Stairways

The Essentials

- **Cups:** 3 per player, plus 2 extra for the center "tower."
- **Balls:** 1 ping pong ball for every player.

The Setup

1. **The Staircase:** Each player fills their three cups to different levels:
    - **Cup 1:** 1/4 full (The Sprint)
    - **Cup 2:** 1/2 full (The Mid-point)
    - **Cup 3:** 3/4 full (The Closer)
2. **The Lineup:** Place your cups in a row in front of you. Cup 1 is closest to you; Cup 3 is furthest away.
3. **The Tower:** In the dead center of the table, place an empty cup **upside down**. Top it with a final cup filled all the way to the brim.
4. **Ready Up:** Drop your ping pong ball into your third cup so you're ready for the final stage.

How to Play

This is a race to the top. You have to complete each "step" before moving to the next.

- **Step 1 (The Flip):** Chug your first cup (1/4 full) and land a **half-flip** (standard Flip Cup style).
- **Step 2 (The Balance):** Chug your second cup (1/2 full). Now, you have to **flip it so it lands upright** on its bottom.
- **Step 3 (The Sink):** Chug your third cup (3/4 full). Now, grab your ball and **bounce it** into that empty cup.

The Grand Finale

Once you've cleared all three of your personal cups, it's a race to the center.

- **The Big Shot:** The first person to bounce their ball into the **tall cup** in the center of the table wins the round.

- **The Prize:** The winner gets to choose who has to drink that full center cup.