then move them outward with palms up as if you are giving something to a person.

GIVE: Both hand in a flattened O hand shape with palm upward and near the body and then alternate the hands moving outward as if you were handing something to someone.

GIVE-ME (When God Gives to Us) Both hands up in the air with right above left. Then but them in flattened O shape and bring them down from Deity to yourself near chest.

GLAD: Right hand open with palm facing chest and then swings upward from chest upward several times.

GLORIOUS: Hands together with palms facing each other and then middle finger downward and then wiggling hands outward.

GO THROUGH- Right hand is in a #5 hand shape but with all fingers close together. The Left hand has fingers together with fingers pointing upward and a space between pointer finger and middle finger. The right hand then moves through the space between pointer and middle finger.

GOD: Open hand upward toward God and eyes looking upward toward God.

GOD: Both hands in F hand shape with the circle linked together and then moving up toward Heaven.

GOD THE FATHER: Both hand in 5 hand shape with the right hand on the forehead and left hand in front of right. Then move the hands upward toward God and to an open 5 hand shape.

GOING THERE- Extended index finger move to the place to go the temple that you previous signaled.

GOSPEL: Right hand is in the G hand shape. The left hand is in a fist. The G hits the fist twice.

GROW UP: One open hand palm down at the waist level and then raised higher to head level in increments.

GUIDE: The right hand is grasping the fingertips of left outstretched hand and then moves the hand forward

HAPPEN: Both hands in the #1 hand shape several inches apart with the palm up and then circle at the same time towards the center to palms down while still in the #1 hand shape.

HAPPY: Right hand open with palm facing chest and then swings upward from chest upward several times.

HAVE: Both hands with fingers close together and thumbs extended and then touch with finger tips chest near heart with a few inches apart.

HE (referring to God): Right hand palm open and move upward toward God with eyes looking upward toward God.

HEAR: One hand cupped behind the ear.

HEART: Middle fingers drawing a heart in the air near chest and pointing outward.

HEAVEN: Fingers close together circle hands circle in front of each other near the forehead then pull away then arc indicating the firmament.

HEAVEN: Fingers close together circle hands above head and tying a knot in the air.

HEAVENLY: Palms down in air above forehead and tie a knot.

HEAVENLY FATHER: Palms down in air above forehead and tie a knot. Then move both hands with fists and thumbs up. Right is on the forehead and the left is on right hand. Then they both open to the five hand shape as they move forward.

HEAVENLY FATHER (shortened version): Move both hands with fists and thumbs up. Right is on the forehead and the left is on right hand. Then they both open to the five hand shape as they move forward.

HEEDING (TO GOD'S WORDS): Both hands with closed fists and then pointing upward with the right in front of the left with about 1 inch apart then move them forward 6 inches.

HELP ME (FOR GOD TO HELP US): Right hand in fist shape with the thumb up. Left with a flat hand with palm up. Place right hand on the left palm up toward Deity and then move down towards chest.

HELP ME: Right hand in fist shape with the thumb up. Left with a flat hand with palm up. Move hand from chest outward.

HER: Right hand with palm facing outward placed near chest and then push the hand out to the right signifying where the mother is at.

HERE: Both hand with palms up at waist level move in small circles beginning the circles inward. Repeat the circles twice.

HIM: Right hand palm upward with hand in open five hand shape.

HIM (SPEAKING OF GOD): Right hand in five shape with palm facing inward toward body and then moving upward toward God with eyes looking upward toward God.

HIS (SPEAKING OF GOD): Right hand in five shape facing outward and then moving upward toward God with eyes looking upward toward God.

HOLY: Left palm open and right hand in H hand shape. Move the right hand over left hand from the wrist up to the fingers.

HOME: Right hand in flattened O hand shape and move from the end of jaw bone near chin up to cheek bone near the ear.

HONEST: Right hand with palm facing upward. Left hand in H hand shape then moving from the bottom of the palm to the tips of the fingers in a straight line indicating exactness.

HOPE: Right index fingers make the shape of the temple then both hands have fingers wave (moving the four fingers downward) to each other in down ward motions.

HOUSE: Both hands with fingers close together then forming a triangle shape (with only two sides though) with fingertips together for the roof moving them slightly outward at the diagonal position. Then move hands straight down making side wall in the air.

