



So you're about to have a Reading...

When it comes to getting a psychic reading, it's important to keep in mind that the experience can be exciting yet overwhelming. Expectations and emotions can run high, and it's easy to get caught up in the excitement of it all. However, it's crucial to remain grounded, and needless to say, both the reader, and the querent (you), should have a mutual respect for one another.

If you feel that you do not have a good connection with the reader within the first few minutes, stop the reader, and kindly let them know that their energy is not jiving with yours. This will save time and headache for you both, and the reader will and should respect your wish to stop the reading and you both can go in peace.

Regarding Questions

I ask that you please hold any questions until the end of the reading. This helps the reader stay in their state and provide you with the most accurate information possible. It's also important to remember that a reading should help you navigate the gunk in life, but it's not about telling you **how** to live your life. Sometimes, all you needed was affirmation, and I've found that being given that affirmation is everything the client needed.

Another key point to keep in mind is that a reading should be about you, not others. It's easy to get caught up in questions about other people in your life, but the focus should be on your own journey. This is not to say that the Universe won't provide answers or information regarding others, but it's more about how they impact you, and less about why they are doing what they are doing.

By keeping these tips in mind, you can get the most out of your reading and use it as a tool to navigate life's challenges, and be set on a path of affirmation and healing.

What a Reading should be...

A reading does not have to be a serious or somber experience. In fact, a reading can be fun and even entertaining. Laughter and joy can uplift the soul and make the experience more personalized and enjoyable.

It should not be seen as the "be-all and end-all" solution to all your problems. Rather, it should be viewed as a helpful guide to assist you in making decisions and navigating through life's challenges.

Being in the Hot Seat

Being in the 'hot seat' is exciting but it can be overwhelming. Therefore, you as a querent should have questions in mind **before** a reading. You should then also be prepared to write down those questions and additional questions **during** the reading. Here is why: Many a time after a reading is complete, we get to the questions, and the querent has **none** - you may be so muddled with information by the end, that you completely forget or feel too overwhelmed to ask anything - this happens at least 90% of the time. Do not underestimate the value of a good question, as it can give greater insight into your reading and make it feel more complete.

By having questions and saving and having them ready to be asked at the end, it assures that you truly get what you are paying for. The reader may also ask you a question instead during the reading, and you can answer and affirm what the reader is saying throughout the session, and this will help to energize the reading further.

Please do be honest though! Do not be afraid to tell the reader "**No**" or "**I don't know**" if something does not make sense. Being in the hot seat, sometimes you may forget about something, something may have yet to occur, or something is not immediately apparent - believe me, this has happened to me when receiving a reading and many clients have confirmed details with me only **after** the reading.

This is why you also receive a recording, and normally with a "no" or "I don't know", the reader will either dig deeper, rephrase, or stick with what they are saying because that's the energy and vibe of the moment.

Respect for yourself, Respect for the Reader

Respect for yourself and the reader is important, and if you just had a reading and did not get an answer you liked, so you go seek another reader, or you are there to simply "test" the reader, then the energies will not work very well for you. Trust me, you'll leave a reading feeling confused and frustrated. You must also respect your own energy and time after all. Likewise, a reader should be mindful of the querent, and what they may be navigating through, and work ethically, honestly, and build trust.

Please trust me when I say, **give yourself time and allow your feelings and thoughts to process if you are uncertain or are overwhelmed about a reading you had.** I recommend you do not rush into a reading if you are in crisis mode and feel the need to seek answers out of desperation. If you need the answers right away, do refrain jumping from reader to reader because another reader gave you an answer you did not agree with - you will find that you normally get the same answer anyway.

None of these circumstances pan out in your favour, and so I emphasize, please do give time and allow yourself to decompress and heal if need be before seeking a reading - you may find some knots untangle themselves, but if you've had time to process

Love & Gratitude

I say all of the above with the utmost love, respect and humility.

At the end of the day, I only want to see you succeed, to gain profound understanding, to have more clarity, and to be able to open up a pathway to affirmation and healing.

I truly believe that in every reading, **the querent receives what they need to hear**. In turn, the reader can learn from every reading and every querent they meet.

In the end, it's all love and gratitude for one another and the energies received from Spirit and from the Universe.

With Blessings,

Daniel J. Rocha