

Confirmation Sponsor Information

(Due at _____ Meeting/Class)
date

An important part of your preparation is choosing a sponsor to support you in your faith journey. When looking at someone as a potential sponsor, ask yourself: “Which adult do I know whose faith I look up to?” and “Who would I be willing to talk seriously and candidly with about the faith?” Keep in mind there will be a series of sponsor follow-ups after each sponsor session, so this will be a person that you will be meeting with frequently throughout the preparation process.

We ask that you pick a sponsor who will be able to meet with you individually throughout the preparation process- either in person or by phone or video chat. It should also be someone who can attend as many of the meetings as possible with you.

Your individual meetings with your sponsor can take place anytime and anywhere you are able to meet (i.e. a restaurant, a park, a bookstore, coffee shop, etc.). These meetings should be a time for your sponsor to mentor you in the faith. As I mentioned before, we will give you sheets to complete with your sponsors after each session.

Your sponsor:

- ☐ Must be at least 16 years old
- ☐ Must be a confirmed, practicing Catholic who leads a life in harmony with the faith and must be a worthy example for you in the moral life and practice of the Catholic faith. This means regular participation in the life of the Church, which begins with the weekly Sunday mass. Just going to mass on Sunday does not necessarily mean a person is leading a life worthy of example, but not going to mass on Sunday certainly does disqualify a person from claiming that distinction.
- ☐ May not be a parent of the confirmation candidate

Choosing a sponsor is not just an honor to be given a good friend or relative. Sponsorship is an important faith commitment, not to be taken lightly. Please prayerfully consider your choice of sponsor.

PLEASE PROVIDE THE FOLLOWING INFORMATION:

Your Name:

Sponsor’s Name:

Sponsor’s Address:

(street, city, state, zip)

Sponsor’s Phone Number and Email Address:

Sponsor’s Home Parish (Name, City, State):

Please answer these two questions on the back of this paper:

- 1. I am asking this person to be my sponsor because.....**
- 2. I look up to them in their faith life because.....**