HOW: Thumbs touching with palms facing down. Hands continue touching while turning palms facing upward around hands staying in contact the whole time.

HUG: Both arms crossed and touching the upper arm near shoulders and then swing side to side twice.

I: Point to self.

I AM: Point hand from top of head and downward indicating self from head to toe.

I GIVE ALL OF YOU: Both hands in #4 hand shape with upward palms with hands crossed. Then moving outward to each side.

I VOLUNTEER: Raising your right hand like you are volunteering for an assignment.

IF: Right hand with I hand shape and touching side of forehead and then moving hand forward and then touching forehead again and moving it outward again.

IF: F hand shape for both hands. One hand up by chest one down by waist and alternate hands up and down.

INFORM ME: Both hands with O hand shape. Right hand on forehead and left hand below right hand then move in a semi-circle to five hand shape to chest

INSPIRE: Both hands in O hand shape at the waist and then open to five hand shape with up to chest with wiggling fingers.

INSPIRE-ME: Both hands in O hand shape at the waist and then open to five hand shape with up to chest with wiggling fingers and then hands touch chest indicating self.

INVISION: Right hand in #1 hand shape and taps forehead and then both hands in c shape touch in front of mouth and then outward to the left and right respectively as if your idea is getting bigger.

INVOLVE: Left hand is in fist and right hand in open five hand shape and then close the hand as you put the right hand inside the top of the left fist.

JESUS: Touch the center of each palm with the tip of the other hand's middle finger.

JOSEPH SMITH (J.S.): J is done by taking the pinky finger and drawing a J in the air. An S is done by closing the right hand in a fist with the thumb in front.

JOY: Right hand with open palms and palms facing chest. Then circle on chest twice indicating that your feelings are high.

KIND: Both hands in K hand shapes and they circle one another in a small circle in front of chest.

KINGDOM: K hand shape with right hand on top of left shoulder and then down to right hip like a royal sash. Then Left hand outward across body with palm down and right hand outward with palm down moves from the right outward beyond left hand in a semi-circle with hands always parallel to the ground. (This a combined sign of King and Land.)

KNEEL: Right hand in V hand shape and left hand with palm facing upward. Take right hand and bend the two fingers like a person is kneeling and place them on the left hand.

KNOW: Right hand palm in 5 hand shape with thumb out and touch temple on head.

KNOWLEDGE: Right hand palm in 5 hand shape with thumb out and touch temple on head two times.

KNOWS: Right hand palm in 5 hand shape with thumb out and touch temple on head.

LATE: Place your right hand near your hip. With fingers close together and thumb out, then do a waving motion backwards with your four fingers.

LAUGH: Both with only the pinky and index finger out near the chin and move forward and back twice.

LEAD: Left hand 5 shape right hand grabs the four fingers of left hand and move it from chest forward outward.

LISTEN (To God): Cup one hand around ear and then tilt the ear upward toward Heavenly Father as if you are trying to listen to Heavenly Father better.

LIFE: One with palm up and one palm down at waist level and several inches apart and then flip both hands over.

LIFE: Running both hands L shapes from waist level up to the body.

LIGHT: Bunch up both hand and fingers and spread them out to 5's upward and out

LIKE: Palm open on chest and then pull the hand out and touch thumb and middle finger together as if drawing the heart toward something that you like.

LIST: Left hand in the #4 hand shape. The right hand points to all of the four fingers down the hand indicating different items to do.

LISTEN: Hand cups ear and move hand to the side in an effort to listen better.

LISTEN (TO HEAVENLY FATHER): cup one hand back around ear and upward toward Heavenly Father

LIVE: Running both hands L shapes from waist level up to the body.

LIVE: Running both hands in fists with thumbs up from waist level up the body.

LOOKED-UP: Both hands in #2 hand shape. Both hands points to eyes with one higher and one lower and then both hands have V shapes go up toward heaven.

LONG AGO: Two upraised hands upward over shoulders and then moving in alternating motions of circles.

LORD: Right hand in L hand shape. Place right hand on left shoulder and then down to right hip.

LOVE: Both hands in fists and then cross across the heart.

