



**2021 East ZOOM Championships  
March 7, 2021**

**SPONSORED BY**

Lyonfish Synchronettes

**RULES TO GOVERN**

Current United States Artistic Swimming Official Rules  
Current East Zone Synchronized Swimming Handbook

**MEET MANAGERS**

Michal Fandal - [michal.fandel@gmail.com](mailto:michal.fandel@gmail.com)

**Registration Forms:**

**13-15 Zoom Champ entry:**

[https://docs.google.com/spreadsheets/d/1-RE2PrgxTFE\\_Ya3MFaw1i4N4pxVR4jHLaEAXFg6jyIlg/edit?usp=sharing](https://docs.google.com/spreadsheets/d/1-RE2PrgxTFE_Ya3MFaw1i4N4pxVR4jHLaEAXFg6jyIlg/edit?usp=sharing)

**Jr/Sr Zoom Champ entry:**

[https://docs.google.com/spreadsheets/d/1dSOeIIQx\\_uNX4ar-sriS92tLfEFTWm2MUCowOkZ9rNQ/edit?usp=sharing](https://docs.google.com/spreadsheets/d/1dSOeIIQx_uNX4ar-sriS92tLfEFTWm2MUCowOkZ9rNQ/edit?usp=sharing)

**ELIGIBILITY**

1. All competitors must be a registered member of USA Artistic Swimming (Trial Member, Athlete, or Competitive Athlete) by March 7th.
2. 13-15 Age Group ZOOM Championships shall be open to all registered competitors 13 to 15 years of age based on the year of birth without regards to qualification.\*
3. Junior ZOOM Championship shall be open to all registered competitors 15 to 19 years of age based on the year of birth without regards to qualification.\*
4. Senior ZOOM Championship shall be open to all registered competitors 15 years of age or older based on the year of birth without regards to qualification.

Over qualifications: None

If routines plan to enter the ZOOM Championships and the East Zone Invitational Routine competition, any athlete placing in the below categories will receive an honorary placement at the East Zone Invitational Routine Competition.



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- 13-15 Age Group placing Figures top 8, Solo top 8, Duet top 8, Mixed Duet top 8, Team top 3 at the East ZOOM Championship
- Junior placing Solo top 8, Duet top 8, Mixed Duet top 8, Team top 3 in Free or Tech at the East ZOOM Championship.
- Senior placing top 3 in any event, Free or Tech, at the East ZOOM Championship.
- Any Jr or Sr national team member.

### **\*Waivers - we are following USAAS 2021 [waivers](#):**

Junior Championship Age Requirements - For the 2021 season only, FINA has changed the definition of the Junior division (ASAG 2.2). Athletes that are 15-19 to years of age for the year 2021 are eligible to compete in the Junior division. As the Junior National Championship is held under FINA rules (TR 1.1) this waiver automatically applies to this Championship as well as the US Junior Open.

13-15 Championships Age Requirement - For 2021 only competitors who do not meet the min. age requirement under CP 3.4.1 may compete in the 13-15 Championships to complete a routine. At least one competitor in the routine must meet the age requirements under CP 3.4.1.

### **DIVISIONS**

13-15 Age Group - Figures, Solo, Duet, Mixed Duet, Team and Combo  
13-15 Age Group athletes may enter figures or routines or both.

Junior - Tech Solo, Tech Duet, Tech Mixed Duet, Tech Team, Free Solo, Free Duet, Free Mixed Duet and Free Team

Senior - Tech Solo, Tech Duet, Tech Mixed Duet, Tech Team, Free Solo, Free Duet, Free Mixed Duet and Free Team.

Junior and Senior athletes may enter just Tech, or just Free Routine or both.

Senior/Junior - Free Combo

Athletes with Disabilities (AWD) Tier 1, Tier 2, Tier 3, Tier 4

### **OFFICIALS**

Please register through the judge availability entry form by the entry deadline, form link to be sent out soon. Judge certification level 1 and higher are eligible to judge.



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Practice judges should also register for this event. At this time virtual meets cannot be used to fulfill judges' testing requirements, but this may change.

