

Tab 1

YOUTH EXCHANGE OUTCOMES DOSSIER

"BRIDGES"

Uniting arts for a better future

INTRODUCTION

This dossier presents a day-by-day overview of the international youth exchange "Bridges", funded by the Erasmus+ programme under Key Action KA152-YOU. The project was initiated by a group of Spanish young people, supported by Fundació Champagnat and carried out in collaboration with youth organizations from Turkey, Poland, Portugal, and Italy. It took place at the Casa de Colonies Mogent in Llinars del Vallès (Catalonia, Spain) from November 27th to December 3rd, 2024.

The core aim of the project was to empower creative young people through art to address the social and ecological challenges of our time, while promoting values such as inclusion, sustainability, cooperation, and active participation. Over six days, 41 young participants took part in activities that blended artistic creation, contact with nature, and intercultural learning.

This document aims to capture the richness of the experience, the methodologies applied, and the outcomes generated, while also serving as a source of inspiration for future educational and community-based initiatives.



BRIDGES

UNITING ARTS FOR A BETTER FUTURE

DETALLES DEL PROYECTO

- **CODE:** 2024-1-ES02-KA152-YOU-000195530
- **TITLE:** "BRIDGES"
- **NUMBER OF PARTICIPANTS:** 41
- **PARTICIPANTS COUNTRIES:** Spain, Italy, Turkey, Poland, and Portugal
- **EXCHANGE DATES:** from november 27th to december 3rd, 2024
- **VENUE:** Llinars del Vallès, España



Drawing created by one of the participants as part of the outreach material distributed during the artistic intervention shared with the local community.

DAY 1

WELCOME AND IDENTITY

The day before the official start of the exchange, most participants had already arrived at the Casa de Colonias Mogent. To welcome them, an informal "Welcome Dinner" was organized, offering a first opportunity for the groups to connect, creating a warm, relaxed atmosphere and an initial space for cultural recognition.

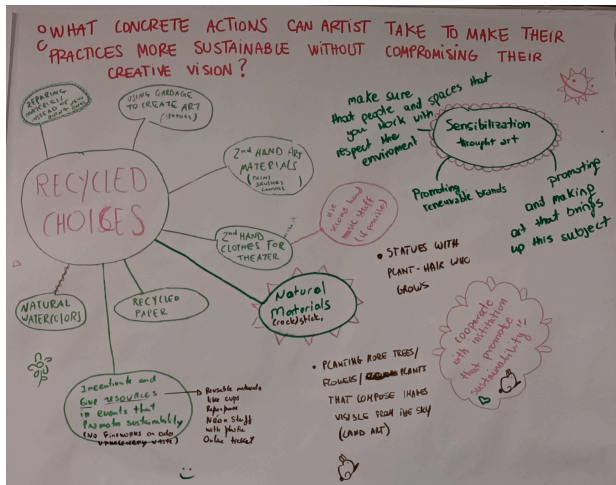
The official first day began with the arrival of the last participants and a formal welcome from the Fundació Champagnat team. The morning included a presentation of the project, an explanation of the weekly program, community guidelines, safety protocols, and an introduction to the Erasmus+ programme and the Youthpass as a learning tool.

Through ice-breaker dynamics and team-building activities, the group-building process was launched, encouraging trust and cohesion. In the afternoon, the "Identity Map" activity allowed participants to explore other realities and challenges, reflect on their cultural roots, personal journeys, and shared interests, while delving deeper into the core themes of the project.

Later that afternoon, an inspiring talk with Dr. Jordi Cunilleras —environmental expert and head of the Climate Change Unit at the Meteorological Service of Catalonia— opened the first dialogue on personal commitment to sustainability. He provided practical information and theoretical tools for meaningful reflection, motivating participants to identify concrete actions they can incorporate into their daily lives to actively contribute to ecological transformation.

The evening continued with the introduction and first activities of the artistic workshop proposed by the Polish group, focused on creating music videos inspired by the main themes of the 2030 Agenda. The day concluded with a lively multicultural party, where each group shared their music, games, traditional dishes, and customs, creating a vibrant space for celebration and intercultural learning.