MARCHING: Both hands in B hand shape with palms facing downward. Place the right hand in front of the left hand and then moving forward the four fingers extend and move forward twice. This represents many people moving together forward.

ME: Point to self.

MESSIAH: M hand shape brought down from opposite shoulder to hip. Then index finger high in the air and then brought down signaling down from heaven.

MIND: Touch index finger of right hand to temple on forehead.

MISTAKES: Both hands are in the Y hand shape. Have the pinky of each hand alternate touching the chin once.

MOTHER: Right hand in the #5 hand shape with thumb on the chin and then wiggling to other four fingers.

MOTHER: Right hand in the A hand shape the chin and then moves to a #5 hand shape and moves forward.

MOTHER: Right hand in 5 hand shape on chin.

MUST- The right hand in X hand shape then thrust forward one time indicating urgency.

MY: Open hand on chest

MY WAYS: Both hands in C hand shapes with palm down. Then swinging both hands side to side simultaneously.

NEARER TO GOD PART 1: Right hand up toward Diety with it sharply bent (like a square corner) left hand is down sharply bent and moves half of the distance up to the right hand.

NEARER TO GOD PART 2 : Continue the last sign by taking the right hand and moving it all the up to the left hand signifying becoming closer to God.

NEED: Thumb and pointer make square (but with only three sides) and go down twice. Literally this is the sign of must must.

NEEDED: X hand shape with right hand palm forward and wrist drops forward a few inches with palm then facing down.

NEPHITES-GROUP: Right hand in U handshape and touches chin and then forehead. Both hands in G hand shape. Touch the pointer fingers together and then go opposite directions to make a circle and touching the pinkies together.

NEW: Both hands with palms upward. The right hand swings over and the fingers first touch the fingers of the left hand and then moves across the palm of the other hand.

NEW: Both hand palms upward. Left hand on bottom right hand on top. Move right hand from back of left hand to the front.

NIGHT: The left arm is held at the horizontal with palm down symbolizing the horizon and the right hand has the elbow touch the left finger tips. Then the right hand points with all four fingers below the left hand symbolizing the sun is below the horizon.

NONE: Both hands in O hand shapes with one in front of the other. Then keeping hands in same hand shape separate arms as though breaking free from bonds.

NOW: Both hands in Y hand shapes with palms facing up and drop hands down sharply twice.

OBEY: O hand shapes for both hands. Place hands near forehead and cheek with one hand on top of the other and then move to open palm upward toward Deity.

OFFER (For us to offer to God): Both hand in open 5 hand shape with palms facing upward and moving up toward Deity as if trying to offer Him your sacrifice.

OFFER HIM: Palms facing up near the body and then move upward toward Deity.

ONCE: Put hands up by your ear with one slightly lower than the other. Then make a circular motion with your hands.

ONE ANOTHER: Both hand with fists. One hand thumbs up and one hand thumbs down and then circle thumbs around each other.

PARENTS: Parents is a combination of Mother Father quickly done with Mother signed first. **MOTHER:** Right hand in 5 hand shape on chin. **FATHER:** Right hand in 5 hand shape on forehead.

PART (of a list): Right hand in the #4 hand shape. The right hand was below left hand in an open five hand shape and comes upward moving to a flattened O hand shape and touches the pinky on the left hand.

PEACE: Both hands in C hand shape clasping one another and then switch the hand on bottom to the top hand and the hand on the top to the bottom. Then both hands out to open palms in front of the body.

PEOPLE: Both hands in P hand shape down by waist and moving upward in alternating circles.

PLAN: Both hands in front of body palms facing each other and then sweeping at the same time them to one side which indicates things being in sequence or order.

PLAY: Both hands in the Y hand shape and they shake at waist level.

PLEA (PRAYER): One hand in a fist and the other hand grasping the fist and move them upward toward Deity and eyes looking upward pleading to God.

POINT: Both hands in #1 hand shape and then alternate pointing forward.

PONDER: Both hands in #1 hand shape making same motion circles one hand on upper face and the other hand on lower face.

POWER: Left arm in a 90 degree angle. The right hand is in open five hand shape and then touches the left arm on bicep and then touches the wrist.

PRAY: One hand in a fist and the other hand grasping the fist and move them upward toward Deity.