**FIGURES** - Athletes must complete in both figures

<b>13-15AG</b>	355f. Porpoise, Continuous Spin (720°)	DD 2.1
	423. Ariana	DD 2.2

**AWD - PHYSICAL AND COGNITIVE FIGURES** - Athletes must complete in both figures

<b>Tier 1</b>	100. Bent Knee, Alternate	DD 1.0
	302. Blossom	DD 1.4

<b>Tier 2</b>	101. Ballet Leg, Single	DD 1.6
	306. Barracuda, Bent Knee	DD 1.8

<b>Tier 3</b>	106. Ballet Leg, Straight	DD 1.6
	301. Barracuda	DD 1.9

<b>Tier 4</b>	423. Ariana	DD 2.2
	301d. Barracuda, Spinning 180°	DD 2.1

**COMPETITION FORMAT**

There will be no preliminary events. Finals will be held for all events. 13/15 figures will not be combined with free routines for final score. After videos are submitted, judges will be selected and judging spread out over the course of a week.

**ATHLETE ATTIRE**

Athletes should wear black swimsuits and white caps for the figure competition. Competition swimwear and no goggles in routines preferred but all attire will be accepted.

**AWARDS**

Medals will be given for places 1-3, Ribbons 4-12 in each event. 13/15 Age Group Figures and Routines will receive separate awards, scores will not be combined. Junior and Senior routines will receive separate awards in Free and Tech categories.

**ENTRIES**



## 2021 East ZOOM Championships March 7, 2021

Entries and videos must be filmed, shared and submitted by

**Sunday, March 7, 2021 by 11:59pm**

**No entries or videos shall be accepted after the entry deadline**

*Checks should be mailed by the entry deadline*

Share meet entries through Google Drive to the following emails:

[optimasynchro@gmail.com](mailto:optimasynchro@gmail.com) - 13-15 Zoom Champ Host Club

[kkarwosky@newcanaanyymca.org](mailto:kkarwosky@newcanaanyymca.org) - Jr/Sr Champ Host Club

[jenmachatt@verizon.net](mailto:jenmachatt@verizon.net) - East Zone Chair

[gil@sharonim.com](mailto:gil@sharonim.com) - East Zone Scoring Chair

[lmehrenreich@gmail.com](mailto:lmehrenreich@gmail.com) - East Zone Officials Chair

[kayla.parvana@gmail.com](mailto:kayla.parvana@gmail.com) – East Zone Education Chair

[lpinette@mvyymca.org](mailto:lpinette@mvyymca.org) - East Zone Technical Chair

[annamontgomery.hhc@gmail.com](mailto:annamontgomery.hhc@gmail.com) - East Zone Vice Chair

### **Entries Fees and Meet Registration**

Please note that all the forms are now combined in the Google doc (link below). The first tab includes the instructions, followed by swimmer entries, and fee form.

Judges form will be sent soon.

Please use separate form for 13-15 and Jr/Sr.

#### **13-15 Zoom Champ entry:**

[https://docs.google.com/spreadsheets/d/1-RE2PrgxTFe\\_Ya3MFaw1i4N4pxVR4jHLaEAXFg6jyIg/edit?usp=sharing](https://docs.google.com/spreadsheets/d/1-RE2PrgxTFe_Ya3MFaw1i4N4pxVR4jHLaEAXFg6jyIg/edit?usp=sharing)

#### **Jr/Sr Zoom Champ entry:**

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### **ENTRY FEES**

Entry Fee: \$12 per athlete per routine category, athletes may enter multiple categories

#### **13-15 Zoom Champ mail fee form and check payable to “Optima Aquatics”:**

Optima Aquatics c/o Svetlana Malindvskaya, 168 River Rd. Andover, MA 01810

#### **Jr/Sr Zoom Champ mail fee form and check payable to “New Canaan Y Aquianas”:**

New Canaan YMCA Aquianas Attn: Krista Karwosky

564 South Avenue, New Canaan, CT 06840



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**VIDEO SUBMISSION**

All videos will be uploaded and submitted through the Meet Entry Form in the swimmer entries portion under Video link by March 7th at 11:59pm.

**Each figure must have its own separate video per athlete.** Routines enter one video per routine. Please submit each video link to each entered event on the registration form. Coaches will copy/paste cloud storage (YouTube, Google Drive, Dropbox, etc.) link on registration form.

All videos must be recorded from the judges' perspective with the athlete's full body in view (above and below the water). Video may pan with the athletes.

Videos submitted must be of good viewing quality. If the video is deemed to be of poor quality, the athlete will be required to re-submit within a 24 hour period. Suggested minimum video quality 720p at 30 fps.

Please make sure all videos are named with the following naming conventions:

Use the following naming conventions (see bolded below) when saving files. Video file names should be hyphen (-) separated.

Divisions and Category Options:

13-15AG, JR, SR, 1AWD, 2AWD, 3AWD, 4AWD

Division-Event-Club Code-Last Name

E.g. 13-15AG-Rio-CSG-Smith

E.g. Jr-Free Duet-CSG-Smith