

Expectant Parent Blessing

As we stand now in this sacred space, the spirits called to be present with us, we have a bit of special work to do for this couple: [parent] and [parent]

Soon, they will be welcoming a new life into this world, and so our work today involves coming together to bless them and support them.

First, to ensure all are present who need to be, [parent], [parent], would you call to any specific beings you'd like to be present:

<other evocations needed>

We also honor and remember our Beloved Dead, and we ask that they be present with us here and now, and lend their knowledge, love, and support to [parent] and [parent] as they embark on this journey.

It is a journey that will bring a lot of changes, and lot of challenges, and a lot of joy. But, like many of life's journeys, it is important to remember that we don't stand alone through life's joys and challenges: our way is brightened by all those who walk these paths with us. Let each blessing spoken, and each candle lit begin to ignite the blaze that will light your path.

- Our children fill us with awe, excitement, and joy. May you be brightened with laughter in each new discovery.
- Our children also fill us with frustration, guilt, and disappointment at times. May you be brightened with patience in each setback.
- We have many relationships in our lives. As this new one with your child grows, be sure to also tend the one with your partner. May you be brightened with love in each breath.
- You will have to make many decisions regarding your child, and not all of them will be easy. May you be brightened with wisdom & strength in each choice.
- Not every decision will be the right one, and it is okay to mess up. Remember that our children learn how to handle their missteps by watching us. May you be brightened with forgiveness in each mistake.
- We hold so many hopes and dreams for our children, but it is important to remember to temper our own desires with those of our child. May you be brightened with passion in each dream.
- Our children are always growing, and always learning. Sometimes it can be difficult to recognize their moment of defiance as a step towards the independence we are trying to instill. May you be brightened with awe in each milestone.
- There are many things that may distract us from our children, and it can be hard sometimes to remember that you are their everything. May you be brightened with

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focus in each moment.

- Parenthood can make you feel like you'll never have a moment to yourself again, but also like you've never been so alone. May you be brightened with a village in each moment of isolation.

Many blessings we give you, to aid you in this coming journey, that it may be one of bright days and dream-filled nights. Wisdom to guide you, Blessings to prepare you, and a village to support you.

Let these shining lights burning here now, remind you of the blaze of joy and life that will soon be entering your lives. And let these shining lights also remind you that even when you're awake at all hours in the dark of night, that there is still a brightness that can be rekindled, and many flames that can be sought out for strength and wisdom.

And now, as these candles are snuffed, know that you have been brightened with these blessings.

That as the sparks go out here, that they are infused in your hearts, minds, and souls, preparing you and strengthening your for the journey to come.

So be it!