PRAY: One hand in a fist and the other hand grasping the fist and move them inward.

PRECIOUS: The right hand grabs down by the chin into fist shape (representing holding something of value)

PREPARE: Both hands palms facing each other and then moving synchronized in increments to one side.

PRESENTED: Both hands with the palms up with one hand in front of the other both hands move forward.

PRIESTHOOD: The left hand is in a fist. The right hand is in P hand shape and touches the top of the fist and then moves into H hand shape and the H hand shape moves upward.

PROGRESS: Both hands are in #5 hand shape with palms facing the body and then one hand walks upward and over in front of the other hand. Repeat twice. This is literally next next meaning that you are moving forward with steps in a procedure.

PROMISE: Right hand in #1 hand shape to lips. Then make an oath with hand in #5 hand shape facing outward and resting against the fingertips of the other downward palmed hand making a square.

PROPHET: Salute near eyebrow with left hand and the right in V hand shape under left hand near eyes and then upward above the left hand and then both hands face each other and then move down signifying a man. This literally means a man who sees the future.

PROTECT: Cross both hands in fist shape at wrists (like protecting from an attacker) then move hands forward a little.

PURPOSE OF: Right index finger in #1 hand shape at forehead swing away from head at a slight arc.

QUIET: Both hands are in the X hand shape one palm touching mouth and the other hand in front of it and then moving both hands outward.

RAIN: Both hands with fingers spread apart and moving downward incrementally like the rain is falling. Repeat.

READ: The left hand palm facing upward. The right hand is in the V hand shape. The 2 fingers touch the palm twice which is an indication of a book.

RECEIVE BLESSINGS (FROM GOD): Both hands upward one in front of the other toward heaven in open 5 hand shape. Then move the hands downward and bring them into closed fists with hands touching and one hand in front of the other.

REPENT: Both hands in R hand shape crossed with the palms facing each other and parallel to the ground. Then switch the hands so that R that was on the bottom to the top and the R on the top to the bottom.

RETURN: One hand extended with palm up. The other hand in #5 hand shape is brought up and arches over so the fingertips touch the middle of the other hand's palm.

RESIST: Right arm making a 90 degree angle with fist and arm parallel to ground and then move elbow over to the right.

RESOLVE: Both hands with palms facing upward and a few inches apart. Then have the thumb of each hand touch the same hand's fingers by starting with the pinky and finishing with the index finger and while having both hands move apart from one another.

RESPONSIBILITY: Both hands point to the left shoulder twice with all of the finger tips.

RESTORE: Both hands in A hand shape left hand is stationary with fingers facing the floor with thumb to right. Right hand has thumb to the left. Then swing right hand up on top of the left hand.

REVERENTLY: Both hands in R hand shape touching each other and then both hands move downward and outward opening up the hands.

RIGHT: Both hands in the #1 hand shape with one on top of the other.

RIGHTEOUS: Both hands in the #1 hand shape. Right hand one on top of left hand and with the right hand make a circle three times.

RIGHTEOUSLY: Both hands in #1 hand shape on the right side. Then right hand shape brushes across the left hand and repeat two times.

RIGHTEOUSNESS: Both hands in #1 hand shape. Then move the right fist on top of the left fist and strike it twice in a circular fashion.

RIVER: Both hands open and wiggles like a river.

ROSE: Right hand in R hand shape and move from one side of the nose to the other side of the nose.

SACRED: One hand is a closed fist, which is on top of an open hand. Then move upward from waist to top of chest.

SAFETY: Both hands in fists. Then cross arm with thumbs closest to body and then swing them down away from each other so fists face forward

SAID: Right pointer finger touches chin and circling pointer finger up and around back to chin.

SALVATION: Both hands in fist shape. Then arms in a X crossed in front of you and then breaking bonds forcefully move arms outward

SAVE: Both hands in fist shape. Then arms in a X crossed in front of you and then breaking bonds forcefully move arms outward.

SAVIOR: Both hands in fist shape. Then arms in a X crossed in front of you and then breaking bonds forcefully move arms outward then both hands face each other and then move down signifying a man. This literally means Salvation Man or the Man who made salvation possible.