- WHAT ENVIRONMENTAL ISSUES DO YOU SEE IN YOUR COUNTRY?
- FOOD AND RESOURCE WASTE
 - BAD WAYS OF DISPOSING GARBAGE
 - MICROPLASTICS
 - OVERCONSUMPTION
 - USING NON-RENEWABLE ENERGY
 - THROWING GARBAGE INTO THE NATURE/CITY
 - POLLUTING THE WATER WITH CHEMICAL RESIDUE
 - OVERPRODUCTION
 - Air pollution
 - Drought
 - Desertification
 - Implant Urbanization
 - NUCLEAR GARBAGE FROM ANOTHER COUNTRY
 - BAD TERRITORY PLANING
 - CANCEROUS SUBSTANCES FOR CONSTRUCTION
 - ELECTROMAGNETIC FIELD EFFECT
 - INTENSIVE FISHING





DAY 2

ART AND COLLECTIVE EXPRESSION

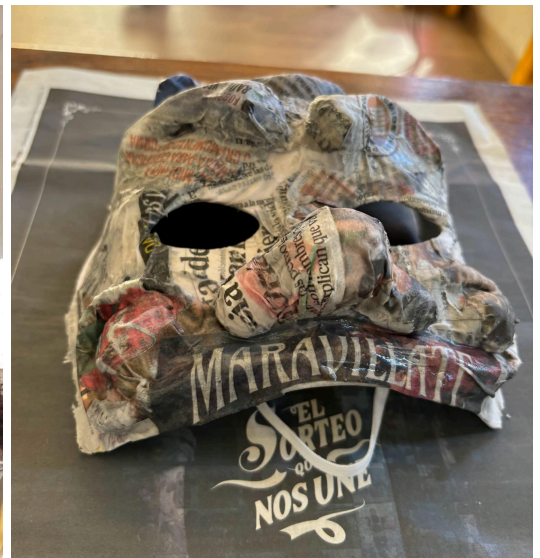
The day began with a mask-making workshop inspired by the Commedia dell'Arte, facilitated by the group from Italy. During the activity, participants developed manual and artistic skills while exploring this traditional form of Italian theatre as a symbolic tool to address current social issues. The creative process encouraged both individual expression and teamwork, as each group designed and began crafting their own mask inspired by classic characters, incorporating contemporary elements. This experience combined the development of creative, cultural, and communication competences, along with the ability to collaborate in an intercultural setting.

The morning continued with a social circus workshop that introduced participants to basic techniques in ground and aerial acrobatics, juggling, and balancing. This activity helped young people develop physical skills, coordination, self-confidence, and body awareness, while also fostering teamwork, mutual trust, and creative collaboration.

In the afternoon, the group from Turkey led a customized T-shirt design workshop using traditional motifs and inspirational messages related to environmental awareness. This experience promoted creativity, cultural expression, and critical thinking around sustainability. The collaborative dynamic—where participants contributed to each other's T-shirts—strengthened group cohesion and symbolized the collective construction of a shared message for a more conscious and committed future with the planet.

Afterward, the group from Portugal facilitated a natural pigment workshop, where dyes were made from fruits, vegetables, spices, and plants. This experience sparked scientific curiosity and respect for natural resources, while exploring sustainable artistic methods. The young people embraced creative freedom, making postcards with colorful stains upon which they later constructed personal images and interpretations. This activity encouraged skills such as observation, imagination, free experimentation, and the development of a personal artistic perspective.

The day concluded with a second multicultural party, where participants shared music, dances, and traditions with another international group staying at the same venue, further expanding exchange networks, fostering multicultural understanding, and reinforcing the sense of a broader European community beyond the project itself.







DAY 3

FREE DAY, SELF-REFLECTION AND EXPLORATION

The third day was intentionally designed as a space for self-reflection, active rest, and creative exploration, respecting individual rhythms and promoting autonomy as a key principle of non-formal education. Participants were free to choose how to spend their time: walking in the natural surroundings or exploring the local culture, engaging in informal conversations and making music, or continuing to work on their video clips in self-organized small groups. This approach facilitated meaningful informal learning processes, where spontaneous interaction and shared living enhanced social, intercultural, and communication skills.

At sunset, a “pizza and movie night” was organized, featuring a film focused on art as a tool for social transformation. The activity fostered a relaxed and participatory atmosphere, sparking an enriching discussion about the role of art in society and its power to drive change.

Throughout the day, the young participants also continued filming their video clips, adding new ideas, energy, and creative languages to the production process. The creative work was carried out autonomously, with each group organizing their own schedules, roles, and dynamics according to their needs and interests. This autonomy not only strengthened their technical and expressive skills but also enhanced their ability to collaborate, make shared decisions, and translate their social and environmental concerns into artistic forms.





