

Relationship Dynamics Resources

Below you will find a list of resources to support with developing, maintaining or sharpening your Relationship Dynamics.

Social Media Accounts	Books
• Kristen “KB” Newton ◦ Insta: heart_convos ◦ linktr.ee/heart_convos • Nedra Glover Tawwab ◦ Insta: NedraTawwab ◦ www.nedratawwab.com •	• <i>“Set Boundaries, Find Peace”</i> -Nedra Tawwab