SCRIPTURES: Left hand out and right hand in the C hand shape. Then right hand grabs the left hand in the C shape and moves downward twice

SEALED TOGETHER: F hand shapes for both hands. Connect the hands in the circles of the F hand shape. Then move them the right to left in a circle.

SEE: Right hands in the V hand shape and touches the eyes and then moves outward.

SEE (see everything): Right hands in the V hand shape and touches the eyes and then go around in a circle to what a person may see

SEEK: C hand shape circling the face with both hands.

SEND: Right hand in fist hand shape. Left hand with curled finger tips on top of right fist and then sweeping the fingertips of the left hand outward and off of the fist like you are sending something away.

SERVANT (SERVE MAN): Both hand with palms facing upward at waist level like you are holding a tray. They then alternate forward and backward. Then both hands face each other and then move down signifying a man

SERVE: Both hand with palms facing upward at waist level like you are holding a tray. They then alternate forward and backward.

SERVE (SERVE ALL THOSE AROUND YOU): Both hand with palms facing upward at waist level like you are holding a tray. This time move them left to right. This means you are going to all those around you.

SHALL: Right hand in #5 hand shape up by head with palm facing the ear and then move it forward.

SHARE: Both hands in open five hand shape but with fingers close together and the thumb outward. The palms face the body. The left hand stays stationary at chest level and the right hand sweeps the pinky of the hand from the top of the thumb of the left hand and outward to the index finger and off hand. This is done in a movement from left to right.

SHEPHERD: Both hands in K handshape with one hand on top of the other. Keep the hands touching as you make a small forward circle and then back to original position. Then make the sign for man by having both hands in open 5 hand shape

and facing each other. Then move them down simultaneously. This sign literally means caretaker man.

SHINING: Both hands with palms open with middle finger bent have the middle fingers point have the fingers touch and then moving outward and upward towards sky and shake the wrists back and forth.

SHOW (TO GOD): Left hand palm in #5 hand shape but palm facing sideways. Right hand is in #1 hand shape and then points in the middle and then up towards God.

SHOW (TO OTHERS): Right hand index finger points to the forward facing palm of the left hand. Then both hands move forward together with the right pointer remaining on the left palm.

SHOW EVERYONE Right hand in open palm and facing away from the body. Left hand has pointer finger point to the middle of the palm. Then move in this position from right to left.

SIN: Both hands in #1 hand shape with pointer fingers pointing towards one another and then circling towards one another.

SKY: Hand is open and towards ground it moves above head and arcs across and down around indicating the firmament.

SMELL: Brush the fingers of one hand against the tip of the nose with palm facing the body and then move than hand in an upward motion.

SMILING: Both hands are in flattened O shape. They touch the edges of your own smile and then move outward drawing a smile on the face.

SO DID YOU: Both hands in Y hand shape with both at chest and then move one from chest forward and back.

SOFT: Both hands with palms facing upward and at shoulder level and then drop down with the fingertips coming close together like a flattened O shape. Done twice.

SOME: Right hand with all fingers close together and left hand out with palm upward. Then move the pinky side of the right hand across the palm of the left hand.

SOMEDAY: Right hand in #5 hand shape with fingers close together. Place hand near the ear with palm facing the ear and then move the hand forward in double circle outward.

SON: Left hand touches forehead like grabbing a cap (sign for boy) and then moves down to cradle a baby in arms. (sign for baby)

SONG: Left hand with palm up indicating a book. The right hand moves hand back and forth like you are leading the music.

SOUGHT: Hold hands with palms upturned then curl fingers and move towards the body.

SOUL: O hand shape for one hand and F hand shape for the other. The F hand shape touches the O and then weaves upward.

SOFT: Both hands with palms facing upward and at shoulder level and then drop down with the fingertips coming close together like a flattened O shape. Done twice.

SOUND: Hands by ears and move away from ears in slight waves outward and forward.

SPEAK: The right hand is in the B hand shape and the index finger touches the mouth twice indicating that words are coming out.

SPEAKS: C hand shape alternating from chin outward

SPIRIT: F hand shape for both hands. Thumb and index fingers both touching near the waist and then right hand weaving upward

SPOKE: Both hands in four hand shape with one pointer finger on chin and the other hand in front. Both hands make movements forward twice.

STAR: Both hands in #1 hand shape and point upward to the sky. Index fingers brush against each other up and down toward the imaginary sky.