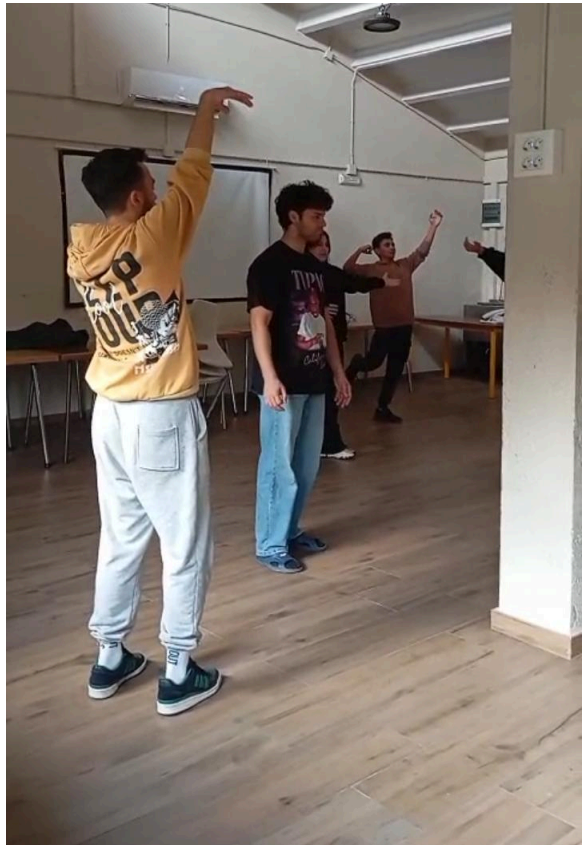
DAY 4

NATURE, COLLECTIVE CREATION AND SOCIAL REFLECTION

The day began with a session of theatre techniques, offering the young participants an opportunity to explore their creativity through body expression. Through these activities, they gained valuable tools for teamwork, improved communication, and problem-solving skills.

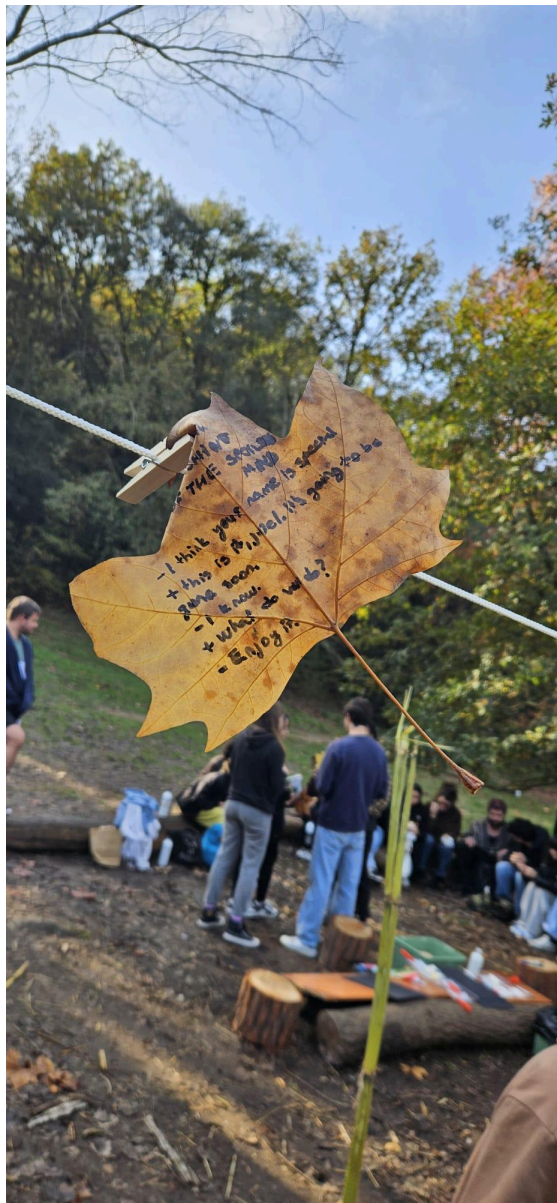
Next, the participants took part in a nature-based activity guided by Mercia Silva and Camille Eichmann from the educational project The Chestnut Tree. The local ecosystem was introduced, highlighting the features of the area from a natural and ecological perspective. Afterwards, we went on a forest walk, during which the young people identified local flora and learned about the life cycle and development process of trees. Games were used to reinforce some of the concepts introduced, such as active listening to nature and detailed observation of the surroundings. During the walk, natural materials were also collected and later used to create artistic projects, encouraging reflection on the relationship between humanity and nature. This activity not only deepened their environmental knowledge and awareness, but also promoted collective creativity, critical thinking, and practical skills related to sustainability—strengthening their connection to the environment and understanding of the impact of their actions on it.

The afternoon was dedicated to the collective creation process, where the young people collaborated on producing music, dances, posters, and other visual elements, applying what they had learned in the previous days. This experience fostered cooperation and artistic expression, while also reinforcing self-management, leadership, and confidence in their creative abilities. As they prepared pieces to be shared with the local community, participants developed a sense of social responsibility and discovered the power of art as a tool for building connections, inspiring reflection, and engaging actively with their surroundings.











DAY 5

COMMUNITY INTERVENTION AND CULTURAL ACTIVITIES

The fifth day was dedicated to preparations for the community intervention—an essential learning, expressive, and action-oriented experience. During the morning, the groups worked autonomously on the technical organization of the presentation: selecting materials, rehearsing theatre scenes, fine-tuning choreography, and assembling the previously created visual elements. This collective planning process strengthened coordination skills, shared responsibility, and the practical application of acquired knowledge.

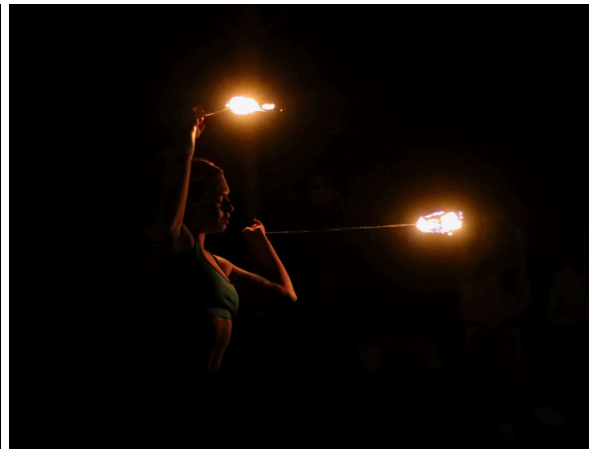
In the afternoon, the young participants brought their artistic intervention to the central square of Llinars del Vallès. With the involvement of the local audience, they shared their original song, a theatre performance with masks, choreographies featuring acrobatic elements, and multilingual messages with social and environmental content. This performance was the outcome of a collaborative and meaningful creative process, allowing participants to experience art as a tool for communication, social transformation, and inclusion.

After the intervention, an impromptu space for exchange emerged with the local community: some children came forward to dance, while mothers, fathers, and grandmothers joined the conversation, showing interest in the project and sharing their impressions. This informal moment of interaction strengthened the sense of belonging, intergenerational dialogue, and the community dimension of the project.

The day continued with a spontaneous round table, where the young people exchanged reflections on the experience, enhancing their critical thinking, active listening skills, and respect for diverse perspectives. Later, they enjoyed free time to explore the town and relax, further strengthening informal bonds among them.

The night concluded with a “fire night,” an open-air celebration where participants lit bonfires, shared fire-juggling performances, music, and stories. This symbolic activity fostered free expression, emotional connection within the group, and a collective closure to a particularly meaningful day.





DAY 6

VIDEO SCREENING, REFLECTION AND CLOSURE

The final day began with the screening of the music videos created by the participants, followed by a collective dialogue space where they shared impressions, learnings, and emotions that emerged throughout the creative process. Some people not directly involved in the project, but staying at the venue for other reasons, also attended the screening. This allowed for greater dissemination of the work and brought fresh perspectives on the content shared. The young participants analyzed the messages conveyed in their videos, reflecting on the topics addressed and the skills they developed during the exchange.

Next, Youthpass certificates were handed out, acknowledging and highlighting the competencies acquired in areas such as communication, creativity, ecological awareness, intercultural collaboration, and social participation. The young people also wrote personal letters about their experience in the project, as a way to close the journey and leave a record of their personal growth.

The day concluded with a symbolic farewell ceremony, celebrating the bonds that were formed, exchanging cultural expressions, and sharing deep emotions. The desire to meet again in the future and to continue collaborating was present in every hug and every word exchanged.





CONCLUSION

The "Bridges" exchange was a deeply transformative experience for both the young participants and the organizations involved. Through a participatory and creative approach, a temporary community was built where knowledge, emotions, challenges, and common dreams were shared.

The results of the project are not only reflected in the materials produced — music videos, songs, photographs, public interventions, and a collective journal documenting the lived process — but also in the personal growth of each young person, the strengthening of ties between organizations from different countries, and the inspiration sown in the local community.

"Bridges" demonstrates that when genuine spaces for expression, dialogue, and collaboration are opened, art becomes a powerful tool to imagine and build a fairer, more inclusive, and sustainable world.

We hope that this experience has been a seed that, nourished by shared memory and collective commitment, will grow into new ideas, projects, and actions that contribute to a better future.