STRONG: Each open hand near each shoulder then they clench into a fist like a muscle man.

STUDY: One hand out flat like a book. The other hand wiggling the four fingers toward book.

SUCCEED: Both hands in #1 hand shape. Then touch corners of mouth on each side and then move with two upward motions.

SUPPORT: Both hands in fist hand shape. Have the left fist out near chest and then have the right fist come up from the bottom and hit the bottom of the left fist.

TALK: Right hand in 4 hand shape and bounces off of the chin two times.

TALK ABOUT YOU (GOSSIP) : Both hands perform the action of with fists but thumbs and pointer finger out repeatedly touching one another and while performing this action move the hands from right to left.

TALK WITH YOU: Both hands in #1 hand shape. Right hands move up to meet left. Then move to open palms upward with a slight land and move them in unison downward twice.

TEACH: Hands both in O hand shapes in front of shoulder area. Then move them twice towards the body.

TEACHING-ME: Hands both in O hand shapes in front of the forehead. Then move them twice towards the forehead.

TEMPLE: Both hands in #1 hand shape. Extend both hands in a small extended circle and then bring the pointer fingers together making a triangle to the right side of your body quite high in the air signifying a temple.

TESTED: Right hand in a #1 hand shape then moves down to the X hand shape downward and repeat twice.

TESTIFY: Right hand in open palm hand shape with elbow bent and hand near forehead. Move the hand forward and back in quick movements three times.

TESTIMONY: Left hand open and right hand in a T shape. Move the right hand from the heart and then to the left open palm.

THANK GOD: Right hand to mouth with palm facing body and then upward toward Deity.

THANKFUL: Right hand and left hand to mouth with palm facing body and then upward toward Deity.

THEM: Right palm up and move left to right.

THEN: Right hand in L hand shape with index finger drawn across forehead and then index finger closes into the fist and moves to the right.

THERE (IN THE SCRIPTURES): Right hand palm open and upward moves toward the left hand palm facing to the side which is the imaginary location of the scriptures.

THERE (AT THE TEMPLE): Right hand palm open and upward moves toward the place you designated as the imaginary temple

THEY: Right pointer finger points forward and then moves finger to the right.

THIS: One hand palm open and another hand touches the middle of the open palm with the index finger.

THROUGH: Left hand in B hand shape except the pointer and middle finger are apart. Then the right thumb goes through pointer and middle finger of the left hand.

TO SEE: Both hands in V hand shape with each hand touching the eye on their own side. Then move both hands forward still in the two shape.

TOGETHER: Hands in fists touching one another. Then make a circle beginning at your chest and around then back to your chest. This sign is With and the circle represents many people so “with many.”

TOUCH: Left hand in fist. Right hand has the middle finger touch the top of the fist of the left hand.

TREE: Right hand in #5 hand shape facing outward and resting against the fingertips of the other downward palmed hand making a square. The tree hand moves the hand back and forth representing a tree.

TRUE: Right hand in #1 hand shape. Touch mouth and move finger forward.

TRUTH: Right hand in H hand shape and left hand with palm upward. The right hand moves down the middle of the other hand in a straight line with exactness.

TRUST: Both hands in open 5 hand shape then clinch fist one on top of the other.

TRY: Both hands in T hand shape facing chest then rotate the hands outward and downward and repeat twice.

TWO-BEINGS COME-DOWN: Right hand in #2 hand shape upward. The fingers is up in the sky and then slowly moves down towards yourself.

UNDERSTAND (UNDERSTAND GOD): Right hand in A shape on forehead. Then move the hand outward and springs up to a #1 hand shape and move toward Deity.

UNITED (WITH OTHER PEOPLE): Both hands made the F hand shape and connect the circles of each hand together and then circle around.

UNITED WITH GOD: Both hands in F hand shape with the right hand up toward the place of Deity and the left hand at chest level. Then move the left hand upward to right hand and link the circles of the F hand shape together.

UNKIND TO ME: Right hand in #1 hand shape palm facing away from the body. Move the hand towards the chest and turn the finger so the palm is facing the body. Then have the finger touch the chest and bounce off of the chest twice.

UP-THERE: Right palm in open #5 hand shape and move it in a small circle upward toward heaven.

US: Right hand in 1 hand shape touch chest on right side and then on the left side.

VALIANT: Each open hand grabs shoulders. Then pull the hands away from the shoulders into fists away and then downward.

VOICE: Right hand in V hand shape for right hand on neck and then up to chin

VOLUNTEER: Tugging at shirt up and down at right shoulder with right index finger and thumb.

WALK BESIDE ME: Both hands in #1 shape by chest. Right hand #1 forward and then with the gets the left hand by chest in #1 shape and they move forward together.

WAITING: Palms up and a few inches apart then wiggle all the fingers in an upward motion.

WAIVING: (banner or flag): Left hand touches right elbow and right hand makes a flag with the palm waiving it back and forth with the thumb tucked in.

WALK: Both palms down at waist level and move them back and forth to imitate feet walking

WALK AWAY FROM YOU: Both hands in #1 shape by chest. Left hand does not move. Right hand moves by the left hand and then moves away as though you are walking away from someone.

WALK WITH YOU: Both hands in #1 shape by chest. Right hand #1 forward and then with the gets the left hand by chest in #1 shape and they move forward together.

WARM: C Hand shape with fingers apart touch the chin and then move up and out.

WATCH: Both hands in V hand shape. Each V shape hand is on the respective side of the face (left on left and right on right). Move the V shapes from eyes outward together.

WATCHING-OVER-YOU: Both hands in V hand shape. Right hand above several inches and left hand below. Left hand is more extended outward than the right. Both hands move from right to left.

WATER: The W hand shape taps the chin.

WAY: Both hands in #5 hand shape facing towards each other and then wiggle upward a pathway up towards God.

WE: Right hand in #1 hand shape point to right side and then left side

WE WERE ALL TOGETHER (IN THE PRE-EXISTENCE): Two clinched fists held together touching then both circle up toward heaven.

WENT-AHEAD: Both hands with palms bent and thumbs upward from chest and move the hands forward.

WHAT?: Both hands with palms upward at waist level. Shrug shoulders and shake hand just a little back and forth.

WHENEVER (HAPPEN): Both hands in the #1 hand shape several inches apart with the palm up and then circle at the same time towards the center to palms down while still in the #1 hand shape.

WHILE: Both hands in #1 hand shape with index fingers at chest level and then moving them in downward arc away from body showing that two things are occurring together.

WHIPSER: Right hand in B hand shape on chin and gently wiggle other three fingers besides the pointer finger.

WHISPERS: Right and left hand in B hand shape on chin and then right hand touching the pinky of the left hand and wiggle the fingers except for the finger touching the chin

WHITE-DRESSED: An open five hand shape is placed on chest and then fingers come out with finger tips coming together. Open hands stroke downward from shoulders to waist indicated clothing.

WHY?: Right hand with the palm facing right side of the forehead. Then begin to wiggle the middle finger and raise eyebrows tilting your head slightly to the right.

WILL: Right hand in #5 hand shape with fingers together and palm open facing ear and then forward. The body represents the Present in ASL, the future is indicated by the forward movement.

GOD’S WILL: Both hands with palms upward by your side slightly extended upward then pull your arm backwards by your side.

WIND: Palms facing each other and hands move side to side and fingers wiggle slightly back and forth like the wind.

WITH: Both hands in A hand shapes with thumbs on the top and the hands touch each other one coming from the right and one coming from the left and meeting in the middle.

WITH-YOU-ALL: Hands in fists with thumbs upwards touching one another. Then make a circle beginning at your chest and around then back to your chest.

WON’T: Right hand with fist and thumbs up. Move the hand from in front of you to over the right shoulder.

WORDS: Right hand in #1 hand shape and hand touches lips and then circles and back to lips.

WORK: Both hands in the S hand shape with hands parallel to ground and with one hand then taps the back of the other hand.

WORLD: Both hand in W hand shape. The W of the right hand sits on top of the left hand and then circle around the hand and then resumes the sitting on the left W.

YE: Right index finger move it outward from the right to the left.

YES: Right hand in fist. Shake it up and down like you are nodding your head up and down.

YOU: Index finger points outward.

YOU: Palm open facing upward left side half circle ending on the right side.